

# Fully automatic 3D segmentation of the thoracolumbar spinal cord and the vertebral canal from T2-weighted MRI using K-means clustering algorithm

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1 **Fully Automatic 3D Segmentation of the ThoracoLumbar Spinal Cord**  
2 **and the Vertebral Canal from T2-weighted MRI Using K-means**  
3 **Clustering Algorithm**

4  
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34        **Abstract**

35        Study design:

36        Method development

37        Objectives:

38        To develop a reliable protocol for automatic segmentation of Thoracolumbar spinal cord using MRI based on K-  
39        means clustering algorithm in 3D images.

40        Setting:

41        University-based laboratory, Tehran, Iran

42        Methods:

43        T2 structural volumes acquired from the spinal cord of 20 uninjured volunteers on a 3T MR scanner. We proposed an  
44        automatic method for spinal cord segmentation based on the K-means clustering algorithm in 3D images and compare  
45        our results with two available segmentation methods (PropSeg, DeepSeg) implemented in the Spinal Cord Toolbox.  
46        Dice and Hausdorff were used to compare the results of our method (K-Seg) with the manual segmentation, PropSeg,  
47        and DeepSeg.

48        Results:

49        The accuracy of our automatic segmentation method for T2-weighted images was significantly better or similar to the  
50        SCT methods, in terms of 3D Dice coefficient ( $p < 0.001$ ). The 3D Dice coefficients were respectively ( $0.81 \pm 0.04$ )  
51        and Hausdorff Distance ( $12.3 \pm 2.48$ ) by the K-Seg method in contrary to other SCT methods for T2-weighted  
52        images.

53        Conclusion:

54        The output with similar protocols showed that K-Seg results match the manual segmentation better than the other  
55        methods especially on the thoracolumbar levels in the spinal cord due to the low image contrast as a result of poor  
56        SNR in these areas.

57

## 58 **Introduction**

59 The spinal cord is a tubular structure of the central nervous system located in the vertebral column and surrounded by  
60 bony columns and soft tissues extending from the medulla oblongata. The spinal cord is undeniably involved in many  
61 functions of the nervous system, and its magnetic resonance imaging (MRI) in health and disease became very  
62 interesting for clinicians and researchers. For example, spinal cord injury (SCI) is one of the primary causes of motor  
63 disabilities in humans and Skeletal muscles experience deleterious physiological changes after an accident(1,2). Due  
64 to the highly variable nature of recovery following an injury to the cord, it is difficult to predict the outcome and  
65 prognosis(3,4). It is important to have an accurate assessment of injury severity in SCI as early as possible to plan the  
66 acute injury management and have a better idea about the prognosis of the patient that helps the procedures in later  
67 stages, clinical trials, and candidacy for novel therapies(4,5). However, due to the existing challenges such as brain  
68 trauma and pain, an objective assessment seems to be far to reach(4,5). Advances in the MR imaging promises new  
69 opportunities for the study of spinal cord injuries and other conditions and is becoming the standard technique for the  
70 assessment of the damage(4–7). However, to increase the impact there is a need for the improvement of techniques  
71 that may contribute to the validity and reliability of measures. Since SC segmentation is the first step in atlas-based  
72 SC analysis(7), improvement of this step can have a drastic influence on the outcome of the analysis. Manual  
73 segmentation techniques are time-consuming and subject to between and within rater variability(7,8). Accordingly,  
74 for large sample sizes and clinical purposes, manual segmentation is a vulnerability. The Spinal Cord Toolbox has  
75 contributed invaluablely to the development of protocols for the automatic segmentation of the SC(8) but most of their  
76 focus was on the cervical cord in the human and lumbar cord has not received proper attention. Besides, the algorithm  
77 used in their protocol is more sensitive to coexisting pathologies that may influence the outcome of the segmentation  
78 and its accuracy. A segmentation protocol that can deal with these challenges in the SCI is required to improve the  
79 impact of MR imaging on the study of SCI by contributing to the validity and reliability of measures. Similarly, in  
80 other clinical populations like low back pain patients and patients with Multiple Sclerosis (MS) improved outcome of  
81 segmentation the lumbar cord can contribute to the use of MR imaging more accurately in the clinic. It has been  
82 shown that atrophy in the gray matter of the spinal cord is associated with disability in patients with MS(9,10). So, it  
83 is important for clinicians and researchers dealing with those patients to monitor the structural changes in the cord (its  
84 shape or its Cross-Sectional Area (CSA)). Hence, understanding the pathophysiological sequelae would help to  
85 prevent and reduce disease burden and would facilitate the development of effective regenerative and neuroprotective  
86 treatments. However, manual segmentation of the cord is time-consuming, unreliable and varies from person to

87 person(11). Raters need to segment each scan in parallel and for each subject, the associated consensus segmentation  
88 of the raters for the cord and canal must be estimated using majority voting. For this purpose, the Dice coefficient and  
89 Hausdorff Distance between each rater's segmentation usually is calculated and a consensus mask is produced across  
90 all the raters' marks as a gold standard. To overcome these issues, a segmentation model is required to find the  
91 severity of the injury and to predict the disease patterns along the segmented spinal cord regions. Automatic detection  
92 of spinal cord and calculation of the cross-sectional area metrics (the rate of volumetric changes and tissue atrophy)  
93 are complex due to changes in structure and size. Besides automatic segmentation of this area is an essential factor  
94 that influences the detection of spinal cord atrophy and its severity of the SCI. Although semi-or fully-automated  
95 methods are susceptible to the level of contrast to noise in the image, they use sophisticated methods that lead to  
96 robust outcomes and more reliable results which indeed can contribute to the reproducibility of studies. For example,  
97 among those hired semi-automated methods Tench and colleagues (12) improved this metric in their edge-detection  
98 based method by taking into account the spinal cord orientation and the partial volume effect between spinal cord and  
99 Cerebra-Spinal Fluid (CSF). However, these methods need more manual interventions (requires a few points along the  
100 spinal cord, identified by the user to initialize the segmentation process). Other Researchers developed techniques  
101 based on an active surface model(13,14), used a double threshold-based method on the 3D T2-weighted turbo spin-  
102 echo MR scans of the spinal cord(15), proposed a protocol based on a globally minimal path optimization method  
103 using PCA to cluster the spinal cord shapes(16), or developed a method based on one-dimensional template  
104 matching(17). A significant limitation of all these methods goes back to them requiring the intervention of the user at  
105 different stages, which may influence the reliability at different levels. On the other hand, fully-automated methods  
106 are preferred because they are faster, suitable for bigger samples and not susceptible to the user's bias. For example,  
107 De Leener and colleagues(8,18) developed an automatic segmentation method (PropSeg) based on multi-resolution  
108 propagating of tubular deformation models on MR images. Consequently, Gros et al.(11) proposed an original and  
109 fully automatic framework (DeepSeg) based on Convolutional Neural Networks (CNNs) applied to the spinal cord  
110 morphometry for segmenting the spinal cord and/or intramedullary MS lesions, degenerative cervical myelopathy  
111 (DCM), neuromyelitis optica (NMO), traumatic spinal cord injury (SCI), amyotrophic lateral sclerosis (ALS), and  
112 syringomyelia (SYR) from a variety of MRI contrasts and resolutions. However, none of these methods are optimized  
113 from images acquired from the thoracolumbar spinal cord. Due to the specific structure of this part of the spinal cord  
114 and its involvement in damages related to lower limbs and lower back, it is important to have a reliable protocol for  
115 the segmentation of the cord and the canal.

116 In this paper, we present a fully automatic framework for the segmentation of the spinal cord and spinal canal,  
117 optimized for thoracolumbar segments. The main contributions of this paper are: i) providing an independent  
118 detection module to find the spinal cord and spinal canal location based on the circular shape. The symmetry of the  
119 body helps to perform Circular Hough Transform to find the circular shape better. ii) applying an anisotropic diffusion  
120 filter to remove noises and stabilize the optimization process on the results of images. iii) using the K-means  
121 clustering algorithm for segmentation of the spinal cord and spinal canal. Our method performs well in low SNR  
122 regions, and it is robust towards low contrast, especially in thoracolumbar areas. Since this technique is optimized for  
123 low contrast images, we predict a better match between manual segmentation and K-Seg output as compared to two  
124 established models implemented in the SCT.

## 125 **Methods**

### 126 **Image acquisition**

127 The method described in this paper was tested on T2-weighted MRI images of the thoracolumbar spinal cord of 20  
128 uninjured volunteers (male, age =  $24.48 \pm 4.62$  years, range = 22-31 years). The imaging data were acquired on a 3T  
129 Siemens Prisma MR scanner at the National Brain Mapping Laboratory, the University of Tehran. Volunteers were  
130 positioned carefully, and pads were used to restrict foot and spine movements. A structural volume was acquired in  
131 the sagittal orientation using a T2 sampling perfection by using flip angle evolution (SPACE) sequence (TR = 1500  
132 ms; TE = 119 ms; FOVs =  $320 \times 320$  mm; matrix size =  $256 \times 256 \times 56$  slices, slice thickness = 1.3 mm, in-plane  
133 resolution =  $1 \times 1$  mm). To demonstrate the efficiency of the K-Seg in the segmentation of the cord in the low contrast  
134 region, only the vertebrae below T7 were included. The K-Seg was implemented in MATLAB environment. The code  
135 and sample data are freely available at (see Supplementary Appendix 2 for MATLAB Code).

### 136 **Segmentation framework**

137 The K-Seg framework is illustrated in Figure 1. It consists of five major steps:

- 138 1) recognition of region of interest (ROI) based on mutual information as a similarity measure in Left-Right  
139 direction
- 140 2) applying a canny filter to extract the edges and Hough line transform to remove the extra parts from the ROI  
141 in the Anterior-Posterior direction

- 142 3) using a Circular Hough Transform to find appropriate circles around the SC and CSF along the cord. So the  
143 automatic CSF segmentation can be achieved as well as SC location
- 144 4) resorting the circles by selecting a candidate circle close to the AP line (a circle with radius [7-9] is good  
145 enough to find the spinal cord curvature in each slice due to the spine has varying shape from top to bottom)
- 146 5) applying an anisotropic diffusion filter to remove noises and segmentation of the spinal cord and canal by  
147 K-means clustering algorithm to classify intensities.

### 148 **Extracting region of interest in the left-right direction**

149 Most methods rely on semi-automatic or manual approaches, getting one or more landmarks to detect the position of  
150 the ROI to extract the spine in images(13–15) and some groups do it automatically(8,11,18–22); We used an  
151 automatic method: an axial slice was automatically selected (e.g., the middle slice of the volume). Using the Mutual  
152 Information (MI) metric(23) and presuming the human body as symmetric the medial anterior-posterior line (AP line)  
153 was detected (the AP line passes the spinal cord) (Figure 1, step 1). This step, in particular, reduced the computational  
154 time. Detection of the AP line using the MI was through the following equation(18,23):

$$155 \quad P = \arg \max \{S(I_{\text{left}}, I_{\text{right}})\} \quad (1)$$

156 Where  $S(I_{\text{left}}, I_{\text{right}})$  represents the MI between images, and  $I_{\text{left}}$  and  $I_{\text{right}}$  are two 2D axial planes in left and right sides.  
157 A restrained image is built here by cropping an area with eight slices in the left-right direction around the AP line.

### 158 **Removing unwanted regions inside of the ROI in the Anterior-Posterior direction**

159 Here we aimed to remove unwanted regions inside of the ROI obtained from the previous step in the Anterior-  
160 Posterior direction(Figure 1, step 2). To extract the spinal canal position, finding more details of the edges on the ROI  
161 is essential. Among the many edge detection methods, we used the Canny method(24), because of its ability to detect  
162 more details of edges in an image. After the edge detection, the Hough Line Transform was used to find the vertical  
163 lines in the image to extract the edges of interest(25,26).

164 The Hough transform is a technique to isolate features of particular shapes within an image. The most common use of  
165 the Hough transform is in the detection of curves, lines, circles, and ellipses. This method is robust and unaffected by  
166 the image noise. We assume that the Hough Lines Transform is parameterized in this form(25,26):

$$167 \quad p = x \cos \theta + y \sin \theta \quad (2)$$

168 Where  $p$  is a perpendicular distance from the line to the origin, and  $\theta$  is the angle of distance  $p$  from the  $x$ -axis.

169 The Hough line transform (for removing unwanted tissues inside of the ROI in the AP direction) is based on the  
170 following steps:

- 171 I) Binarizing the ROI in the sagittal view, and applying the Hough line transform to it;
- 172 II) Finding fifty significant Hough transform peaks (enough to indicate vertical lines of the spinal cord)
- 173 III) Detecting the initial and endpoints of lines, and linking these points on the restrained binary image. Linking  
174 these points obtained the spinal cord and canal's range in the image and let us remove the area outside these  
175 lines.

### 176 **Detection of Spinal Cord and Canal Location**

177 The detection module, based on the circular Hough transform, is in three steps (Figure 1, step 3). A Circular Hough  
178 Transform(25,26) was applied to the restrained image in the axial view (considering the circular shape of the spinal  
179 cord and the canal). Among the many identified circles, the circle with the minimum distance to the AP line was  
180 selected as a candidate circle (Figure 1, step 4). The distance was measured by the Euclidean method. The circular  
181 Hough transform is parameterized in this form(25,26):

$$182 \quad (x-a)^2 + (y-b)^2 = r^2 \quad (3)$$

183 Where  $(a,b)$  is the center of the circle and  $r$  is its radius. The radius of the circle of interest was in the range of 7 to 9  
184 mm (as the spine has a varying shape from top to bottom), and the sensitivity was set on 0.97. Next, in each axial  
185 slice, we created a mask on the candidate circle and then assigned the gray level intensities from the original image to  
186 this circle (Figure 1, step 4). By estimating the center of the circle in each slice, the coordinate of the centerline could  
187 be continuously updated in each slice to estimate the cord's curvature. In the slices where no optimal circle could be  
188 identified (e.g. due to the low contrast of the image), the algorithm used the coordinates of the circle of the previous  
189 slice. As the candidate circles include spinal cord and canal tissues as well, the K-means clustering algorithm (see  
190 section 2.2.5.) was applied to classify the intensities and segment the spinal cord and CSF regions (Figure 1, step 5).  
191 This clustering method is sensitive to the image noise, and therefore, the images were first spatially smoothed. To  
192 avoid the blurring of the edges while smoothing, the contrast of the image was enhanced by applying an anisotropic  
193 diffusion filter (Figure 1, step 5).

194



195 **Anisotropic Diffusion Filter**

196 Diffusion algorithms by Perona-Malik formulation remove noise from an image using a Partial Differential Equation  
197 (PDE). The isotropic diffusion equation was:

198 
$$\frac{\partial I(x,y,t)}{\partial t} = \text{div}(\nabla I) \quad (4)$$

199 Where  $I(x, y, 0)$  is the original image,  $(x,y)$  refers to the spatial position,  $t$  is an artificial time parameter and  $\nabla I$  is the  
200 image gradient(27,28). Because of equivalency of the isotropic diffusion with a Gaussian filter, Perona and Malik(28)  
201 replaced the classical formula of an isotropic equation with:

202 
$$\frac{\partial I(x,y,t)}{\partial t} = \text{div}( g \|\nabla I\| \nabla I ) \quad (5)$$

203 Where  $\|\nabla I\|$  is the gradient magnitude of the image and  $(g \|\nabla I\|)$  is an “edge-stopping” function. This function is  
204 defined to satisfy  $g(x) \rightarrow 0$  when  $x \rightarrow \infty$ . So that the diffusion is stopped across the edges. This filter can smooth the  
205 original image without any edge blurring by preserving brightness discontinuities.

206 **Spinal cord and canal Segmentation by K-means clustering algorithm**

207 K-means is a powerful, simple, and fast clustering algorithm(29,30). A clustering method is used to divide a set of  
208 data points into several groups (Figure 1, step 5). The K-means algorithm on an image operates in these steps:

- 209 I) initializing the number of clusters ( $k=3$ );  
210 II) calculating the Euclidean distance  $d$  between the center of the clusters and each pixel of an image, using the  
211 following equation(29,30):

212 
$$d = \| p(x, y) - c_k \| \quad (6)$$

- 213 III) Assigning each pixel to the nearest center in a cluster based on distanced and recalculating the new position  
214 of the center using this equation:

215 
$$c_k = \frac{1}{k} \sum_{y \in c_k} \sum_{x \in c_k} p(x, y) \quad (7)$$

- 216 IV) Repeating the process until it satisfies the tolerance or error value;  
217 V) Reshaping the cluster pixels into the image.

218

219 The number of clusters that we consider to segment spinal cord and canal areas is ( $k=3$ ). The first cluster is related to  
220 the spinal cord region, the second class includes the spinal canal area and the third cluster is referred to keep the same  
221 false areas which added on both SC and CSF throughout the detecting circles. By switching among these clusters the  
222 automatic SC and CSF segmentation can be achieved as well.

### 223 **Inter-rater variability of the Spinal cord segmentation**

224 We estimated the inter-rater variability of the spinal cord segmentation between two raters on all volunteers ( $n=20$ ).  
225 for each of these subjects, one scan was available, which allow the raters to segment each scan in parallel and combine  
226 their information at the end of the work. For this purpose, we calculated the Dice coefficient and Hausdorff Distance  
227 between each rater's segmentation and a consensus mask produced as majority voting across all the raters' marks for a  
228 gold standard (see Table 1) (11).

### 229 **Validation Methodology**

230 The segmented data by K-Seg was validated against (i) manual segmentation performed independently by two  
231 experienced individuals and also the consensus of two expert manual segmentations which was selected as a gold  
232 standard (ii) segmentation using the PropSeg(8,18), implemented in C++ based on multi-resolution propagation of  
233 tubular deformation models and (iii) segmentation using the DeepSeg(11), implemented in Python 2.7 based on  
234 convolutional neural networks (CNNs). To assess the performance of the K-Seg, two measures were computed as  
235 below:

236 A. The 3D Dice coefficient (DC) defined in(31) by the following equation:

$$237 \text{Dice}(X, Y) = \frac{2|X \cap Y|}{|X| + |Y|} \quad (8)$$

238 Where  $X, Y$  are the binary segmentation mask to compare. As stated, the consensus of two expert manual  
239 segmentations was considered as a gold standard, and the three methods were compared with that. The Dice  
240 coefficient range is between  $[0,1]$ , and closing to 1 means more similarity to the gold standard.

241 B. The Hausdorff distance (HD) (32), which is described as the maximum distance between two images. Two sets are  
242 close in the Hausdorff distance if every point of either set is close to some points of the other set. A low Hausdorff  
243 distance demonstrates good results in comparison.

244 
$$H(X, Y) = \max \{h(X, Y), h(Y, X)\} \tag{9}$$

245 Where  $h(X, Y)$  is the Hausdorff distance from the surface  $X$  to  $Y$  and is defined as:

246 
$$h(X, Y) = \max_{x \in X} \{\min_{y \in Y} \{d(x, y)\}\}$$
  
247 (10)

248  $x, y$  are two points from the surfaces  $X, Y$  and  $d(x, y)$  is the Euclidean distance between  $a$  and  $b$ .

249 Two independent One-Way ANOVAs(33) with Dice Coefficient and Hausdorff Distance as the dependent  
250 variables and the segmentation method versus manual segmentation as the independent variable compared the  
251 outcome of the K-Seg versus DeepSeg and PropSeg.

## 252 RESULTS

253 Results of the spinal cord segmentation on T2-weighted images on 20 uninjured subjects are presented in Table 1.  
254 High Dice coefficient and low Hausdorff distance demonstrate good results of the K-Seg method. Additionally, we  
255 calculated the Dice coefficient and Hausdorff Distance between each rater's segmentation and a consensus mask  
256 produced across all the raters' labels as a gold standard. As shown in Table 1, results have been compared to two  
257 independent experienced individuals and also the consensus of two expert manual segmentations as a gold standard.  
258 The accuracy of the proposed method was found to be close, comparable and in some situations better than a single  
259 rater, in terms of 3D Dice coefficient ( $p < 0.001$ ). The 3D Dice coefficients were respectively 0.81 and Hausdorff  
260 Distance 12.3 by the K-Seg method for T2-weighted images. Therefore, K-Seg shows the accurate result when  
261 compared to the SCT methods, as shown by the higher Dice coefficient and lower Hausdorff distance in Table 1. Two  
262 examples of K-Seg segmentation of the spinal cord are presented in Figure.2A and Figure.2B Our findings suggest  
263 better results by using the K-Seg as compared to both DeepSeg and PropSeg. These images have a loss of quality with  
264 distortion in the presence of magnetic material. So the proposed method manages the segmentation firmly even when  
265 CSF and SC contrast is at lowest on a specific part of the spinal cord. As illustrated in Figure.2A and Figure.2B, some  
266 segmentation errors can be observed by PropSeg and DeepSeg methods, particularly in the lumbar portions.  
267 Furthermore, for a typical T2-W acquisition (TR = 1500 ms; TE = 119 ms; FOVs = 320 × 320 mm; matrix size = 256  
268 × 256 × 56 slices, slice thickness = 1.3 mm, in-plane resolution = 1×1mm), the computation time on a workstation  
269 with WIN 10 OS system equipped with an (Intel core i7, 2.20 GHz processor and 6 GB RAM), was 40 seconds for K-  
270 Seg versus 1 min 55s for DeepSeg and 32s for PropSeg.

271 **Cross-sectional areas**

272 Spinal cord measurements such as the cross-sectional area can be extracted by K-Seg framework. Cross-sectional  
273 areas were calculated for each slice of a binarized segmentation of the spinal cord. This measurement was calculated  
274 for three methods by counting the pixels in each slice and then comparing it with a gold standard. The differences in  
275 CSA observed at vertebrae levels in Figure 3 Significant differences were observed for multiple vertebral levels. The  
276 cross-sectional areas in T12 level are greater than other vertebral levels.

277

278 **Discussion**

279 In this paper, we described the development and validation of a framework for the automatic segmentation of the  
280 spinal cord and spinal canal. This framework also allows us to calculate the quantitative CSA metric along the spinal  
281 cord for multiple vertebral levels. As stated earlier, segmentation of the spinal cord, spinal canal and also calculation  
282 of the quantitative CSA metric along the spinal cord became very interesting for clinicians and researchers. So  
283 segmentation frameworks will develop for automated SC segmentation on subjects without any pathological damage  
284 besides patients with a range of spinal pathologies, including those with traumatic spinal cord injury(1–5) and  
285 multiple sclerosis(9,10). In this cohort, we extended the method (k-seg) by providing segmentation of both SC and  
286 CSF based on the concept of the K-means clustering algorithm. We demonstrated the ability of k-seg to accurately  
287 segment the SC and CSF on T2-W images based on the same initialization. The first step of the method initializes by  
288 using a Circular Hough Transform to find an appropriate circle around the SC and CSF along the cord. The second  
289 phase of the method is applying an anisotropic diffusion filter to remove noises and stabilize the optimization process  
290 on the curvature which was detected in the previous section. Finally, the k-means clustering algorithm is used to  
291 separate SC and CSF regions from each other. Also, the sensitivity of the location of initialization for spinal cord  
292 segmentation along the axial plane is important. So to initialize the algorithm, thoracic regions of the spine (e.g., the  
293 middle slices of the selected volumes) yielded better results because of the higher contrast and shape of the spinal  
294 cord. Therefore, detecting the spinal cord position (the first candidate circle) in these areas is more reliable than the  
295 other parts(18). Based on this, we concluded that the initialization of our method in the middle axial slices of the MR  
296 image would obtain better results.

297 As we mentioned earlier, fully-automated methods are preferred because they are faster, suitable for bigger samples  
298 and not susceptible to the user's bias. For example, Koh et al(22) proposed a 2D active contour on sagittal T2-W MRI  
299 scans using gradient vector flow. Neubert et al(20) proposed an automated 3D segmentation method on vertebral

300 bodies and intervertebral discs from MRI based on statistical shape analysis and template matching of grey level  
301 intensity profiles. De Leener et al.(8,18,19) developed an automatic segmentation method (PropSeg) based on multi-  
302 resolution propagating of tubular deformation models on MR images. Finally, Gros et al.(11) proposed an original and  
303 fully automatic framework (DeepSeg) based on convolutional neural networks (CNNs) applied to the spinal cord  
304 morphometry for segmenting the spinal cord and/or intramedullary MS lesions, degenerative cervical myelopathy  
305 (DCM), neuromyelitis optica (NMO), traumatic spinal cord injury (SCI), amyotrophic lateral sclerosis(ALS), and  
306 syringomyelia(SYR) from a variety of MRI contrasts and resolutions. Although many of the above-mentioned  
307 methods, and in particular the PropSeg and DeepSeg, perform the segmentation of spinal cord from images with  
308 different contrasts and fields of view very well, when it comes to the segmentation of the thoracolumbar cord as  
309 compared to the cervical and thoracic cord, these tools don't work as well since in thoracolumbar cord as compared to  
310 the cervical cord the SNR is much lower and variation in shape and length of the cord inside the vertebral column is  
311 higher(11,18). The segmentation process is highly dependent on the quality of images and works better on images  
312 with high contrast between SC and CSF regions. In images with a lower CNR both manual and automatic  
313 segmentation face a lot of difficulties. We hypothesized that k-seg outperforms the existing protocols for the  
314 automatic segmentation of the spinal in the regions with higher noise and lower SNR and CNR. We were able to  
315 compare the outcome of our segmentation protocol with other protocols in different slices across the thoracolumbar  
316 spinal cord. Interestingly, we could see that as we move to lower slices in the lumbar cord, the gap between the  
317 performance of k-seg, deepseg and propseg tends to enlarge and we can see more errors in the results acquired from  
318 deepseg and propseg (Table 1). Besides, as shown in (see Supplementary Appendix 1 for Supplementary Figures), by  
319 moving from thoracic segments to the lumbar spinal cord, the level of the noise increases significantly and SNR  
320 decreases consequently. These findings support our hypothesis on the better performance of k-seg than deepseg and  
321 propseg when it comes to the segmentation of images with a higher level of noise. Indeed, a better performance by k-  
322 seg when it comes to the segmentation of the spinal cord in areas with a higher level of noise can be attributed to the  
323 utilization of a well-established denoising filter (Anisotropic Diffusion Filter). Applying a proper filter on MR images  
324 is worth being taken into account because most of the smoothing filters can suppress important details along with the  
325 spinal cord segmentation, such as edges and small scale atrophy. However, Anisotropic Diffusion Filter (AD) allows  
326 us to combine the two most important attributes of the denoising algorithm: edge preservation and noise removal. A  
327 comparison between selected filters in our method and other methods in SCT depicts that the propseg method uses  
328 adaptive contrast properties are included within the deformable model framework that appropriately deal with

329 potential lack of signal-to-noise ratio(19). However, this deformable framework only applies a Gaussian filter through  
330 the model which blurs the image and can hinder the edge detection process. Also, no smoothing filter was mentioned  
331 in deepseg method. The motivation behind the use of the AD filter in k-seg is to overcome the blurring effects of the  
332 Gaussian smoothing approach. In this approach, the image is only convolved in the direction orthogonal to the  
333 gradient of the image, which ensures the preservation of edges. Taking this step often requires to remove image  
334 artifacts beforehand to make k-means clustering more robust and efficient to segment SC/CSF intensities. So, we  
335 showed that the k-seg algorithm could follow the shape of the spinal cord even when the cord and CSF contrast is  
336 minimal on a significant portion of the spinal cord.

### 337 **Limitations**

338 Despite the good precision of K-Seg in T2-W thoracolumbar 3D images especially in the lower part of the spine,  
339 which has poor contrast, our segmentation method failed in particular occasions (mostly in the initializing step by  
340 detecting a non-target circle among many circles, using the circular Hough transform method). Also, our segmentation  
341 framework is sensitive to the quality of the images, which could be partly overcome by choosing a suitable filter to  
342 remove noises.

343 In addition, the selection of T2-W images as an MR imaging protocol is considered in the present study because the  
344 quality of T1W images in the thoracolumbar region is very low and many groups are not interested in doing so.  
345 Accordingly, in most databases, only T2-W images are included. Similarly, in our database, we only had access to T2-  
346 W images and couldn't get access to images with T1w contrasts. However, we could test the algorithm on diffusion  
347 images from two subjects tested on another scanner than ours, and the outcome was similar to what we could get for  
348 T2-W images. Since the number of subjects wasn't enough for statistical analysis we decided not to present them in  
349 the current paper.

350

### 351 **Conclusion**

352 The current study was aimed to present a fully automatic segmentation method supporting T2-weighted images which  
353 can work efficiently on the thoracolumbar levels in the spinal cord. We also compare the outcome of the segmentation  
354 using the K-Seg with the outcome of manual segmentation and existing widely used methods (i.e. PropSeg and  
355 DeepSeg). The output with similar protocols showed that K-Seg results match the manual segmentation better than the

356 other methods especially on the thoracolumbar levels in the spinal cord. Future works are needed to replicate these  
357 results on spine images in a different field of view.

358

### 359 **Data archiving**

360 All the data for this study are available upon request submitted to the correspondent author.

### 361 **Statement of Ethics**

362 We certify that all applicable institutional and governmental regulations concerning the ethical use of human  
363 volunteers were followed during the course of this research.

### 364 **Patient Consent for images or information used in a manuscript**

365 All the data were anonymized before the processing and participants gave written consent for sharing their data.

### 366 **Conflicts of Interest**

367 Authors declare no conflict of interest regarding the current submission.

### 368 **Authors' Contributions**

369 SS was involved in study design, method development, manuscript preparation. HD was involved in study design,  
370 method development, data acquisition, manuscript preparation, SAB was involved in study design, method  
371 development, manuscript preparation, AK was involved in study design, data acquisition, method development,  
372 manuscript preparation, MAO was involved in study design, method development, manuscript preparation

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## 465 **Figure Legends**

### 466 **Figure 1. The framework of the K-Seg method**

467 The framework includes 1) recognition of region of interest (ROI) based on mutual information as a similarity measure; 2) applying canny filter to  
468 extract edges and Hough line transform in order to remove the extra parts from ROI in Anterior-Posterior direction; 3) computing the centerline of  
469 spinal cord by using Hough circular transform; 4) resorting the circles by Select a candidate circle close to AP line with radius [7-9] to find the  
470 spinal cord curvature and 5) applying an anisotropic diffusion filter to remove noises and segmentation of spinal cord and canal by k-means  
471 clustering algorithm to classify intensities.

### 472 **Figure 2.A Example of automatic spinal cord segmentation**

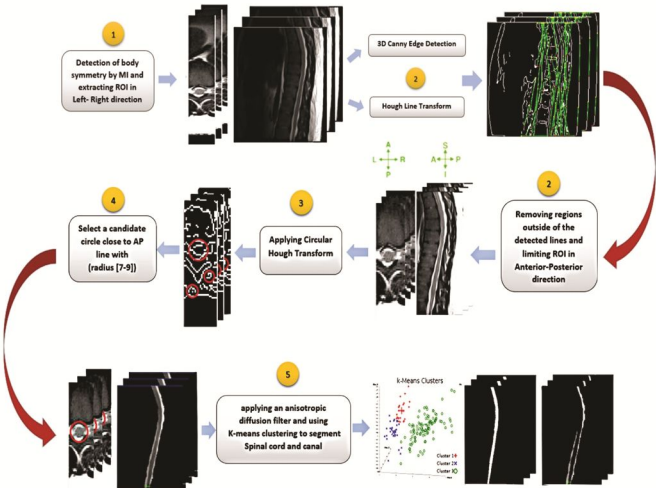
473 The framework includes segmentation on T2-W MRI data in the sagittal view. This is a comparison between the original image from left to right  
474 with manual (yellow), PropSeg (green), DeepSeg (blue) and K-Seg(red). The Dice coefficient indicated below each method.

### 475 **Figure 2.B Example of Spinal cord segmentation in axial and sagittal views**

476 The framework includes segmentation in axial and sagittal views, each color corresponds to one method related to vertebrae level (lower slice -->  
477 L2, middle slice --> T12, upper slice --> T10), the red color is related to K-Seg, green and the blue color correspond to DeepSeg and PropSeg  
478 segmentation.

479 **Figure 3. Cross-Sectional Areas (CSA) along the spinal cord for twenty subjects.** Mean and standard error of the mean (SEM) extracted from  
480 T2-W images are plotted on the same scale by corresponding vertebral levels. Significant differences are visible among methods results. each color  
481 corresponds CSA to one method, the yellow color is presented the manual segmentation of spinal cord, the red color is related to K-Seg, green and  
482 the blue color corresponds to DeepSeg and PropSeg segmentation. Also, each axial slice corresponds to one vertebrae level (Left slice --> L2,  
483 middle slice --> T12, Right slice --> T10) with manual segmentation.

484 **TABLE 1:** Evaluation of spinal cord segmentation using K-Seg, DeepSeg and PropSeg methods, versus the manual segmentation. Results (mean  $\pm$   
485 standard division) are compared using the the 3D Dice coefficient (3D DC) and Hausdorff distance (HD) (N=20). Also, gold standard and the inter-  
486 rater variability are computed for twenty subjects. The variation among individuals is presented in range (Min-Max). Significant differences  
487 between K-Seg and two methods from SCT are enhanced in bold.



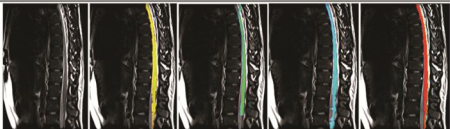
Original Image

Manual

PropSeg

DeepSeg

K-Seg



Dice = 0.65

0.73

0.8

Sagittal view

Axial view

K-Seg

PropSeg

DeepSeg

Manual segmentation

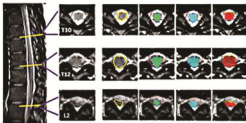
Original Image

Manual segmentation

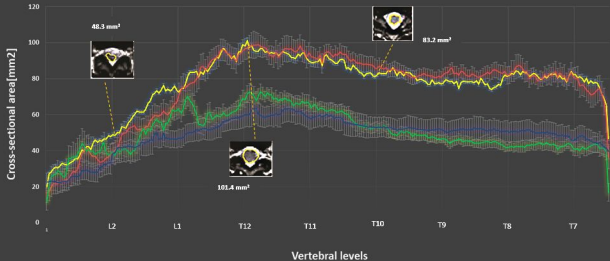
DeepSeg

PropSeg

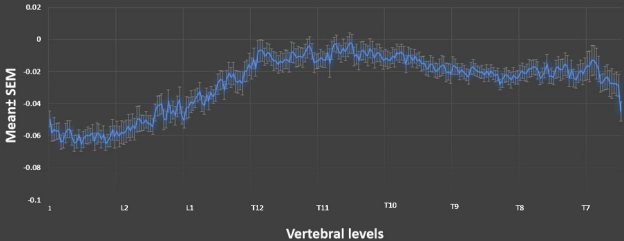
K-Seg



Manual Spinal Cord    K-Seg    DeepSeg    PropSeg



# CNR



# SNR





**TABLE.1**

Evaluation of spinal cord segmentation using K-Seg, DeepSeg and PropSeg methods, versus the manual segmentation. Results (mean  $\pm$  **standard division**) are compared using 3D Dice coefficient (3D DC) and Hausdorff distance (HD) (N=20). Also, gold standard and the inter-rater variability are computed for twenty subjects. The variation among individuals is presented in range (Min-Max). Significant differences between K-Seg and two methods from SCT are enhanced in bold.

Raters	Methods	3D Dice coefficient Min-Max (Mean $\pm$ SD)	Hausdorff Distance(mm) Min-Max (Mean $\pm$ SD)
Rater1	K-Seg	<b>0.7-0.81 (0.77 <math>\pm</math> 0.04)</b>	17.7-32.6 (24.1 $\pm$ 2.02)
	DeepSeg	0.58-0.79 (0.73 $\pm$ 0.05)	18.7-31.5 (24.5 $\pm$ 2.08)
	PropSeg	0.48-0.78 (0.67 $\pm$ 0.14)	19.1-44.6 (26.4 $\pm$ 5.04)
	F*(2,57)	7.4	6.2
Rater2	K-Seg	<b>0.72-0.85 (0.8 <math>\pm</math> 0.04)</b>	7.7-16.9 (12.5 $\pm$ 2.48)
	DeepSeg	0.58-0.79 (0.72 $\pm$ 0.05)	10-21.1 (13.2 $\pm$ 2.49)
	PropSeg	0.48-0.78 (0.66 $\pm$ 0.14)	11-22.1 (15.8 $\pm$ 3.32)
	F*(2,57)	12.4	14.1
Rater1 & Rater2 (gold standard)	K-Seg	<b>0.76-0.86 (0.81 <math>\pm</math> 0.04)</b>	7.3-16.5 (12.3 $\pm$ 2.48)
	DeepSeg	0.58-0.76 (0.71 $\pm$ 0.05)	10.2-21.3 (13.4 $\pm$ 2.49)
	PropSeg	0.43-0.7 (0.64 $\pm$ 0.14)	11.4-22.3 (16.1 $\pm$ 3.32)
	Rater 1 vs Rater 2	0.9-0.98 (0.93)	3.5-8.8 (5.9)

\* p-value<0.0002