Roadmap for cardiovascular education across the European Society of Cardiology: inspiring better knowledge and skills, now and for the future

Kotecha, Dipak; Bax, Jeroen J; Carrera, Céline; Casadei, Barbara; Merkely, Bela; Anker, Stefan D; Vardas, Panos E; Kearney, Peter P; Roffi, Marco; Ros, Michelle; Vahanian, Alec; Weidinger, Franz; Beer, Ronen; Budaj, Andrzej; Calabrò, Paolo; Czerwińska-Jelonkiewicz, Katarzyna; D’Ascenzi, Flavio; De Potter, Tom; Fox, Kevin F; Hartikainen, Juha

DOI: 10.1093/eurheartj/ehy058

License: None: All rights reserved

Citation for published version (Harvard):

Link to publication on Research at Birmingham portal

Publisher Rights Statement:
This is a pre-copyedited, author-produced version of an article accepted for publication in European Heart Journal following peer review. The version of record: Dipak Kotecha, Jeroen J Bax, Céline Carrera, Barbara Casadei, Bela Merkely, Stefan D Anker, Panos E Vardas, Peter P Kearney, Marco Roffi, Michelle Ros, Alec Vahanian, Franz Weidinger, Ronen Beer, Andrze Budaj, Paolo Calabrò, Katarzyna Czerwińska-Jelonkiewicz, Flavio D’Ascenzi, Tom De Potter, Kevin F Fox, Juha Hartikainen, Brendan McAdam, Davor Milicic, Agnès A Pasquet, Alessandro Sionis, S M Afzal Sohaib, Costas Tsioufis, Patrick M J Verhorst, Paulus Kirchhof, , ; Roadmap for cardiovascular education across the European Society of Cardiology: inspiring better knowledge and skills, now and for the future, European Heart Journal is available online at: https://doi.org/10.1093/eurheartj/ehy058

General rights
Unless a licence is specified above, all rights (including copyright and moral rights) in this document are retained by the authors and/or the copyright holders. The express permission of the copyright holder must be obtained for any use of this material other than for purposes permitted by law.

• Users may freely distribute the URL that is used to identify this publication.
• Users may download and/or print one copy of the publication from the University of Birmingham research portal for the purpose of private study or non-commercial research.
• Users may use extracts from the document in line with the concept of ‘fair dealing’ under the Copyright, Designs and Patents Act 1988 (?)
• Users may not further distribute the material nor use it for the purposes of commercial gain.

Where a licence is displayed above, please note the terms and conditions of the licence govern your use of this document.

When citing, please reference the published version.

Take down policy
While the University of Birmingham exercises care and attention in making items available there are rare occasions when an item has been uploaded in error or has been deemed to be commercially or otherwise sensitive.

If you believe that this is the case for this document, please contact UBIRA@lists.bham.ac.uk providing details and we will remove access to the work immediately and investigate.

Download date: 18. Jul. 2020
Title: Roadmap for cardiovascular education across the European Society of Cardiology: Inspiring better knowledge and skills, now and for the future

Brief Title: ESC Education Roadmap

Primary Authors:

Dipak Kotecha (ESC Education Committee: Task Force Lead for ESC Education Conference),
Jeroen J. Bax (ESC President),
Céline Carrera (ESC staff: Head of the ESC Education Department),
Barbara Casadei (ESC President-elect & Cardiovascular Round Table and Research),
Bela Merkely (Vice-President of the ESC: National Cardiac Societies, Editors Network, and Cardiologists of Tomorrow),
Stefan D. Anker (Vice-President of the ESC: National Cardiac Societies and Communications),
Panos E. Vardas (Past ESC President & Chief Strategy Officer of the European Heart Agency),
Peter P. Kearney (ESC Advocacy & ESC Education Committee),
Marco Roffi (ESC Committee for Practice Guidelines),
Michelle Ros (ESC staff: Education Projects Officer),
Alec Vahanian (EURObservational Research Programme Chair & Chair of the European Heart Academy),
Franz Weidinger (ESC Councillor for the Young ESC Community),
Ronen Beeri (Israel representative),
Andrzej Budaj (Poland representative & EURObservational Research Programme Oversight Committee),
Paolo Calabrò (Italy representative),
Katarzyna Czerwińska-Jelonkiewicz (Acute Cardiovascular Care Association Young Community)
Flavio D’Ascenzi (European Association of Preventive Cardiology Young Community),
Tom De Potter (European Heart Rhythm Association Young Electrophysiologists Committee),
Kevin F. Fox (ESC Education Committee),
Juha Hartikainen (Finland representative),
Brendan McAdam (Ireland representative),
Davor Milicic (ESC Education Committee),
Agnès A. Pasquet (Belgium representative & ESC Education Committee),
Alessandro Sionis (ESC Education Committee),
S.M. Afzal Sohaib (ESC Cardiologists of Tomorrow Nucleus),
Costas Tsioufis (Greece representative),
Patrick M.J. Verhorst (Netherlands representative & ESC Education Committee),
Paulus Kirchhof (ESC Education Committee Chair)

Collaborators & Reviewers:

Armagan Altun (Turkey representative),
Manuel P. Anguita (Spain representative),
Rusudan Agladze (Georgia representative),
Stephan Baldus (ESC Education Committee),
Nuno Bettencourt (Portugal representative),
Alexander N. Borg (Malta representative),
Haran Burri (ESC Education Committee),
David Carballo (Switzerland representative),
Milica Dekleva (Serbia representative),
Aurel F. Demiraj (Albania representative),
Jaan Eha (Estonia representative),
Andrejs Erglis (Latvia representative),
Norbert Frey (Germany representative),
Anna Freyschuss (Sweden representative),
Carmen Ginghina (Romania representative),
Lino M. Gonçalves (ESC Education Committee),
Julia Grapsa (ESC Education Committee),
José R. González-Juanatey (ESC Education Committee),
Robert Hatala (Slovakia representative),
Thordis Hrafnkelsdóttir (Iceland representative),
Richard Isnard (France representative),
Line Joubert (ESC staff),
Ausra Kavoliuniene (Lithuania representative),
Alina S. Kerimkulova (Kyrgyzstan representative),
Elena Kinova (Bulgaria representative),
Jesper Kjaergaard (ESC Education Committee),
Eleni Kletsiou (ESC Education Committee),
Anna Kontsevaya (ESC Education Committee),
Ulf Landmesser (ESC Education Committee),
Dorin Lisii (Moldavia representative),
Julia Mascherbauer (Austria representative),
Mohamed S. Mourali (Tunisia representative),
Joseph A. Moutiris (Cyprus representative),
Barbara J.M. Mulder (ESC Education Committee),
Gamela Nasr (Egypt representative),
Elena Nesukay (Ukraine representative),
Latifa Oukerraj (Morocco representative),
Lidija Poposka (Macedonia representative),
Susanna Price (ESC Education Committee),
Regina Ribeiras (ESC Education Committee),
Svein Rotevatn (Norway representative),
J. Rafael Sádaba Sagredo (ESC Education Committee),
Per Anton Sirnes (ESC Education Committee),
Russell E.A. Smith (UK Representative),
Šekib Sokolović (Bosnia and Herzegovina representative),
Felix C. Tanner (ESC Education Committee),
Ivo A.C. Van Der Bilt (ESC Education Committee)
Olivier Varenne (ESC Education Committee)
Stephan von Haehling (ESC Education Committee)
Marco Zavatta (San Marino representative)
and on behalf of the attendees of the 2016 ESC Education Conference*

*see Appendix.
Abstract

Aim: The provision of high-quality education allows the European Society of Cardiology (ESC) to achieve its mission of better cardiovascular practice and provides an essential component of translating new evidence to improve outcomes.

Methods: The 4th ESC Education Conference, held in Sophia Antipolis (December 2016), brought together ESC education leaders, National Directors of Training of 43 ESC countries, and representatives of the ESC Young Community. Integrating national descriptions of education and cardiology training, we discussed innovative pathways to further improve knowledge and skills across different training programmes and healthcare systems.

Results: We developed an ESC roadmap supporting better cardiology training and continued medical education (CME), noting: (1) The ESC provides an excellent framework for unbiased and up-to-date cardiovascular education in close cooperation with its National Societies. (2) The ESC should support the harmonisation of cardiology training, curriculum development, and professional dialogue and mentorship. (3) ESC congresses are an essential forum to learn and discuss the latest developments in cardiovascular medicine. (4) The ESC should create a unified, interactive educational platform for cardiology training and continued cardiovascular education combining Webinars, eLearning Courses, Clinical Cases, and other educational programmes, along with ESC Congress content, Practice Guidelines and the next ESC Textbook of Cardiovascular Medicine. (5) ESC-delivered online education should be integrated into National and regional cardiology training and CME programmes.

Conclusion: These recommendations support the ESC to deliver excellent and comprehensive cardiovascular education for the next generation of specialists. Teamwork between international, national and local partners is essential to achieve this objective.
Introduction

The European Society of Cardiology (ESC) supports education and training of both practising and future cardiologists, alongside innovation and coordination of new research, clinical practice guidelines to aid delivery of healthcare, and advocacy to help shape health policy. The ESC also recognises the need to provide lifelong learning programmes for cardiology professionals in close collaboration with the National Cardiac Societies, creating a strong, evidence-based foundation underpinning the best care of patients.

Recent years have seen many advances in education across the ESC, including high-quality courses offered on the ESC eLearning platform (ESCeL)\(^1\), Webinars, a Clinical Case Gallery, and the European Exam in General Cardiology and various sub-specialties. To align these developments with the needs of cardiology education and training in the member countries of the ESC, the Education Committee hosts an annual conference for the Directors of Training for all National Cardiac Societies. In this paper, we report on the major outcomes of the 4\(^{th}\) ESC Education Conference, held at the European Heart House in Sophia Antipolis on 14 and 15 December 2016, which focused on knowledge and skills assessment for cardiology trainees and cardiologists. With in-depth discussion of the strengths and challenges in education and assessment across the 56 countries of the ESC, our aim was to develop a roadmap for comprehensive cardiovascular education.
Methods

Participants and meeting format

The 4th ESC Education Conference was attended by 77 participants, representing 43 countries, including representation from the ESC Young Community (full list of delegates presented in the Appendix). Major activities of the ESC, and its involvement in education and assessment, were delivered by keynote speakers.

Mapping the current status of cardiology education in the ESC member countries

Prior to the conference, all National Training Directors were asked to prepare summaries of the current state of cardiology training and education in their respective countries. During the conference, six semi-structured workshops and plenary sessions discussed the assessment of knowledge and skills for cardiology trainees and continuing medical education (CME) for certified cardiologists. Immediately following the conference, all participants were invited to complete a structured online survey. The outcomes were mapped onto existing educational activities in the ESC to develop a roadmap to improve cardiovascular education.

Survey of Cardiology Training in individual ESC Countries

An online survey of cardiology training was completed by 40 National Cardiac Societies, with data validation by ESC staff and country representatives. For this conference, we focused on results pertaining to knowledge assessment (availability of a national curriculum for training and whether the training programme was organised in accordance with the ESC core curriculum), and skills assessment (use of direct observation of procedural skills (DOPS) during general cardiology training).
Results

1. Cardiology Training: Challenges and opportunities for assessing knowledge and skills

Figure 1 summarises the key messages from the ESC Education Conference in respect to assessment of knowledge and skills for cardiologists in-training.

Assessment of knowledge

Publicly available curricula are the basis for adequate assessment of knowledge for cardiologists in-training, providing the structure of key learning outcomes and organisation of the training programme. An important component of what is currently going well throughout the ESC countries is the provision of training organised at National levels in most countries, usually with accreditation of training centres. The majority also follow the ESC Core Curriculum, either explicitly through direct adoption, or indirectly after translation to local needs and language. In the 2016 survey of the National Cardiac Societies, 35/40 (88%) of ESC countries who responded had a National Curriculum for training in Cardiology, and 37/40 (93%) organised their training programme, at least partly, in accordance with recommendations from the ESC Core Curriculum (Figure 2). Challenges in curriculum design and implementation remain, particularly for smaller countries, where links with training programmes in larger countries enable trainees to follow fully developed national training curricula.

There is a clear need to provide curricula that cover more specialised knowledge. Whereas ESC associations have published sub-speciality curricula and run certification exams, and the ESC Core Curriculum provides blueprint recommendations, practical guidance for trainees and trainers is still lacking at National levels in many countries. This limits an ESC-wide ‘minimum acceptable knowledge’ level for those pursing specialist training in acute care, specialised cardiac imaging, coronary and structural cardiovascular interventions, advanced heart failure
management, or arrhythmia management.

Assessment of knowledge linked to areas of the curricula are often embedded within training programmes (for example, see representative countries in Table 1), and these are often supported by the National Cardiac Societies by the provision of courses and local meetings. However, for the individual trainee, assessment is variable, both within and between ESC countries.

An important strength of knowledge assessment across the ESC is that design of examinations frequently involves the National Cardiac Societies. The European Exam in General Cardiology is used in 8 countries (Greece, Ireland, Malta, the Netherlands, Portugal, Spain, Switzerland and the UK), and more countries are considering joining (Cyprus, Finland, Germany, Sweden). The exam is overseen by the National Cardiac Societies of participating countries, the ESC Education Committee and the Union Européenne des Médecins Spécialistes (UEMS) Cardiac Section. The ESC Young Community representatives expressed a desire to offer the exam in other ESC countries to harmonise assessment and training. There are also subspecialty exams made available by the ESC Associations. Delegates also discussed the benefit from more personalised feedback in the form of peer-review, mentorship from senior colleagues, and multidisciplinary opinion from healthcare professionals. The latter, often called ‘360-degree’ feedback, can address competencies such as professionalism and interpersonal skills and involves input from different stake holders (other trainees, supervisors, trained cardiologists, other health care professionals and patients). Very few countries used this method for trainee development, but where instituted, delegates felt it to be a method of assessment that resulted in individual benefit for trainees.

Assessment of skills

Assessment of skills for trainees was more varied. Logbooks of directly-observed procedural skills (DOPS; both paper and electronic) are commonplace across the ESC countries (Figure 2)
and are often monitored by clinical tutors allowing personal feedback and improvement in skills. A minority of countries also had skill labs and patient simulators. While these are resource-intensive, they were felt to contribute to training of practical procedures, complementary to traditional courses, and to allow skills evaluation, which is complex to assess at the bedside. There were many challenges identified by the delegates, in particular that assessment of skills is much more difficult and time-intensive than knowledge assessment. There was also discussion on how to assess skills, where it was felt that assessment of competence would be more desirable than a mere count of procedure numbers. Competence assessment would require close and consistent mentoring, which is expected to have further positive effects on the clinical and educational progress of the trainee. Finally, delegates identified a lack of feedback structures to assess and improve the quality of cardiology training.

2. Continued Cardiovascular Education: Challenges and opportunities for assessing knowledge and skills

Figure 3 summarises the key messages from the ESC Education Conference in respect to assessment of knowledge and skills for continued cardiovascular education of cardiologists and other cardiovascular specialists.

Assessment of knowledge

An up-to-date and well-informed workforce is the key to continued improvements in the management of cardiovascular disease in view of the rapid advances in cardiovascular medicine. However, the continued training and education of certified cardiologists is much less structured than that of cardiology trainees. While continued medical education and professional development are required for certified cardiologists in almost all ESC countries, assessment is
often undertaken indirectly by measuring cardiologists’ attendance at educational events. Efficient CME systems are in place in some countries, but there are variable national requirements. For example, evidence of CME is required for revalidation or recertification of cardiologists in Ireland, the Netherlands and the UK, but there are no formal requirements for CME in Finland, Greece, Israel or Poland (Table 1). In general, practising cardiologists are much more likely than trainees to receive knowledge training through industry-funded or even industry-delivered events. The delegates felt that the potential bias of industry-delivered educational programmes was an under-recognised limitation of current education for practising cardiologists.

There is an important role for professional societies such as the ESC and its constituent National Societies to provide balanced, high-quality cardiology education for cardiologists. Assessment of professionalism (e.g. through structured appraisals) is not common, and there is a lack of opportunity for research (both in time and funding) that could potentially underpin high-quality continued cardiovascular education and support innovation. The ESC recognises the need for training in research methodology not only for research-active cardiologists, but also for practising cardiologists to allow better understanding of new evidence and appropriate integration into clinical practice. This will particularly affect the future development of stratified approaches to cardiovascular medicine. The ESC is also reviewing industry involvement with CME and will report soon on findings and recommendations.

Assessment of skills

While daily clinical work provides indirect feedback on the quality of decisions and the relevant knowledge or evidence gaps, formal skills assessment for certified cardiologists is rare outside specific mentoring programmes for advanced interventional techniques (e.g. transcatheter valve replacement, device implantation, specific coronary interventions, or catheter ablation). In particular, concerns were raised about office-based cardiologists, who lack the informal ways of
improving knowledge and skills, and are thus disadvantaged compared to hospital-based cardiologists with frequent peer-interaction. A lack of training for trainers was also identified.

3. Approaches to improve knowledge and skills in Cardiology across the ESC

Considering the challenges and opportunities identified above, the delegates discussed the following approaches to improve knowledge and skills in cardiology:

i. Coordinate all ESC educational tools to reinforce the circle of research, guidelines, education and registries of clinical practice (the “Virtuous Circle”), underpinning consistent implementation of new evidence and quantification of changes in behaviour and outcomes, and improve visibility and ease-of-use (Figure 4).

ii. Maintain and improve existing materials for training in general cardiology and in the subspecialties.

iii. Advocacy to coordinate and harmonize cardiology training programmes at a national and European level.

iv. Support National Training Directors to network.

v. Facilitate exchange of trainees and mentors across countries.

vi. Promote the translation of educational material and guidelines in cooperation with National Cardiac Societies.

vii. Enhance the availability of the European Exam in General Cardiology for trainees, and identify opportunities to collect and report CME for cardiologists.

viii. Make available ESC grants to support research, education and attendance at educational events.
Table 2 highlights the educational tools available across the ESC at present, and the development of an education ‘roadmap’ as a result of the challenges identified during the 2016 ESC Education Conference. In brief, the ESC, closely aligned with its constituent bodies, will progress on multiple fronts to improve the provision and quality of education across the countries of the ESC, with a clear focus on:

i. Synergy across ESC educational platforms by using a single topic list; hence, users will be able to find topics under the same headings in conferences, ESCeL and other ESC educational material.

ii. More variety in educational material using different formats, including webinars, clinical cases and the ESC Journal Family, and the best use of guidelines.

iii. Implementation of the ESC Strategic Plan for 2016-2020, including the European Heart Agency (the ESC’s office in Brussels) and the European Heart Academy (providing academic degrees in partnership with European universities).

iv. An ESC Education newsletter to keep National Training Directors informed and provide a platform for networking and exchange.

v. Collaboration between National Cardiac Societies and the ESC Practice Guidelines team to produce and promote guidelines and support educational tools in different languages.

vi. Expansion and improvement of the European Exam in General Cardiology and implementation of an ESC-wide CME diary.

vii. Systematically perform needs assessments and adaptation of educational programmes.

viii. Expansion of ESC Fellowships, with a focus on promoting innovation and job mobility within Europe.

ix. ESC research grants and training in research methodology, including the advocacy of clinician-scientists who are able to apply innovation and more rigorous methodology to their clinical work.
Discussion

The ESC, with its large membership and broad geographical footprint, is ideally placed to improve cardiology education and training. Lifelong high-quality learning, from the cardiology trainee to the practising cardiologist, has the potential to encourage a strong, evidence-based foundation for the care of patients that can result in better outcomes. The ESC is committed to working with National Cardiac Societies to enhance education, and the yearly conferences for National Training Directors provides an opportunity to interact and influence the direction of education at the ESC level.

Recent decades have seen huge shifts in medical education, with a greater focus on the human aspects of medical training, including medical ethics, communication skills and the consideration of outcomes relevant to patients. Graduate medical training has also been forced to react quickly to the changing nature of healthcare provision, including the need for more robust certification of junior doctors and assessment of competency. In parallel, tools for online education and training have been generated and are providing new opportunities for high-quality cardiovascular education. Whilst the ESC Education Conference focused on knowledge and skills, we recognise the vital importance of general professionalism, supporting trainees to become “good doctors” but equally applicable to all stages of continuous education. This includes respect and empathy for patients, providing global care with good communication and management skills, and working within a well-functioning team of fellow healthcare professionals. Providing CME to certified physicians is unlikely to change practice or improve patient outcomes in isolation, and there is evidence that some form of reinforcement of knowledge is required, based on clear learning objectives. Hence, whatever the stage of learning, from medical students to certified cardiologists, the assessment of training and educational needs requires the development of structured and individualised programmes which are the key to successful medical education. Although there are numerous challenges to
implementation, these can be resolved by assessing the outcomes of targeted educational programmes, using education and enhanced professional skills to translate new evidence into better cardiovascular outcomes (Figure 4).

Another important development has been the formation of the ESC Young Community, with representatives in each training subspecialty working closely with the ESC associations. This has provided the opportunity to network with peers and work in different countries, developing expertise and competence for their future careers. Through the ESC education program, young colleagues can increase their participation and contribution to ESC meetings, publish clinical cases and obtain training or research grants. The ESCeL platform and webinars provide high-quality and unbiased education to those who are not able to travel to congresses or other in-person educational events. The ESC offers mentorship opportunities and access to training in skills not available in their own countries. Indeed, as a result of the ESC Education Conference, we have now instituted a database for National Training Directors to network and provide exchange opportunities. Our aim is to provide a framework of high-quality education for the next generation of cardiologists, coordinated by specific taskforces within the ESC Education Committee.

One area not addressed during the 2016 ESC Education Conference was the impact of new technology on physician education and CME, in particular advances in digital platforms and social networking. Targeting of educational material needs to be accompanied by clear learning objectives and the provision of supportive educational reinforcement within a protective framework. The huge progress in digital learning, and how to train the cardiologist of the future, will be the focus topic for the next ESC Education Conference to take place in January 2018.
In conclusion, there are important opportunities to improve education for cardiologists in the ESC, such as the forthcoming ESC Textbook of Cardiovascular Medicine (3rd Edition), a topic list that will unify the indexing of ESC educational activities, and improved interactive online technology enabling tailor-made interactive online education. With a clear Strategic Plan\textsuperscript{22}, the ESC is in an excellent position to lead the provision of high-quality, evidence-based education to improve patient outcomes.
Conflicts of interest

All authors have completed disclosure statements via the ESC disclosure system. Statements are available for review at the www.escardio.org website (ESC Education section).

Acknowledgments

We are grateful to all the attendees, as well as the staff of the ESC and the Heart House for all of their work in making the ESC Education Conference in December 2016 a success.
References


<table>
<thead>
<tr>
<th>Knowledge</th>
<th>Finland</th>
<th>Greece</th>
<th>Ireland</th>
<th>Italy</th>
<th>Israel</th>
<th>Netherlands</th>
<th>Poland</th>
<th>United Kingdom</th>
</tr>
</thead>
</table>
| • ESC core curriculum  
• NCS courses and meetings  
• Written exam at exit (EEGC from 2018 as option) | • Each University Clinic organizes Cardiology Board Examinations  
• EEGC recommended but not mandatory  
• NCS educational courses | • Annual formal assessment  
• EGGC mandatory in year 3  
• NCS Education Days | • National core curriculum  
• Each University Clinic organizes yearly exams | • ESC-based core curriculum  
• National board examination at exit of training  
• EGGC exam  
• NCS courses | • Electronic portfolio with matrix assessment  
• EGGC mandatory in year 3  
• NCS Education Days  
• NCS Training program | • ESC-based core curriculum  
• National board examination at exit of training  
• EGGC exam  
• NCS courses | • Electronic portfolio matched to core & speciality curricula  
• Supported by active NCS  
• EGGC mandatory exit exam |
| Skills | • Logbook of skills supervised by senior cardiologist | • No logbook assessment | • Supervised DOPs throughout training | • Paper-based log-book and DOPs | • Logbooks certified by local directors, supported by NCS | • Structured skills assessment and DOPs | • Logbooks certified by local directors, supported by NCS | • Mandatory DOPs: clinical and educational mentors |
| Continued medical education | • No formal CME requirements in Cardiology | • No structured CME process | • Legal requirement to register & comply with CME | • Periodic assessment of obligatory CME credits | • No formal requirements, but courses offered by NCS | • CME required to stay registered as cardiologist | • No formal CME requirements in Cardiology | • CME peer-assessed yearly & 5-yearly national validation |

CME = Continued medical education; EGGC = European Exam in General Cardiology; ESC = European Society of Cardiology; NCS = National Cardiac Society.
<table>
<thead>
<tr>
<th>How can the ESC help with education?</th>
<th>Where are we now?</th>
<th>Where are we going?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Synergy across different educational platforms.</td>
<td>ESC congresses, the ESC textbook (2nd edition), the ESC eLearning (ESCeL) platform, the ESC Journal Family and practice guidelines are currently the major educational tools provided by the ESC, however the links between them are incomplete.</td>
<td>An ESC topic list has been created to index, tag and cross-reference educational content across the ESC, including conferences, the new ESC textbook (3rd edition) and the online programmes offered on ESCeL.</td>
</tr>
<tr>
<td>Improving access to online education.</td>
<td>ESCeL currently provides access to hundreds of courses, including general cardiology and subspecialties such as cardiac imaging, intervention, heart failure and arrhythmias.</td>
<td>Enhance the usability of ESCeL and increase its educational content with an improved interface, a search function, integration with the new ESC textbook, update of the general cardiology curriculum, the addition of more courses and structuring according to the new ESC topic list.</td>
</tr>
<tr>
<td>Keeping educational material up-to-date, including webinars and clinical cases.</td>
<td>A wide variety of webinars and clinical cases are available every week on the ESC website and recorded for future reference.</td>
<td>Shorter, more interactive and up-to-date webinars with an enhanced Clinical Case Gallery.</td>
</tr>
<tr>
<td>Practice guidelines as a learning tool.</td>
<td>‘Guidelines into Practice’ tracks provide a list of key presentations related to an ESC guideline and the ESC congress.</td>
<td>Plans to improve and update the educational resources associated with each guideline, and provide more timely and cross-linked educational material.</td>
</tr>
<tr>
<td>Translation of educational material (especially guidelines).</td>
<td>The ESC relies on National Cardiac Societies to provide relevant translations.</td>
<td>Improve visibility and access to translated documents, including guidelines, in close cooperation with National Cardiac Societies.</td>
</tr>
<tr>
<td>Assessment and evaluation mechanisms to engage learners in their training and continued professional development. Provide a list of ESC endorsed live events.</td>
<td>The ESC has developed a series of assessments as well as a range of online courses with self-assessment, an educational blueprint for live events and pre/post-test methodology. The ESC endorses several live events with dedicated guidelines-orientated sessions.</td>
<td>Generalise the assessment and evaluation mechanism and engage with state-of-the art instructional design and adult learning science. To promote live events with alerts on social media and better define the educational value of ESC endorsed events.</td>
</tr>
<tr>
<td>Cardiologists in-training</td>
<td>The ESC Brussels office engages with stakeholders, policy makers and other professional organisations to improve cardiovascular training and education.</td>
<td>ESC advocacy: lobby and influence training programmes at a national and European level.</td>
</tr>
<tr>
<td>--------------------------</td>
<td>-------------------------------------------------------------------------------------------------</td>
<td>-------------------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Opportunity to identify centres that are interested in exchange of trainees.</td>
<td>No facility at present.</td>
<td>Sub-specialty curricula.</td>
</tr>
<tr>
<td>Increase access to the European Exam in General Cardiology (EEGC).</td>
<td>The EECG is overseen by a Board with joint input from the UEMS cardiology section and the ESC Education Committee, and is currently used in Spain, UK, Ireland, Netherlands, Portugal, Greece and Malta.</td>
<td>ESC Education newsletter (3 x yearly) with dedicated slots showcasing National Training Directors will allow National Training Directors to network and offer trainee exchanges. Improve visibility and access to subspeciality curricula by working with the ESC Associations, Working Groups and Councils.</td>
</tr>
<tr>
<td>Support needed on collection and reporting of Continued Medical Education (CME).</td>
<td>Currently very variable across the ESC, with limited access to online CME tools.</td>
<td>ESC grants to support research, education and attendance at events, as well as the Masters and diploma programmes.</td>
</tr>
<tr>
<td>ESC grants to support research, education and attendance at events, as well as the Masters and diploma programmes.</td>
<td>ESC Training grants, Nursing grants and Educational grants are currently available, in addition to grants from the subspecialty associations.</td>
<td>Opportunities for external networking and exchange of mentors.</td>
</tr>
<tr>
<td>Opportunities for external networking and exchange of mentors.</td>
<td>No facility at present.</td>
<td>Support needed to ensure better translation into practice of ESC Practice Guidelines.</td>
</tr>
<tr>
<td>Support needed to ensure better translation into practice of ESC Practice Guidelines.</td>
<td>ESC offers a range of educational tools to support knowledge transfer.</td>
<td>Implementation of collaboration between guidelines, education, congresses, registries and publications (the ‘Virtuous Circle’) to facilitate evidence-based, needs-driven educational programmes that lead to better patient outcomes.</td>
</tr>
</tbody>
</table>
Figure legends

Figure 1: Cardiology Training: Key messages on assessment of knowledge and skills
Workshop debrief from the National Cardiac Society representatives about cardiologists in training.

Figure 2: Knowledge and skills assessment: The 2016 ESC Cardiology Survey
Results of the 2016 ESC Survey on National Medical & Cardiology Training.

Figure 3: Continued Cardiovascular Education: Key messages on assessment of knowledge and skills
Workshop debrief from the National Cardiac Society representatives about cardiologists in-practice.

Figure 4: Cardiovascular education in the context of guidelines and registries to improve cardiovascular outcomes
Illustrates the “virtuous circle” that underpins the strategic development of ESC education in the context of new evidence, assessment of educational gaps and needs, development of tailor-made educational programmes, and assessment of their effectiveness in observational research activities.
Figure 1: Cardiology Training: Key messages on assessment of knowledge and skills

<table>
<thead>
<tr>
<th>Assessment of knowledge &amp; skills for cardiologists in-training across the ESC</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>What goes well?</strong></td>
</tr>
<tr>
<td><strong>Knowledge</strong></td>
</tr>
<tr>
<td>- National training programmes for Cardiology are available in the majority of countries</td>
</tr>
<tr>
<td>- Most follow the ESC Core Curriculum and involve the National Cardiac Society</td>
</tr>
<tr>
<td>- Training centres are usually accredited at a national level</td>
</tr>
<tr>
<td><strong>Skills</strong></td>
</tr>
<tr>
<td>- Paper and electronic portfolios to record practical procedures</td>
</tr>
<tr>
<td>- Specific skills-based assessments in some countries, including labs and simulators</td>
</tr>
<tr>
<td>- Several larger countries have a mentorship system with positive results for trainees</td>
</tr>
<tr>
<td><strong>Where are the limitations?</strong></td>
</tr>
<tr>
<td><strong>Knowledge</strong></td>
</tr>
<tr>
<td>- Subspecialty curricula and assessment are often not available</td>
</tr>
<tr>
<td>- Lack of widespread 360 degree feedback (from peers and other healthcare workers)</td>
</tr>
<tr>
<td>- Many countries lack opportunities for mentorship, simulation or further research</td>
</tr>
<tr>
<td><strong>Skills</strong></td>
</tr>
<tr>
<td>- Assessment of skills in practice is challenging</td>
</tr>
<tr>
<td>- Debate over numbers of procedures completed versus the quality of the skill obtained</td>
</tr>
<tr>
<td>- Lack of systems in place for quality control of training</td>
</tr>
</tbody>
</table>
Figure 2: Knowledge and skills assessment: The 2016 ESC Cardiology Survey

![Map showing national curricula and training in accordance with the ESC curriculum across Europe.](image)

Legend:
- ◈ National Curriculum for Cardiology
- ★ Training in accordance with the ESC curriculum
- ○ Directly-observed procedural skills
  - Yes
  - No
  - Yes ★ Partially ★ Yes ★ Partially ★ No
  - Yes
  - No
Assessment of knowledge & skills for cardiologists in-practice across the ESC

**What goes well?**

**Knowledge**
- In some countries, there is efficient recording of continued medical education (CME)
- There are variable national requirements, but in some countries evidence of CME is required for revalidation and/or recertification of cardiologists

**Skills**
- Proctoring for speciality skills and interventions (for example, transcatheter valve implantation and advanced percutaneous coronary intervention)
- Review of cases and problems by peers in a multi-disciplinary setting

**Where are the limitations?**

**Knowledge**
- Lack of consistency and control of CME, or the ability to easily record activities
- Practicing cardiologists more likely to receive biased or industry-based knowledge
- Few countries have requirements for assessment of cardiologists once qualified

**Skills**
- Difficulty maintaining skills without peer-interaction for office-based cardiologists
- Lack of peer to peer assessment, recertification and training for trainers
- Working time directive/regulation constraints on service provision to training ratio
Figure 4: Cardiovascular education in the context of guidelines and registries to improve cardiovascular outcomes
<table>
<thead>
<tr>
<th>National Cardiac Society</th>
<th>Representative(s) and Position</th>
<th>National Cardiac Society</th>
<th>Representative(s) and Position</th>
</tr>
</thead>
<tbody>
<tr>
<td>Albanian Society of Cardiology</td>
<td>Aurel Demiraj, National Director of Training</td>
<td>Israel Heart Society</td>
<td>Ronen Beeri, National Director of Training</td>
</tr>
<tr>
<td>Austrian Society of Cardiology</td>
<td>Julia Mascherbauer, National Director of Training</td>
<td>Italian Federation of Cardiology</td>
<td>Paolo Calabrò, National Director of Training</td>
</tr>
<tr>
<td>Serbian Society of Cardiology</td>
<td>Franzi Weidinger, Member of ESC Board</td>
<td></td>
<td>Flavio D’Ascenzi, EAPC Young Community</td>
</tr>
<tr>
<td>Belgian Society of Cardiology</td>
<td>Agnès Pasquet, Belgium representative</td>
<td>Kyrgyz Society of Cardiology</td>
<td>Alina Kerimkulova, National Director of Training</td>
</tr>
<tr>
<td></td>
<td>Tom De Potter, EHRA Young EP Committee</td>
<td>Latvian Society of Cardiology</td>
<td>Andrejs Erglis, National Director of Training</td>
</tr>
<tr>
<td>Association of Cardiologists of Bosnia and Herzegovina</td>
<td>Šekib Sokolović, National Director of Training</td>
<td></td>
<td>Iveta Bajare, Latvia representative</td>
</tr>
<tr>
<td>British Cardiovascular Society</td>
<td>Russell Smith, National Director of Training</td>
<td>Macedonian FYR Society of Cardiology</td>
<td>Ausra Kavoliuniene, National Director of Training</td>
</tr>
<tr>
<td></td>
<td>Aḥzal Sohaib, Cardiologists of Tomorrow</td>
<td></td>
<td>Lidija Poposka, National Director of Training</td>
</tr>
<tr>
<td>Bulgarian Society of Cardiology</td>
<td>Elena Kinova, National Director of Training</td>
<td>Maltese Cardiac Society</td>
<td>Alexander Borg, National Director of Training</td>
</tr>
<tr>
<td>Croatian Society of Cardiology</td>
<td>Davor Milicic, National Director of Training</td>
<td>Moldavian Society of Cardiology</td>
<td>Dorin Lisi, National Director of Training</td>
</tr>
<tr>
<td>Cyprus Society of Cardiology</td>
<td>Joseph Moutiris, National Director of Training</td>
<td>Moroccan Society of Cardiology</td>
<td>Latifa Oukerraj, National Director of Training</td>
</tr>
<tr>
<td>Danish Society of Cardiology</td>
<td>Jesper Kjaergaard, Denmark representative</td>
<td>Netherlands Society of Cardiology</td>
<td>Patrick Verhorst, Netherlands representative</td>
</tr>
<tr>
<td>Egyptian Society of Cardiology</td>
<td>Gamela Nasr, National Director of Training</td>
<td>Norwegian Society of Cardiology</td>
<td>Svein Rotevatn, National Director of Training</td>
</tr>
<tr>
<td></td>
<td>Gamal Shaban, Egypt representative</td>
<td>Polish Cardiac Society</td>
<td>Andrzej Budaj, National Director of Training</td>
</tr>
<tr>
<td>Estonian Society of Cardiology</td>
<td>Jaan Eha, National Director of Training</td>
<td></td>
<td>Katarzyna Czerwińska-Jelonkiewicz, ACCA Young Community</td>
</tr>
<tr>
<td>Finnish Cardiac Society</td>
<td>Juha Hartikainen, National Director of Training</td>
<td>Portuguese Society of Cardiology</td>
<td>Nuno Bettencourt, National Director of Training</td>
</tr>
<tr>
<td>French Society of Cardiology</td>
<td>Richard Isnard, National Director of Training</td>
<td>Romanian Society of Cardiology</td>
<td>Carmen Ginghina, National Director of Training</td>
</tr>
<tr>
<td>Georgian Society of Cardiology</td>
<td>Rusudan Agladze, National Director of Training</td>
<td>Russian Society of Cardiology</td>
<td>Yulia Balanova, Russia representative</td>
</tr>
<tr>
<td>German Cardiac Society</td>
<td>Norbert Frey, National Director of Training</td>
<td>San Marino Society of Cardiology</td>
<td>Marco Zavatta, National Director of Training</td>
</tr>
<tr>
<td></td>
<td>Stefan D. Anker, Member of ESC Board</td>
<td>Cardioiology Society of Serbia</td>
<td>Milica Dekleva, National Director of Training</td>
</tr>
<tr>
<td>Hellenic Society of Cardiology</td>
<td>Anastasia Kitsiou, National Director of Training</td>
<td>Slovak Society of Cardiology</td>
<td>Robert Hatala, National Director of Training</td>
</tr>
<tr>
<td></td>
<td>Costas Tsoufis, Greece representative</td>
<td>Spanish Society of Cardiology</td>
<td>Manuel P. Anguita, National Director of Training</td>
</tr>
<tr>
<td>Hungarian Society of Cardiology</td>
<td>Christina Chrysoou, Greece representative</td>
<td>Swedish Society of Cardiology</td>
<td>Anna Freyschuss, National Director of Training</td>
</tr>
<tr>
<td>Icelandic Society of Cardiology</td>
<td>Thördis Hrafneklsdóttir, National Director of Training</td>
<td>Swiss Society of Cardiology</td>
<td>David Carballo, National Director of Training</td>
</tr>
<tr>
<td>Irish Cardiac Society</td>
<td>Brendan McAdam, National Director of Training</td>
<td>Tunisian Society of Cardiology and Cardio-Vascular Surgery</td>
<td>Mohamed Sami Mourali, National Director of Training</td>
</tr>
<tr>
<td></td>
<td>Barbra Dalton, Ireland representative</td>
<td>Turkish Society of Cardiology</td>
<td>Armagan Altun, National Director of Training</td>
</tr>
<tr>
<td>Ukrainian Association of Cardiology</td>
<td>Elena Nesukay, National Director of Training</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>