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DOI:
10.2140/apde.2009.2.147

## Document Version

Peer reviewed version
Citation for published version (Harvard):
Bennett, J, Bez, R, Carbery, A \& Hundertmark, D 2009, 'Heat-flow monotonicity of Strichartz norms', Analysis and PDE, vol. 2, no. 2, pp. 147-158. https://doi.org/10.2140/apde.2009.2.147

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# HEAT-FLOW MONOTONICITY OF STRICHARTZ NORMS 

JONATHAN BENNETT, NEAL BEZ, ANTHONY CARBERY, AND DIRK HUNDERTMARK

Abstract. Our main result is that for $d=1,2$ the classical Strichartz norm

$$
\left\|e^{i s \Delta} f\right\|_{L_{s, x}^{2+4 / d}}^{\left(\mathbb{R} \times \mathbb{R}^{d}\right)} \text { }
$$

associated to the free Schrödinger equation is nondecreasing as the initial datum $f$ evolves under a certain quadratic heat-flow.

## 1. Introduction

For $d \in \mathbb{N}$ let the Fourier transform $\widehat{f}: \mathbb{R}^{d} \rightarrow \mathbb{C}$ of a Lebesgue integrable function $f$ on $\mathbb{R}^{d}$ be given by

$$
\widehat{f}(\xi)=\frac{1}{(2 \pi)^{d / 2}} \int_{\mathbb{R}^{d}} e^{-i x \cdot \xi} f(x) d x
$$

For each $s \in \mathbb{R}$ the Fourier multiplier operator $e^{i s \Delta}$ is defined via the Fourier transform by

$$
\widehat{e^{i s \Delta} f}(\xi)=e^{-i s|\xi|^{2}} \widehat{f}(\xi)
$$

for all $f$ belonging to the Schwartz class $\mathcal{S}\left(\mathbb{R}^{d}\right)$ and $\xi \in \mathbb{R}^{d}$. Thus for each $f \in \mathcal{S}\left(\mathbb{R}^{d}\right)$ and $x \in \mathbb{R}^{d}$,

$$
e^{i s \Delta} f(x)=\frac{1}{(2 \pi)^{d / 2}} \int_{\mathbb{R}^{d}} e^{i\left(x \cdot \xi-s|\xi|^{2}\right)} \widehat{f}(\xi) d \xi
$$

By an application of the Fourier transform in $x$ it is easily seen that $e^{i s \Delta} f(x)$ solves the Schrödinger equation

$$
\begin{equation*}
i \partial_{s} u=-\Delta u \tag{1.1}
\end{equation*}
$$

with initial datum $u(0, x)=f(x)$. It is well known that the above solution operator $e^{i s \Delta}$ extends to a bounded operator from $L^{2}\left(\mathbb{R}^{d}\right)$ to $L_{s}^{p} L_{x}^{q}\left(\mathbb{R} \times \mathbb{R}^{d}\right)$ if and only if $(d, p, q)$ is Schrödinger admissible; i.e. there exists a finite constant $C_{p, q}$ such that

$$
\begin{equation*}
\left\|e^{i s \Delta} f\right\|_{L_{s}^{p} L_{x}^{q}\left(\mathbb{R} \times \mathbb{R}^{d}\right)} \leq C_{p, q}\|f\|_{L^{2}\left(\mathbb{R}^{d}\right)} \tag{1.2}
\end{equation*}
$$

if and only if

$$
\begin{equation*}
p, q \geq 2, \quad(d, p, q) \neq(2,2, \infty) \quad \text { and } \quad \frac{2}{p}+\frac{d}{q}=\frac{d}{2} \tag{1.3}
\end{equation*}
$$

For $p=q=2+4 / d$, this classical inequality is due to Strichartz [13] who followed arguments of Stein and Tomas [14]. For $p \neq q$ the reader is referred to [11] for historical references and a full treatment of (1.2) for suboptimal constants $C_{p, q}$.

[^0]Recently Foschi [9] and independently Hundertmark and Zharnitsky [10] showed that in the cases where one can "multiply out" the Strichartz norm

$$
\begin{equation*}
\left\|e^{i s \Delta} f\right\|_{L_{s}^{p} L_{x}^{q}\left(\mathbb{R} \times \mathbb{R}^{d}\right)} \tag{1.4}
\end{equation*}
$$

that is, when $q$ is an even integer which divides $p$, the sharp constants $C_{p, q}$ in the above inequalities are obtained by testing on isotropic centred gaussians. (These authors considered $p=q$ only.) The main purpose of this paper is to highlight a startling monotonicity property of such Strichartz norms as the function $f$ evolves under a certain quadratic heat-flow.
Theorem 1.1. Let $f \in L^{2}\left(\mathbb{R}^{d}\right)$. If $(d, p, q)$ is Schrödinger admissible and $q$ is an even integer which divides $p$ then the quantity

$$
\begin{equation*}
Q_{p, q}(t):=\left\|e^{i s \Delta}\left(e^{t \Delta}|f|^{2}\right)^{1 / 2}\right\|_{L_{s}^{p} L_{x}^{q}\left(\mathbb{R} \times \mathbb{R}^{d}\right)} \tag{1.5}
\end{equation*}
$$

is nondecreasing for all $t>0$; i.e. $Q_{p, q}$ is nondecreasing in the cases $(1,6,6),(1,8,4)$ and $(2,4,4)$.

The heat operator $e^{t \Delta}$ is of course defined to be the Fourier multiplier operator with multiplier $e^{-t|\xi|^{2}}$, and so

$$
e^{t \Delta}|f|^{2}=H_{t} *|f|^{2}
$$

where the heat kernel $H_{t}: \mathbb{R}^{d} \rightarrow \mathbb{R}$ is given by

$$
\begin{equation*}
H_{t}(x)=\frac{1}{(4 \pi t)^{d / 2}} e^{-|x|^{2} / 4 t} \tag{1.6}
\end{equation*}
$$

By making an appropriate rescaling one may rephrase the above result in terms of "sliding gaussians" in the following way. For $f \in L^{2}\left(\mathbb{R}^{d}\right)$ let $u:(0, \infty) \times \mathbb{R}^{d} \rightarrow \mathbb{R}$ be given by $u(t, x)=H_{t} *|f|^{2}(x)$ and $\widetilde{u}:(0, \infty) \times \mathbb{R}^{d} \rightarrow \mathbb{R}$ be given by

$$
\widetilde{u}(t, x)=t^{-d} u\left(t^{-2}, t^{-1} x\right)=\frac{1}{(4 \pi)^{d / 2}} \int_{\mathbb{R}^{d}} e^{-\frac{1}{4}|x-t v|^{2}}|f(v)|^{2} d v
$$

We interpret $\widetilde{u}$ as a superposition of translates of a fixed gaussian which simultaneously slide to the origin as $t$ tends to zero. By a simple change of variables it follows that

$$
\begin{equation*}
Q_{p, q}\left(t^{-2}\right)=\left\|e^{i s \Delta}\left(\widetilde{u}(t, \cdot)^{1 / 2}\right)\right\|_{L_{s}^{p} L_{x}^{q}\left(\mathbb{R} \times \mathbb{R}^{d}\right)} \tag{1.7}
\end{equation*}
$$

The reader familiar with the standard wave-packet analysis in the context of Fourier extension estimates may find it more enlightening to interpret Theorem 1.1 via this rescaling.

The claimed monotonicity of $Q_{p, q}$ yields the sharp constant $C_{p, q}$ in (1.2) as a simple corollary. To see this, suppose that the function $f$ is bounded and has compact support. Then, by rudimentary calculations,

$$
\lim _{t \rightarrow 0} Q_{p, q}(t)=\left\|e^{i s \Delta}|f|\right\|_{L_{s}^{p} L_{x}^{q}\left(\mathbb{R} \times \mathbb{R}^{d}\right)}
$$

which, by virtue of the fact that $q$ is an even integer which divides $p$, is greater than or equal to $\left\|e^{i s \Delta} f\right\|_{L_{s}^{p}\left(L_{x}^{q}\left(\mathbb{R}^{d}\right)\right)}$. Furthermore, because of (1.7) it follows that

$$
\lim _{t \rightarrow \infty} Q_{p, q}(t)=\left\|e^{i s \Delta}\left(H_{1}^{1 / 2}\right)\right\|_{L_{s}^{p} L_{x}^{q}\left(\mathbb{R} \times \mathbb{R}^{d}\right)}\|f\|_{L^{2}\left(\mathbb{R}^{d}\right)}
$$

where $H_{1}$ is the heat kernel at time $t=1$. Therefore Theorem 1.1 gives the sharp constant $C_{p, q}$ in (1.2) for the triples $(1,6,6),(1,8,4)$ and $(2,4,4)$, and shows that gaussians are maximisers. In particular, if

$$
C_{p, q}:=\sup \left\{\left\|e^{i s \Delta} f\right\|_{L_{s}^{p} L_{x}^{q}\left(\mathbb{R} \times \mathbb{R}^{d}\right)}:\|f\|_{L^{2}\left(\mathbb{R}^{d}\right)}=1\right\}
$$

then $C_{6,6}=12^{-1 / 12}, C_{8,4}=2^{-1 / 4}$ and $C_{4,4}=2^{-1 / 2}$. As we have already noted, $C_{6,6}$ and $C_{4,4}$ were found recently by Foschi [9] and independently Hundertmark and Zharnitsky [10]. In the $(1,8,4)$ case, we shall see in the proof of Theorem 1.1 below that the monotonicity (and hence sharp constant) follows in a cheap way from the $(2,4,4)$ case.

Heat-flow methods have already proved effective in treating certain $d$-linear analogues of the Strichartz estimate (1.2); see Bennett, Carbery and Tao [6]. Also intimately related (as we shall see) are the works of Carlen, Lieb, and Loss [8] and Bennett, Carbery, Christ and Tao [5] in the setting of the multilinear Brascamp-Lieb inequalities.

The proof of Theorem 1.1 is contained in Section 2. We discuss some further results in Section 3. In particular we show that the Strichartz norm is nondecreasing under a certain quadratic Mehler-flow and observe that one may relax the quadratic nature of the heat-flow in Theorem 1.1 by inserting a mitigating factor which is a power of $t$. We also consider extensions of Theorem 1.1 to higher dimensions.

## 2. Proof of Theorem 1.1

The idea behind the proof of Theorem 1.1 is simply to express the Strichartz norm

$$
\left\|e^{i s \Delta} f\right\|_{L_{s}^{p} L_{x}^{q}\left(\mathbb{R} \times \mathbb{R}^{d}\right)}
$$

in terms of quantities which are already known to be monotone under the heat-flow that we consider. As we shall see, this essentially amounts to bringing together the Strichartz-norm representation formulae of Hundertmark and Zharnitsky [10] and the following heat-flow monotonicity property inherent in the Cauchy-Schwarz inequality.

Lemma 2.1. For $n \in \mathbb{N}$ and nonnegative integrable functions $f_{1}$ and $f_{2}$ on $\mathbb{R}^{n}$ the quantity

$$
\Lambda(t):=\int_{\mathbb{R}^{n}}\left(e^{t \Delta} f_{1}\right)^{1 / 2}\left(e^{t \Delta} f_{2}\right)^{1 / 2}
$$

is nondecreasing for all $t>0$.

Proof. Let $0<t_{1}<t_{2}$. If $H_{t}$ denotes the heat kernel on $\mathbb{R}^{n}$ given by (1.6) then,

$$
\begin{aligned}
\Lambda\left(t_{1}\right) & =\int_{\mathbb{R}^{n}}\left(H_{t_{1}} * f_{1}\right)^{1 / 2}\left(H_{t_{1}} * f_{2}\right)^{1 / 2} \\
& =\int_{\mathbb{R}^{n}} H_{t_{2}-t_{1}} *\left(\left(H_{t_{1}} * f_{1}\right)^{1 / 2}\left(H_{t_{1}} * f_{2}\right)^{1 / 2}\right) \\
& =\int_{\mathbb{R}^{n}} \int_{\mathbb{R}^{n}}\left(H_{t_{2}-t_{1}}(x-y) H_{t_{1}} * f_{1}(y)\right)^{1 / 2}\left(H_{t_{2}-t_{1}}(x-y) H_{t_{1}} * f_{2}(y)\right)^{1 / 2} d y d x \\
& \leq \int_{\mathbb{R}^{n}}\left(H_{t_{2}-t_{1}} *\left(H_{t_{1}} * f_{1}\right)\right)^{1 / 2}\left(H_{t_{2}-t_{1}} *\left(H_{t_{1}} * f_{2}\right)\right)^{1 / 2} \\
& =\Lambda\left(t_{2}\right)
\end{aligned}
$$

where we have used the Cauchy-Schwarz inequality on $L^{2}\left(\mathbb{R}^{n}\right)$ and the semigroup property of the heat kernel.

The above proof of Lemma 2.1 originates in work of Ball [1] and was developed further in [5]. An alternative method of proof in [8] and [5] which is based on the divergence theorem produces the explicit formula

$$
\begin{equation*}
\Lambda^{\prime}(t)=\frac{1}{4} \int_{\mathbb{R}^{n}}\left|\nabla\left(\log e^{t \Delta} f_{1}\right)-\nabla\left(\log e^{t \Delta} f_{2}\right)\right|^{2}\left(e^{t \Delta} f_{1}\right)^{1 / 2}\left(e^{t \Delta} f_{2}\right)^{1 / 2} \tag{2.1}
\end{equation*}
$$

for each $t>0$ provided $f_{1}$ and $f_{2}$ are sufficiently well-behaved (such as bounded with compact support). We remark in passing that the Cauchy-Schwarz inequality on $L^{2}\left(\mathbb{R}^{n}\right)$ follows from Lemma 2.1 by comparing the limiting values of $\Lambda(t)$ for $t$ at zero and infinity.

The next lemma is an observation of Hundertmark and Zharnitsky [10] who showed that multiplied out expressions for the Strichartz norm in the $(1,6,6)$ and $(2,4,4)$ cases have a particularly simple geometric interpretation.

Lemma 2.2. (1) For nonnegative $f \in L^{2}(\mathbb{R})$,

$$
\left\|e^{i s \Delta} f\right\|_{L_{s}^{6} L_{x}^{6}(\mathbb{R} \times \mathbb{R})}^{6}=\frac{1}{2 \sqrt{3}} \int_{\mathbb{R}^{3}}(f \otimes f \otimes f)(X) P_{1}(f \otimes f \otimes f)(X) d X
$$

where $P_{1}: L^{2}\left(\mathbb{R}^{3}\right) \rightarrow L^{2}\left(\mathbb{R}^{3}\right)$ is the projection operator onto the subspace of functions on $\mathbb{R}^{3}$ which are invariant under the isometries which fix the direction $(1,1,1)$.
(2) For nonnegative $f \in L^{2}\left(\mathbb{R}^{2}\right)$,

$$
\left\|e^{i s \Delta} f\right\|_{L_{s}^{4} L_{x}^{4}\left(\mathbb{R} \times \mathbb{R}^{2}\right)}^{4}=\frac{1}{4} \int_{\mathbb{R}^{4}}(f \otimes f)(X) P_{2}(f \otimes f)(X) d X
$$

where $P_{2}: L^{2}\left(\mathbb{R}^{4}\right) \rightarrow L^{2}\left(\mathbb{R}^{4}\right)$ is the projection operator onto the subspace of functions on $\mathbb{R}^{4}$ which are invariant under the isometries which fix the directions $(1,0,1,0)$ and $(0,1,0,1)$.

Proof of Theorem 1.1. We begin with the case where $(p, q, d)$ is equal to $(1,6,6)$. For functions $G \in L^{2}\left(\mathbb{R}^{3}\right)$ we may write

$$
\begin{equation*}
P_{1} G(X)=\int_{O} G(\rho X) d \mathcal{H}(\rho) \tag{2.2}
\end{equation*}
$$

where $O$ is the group of isometries on $\mathbb{R}^{3}$ which coincide with the identity on the span of $(1,1,1)$ and $d \mathcal{H}$ denotes the right-invariant Haar probability measure on $O$.

If, for $f \in L^{2}(\mathbb{R})$, we let $F:=f \otimes f \otimes f$ then it is easy to see that

$$
\begin{equation*}
e^{t \Delta}|f|^{2} \otimes e^{t \Delta}|f|^{2} \otimes e^{t \Delta}|f|^{2}=e^{t \Delta}|F|^{2} \tag{2.3}
\end{equation*}
$$

because, in general, the heat operator $e^{t \Delta}$ commutes with tensor products. It is also easy to check that for each isometry $\rho$ on $\mathbb{R}^{3}$,

$$
\begin{equation*}
\left(e^{t \Delta}|f|^{2} \otimes e^{t \Delta}|f|^{2} \otimes e^{t \Delta}|f|^{2}\right)(\rho \cdot)=e^{t \Delta}\left|F_{\rho}\right|^{2} \tag{2.4}
\end{equation*}
$$

where $F_{\rho}:=F(\rho \cdot)$. In (2.3) and (2.4) the Laplacian $\Delta$ acts in the number of variables dictated by context. Therefore, by Lemma 2.2(1),

$$
Q_{6,6}(t)^{6}=\frac{1}{2 \sqrt{3}} \int_{O} \int_{\mathbb{R}^{3}}\left(e^{t \Delta}|F|^{2}\right)^{1 / 2}(X)\left(e^{t \Delta}\left|F_{\rho}\right|^{2}\right)^{1 / 2}(X) d X d \mathcal{H}(\rho)
$$

and, by Lemma 2.1 and the nonnegativity of the measure $d \mathcal{H}$, it follows that $Q_{6,6}(t)$ is nondecreasing for each $t>0$.

For the $(2,4,4)$ case, we use a representation of the form $(2.2)$ for the projection operator $P_{2}$ where the averaging group $O$ is replaced by the group of isometries on $\mathbb{R}^{4}$ which coincide with the identity on the span of $(1,0,1,0)$ and $(0,1,0,1)$. Of course, the analogous statements to (2.3) and (2.4) involving two-fold tensor products hold. Hence the nondecreasingness of $Q_{4,4}$ follows from Lemma 2.2(2) and Lemma 2.1.

Finally, for the $(1,8,4)$ case we observe that

$$
\left\|e^{i s \Delta}\left(e^{t \Delta}|f|^{2}\right)^{1 / 2}\right\|_{L_{s}^{8} L_{x}^{4}(\mathbb{R} \times \mathbb{R})}^{2}=\left\|e^{i s \Delta}\left(e^{t \Delta}\left(|f|^{2} \otimes|f|^{2}\right)\right)^{1 / 2}\right\|_{L_{s}^{4} L_{x}^{4}\left(\mathbb{R} \times \mathbb{R}^{2}\right)}
$$

because both solution operators $e^{i s \Delta}$ and $e^{t \Delta}$ commute with tensor products. Therefore, the claimed monotonicity in the $(1,8,4)$ case follows from the corresponding claim in the $(2,4,4)$ case. This completes the proof of Theorem 1.1.

It is transparent from the proof of Theorem 1.1 and (2.1) how one may obtain an explicit formula for $Q_{p, q}^{\prime}(t)$ provided $q$ is an even integer which divides $p$ and $f$ is sufficiently wellbehaved (such as bounded with compact support). For example, using the notation used in the above proof of Theorem 1.1,

$$
\frac{d}{d t}\left(Q_{6,6}(t)^{6}\right)=\frac{1}{8 \sqrt{3}} \int_{O} \int_{\mathbb{R}^{3}}\left|V(t, X)-\rho^{t} V(t, \rho X)\right|^{2}\left(e^{t \Delta}|F|^{2}\right)^{1 / 2}\left(e^{t \Delta}\left|F_{\rho}\right|^{2}\right)^{1 / 2} d X d \mathcal{H}(\rho)
$$

where $V(t, \cdot)$ denotes the time dependent vector field on $\mathbb{R}^{3}$ given by

$$
V(t, X)=\nabla\left(\log e^{t \Delta}|F|^{2}\right)(X)
$$

and $\rho^{t}$ denotes the transpose of $\rho$.

## 3. Further Results

3.1. Mehler-flow. The operator $L:=\Delta-\langle x, \nabla\rangle$ generates the Mehler semigroup $e^{t L}$ (sometimes called the Ornstein-Uhlenbeck semigroup) given by

$$
e^{t L} f(x)=\int_{\mathbb{R}^{d}} f\left(e^{-t} x+\sqrt{1-e^{-2 t}} y\right) d \gamma_{d}(y)
$$

for suitable functions $f$ on $\mathbb{R}^{d}$, where $d \gamma_{d}$ is the gaussian probability measure on $\mathbb{R}^{d}$ given by

$$
d \gamma_{d}(y)=\frac{1}{(2 \pi)^{d / 2}} e^{-|y|^{2} / 2} d y
$$

Naturally, $u(t, \cdot):=e^{t L} f$ satisfies the evolution equation

$$
\partial_{t} u=L u
$$

with initial datum $u(0, x)=f(x)$. It will be convenient to restrict our attention to functions $f$ which are bounded and compactly supported.

The purpose of this remark is to highlight that when $(d, p, q)$ is one of $(1,6,6),(1,8,4)$ or $(2,4,4)$ the Strichartz norm also exhibits a certain monotonicity subject to the input evolving according to a quadratic Mehler-flow.

Theorem 3.1. Suppose $f$ is a bounded and compactly supported function on $\mathbb{R}^{d}$. If $(d, p, q)$ is Schrödinger admissible and $q$ is an even integer which divides $p$ then the quantity

$$
Q(t):=\left\|e^{i s \Delta}\left(e^{-\frac{1}{2}|\cdot|^{2}} e^{t L}|f|^{2}\right)^{1 / 2}\right\|_{L_{s}^{p} L_{x}^{q}\left(\mathbb{R} \times \mathbb{R}^{d}\right)}
$$

is nondecreasing for all $t>0$.

As a consequence of Theorem 3.1, we may again recover sharp forms of the Strichartz estimates in (1.2) for such exponents by considering the limiting values of $Q(t)$ as $t$ approaches zero and infinity. In particular, since

$$
e^{t L}|f|^{2}(x)=\int_{\mathbb{R}^{d}}|f|^{2}\left(e^{-t} x+\sqrt{1-e^{-2 t}} y\right) d \gamma_{d}(y)
$$

it follows that, for each $x \in \mathbb{R}^{d}, e^{t L}|f|^{2}(x)$ tends to $\int_{\mathbb{R}^{d}}|f|^{2} d \gamma_{d}$ as $t$ tends to infinity. Thus, the monotonicity of $Q$ implies that

$$
\left\|e^{i s \Delta}\left(e^{-\frac{1}{4}|\cdot|^{2}}|f|\right)\right\|_{L_{s}^{p} L_{x}^{q}\left(\mathbb{R} \times \mathbb{R}^{d}\right)} \leq\left\|e^{i s \Delta}\left(e^{-\frac{1}{4}|\cdot|^{2}}\right)\right\|_{L_{s}^{p} L_{x}^{q}\left(\mathbb{R} \times \mathbb{R}^{d}\right)}\left(\int_{\mathbb{R}^{d}}|f|^{2} d \gamma_{d}\right)^{1 / 2}
$$

for each bounded and compactly supported function $f$ on $\mathbb{R}^{d}$. Thus,

$$
\left\|e^{i s \Delta} g\right\|_{L_{s}^{p} L_{x}^{q}\left(\mathbb{R} \times \mathbb{R}^{d}\right)} \leq\left\|e^{i s \Delta}\left(\frac{1}{(2 \pi)^{d / 2}} e^{-\frac{1}{2}|\cdot|^{2}}\right)^{1 / 2}\right\|_{L_{s}^{p} L_{x}^{q}\left(\mathbb{R} \times \mathbb{R}^{d}\right)}\|g\|_{L^{2}\left(\mathbb{R}^{d}\right)}
$$

for each $g \in L^{2}\left(\mathbb{R}^{d}\right)$.
The first key ingredient in the proof of Theorem 3.1 is to observe that an analogue of Lemma 2.1 holds for Mehler-flow.

Lemma 3.2. Let $n \in \mathbb{N}$ and let $f_{1}$ and $f_{2}$ be nonnegative, bounded and compactly supported functions on $\mathbb{R}^{n}$. Then the quantity

$$
\Lambda(t):=\frac{1}{(2 \pi)^{n / 2}} \int_{\mathbb{R}^{n}}\left(e^{-\left.\frac{1}{2} \cdot\right|^{2}} e^{t L} f_{1}\right)^{1 / 2}\left(e^{-\frac{1}{2}|\cdot|^{2}} e^{t L} f_{2}\right)^{1 / 2}
$$

is nondecreasing for all $t>0$.

Proof. Notice that

$$
e^{\log \frac{1}{\sqrt{1-2 T}} L} f_{j}\left(\frac{x}{\sqrt{1-2 T}}\right)=e^{T \Delta} f_{j}(x)=H_{T} * f_{j}(x)
$$

for each $0<T<1 / 2$. Thus, for $0<T_{1}<T_{2}<1 / 2$ we have

$$
\begin{aligned}
\Lambda\left(\log \frac{1}{\sqrt{1-2 T_{1}}}\right) & =\int_{\mathbb{R}^{n}}\left(f_{1} * H_{T_{1}}\right)^{1 / 2}\left(f_{2} * H_{T_{1}}\right)^{1 / 2} H_{1 / 2-T_{1}} \\
& =\int_{\mathbb{R}^{n}}\left(f_{1} * H_{T_{1}}\right)^{1 / 2}\left(f_{2} * H_{T_{1}}\right)^{1 / 2}\left(H_{T_{2}-T_{1}} * H_{1 / 2-T_{2}}\right) \\
& =\int_{\mathbb{R}^{n}}\left[H_{T_{2}-T_{1}} *\left(\left(f_{1} * H_{T_{1}}\right)^{1 / 2}\left(f_{2} * H_{T_{1}}\right)^{1 / 2}\right)\right] H_{1 / 2-T_{2}}
\end{aligned}
$$

using the semigroup property and evenness of the heat kernel. As in the proof of Lemma 2.1 it follows from the Cauchy-Schwarz inequality and another application of the semigroup property of the heat kernel that

$$
H_{T_{2}-T_{1}} *\left(\left(f_{1} * H_{T_{1}}\right)^{1 / 2}\left(f_{2} * H_{T_{1}}\right)^{1 / 2}\right) \leq\left(f_{1} * H_{T_{2}}\right)^{1 / 2}\left(f_{2} * H_{T_{2}}\right)^{1 / 2}
$$

and thus

$$
\Lambda\left(\log \frac{1}{\sqrt{1-2 T_{1}}}\right) \leq \Lambda\left(\log \frac{1}{\sqrt{1-2 T_{2}}}\right)
$$

Hence, $\Lambda\left(t_{1}\right) \leq \Lambda\left(t_{2}\right)$ for $0<t_{1}<t_{2}$.

As with Lemma 2.1, it is possible to prove Lemma 3.2 in a way which produces an explicit formula for $\Lambda^{\prime}(t)$ for each $t>0$ from which the monotonicity of $\Lambda$ is manifest. To see this, let $\mathfrak{u}_{j}:(0, \infty) \times \mathbb{R}^{n} \rightarrow \mathbb{R}$ be given by

$$
\begin{equation*}
\mathfrak{u}_{j}(t, x)=e^{-\frac{1}{2}|x|^{2}} e^{t L} f_{j}(x)=e^{-\frac{1}{2}|x|^{2}} \int_{\mathbb{R}^{n}} f_{j}\left(e^{-t} x+\sqrt{1-e^{-2 t}} y\right) d \gamma_{n}(y) \tag{3.1}
\end{equation*}
$$

for $j=1,2$. It is straightforward to check that

$$
\partial_{t} \mathfrak{u}_{j}=\Delta \mathfrak{u}_{j}+\left\langle x, \nabla \mathfrak{u}_{j}\right\rangle+n \mathfrak{u}_{j}
$$

and furthermore

$$
\partial_{t}\left(\log \mathfrak{u}_{j}\right)=\operatorname{div}\left(v_{j}\right)+\left|v_{j}\right|^{2}+\left\langle x, v_{j}\right\rangle+n
$$

where $v_{j}:=\nabla\left(\log \mathfrak{u}_{j}\right)$. Therefore,

$$
\Lambda^{\prime}(t)=I+I I
$$

where

$$
I:=\frac{1}{(2 \pi)^{n / 2}} \int_{\mathbb{R}^{n}}\left(\left\langle x, \frac{1}{2} v_{1}+\frac{1}{2} v_{2}\right\rangle+n\right)(t, x) \mathfrak{u}_{1}(t, x)^{1 / 2} \mathfrak{u}_{2}(t, x)^{1 / 2} d x
$$

and

$$
I I:=\frac{1}{2(2 \pi)^{n / 2}} \int_{\mathbb{R}^{n}}\left(\operatorname{div}\left(v_{1}\right)+\operatorname{div}\left(v_{2}\right)+\left|v_{1}\right|^{2}+\left|v_{2}\right|^{2}\right)(t, x) \mathfrak{u}_{1}(t, x)^{1 / 2} \mathfrak{u}_{2}(t, x)^{1 / 2} d x
$$

Since

$$
I=\frac{1}{(2 \pi)^{n / 2}} \int_{\mathbb{R}^{n}} \operatorname{div}\left(\mathfrak{u}_{1}(t, x)^{1 / 2} \mathfrak{u}_{2}(t, x)^{1 / 2} x\right) d x
$$

it follows from the divergence theorem that $I$ vanishes. Using the fact that each $f_{j}$ is bounded with compact support it follows from the explicit formula for $\mathfrak{u}_{j}$ in $(3.1)$ that $v_{j}(t, x)$ grows at most polynomially in $x$ for each fixed $t>0$ and consequently $\int_{\mathbb{R}^{n}} \operatorname{div}\left(\mathfrak{u}_{1}^{1 / 2} \mathfrak{u}_{2}^{1 / 2} v_{j}\right)$ vanishes by the divergence theorem. Therefore, for each $t>0$,

$$
\Lambda^{\prime}(t)=\frac{1}{4(2 \pi)^{n / 2}} \int_{\mathbb{R}^{n}}\left|v_{1}(t, x)-v_{2}(t, x)\right|^{2} \mathfrak{u}_{1}(t, x)^{1 / 2} \mathfrak{u}_{2}(t, x)^{1 / 2} d x
$$

which is manifestly nonnegative.
The above argument which proves Lemma 3.2 based on the divergence theorem is very much in the spirit of the heat-flow monotonicity results in [8] and [5] and naturally extends to the setting of the geometric Brascamp-Lieb inequality. In particular, for $j=1, \ldots, m$ suppose that $p_{j} \geq 1$ and $B_{j}: \mathbb{R}^{n} \rightarrow \mathbb{R}^{n_{j}}$ is a linear mapping such that $B_{j}^{*} B_{j}$ is a projection and $\sum_{j=1}^{m} \frac{1}{p_{j}} B_{j}^{*} B_{j}=I_{\mathbb{R}^{n}}$. Then the quantity

$$
\frac{1}{(2 \pi)^{n / 2}} \int_{\mathbb{R}^{n}} \prod_{j=1}^{m}\left(e^{-\frac{1}{2}\left|B_{j} x\right|^{2}}\left(e^{t L} f_{j}\right)\left(B_{j} x\right)\right)^{1 / p_{j}} d x=\int_{\mathbb{R}^{n}} \prod_{j=1}^{m}\left(e^{t L} f_{j}\right)\left(B_{j} x\right)^{1 / p_{j}} d \gamma_{n}(x)
$$

is nondecreasing for each $t>0$ provided each $f_{j}$ is a nonnegative, bounded and compactly supported function on $\mathbb{R}^{n_{j}}$. This is due to Barthe and Cordero-Erausquin [2] in the case where each $B_{j}$ has rank one. A modification of the argument gives the general rank case (see [7] for closely related results).

By following the same argument employed in our proof of Theorem 1.1, to conclude the proof of Theorem 3.1 it suffices to note that Mehler-flow appropriately respects tensor products and isometries. In particular we need that if $F$ is the $m$-fold tensor product of $f$ then

$$
\begin{equation*}
\bigotimes_{j=1}^{m} e^{-\frac{1}{2}|\cdot|^{2}} e^{t L}|f|^{2}=e^{-\frac{1}{2}|\cdot|^{2}} e^{t L}|F|^{2} \tag{3.2}
\end{equation*}
$$

and, for each isometry $\rho$ on $\left(\mathbb{R}^{d}\right)^{m}$,

$$
\begin{equation*}
\bigotimes_{j=1}^{m} e^{-\frac{1}{2}|\cdot|^{2}} e^{t L}|f|^{2}(\rho \cdot)=e^{-\frac{1}{2}|\cdot|^{2}} e^{t L}\left|F_{\rho}\right|^{2} \tag{3.3}
\end{equation*}
$$

where $F_{\rho}:=F(\rho \cdot)$. Here, the operators $|\cdot|$ and $L$ are acting on the number of variables dictated by context. The verification of (3.2) and (3.3) is an easy exercise.
3.2. Mitigating powers of $t$. It is possible to relax the quadratic nature of the heat-flow in the quantity $Q_{p, q}$ in Theorem 1.1 by inserting a mitigating factor which is a well-chosen power of $t$.

Theorem 3.3. Suppose that $(p, q, d)$ is Schrödinger admissible and $q$ is an even integer which divides $p$. If $f$ is a nonnegative integrable function on $\mathbb{R}^{d}$ and $\alpha \in[1 / 2,1]$ then the quantity

$$
t^{d(\alpha-1 / 2) / 2}\left\|e^{i s \Delta}\left(e^{t \Delta} f\right)^{\alpha}\right\|_{L_{s}^{p} L_{x}^{q}\left(\mathbb{R} \times \mathbb{R}^{d}\right)}
$$

is nondecreasing for each $t>0$.

By [5], we have that Lemma 2.1 generalises to the statement that

$$
\begin{equation*}
t^{n(\alpha-1 / 2)} \int_{\mathbb{R}^{n}}\left(e^{t \Delta} f_{1}\right)^{\alpha}\left(e^{t \Delta} f_{2}\right)^{\alpha} \tag{3.4}
\end{equation*}
$$

is nondecreasing for all $t>0$ provided $n \in \mathbb{N}, \alpha \in[1 / 2,1]$ and $f_{1}, f_{2}$ are nonnegative integrable functions on $\mathbb{R}^{n}$. Thus Theorem 3.3 follows by the same argument in our proof of Theorem 1.1.
3.3. Higher dimensions. Theorem 1.1 raises obvious questions about higher dimensional analogues and consequently the potential of our approach to prove the sharp form of (1.2) in all dimensions (at least for nonnegative initial data $f$ ). Recently, Shao [12] has shown that for non-endpoint Schrödinger admissible triples $(p, q, d)$,

$$
\sup \left\{\left\|e^{i s \Delta} f\right\|_{L_{s}^{p} L_{x}^{q}\left(\mathbb{R} \times \mathbb{R}^{d}\right)}:\|f\|_{L^{2}\left(\mathbb{R}^{d}\right)}=1\right\}
$$

is at least attained, although does not determine the explicit form of an extremiser. There is some anecdotal evidence in [4] to suggest that Theorem 1.1 may not extend to all Schrödinger admissible triples $(d, p, q)$. Nevertheless, we end this section with a discussion of some results in this direction which we believe to be of some interest.

We shall consider the case $p=q=2+4 / d$ and it will be convenient to denote this number by $p(d)$. Since $p(d)$ is not an even integer for $d \geq 3$, one possible approach to the question of monotonicity of $Q_{p(d), p(d)}$, given by (1.5), is to attempt to embed the Strichartz norm

$$
\||f|\|_{p(d)}:=\left\|e^{i s \Delta} f\right\|_{L_{s, x}^{2+4 / d}\left(\mathbb{R} \times \mathbb{R}^{d}\right)}
$$

in a one-parameter family of norms $\|\|\cdot\|\|_{p}$ which are appropriately monotone under a quadratic flow for $p \in 2 \mathbb{N}$, and for which the resulting monotonicity formula may be "extrapolated", in a sign preserving way, to $p=p(d)$. Such an approach has proved effective in the context of the general Brascamp-Lieb inequalities, and was central to the approach to the multilinear Kakeya and Strichartz inequalities in [6].

Our analysis for $d=1,2$ suggests (albeit rather indirectly) a natural candidate for such a family of norms. For each $d \in \mathbb{N}$ and $p>p(d)$, we define a norm $\|\|\cdot\|\|_{p}$ on $\mathcal{S}\left(\mathbb{R}^{d}\right)$ by

$$
\left|\left\|\left.f\left|\|_{p}^{p}=\frac{(p(d) / \pi)^{d / 2}}{(2 \pi)^{d+2}} \int_{\mathbb{R}^{d}} \int_{\mathbb{R}^{d}} \int_{0}^{\infty} \int_{\mathbb{R}}\right| \int_{\mathbb{R}^{d}} e^{-|z-\sqrt{\zeta} \xi|^{2}} e^{i\left(x \cdot \xi-s|\xi|^{2}\right)} \widehat{f}(\xi) d \xi\right|^{p} \frac{\zeta^{\nu-1}}{\Gamma(\nu)} d s d \zeta d z d x\right.\right.
$$

where $\nu=d(p-p(d)) / 4$. For $\|\|\cdot\|\|_{p}$ we have the following.
Theorem 3.4. As $p$ tends to $p(d)$ the norm $\mid\|f\|_{p}$ converges to the Strichartz norm $\left\|e^{i s \Delta} f\right\|_{L_{s, x}^{p(d)}}$ for each $f$ belonging to the Schwartz class on $\mathbb{R}^{d}$. Additionally, if $\alpha \in[1 / 2,1]$ and $f$ is a nonnegative integrable function on $\mathbb{R}^{d}$ then

$$
\widetilde{Q}_{\alpha, p}(t):=t^{d(\alpha-1 / 2) / 2}\left|\left\|\left(e^{t \Delta} f\right)^{\alpha} \mid\right\|_{p}\right.
$$

is nondecreasing for all $t>0$ whenever $p$ is an even integer.
Remarks. (1) This "modified Strichartz norm" $\|\|f\|\|_{p}$ is related in spirit to the norm

$$
\left\|I_{\beta} e^{i s \Delta} f\right\|_{L_{s, x}^{p}\left(\mathbb{R} \times \mathbb{R}^{d}\right)}
$$

where $I_{\beta}$ denotes the fractional integral of order $\beta=d(p-p(d)) / 2 p$. Although it is true that for all $p \geq p(d)$,

$$
\left\|I_{\beta} e^{i s \Delta} f\right\|_{L_{s, x}^{p}\left(\mathbb{R} \times \mathbb{R}^{d}\right)} \leq C\|f\|_{L^{2}\left(\mathbb{R}^{d}\right)}
$$

for some finite constant $C$, the desired heat-flow monotonicity for $p \in 2 \mathbb{N}$ is far from apparent for these norms.
(2) Both the Strichartz norm and the modified Strichartz norms $\|\|\cdot\|\|_{p}$ are invariant under the Fourier transform; that is

$$
\begin{equation*}
\left\|e^{i s \Delta} \widehat{f}\right\|_{L_{s, x}^{p(d)}\left(\mathbb{R} \times \mathbb{R}^{d}\right)}=\left\|e^{i s \Delta} f\right\|_{L_{s, x}^{p(d)}\left(\mathbb{R} \times \mathbb{R}^{d}\right)} \tag{3.5}
\end{equation*}
$$

for all $d \in \mathbb{N}$ and

$$
\begin{equation*}
\left\|\widehat { f } \left|\left\|_{p}=\left|\|f \mid\| \|_{p}\right.\right.\right.\right. \tag{3.6}
\end{equation*}
$$

for all $p>p(d)$ and $d \in \mathbb{N}$. This observation follows by direct computation and simple changes of variables; for the Strichartz norm it was noted for $d=1,2$ in [10]. We note that in the proof of Theorem 3.4 below we use the invariance in (3.6) for even integers $p$ which (as we will see) follows from Parseval's theorem.
(3) For every integer $m \geq 2$ and in all dimensions $d \geq 1$, a corollary to the case $\alpha=1 / 2$ of Theorem 3.4 is the following sharp inequality,

$$
\||f|\|_{2 m} \leq C_{d, m}\|f\|_{L^{2}\left(\mathbb{R}^{d}\right)}
$$

where the constant $C_{d, m}$ is given by

$$
\begin{equation*}
C_{d, m}^{2 m}=\frac{\pi^{\nu}}{2^{\nu+1} m^{d} \Gamma(\nu+1)}\left(\frac{p(d)}{2}\right)^{d / 2} \tag{3.7}
\end{equation*}
$$

Here $\nu=d(2 m-p(d)) / 4$ as before.
(4) It is known that for nonnegative integrable functions $f$ on $\mathbb{R}^{d}$ the quantity

$$
\|\left(\widehat{\left.e^{t \Delta} f\right)^{1} / p} \|_{L^{p^{\prime}}\left(\mathbb{R}^{d}\right)}\right.
$$

is nondecreasing for each $t>0$ provided the conjugate exponent $p^{\prime}$ is an even integer; this follows from [5] and [3]. However, tying in with our earlier comment on the extension of Theorem 1.1 to all Schrödinger admissible exponents, in [4] we show that whenever $p^{\prime}>2$ is not an even integer there exists a nonnegative integrable function $f$ such that $Q(t)$ is strictly decreasing for all sufficiently small $t>0$.

Proof of Theorem 3.4. To see the claimed limiting behaviour of $\|\|f\|\|_{p}$ as $p$ tends to $p(d)$ observe that

$$
\begin{equation*}
\lim _{\nu \rightarrow 0} \frac{1}{\Gamma(\nu)} \int_{0}^{\infty} \phi(\nu, \zeta) \zeta^{\nu-1} d \zeta=\phi(0,0) \tag{3.8}
\end{equation*}
$$

for any $\phi$ on $[0, \infty) \times[0, \infty)$ satisfying certain mild regularity conditions. For example, (3.8) holds if $\phi$ is continuous at the origin and there exist constants $C, \varepsilon>0$ such that, locally uniformly in $\nu$, one has $|\phi(\nu, \zeta)-\phi(\nu, 0)| \leq C|\zeta|^{\varepsilon}$ for all $\zeta$ in a neighbourhood of zero and $|\phi(\nu, \zeta)| \leq C|\zeta|^{-\varepsilon}$ for all $\zeta$ bounded away from a neighbourhood of zero. One can check that standard estimates (for example, Strichartz estimates of the form (1.2) for compactly supported functions) imply that for $f$ belonging to the Schwartz class on $\mathbb{R}^{d}$,

$$
\phi(\nu, \zeta)=\int_{\mathbb{R}^{d}} \int_{\mathbb{R}^{d}} \int_{\mathbb{R}}\left|\int_{\mathbb{R}^{d}} e^{-|z-\sqrt{\zeta} \xi|^{2}} e^{i\left(x \cdot \xi-s|\xi|^{2}\right)} \widehat{f}(\xi) d \xi\right|^{p} d s d x d z
$$

satisfies such conditions.

We now turn to the monotonicity claim, beginning with some notation. Suppose that $p=2 m$ for some positive integer $m$. For a nonnegative $f \in \mathcal{S}\left(\mathbb{R}^{d}\right)$ let $F: \mathbb{R}^{m d} \rightarrow \mathbb{R}$ be given by $F(X)=\otimes_{j=1}^{m} f(X)$ where $X=\left(\xi_{1}, \ldots, \xi_{m}\right) \in\left(\mathbb{R}^{d}\right)^{m} \cong \mathbb{R}^{m d}$. Next we define the subspace $W$ of $\mathbb{R}^{m d}$ to be the linear span of $\mathbf{1}_{1}, \ldots, \mathbf{1}_{m}$ where for each $1 \leq j \leq d$, $\mathbf{1}_{j}:=\left(e_{j}, \ldots, e_{j}\right) / \sqrt{m}$ and $e_{j}$ denotes the $j$ th standard basis vector of $\mathbb{R}^{d}$. For a vector $X \in \mathbb{R}^{m d}$ we denote by $X_{W}$ and $X_{W \perp}$ the orthogonal projections of $X$ onto $W$ and $W^{\perp}$ respectively. Now,

$$
\|\mid f\|_{2 m}^{2 m}=\frac{1}{2^{d+1} \pi}\left(\frac{p(d)}{m \pi}\right)^{d / 2} \int \delta\left(X_{W}-Y_{W}\right) \delta\left(|X|^{2}-|Y|^{2}\right) K(X, Y) F(X) F(Y) d X d Y
$$

where we integrate over $\mathbb{R}^{m d} \times \mathbb{R}^{m d}$ and

$$
\begin{aligned}
K(X, Y) & =\int_{0}^{\infty} \frac{\zeta^{\nu-1}}{\Gamma(\nu)} e^{-\zeta\left(|X|^{2}+|Y|^{2}\right)} \int_{\mathbb{R}^{d}} e^{\sqrt{m \zeta} z \cdot\left(X_{W}+Y_{W}\right)} e^{-\frac{m}{2}|z|^{2}} d z d \zeta \\
& =\left(\frac{2 \pi}{m}\right)^{d / 2} \int_{0}^{\infty} \frac{\zeta^{\nu-1}}{\Gamma(\nu)} e^{-\zeta\left(|X|^{2}+|Y|^{2}\right)} e^{\frac{1}{2} \zeta\left|X_{W}+Y_{W}\right|^{2}} d \zeta
\end{aligned}
$$

for $(X, Y) \in \mathbb{R}^{m d} \times \mathbb{R}^{m d}$. Thus, on the support of the delta distributions $\left(X_{W}=Y_{W}\right.$ and $|X|^{2}=|Y|^{2}$ ) we have

$$
\begin{aligned}
K(X, Y) & =\left(\frac{2 \pi}{m}\right)^{d / 2} \int_{0}^{\infty} \frac{\zeta^{\nu-1}}{\Gamma(\nu)} e^{-2 \zeta\left(|X|^{2}-\left|X_{W}\right|^{2}\right)} d \zeta \\
& =\frac{1}{2^{\nu}}\left(\frac{2 \pi}{m}\right)^{d / 2} \frac{1}{\left(|X|^{2}-\left|X_{W}\right|^{2}\right)^{\nu}}=\frac{1}{2^{\nu}}\left(\frac{2 \pi}{m}\right)^{d / 2} \frac{1}{\left|X_{W^{\perp}}\right|^{2 \nu}} .
\end{aligned}
$$

Therefore

$$
\begin{equation*}
\left\|\|f\|_{2 m}^{2 m}=\frac{\pi^{\nu}}{2^{\nu+1} m^{d} \Gamma(\nu+1)}\left(\frac{p(d)}{2}\right)^{d / 2} \int_{\mathbb{R}^{m d}} F(X) P F(X) d X\right. \tag{3.9}
\end{equation*}
$$

where $P$ is given by

$$
P F(X)=\frac{\Gamma(\nu+1)}{\pi^{\nu+1}} \frac{1}{\left|X_{W^{\perp}}\right|^{2 \nu}} \int_{\mathbb{R}^{m d}} \delta\left(X_{W}-Y_{W}\right) \delta\left(|X|^{2}-|Y|^{2}\right) F(Y) d Y
$$

Using polar coordinates in $W^{\perp}$ in the above integral and recalling that $\nu=d(2 m-p(d)) / 4$ identifies $P$ as the orthogonal projection onto functions on $\mathbb{R}^{m d}$ which are invariant under the action of $O$, the group of isometries on $\mathbb{R}^{m d}$ which coincide with the identity on $W$; i.e.

$$
P F(X)=\int_{O} F(\rho X) d \mathcal{H}(\rho)
$$

where $d \mathcal{H}$ denotes the right-invariant Haar probability measure on $O$.
Finally, applying the representation of $\left\|\|f\|_{2 m}^{2 m}\right.$ in (3.9) to the quantity $\widetilde{Q}_{\alpha, 2 m}$, and appealing to the nondecreasingness of the quantity in (3.4), we conclude that $\widetilde{Q}_{\alpha, 2 m}(t)$ is nondecreasing for all $t>0$ and all $\alpha \in[1 / 2,1]$. This completes the proof of Theorem 3.4.

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[^0]:    The first and second authors were supported by EPSRC grant EP/E022340/1.

