Table 1. Characteristics of participants recruited from the Sikh community in Birmingham and the Black Country

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| --- | --- | --- | --- |
| **Characteristics** | **First generation (born in the Indian subcontinent)** | **Second generation (born or received formal education from age five in the UK)** | **Third generation (born in the UK and at least one parent is second generation descendant)** |
| **Number of participants** | **8** | **7** | **2** |
|  |  |  |  |
| Age range | 47-77 | 18-43 | 20-24 |
| Male/Female | 2/6 | 4/3 | 0/2 |
| Occupation | Retired (4), Manual (4) | Student (2), Manual (2), Professional (3) | Student (1), Professional (1) |
| Type of health condition | Diabetes (2) , Hypertension (4), Diabetes and Hypertension (2) | Diabetes (1), Diabetes and Hypertension (1) | None |