



Wednesday 22<sup>nd</sup> November 2017 – Centre for Professional Development (CPD), Medical School

## Challenges to Wellbeing: The Experience of Loneliness and the Threat of Epistemic Injustice in the Clinical Encounter

### Agenda

- 09:30 – 10:00 Registration opens, refreshments available
- 10:00 – 10:15 Welcome and Introductions; purpose of the workshop  
*Lisa Bortolotti and Sophie Stammers*  
*Tim Softley, Pro-Vice-Chancellor (Research and Knowledge Transfer)*
- Session One: Themes from Project PERFECT – Chair: Sophie Stammers**
- 10:15 – 10:25 *Kathy Puddifoot* – Introduction to Epistemic Injustice  
10:25 – 10:35 *Alex Miller-Tate* – Epistemic Injustice in Psychiatry  
10:35 – 10:55 *Valeria Motta* – On the Experience of Loneliness and Solitude  
10:55 – 11:15 Q&A
- 11:15 – 11:35 Refreshment break
- Session Two: The Experience of Loneliness – Chair: Lisa Bortolotti**
- 11:35 – 11:55 *Kimberley Brownlee* – The Lonely Child: Not Seen and Not Heard  
11:55 – 12:15 *Kellie Payne* – Campaigning on the Issue of Loneliness  
12:15 – 12:35 *Jolie Goodman* – Reflecting on the Standing Together Project; facilitating groups in extra care and retirement settings  
12:35 – 1:00 Q&A
- 1:00 – 2:00 Lunch
- Session Three: Interactive Session**
- 2:00 – 2:10 Presentation by research support
- 2:10 – 2:30 Group discussion on specific themes emerging from the morning's presentations  
*Small groups*
- 2:30 – 3:00 Feedback and plenary discussion; What are the next steps?
- 3:00 Workshop ends



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WORKSHOP LEADERS: Professor Lisa Bortolotti and Dr Sophie Stammers

The workshop will take forward and sharpen existing cross-College conversations to flesh out new connections with the newly established Birmingham Institute for Mental Health, under the Directorship of Professor Matthew Broome.

The workshop is designed to explore potential for collaboration, impact, and possible global innovations inspired by the arts and humanities in the area of mental health (with a focus on loneliness and epistemic injustice). The workshop will bring together academics and non-academic partners to explore the unique potential of the arts and humanities to establish the value of people's connectedness and the importance of respecting people's agency and personhood when their mental health is

challenged. The workshop will seek to discern the unique contribution that Birmingham University can bring to this field, not least in terms of new approaches that can speak to people from diverse contexts and open a global conversation with local and international partners.

Areas for discussion will include:

*Therapies:* What can the arts and humanities in real terms bring to diagnosis, care, treatment, and wellbeing?

*Research and Collaboration:* Potential for cross college funding applications and jointly supervised doctoral researchers across philosophy and mental health.

*Impact:* Potential for engagement with the city and mental health organisations.

*Innovation:* Exploration of the potential of the arts and humanities as instruments for well-being across cultures and regions, towards a new global understanding.



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### Delegates

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