

Behavioural weight management interventions for postnatal women

Ferguson, Janice; Daley, Amanda; Parretti, Helen

DOI:

[10.1111/obr.12834](https://doi.org/10.1111/obr.12834)

License:

Other (please specify with Rights Statement)

Document Version

Peer reviewed version

Citation for published version (Harvard):

Ferguson, J, Daley, A & Parretti, H 2019, 'Behavioural weight management interventions for postnatal women: a systematic review of systematic reviews of randomized controlled trials', *Obesity Reviews*, vol. 20, no. 6, pp. 829-841. <https://doi.org/10.1111/obr.12834>

[Link to publication on Research at Birmingham portal](#)

Publisher Rights Statement:

This is the peer reviewed version of the following article: Ferguson, JA, Daley, AJ, Parretti, HM. Behavioural weight management interventions for postnatal women: A systematic review of systematic reviews of randomized controlled trials. *Obesity Reviews*. 2019; 1– 13. , which has been published in final form at <https://doi.org/10.1111/obr.12834>. This article may be used for non-commercial purposes in accordance with Wiley Terms and Conditions for Use of Self-Archived Versions.

General rights

Unless a licence is specified above, all rights (including copyright and moral rights) in this document are retained by the authors and/or the copyright holders. The express permission of the copyright holder must be obtained for any use of this material other than for purposes permitted by law.

- Users may freely distribute the URL that is used to identify this publication.
- Users may download and/or print one copy of the publication from the University of Birmingham research portal for the purpose of private study or non-commercial research.
- User may use extracts from the document in line with the concept of 'fair dealing' under the Copyright, Designs and Patents Act 1988 (?)
- Users may not further distribute the material nor use it for the purposes of commercial gain.

Where a licence is displayed above, please note the terms and conditions of the licence govern your use of this document.

When citing, please reference the published version.

Take down policy

While the University of Birmingham exercises care and attention in making items available there are rare occasions when an item has been uploaded in error or has been deemed to be commercially or otherwise sensitive.

If you believe that this is the case for this document, please contact UBIRA@lists.bham.ac.uk providing details and we will remove access to the work immediately and investigate.

Figure 1: PRISMA flow chart

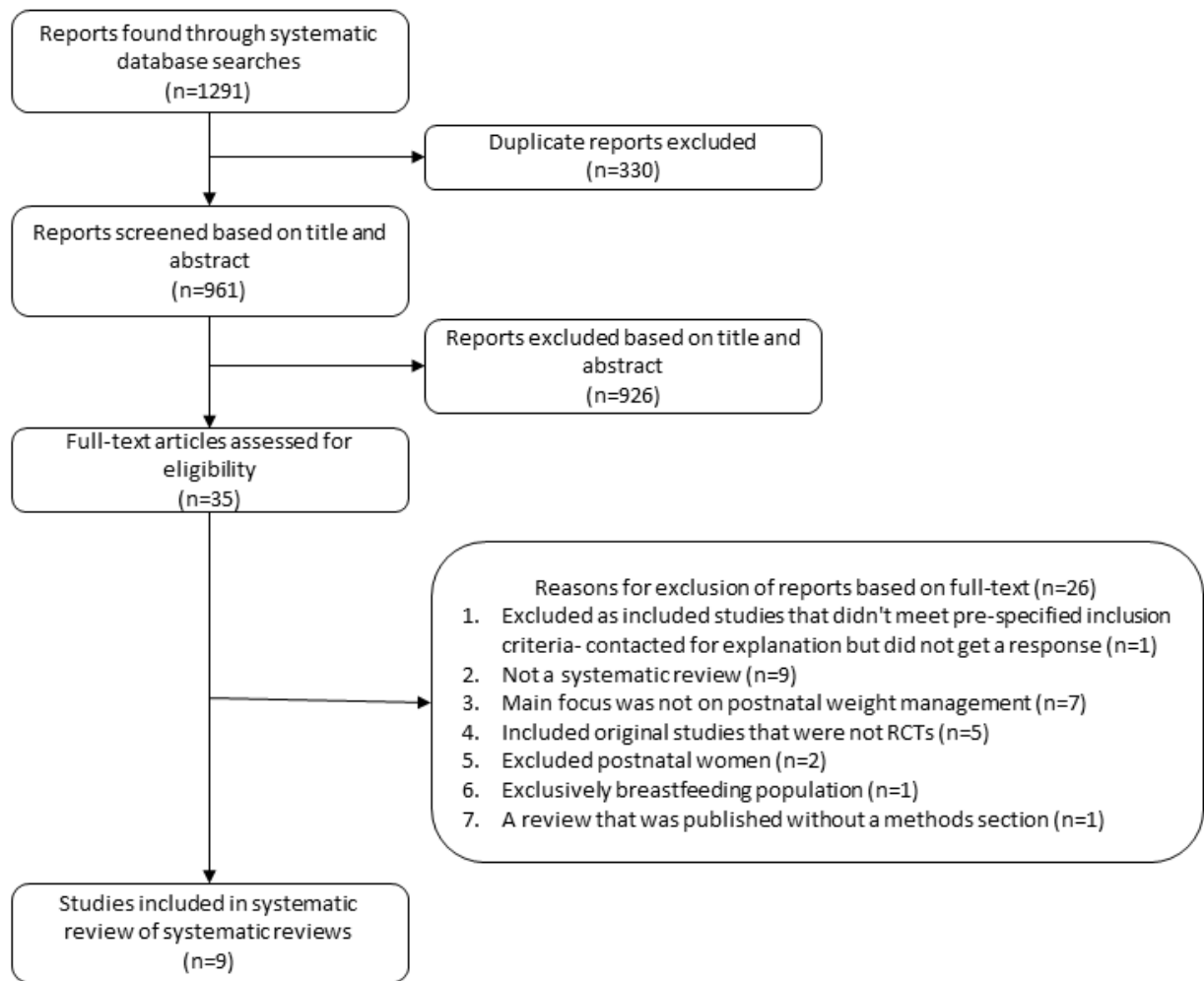
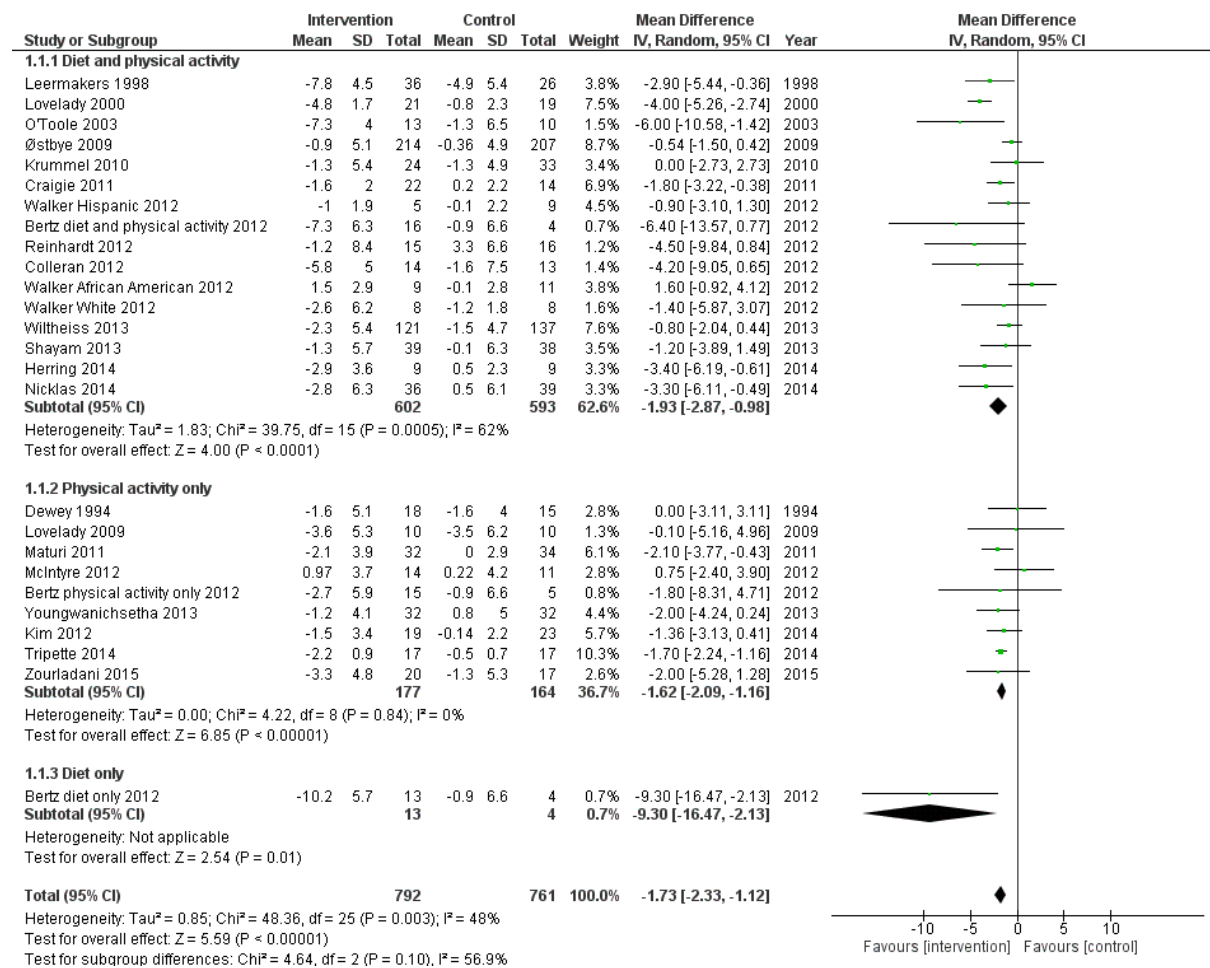
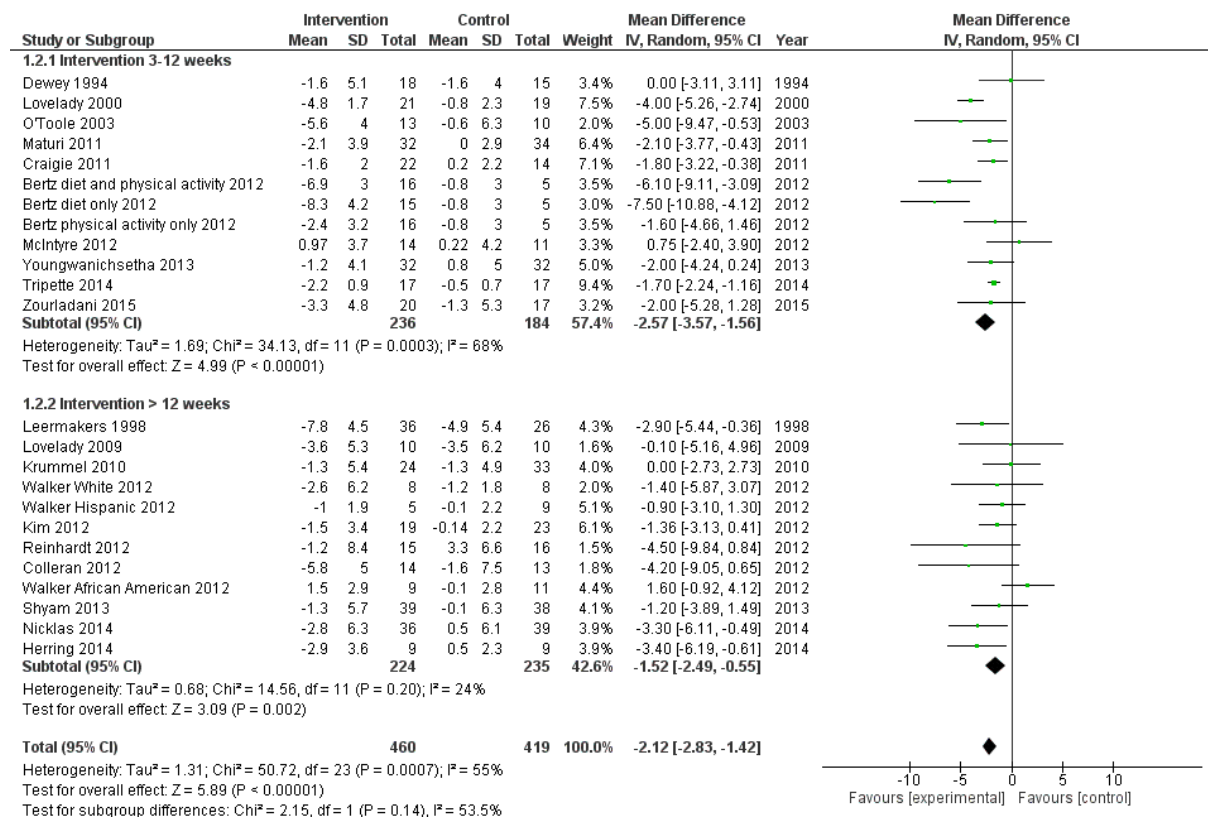


Figure 2: Mean difference in weight change (kg), intervention type subgroup analysis



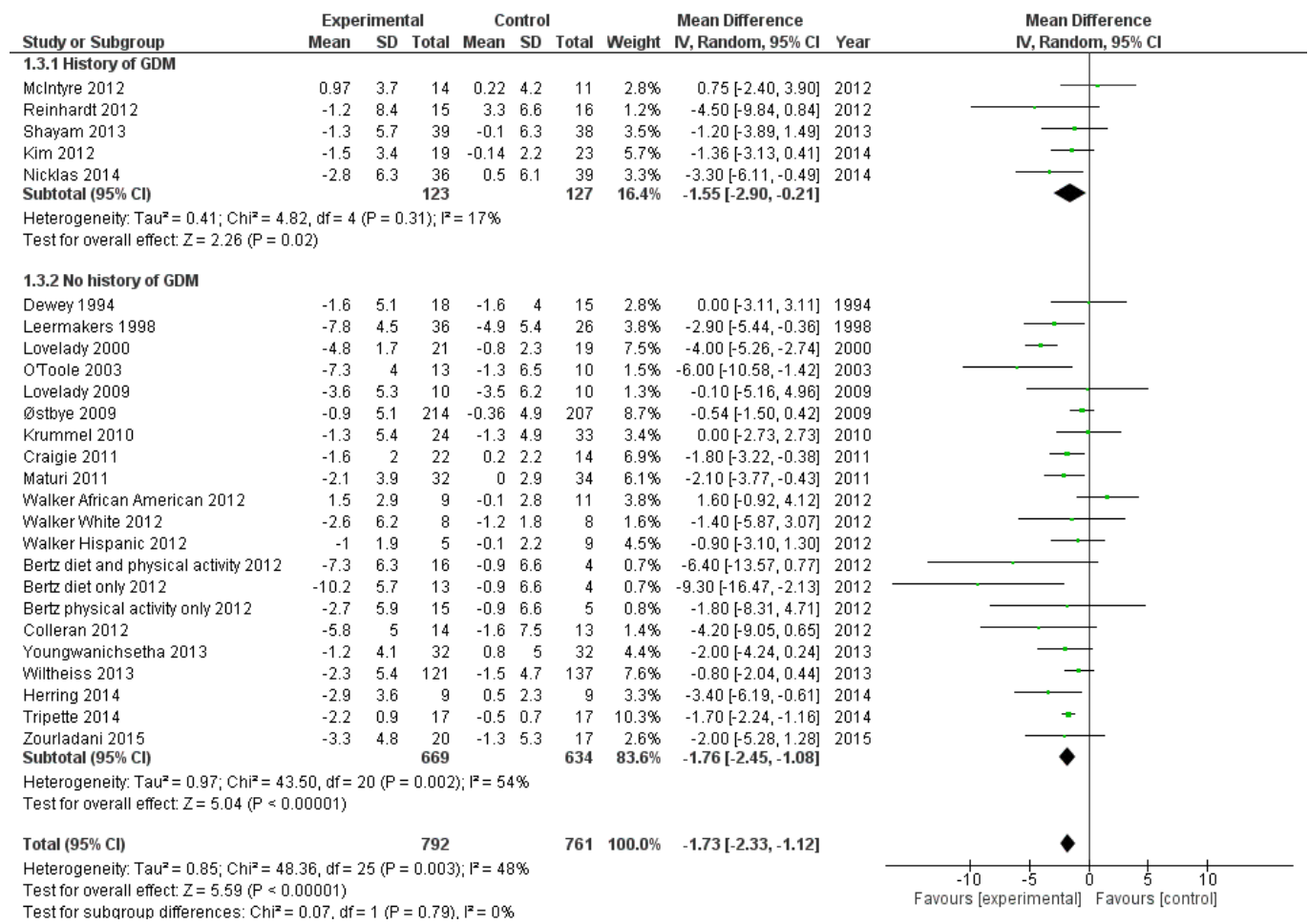
Please note that this analysis was based on last follow up weights recorded in the trials.

Figure 3: Mean difference in weight change (kg), intervention duration subgroup analysis



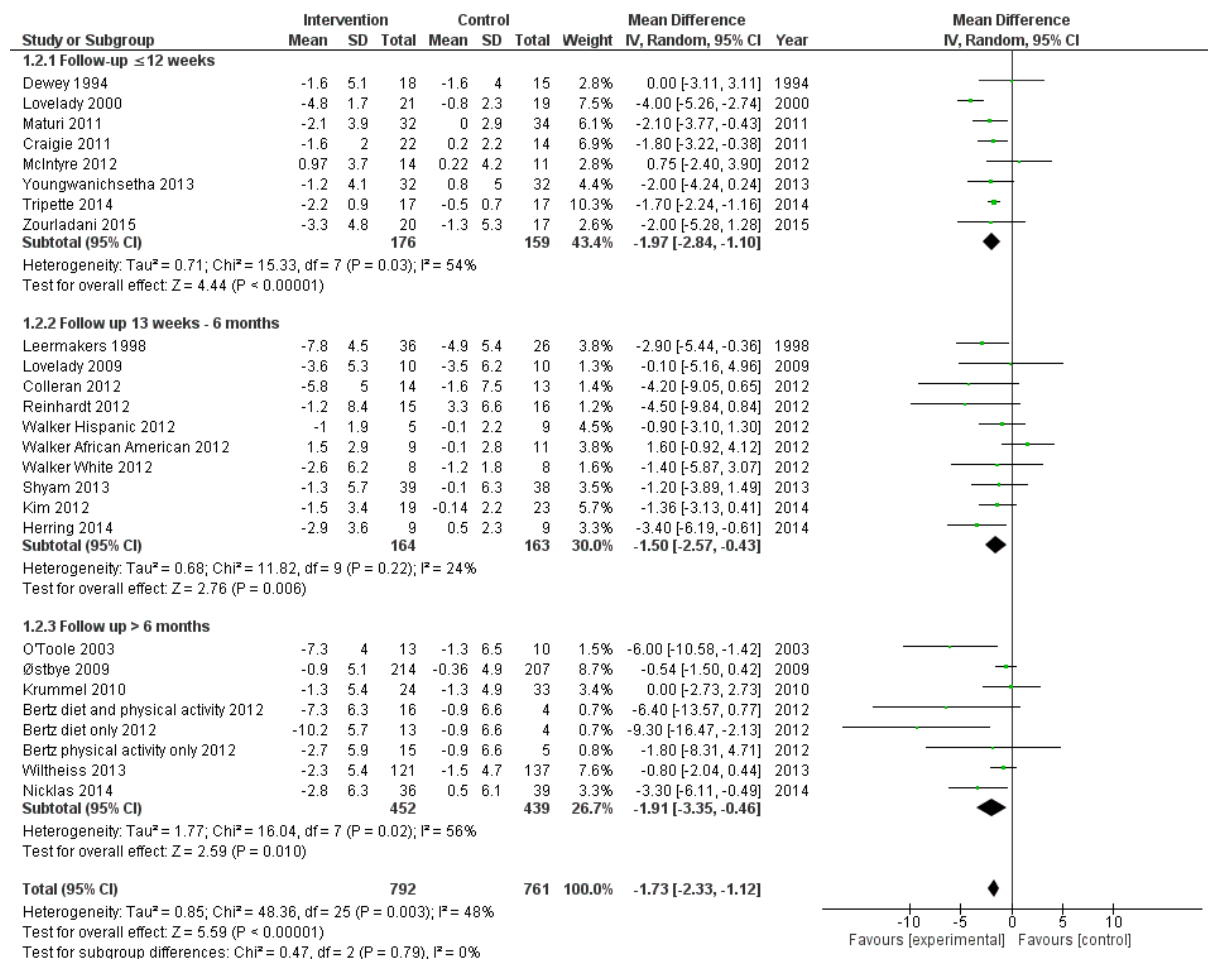
Please note that this analysis was based on end of intervention weights recorded in the trials and two trials (25, 65) were excluded (as no end of intervention data were reported). Therefore the figures in this forest plot differ to those shown in Figures 2, 4 and 5.

Figure 4: Mean difference in weight change (kg), GDM subgroup analysis



Please note that this analysis was based on last follow up weights recorded in the trials.

Figure 5: Mean difference in weight change (kg), length of follow up subgroup analysis



Please note that this analysis was based on last follow up weights recorded in the trials.