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Non-traditional antibacterial therapeutic options and challenges

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9 Summary (150 words)

10 The global challenges presented by drug-resistant bacteria infections has stimulated much activity in finding new treatments. This review summarizes the progress, and set-backs, of 11 12 non-traditional approaches intent on circumventing bacterial drug-resistance. These approaches include targeting virulence via toxin production and virulence factor secretion, 13 impeding bacterial adhesion to host cells and biofilm formation, interrupting/inhibiting 14 15 bacterial communication and down regulating virulence. Other strategies include immune evasion, microbiome modifying therapies and the employment of phages as treatments or 16 carriers. Finally, the prospects of nanoparticles, immunotherapy, antisense RNA and drug-17 18 resistance modulation approaches are discussed. The development of non-traditional treatments suffers similar challenges faced by developers of conventional antibiotics, however 19 20 most of these new strategies have additional and considerable hurdles before it can be shown that they are safe and efficacious for patient use. For the foreseeable future, it is likely that 21 22 most of these treatments, if approved, will be used in combination with antibiotics.

23

24 Key words: Anti-virulence, Quorum-sensing, Microbiome, Phage, Nanoparticles,

25 Immunotherapy, Antisense RNA, non-traditional antimicrobials

26

27 Introduction

The global crisis of drug resistance, few new drugs to treat infections by the most resistant pathogens and the scientific challenges in discovery and early development of new antibiotics has inspired researchers to explore new ways to treat bacterial infections. The traditional antibiotic approach of treating infections is to find small molecules that either inhibit growth or kill Gram-positive or Gram-negative bacteria or both (broad-spectrum antibiotics). Nontraditional approaches explore many ways to influence the disease beyond inhibiting or killing pathogens through small molecules. It should be noted that in this article, non-traditional does
not imply an alternative therapy to antibiotics, which means replacing the use of these drugs.
Due to the wide diversity of research activities that could lead to the discovery of new
therapies this article is not exhaustive. It focuses on the areas that are most frequently
explored and have achieved some late preclinical or clinical experience. We have not
discussed vaccines, devices, exclusively topical drugs or directly acting small molecule drugs

such as potentiators of antibiotics including β-lactamase and efflux inhibitors, combinations
of small molecule drugs or conjugates or antimicrobial peptides. Instead, we have focused this
article on the most promising non-traditional antibacterial treatments under development, their
uses, and hurdles that must be overcome to provide safe and efficacious new medicines.

44 Anti-virulence

Anti-virulence approaches aim to inhibit the production or activity of Virulence Factors 45 (VFs), typically these have no effect on bacterial growth in vitro. The number of VFs is 46 47 growing (Virulence Factor Database, http://www.mgc.ac.cn/VFs/ (Dickey et al., 2017) and includes toxins, adhesins, quorum sensing molecules, virulence-dedicated secretion and 48 regulation, siderophores, and immune evasion factors (Heras et al., 2015; Totsika, 2016). VFs 49 50 are often species- or even strain-specific and variably conserved between and/or within a bacterial species. Furthermore, virulence gene expression may depend on the environment or 51 site of infection or on the time course of a pathophysiological process. The complex 52 biological variety constitutes a major challenge to translating early discovery to the clinical 53 situation, especially as anti-VFs usually have a narrow spectrum of activity. 54

55 Numerous anti-virulence strategies are in the discovery or preclinical development phase

56 (Garland et al., 2017). Progress in understanding pathogenesis and preclinical development

57 efforts has progressed a few anti-virulence drugs to the clinical phase of development, and

some that block exotoxins have been approved as treatments. Here, we provide an overview

59 of the anti-virulence strategies that are more advanced in development as a new treatment.

60 Toxins

61 Exotoxins are produced by pathogenic bacteria without which the microbe does not elicit 62 symptoms in the infected individual. Therefore, they are obvious targets for anti-virulence therapies. Many bacterial toxins are released into the environment and are thus, amenable to 63 64 antibody therapy. Antibodies approved for clinical use are active against toxins of Clostridium botulinum, Bacillus anthracis and Clostridium difficile. The recently FDA and 65 EMA approved human monoclonal antibody (mAb) Bezlotoxumab (Merck) binds to the C. 66 *difficile* toxin B and is indicated to prevent recurrent C. *difficile* infection (CDI) in at-risk 67 adults. 68

Staphylococcus aureus harbors many VFs to facilitate tissue adhesion, immune evasion, and 69 host cell injury. S. aureus α -toxin is a pore-forming toxin that plays an important role in 70 71 staphylococcal infection. In general, exotoxins and surface-localized structures provide good 72 targets for monoclonal antibodies (Table 1). The mAb suvratoxumab (MEDI4893, Medimmune) binds to and neutralizes S. aureus α -toxin (Yu et al., 2017). It is in Phase 2 73 clinical trials in colonized and mechanically ventilated patients to prevent ventilator-74 75 associated pneumonia (VAP) caused by S. aureus. Other companies are pursuing a similar strategy with α -toxin-binding mAbs (e.g. AR-301; Salvecin; tosatoxumab, Aridis). In 76 contrast to suvratoxumab that is aimed at preventing symptomatic infection, Aridis plans to 77 investigate AR-301 in a Phase 3 trial as an adjunctive therapy in combination with standard of 78 care antibiotics to treat VAP caused by S. aureus. The monoclonal antibody preparation 79 ASN100 (Arsanis), that neutralizes six S. aureus cytotoxins, failed to reach the primary 80 endpoint in a Phase 2 study. 81

82 VF secretion

83 Type III secretion systems (T3SS) are complex structures embedded in the bacterial inner and outer membranes of many Gram-negative bacteria that are used to deliver virulence effector 84 proteins into host cells and facilitate the establishment and dissemination of infections 85 (Anantharajah et al., 2016; Deng et al., 2017). The interruption of toxin secretion or structural 86 proteins of T3SS, especially the needle tip protein assembly is a focus of current research for 87 88 small molecule inhibitors (Aiello et al., 2010; Gu et al., 2015, Fasciano et al, 2019) and mAb (Table 1). A bispecific mAb (MEDI3902, Medimmune) targets the P. aeruginosa T3SS 89 needle tip protein PcrV to prevent T3SS mediated injection of toxins in host cells and Psl 90 91 exopolysaccharide to prevent attachment of bacteria to epithelial cells (DiGiandomenico et al., 2014). MEDI3902 is in Phase 2 clinical development in mechanically ventilated patients 92 for the prevention of VAP caused by P. aeruginosa. An earlier antibody approach did not 93 94 progress to late stage clinical trials (Fasciano et al, 2019). Small molecules have the potential for a broader spectrum of activity than mAbs against T3SS, which are target specific and 95 hence have a narrow spectrum. 96

97 Adhesion and biofilm formation

S. aureus expresses a number of cell surface adherence and immune evasion proteins, many
of which are anchored to the cell wall by the transpeptidase sortase A (SrtA) enzyme
(Cascioferro et al., 2015; Dickey et al., 2017). Several antibacterial drug discovery programs
have found SrtA inhibitors that are believed to promote the disruption of the structure of
mature biofilm; however, early preclinical projects have not advanced.

P. aeruginosa produces the surface polysaccharide alginate in response to environmental
conditions. It enhances adhesion, biofilm formation and resistance to human leukocyte killing;
this is most apparent in the environment of the affected lung in patients with CF. AR-105 is a

mAb directed at alginate and is currently being tested in a Phase 2 clinical trial as adjunctive
treatment in mechanically ventilated patients with VAP caused by *P. aeruginosa*.

The first step of colonization of the bladder and artificial surfaces such as catheters is to avoid 108 109 clearance during urine voiding by binding of bacteria via an available epithelial receptor (Spaulding and Hultgren, 2016). Therefore, recognition and attachment of the bacteria to the 110 uroepithelium plays a key role in anti-virulence strategies that target uropathogenic E. coli 111 (UPEC) and lower urinary tract infections (UTI). Adhesion is mediated through the 112 expression of pili and their tip adhesin FimH that binds to mannosylated residues on the 113 bladder epithelial surface (Spaulding et al., 2018). Several strategies to block adhesion have 114 115 been pursued including developing mannose analogs that bind within the mannose-binding pocket of FimH and block pilus binding of FimH to host receptors and thus prevent 116 attachment of UPEC (Maddirala et al., 2018) (Fimbrion). Other FimH inhibitors were 117 effective in the mouse model, but it is not known if these animal models are predictive and 118 whether data from them will translate into clinical efficacy (Kalas et al., 2018). UPEC 119 120 colonize the intestinal space and establish a bacterial reservoir for infecting the urinary tract. 121 The same adhesion mechanisms and binding principles apply to preventing selectively intestinal colonization of UPEC by treatment with mannosides. The oral and non-systemic 122 123 small molecule drug EB8018 designed to block the FimH adhesin from overabundant Enterobacteriaceae (adherent-invasive E. coli) in Crohn's disease patients is in Phase 1 124 125 clinical studies (Enterome NCT03709628).

126 Bacterial communication

Quorum-sensing (QS) is a molecular communication system to synchronize the expression of
certain genes affecting a global change in bacterial gene expression and cell physiology.
There is a wide variety of signaling molecules that may serve as attractive and potentially
broad-spectrum anti-virulence targets (Rémy et al., 2018). Various QS-interfering agents

(called quorum quenchers) including natural and synthetic compounds, enzymes and 131 132 antibodies that target each step of the QS pathway have been described. These have been tested in vitro and in vivo (Defoirdt, 2018). P. aeruginosa has been studied most and serve as 133 a model for targeting QS. The P. aeruginosa QS pathways LasR-LasI, RhlR-RhlI, IQS, MvfR 134 have been explored in both acute and persistent infection models (Dickey et al., 2017). The 135 las system controls LasB elastase, a pivotal VF in pseudomonal infection and target of drug 136 137 discovery projects (Antabio). LasB is secreted at the site of infection, where it exerts a proteolytic action including broad tissue destruction and subtle action on components of the 138 host immune system (Cathcart et al., 2011). The discovery of the role of the multiple VF 139 140 regulator MvfR in mediating antibiotic tolerance and persister cell formation in P. aeruginosa inspired the research and discovery of inhibitors of MvfR (Maura et al., 2017) (Spero). In S. 141 aureus QS is mainly regulated by the agr operon. Although several small molecule inhibitors 142 143 have been described, none have advanced to the optimization phase of discovery (Salam and Quave, 2018). Based on considerable basic research, QS inhibiting strategies are increasingly 144 145 included in discovery projects (Haque et al., 2018; Williams, 2017).

146 Counteracting Immune evasion

Many bacteria deploy factors to prevent detection by or to escape the host immune response. 147 148 Therefore, strategies to neutralize such tactics are under development. Monoclonal antibodies targeting bacterial surface epitopes are hypothesized to increase bacterial clearance through 149 150 enhancing antibody-dependent phagocytosis, and/or complement-mediated bactericidal activity, or via immune system-independent bacterial killing (Wang-Lin and Balthasar, 2018). 151 152 The S. aureus Protein A (SpA) defends the bacterium against the adaptive immune response 153 by resisting phagocytosis and inducing apoptosis of B cells. This protein also facilitates nasal colonization and cell adhesion (Hong et al., 2016). The mAb 514G3 neutralizes the SpA 154 mediated immune evasion of S. aureus (Varshney et al., 2018). An on-going a Phase 1/2 155

clinical study to treat *S. aureus* blood stream infections as an adjunctive therapy is due tocomplete in June 2020 (XBiotech NCT02357966).

158 Regulating virulence

159 Clp proteases suppress the expression of multiple unrelated VFs in *S. aureus* by impacting on 160 central processes such as virulence gene expression, cell wall metabolism, survival in 161 stationary phase, and cell division. The simultaneous suppression of multiple VFs or 162 pathways using small-molecule compounds is a promising approach to reducing the virulence 163 of *S. aureus* (Gao et al., 2018). Many inhibitors have been discovered and are currently being 164 optimized (Aviru). However, whether targeting a master regulator of virulence translates into 165 clinically relevant benefits remains to be seen.

166 Advantages and Disadvantages of anti-virulence approaches

167 As anti-virulence drugs interact with non-essential targets, there is a general assumption that

they do not select for resistance; however, this has been challenged (Allen et al., 2014).

169 Experimental data revealed the emergence of resistance showing the complex evolution and

170 resistance selection by some anti-virulence drugs; this was dependent on the importance to the

171 pathogen of the targeted VF (Totsika, 2016). Whether such resistance will impact therapy and

the potential of transmissible resistance is unknown (Rezzoagli et al., 2018).

173 There are numerous challenges to translating anti-virulence strategies to new treatments for

174 patients (Table 2). Given the complexities of virulence systems, the likely specificity of single

175 VFs, and the lack of research data, it is not surprising to find extremely long timelines for the

176 preclinical development of anti-virulence approaches and the failure of clinical trials.

177 Development of anti-virulence drugs requires an in-depth understanding of these factors and

the roles that specific VFs have in disease processes. Traditional measurement of growth

inhibitory activity, the Minimum Inhibitory Concentration (MIC) test, does not apply to anti-

180 virulence drugs as by definition they do not inhibit growth or kill bacteria. In most cases,

alternative *in vitro* methods are not developed and the predictability of animal models forclinical outcome are poorly described.

Potential clinical indications for anti-virulence therapies are prevention of disease such as 183 184 CDI, HAP/VAP and recurrent uncomplicated UTI. However, as some VFs are specific for a pathogen and rely upon of their expression, which is influenced by the condition of the patient 185 and disease state, accurate diagnostic tests will be necessary to identify the pathogen and 186 187 presence/expression of the targeted VF. Therefore, chronic or non-life-threatening infections are likely to be targeted as these will provide the opportunity to carefully select the patient, 188 enabling a tailored patient-specific approach with less time pressure to start therapy. Most 189 190 anti-virulence therapies are developed as adjunctive therapies in addition to standard therapy, usually antibiotics. This is the only ethically acceptable pathway in clinical practice in 191 patients needing fast acting antibacterial therapy. This poses special challenges for drug 192 development and clinical use as it is not possible to prove clinical efficacy of an adjunctive 193 therapy with a conventional non-inferiority clinical trial design. Superiority design in a 194 195 combination therapy versus stand-alone antibiotic therapy would be the most convincing way to show a clinically relevant effect of an add-on therapy. Selection of the appropriate 196 indication, patient population, clinical endpoints and clinical trial sites are enormous 197 198 challenges for late stage clinical studies. Relevant secondary endpoints may support the clinical therapy decisions (Maura et al., 2016). 199

Anti-virulence approaches will not replace antibiotics, thus may not contribute much to resolving the resistance problem and insufficient antibiotics pipelines. Nonetheless, they may complement the action of antibiotics; however, evidence that they provide benefit for patients in high-quality clinical trials is needed. Open discussion and analysis of failed clinical trials would enhance this field.

205 Microbiome modifying therapies

206 Recent advances in metagenomic, computational and synthetic biology tools inspired the revival of research into the human microbiome and has provided a deeper understanding of its 207 208 interactions with the host (Wilson et al., 2019). Manipulating and engineering the human 209 microbiome is an attractive option to prevent and resolve infection and so is generating considerable activity in academia and industry (Timmis et al., 2019) and attracts broad 210 211 interest among public funders and private investors (Boers et al., 2016). The US National 212 Microbiome Initiative had an important impact and advanced standards for the use of the 213 next-generation technologies in metagenomic studies and generated quality-controlled data 214 (Group et al., 2009). Not only bacterial microbiota but growing knowledge about the role of the human phageome has highlighted the impact of bacteriophages in shaping a healthy 215 216 intestinal microbiome (Anonye, 2018; Paule et al., 2018; Rohde et al., 2018; Zuo et al., 2018). The gut microbiota is intricately connected to the host's immune system through a reciprocal 217 218 developmental relationship. Specifically, the microbiome is critical for the appropriate 219 development of the immune system, and in turn, the immune system helps modulate the 220 microbiome community through a balance of pro- and anti-inflammatory pathways 221 (Cammarota et al., 2017).

More than 10 small companies are developing microbiome therapies for infectious diseases 222 223 (Table 3). So far, most experience has been gained on the impact of the intestinal microbiota 224 on the physiology of C. difficile in the gut and recurrent CDI (Young, 2016). The underlying 225 assumption is that rebuilding the microbiome after infection or preserving the microbiome to prevent infection will translate into clinical benefit. The strategies to restore an unbalanced 226 227 microbiome are based on the experience of clinically successful transfers of a full natural microbiota in form of stool from healthy donors (Fecal Microbiome Transplantation, FMT) 228 (Cammarota et al., 2017). This procedure has a typical cure rate of 90% and has encouraged 229

research groups to modify this principle and focus on production of stool banks, standardizedproducts, engineering and oral delivery strategies.

Although no microbiome-modifying therapy has been officially approved, the US FDA 232 233 allows FMT without filing an Investigational New Drug (IND) application exercising enforcement discretion when using the stool bank OpenBiome to treat C. difficile infection 234 not responsive to standard therapy (FDA, 2016). FMT reintroduces a complete, stable 235 236 community of gut microorganisms (Bakken et al., 2011; Borody and Campbell, 2012) and is the most advanced form of microbiota therapy with a large body of experience (Ooijevaar et 237 al., 2018). Guidelines for clinical use are available (Mullish et al., 2018). In the UK, large 238 239 clinical trials of FMT are underway (ISRCTN 74072945). Most experience has been gained so far with the application via enema but freeze-dried capsule-based formulations of the 240 microbiota or mixture of spores from several bacteria isolated from healthy donor fecal 241 samples are in clinical development (Baker et al., 2018). There are no high-quality studies 242 available yet to show the efficacy and safety of the oral route (Iqbal, 2018). Two companies 243 244 are currently conducting a randomized Phase 3 trial enrolling patients with recurrent CDI (Rebiotix NCT03244644, Seres NCT03183128), another company is enrolling patients in a 245 Phase 2 trial to test a therapy that contains microbiota produced from pure, clonal bacterial 246 247 cell banks (Vedanta NCT03788434) (Table 3).

Companies are also developing a wide range of microbiome strategies including rationally selected cocktails of bacteria or bacterial spores containing the "active components" of the complex microbiota (Khanna et al., 2016; Orenstein et al., 2016). The most extremely reduced approach is the use of a single non-toxic strain of *C. difficile* that is hypothesized to outcompete the toxigenic strains in the gut. Another approach is to assemble a synthetic microbiome comprising well characterized individual strains in pure cultures with standardized properties (Timmis et al., 2019). Other strategies build on the gastrointestinal

metabolic balance and subsequent changes made during disturbance and restoration to a 255 256 healthy microbiota (Koropatkin et al., 2012). In another approach, genetically engineered bacteria produce antibacterial compounds that selectively remove key disease-causing species 257 258 from the microbiota. Increasingly, bacteriophages or nanoparticles serve as vehicles to selectively target pathogenic bacteria or resistance and virulence determinants in the gut flora 259 260 and thus can be used to manipulate the microbiota. Current approaches also target intestinal 261 colonization with pathogenic bacteria such as carbapenem-resistant Enterobacteriaceae (CRE) in critically ill patients. However, it should be noted that there are conflicting data on 262 the causality between CRE colonization and increased mortality in ICU patients (McConville 263 264 et al., 2017). Studies with FMT to test for the effect of decolonization in high-risk patients were not conclusive (Huttner et al.; Relman and Lipsitch, 2018). Although the gut microbiota 265 266 is the most common target for microbiome-modifying therapies, other concepts focus on 267 manipulating the skin or lung microbiome. These approaches are at very early stages and correlations with the clinical situation are less clear. 268

269 The key challenges of developing new simplified microbiome therapies are the incomplete understanding of the complex genomic and phylogenetic diversity of the human microbiome. 270 Indirect testing of hypotheses and statistical correlations may not prove pathophysiological 271 272 causation. If innovative microbiome therapies beyond FMT and other complex microbiota strategies are to translate into clinical benefit a deeper understanding of the complex role of 273 274 the microbiota in the pathogenesis of a specific disease is necessary. The extent to which the complexity of the therapeutic approach can be reduced while retaining efficacy remains to be 275 276 seen. The high variability of the microbiome composition yields inconsistent and 277 contradictory results that are difficult to interpret. Simple preclinical models may not be predictive. Selecting appropriate microbiota is important but proving that live bacteria 278 279 constitute a coherent community and are incorporated into the recipient's gut and remain after

being ingested is similarly essential (Smillie et al., 2018). Additionally, the manufacture of 280 281 live bacterial products is complex and expensive. There is no good rationale or model to support finding the appropriate or optimum dose and so doing reflects a trial and error 282 strategy rather than characterizing an effective dose. Although microbiome treatments with 283 complex microbiota for preventing recurrent CDI are in late stage clinical trials, the 284 development of next generation treatments rely upon reducing unpredictable factors and 285 286 filling the gaps in the basic understanding of underlying processes. Currently, reduction of the complexity of the microbiota substantially increases the risk of clinical failure. 287

288 Phages

Although therapy of bacterial infections with bacterial viruses (bacteriophages, phages) has 289 been practiced in Eastern Europe for nearly a century, the interest in phage R&D has only 290 291 gained traction elsewhere in the last 10-15 years as a response to the emergence of multidrug-292 resistant pathogens (Kortright et al., 2019). Synthetic biology and other modern tools have revived the field of phage research (Pires et al., 2016). They enable the modification of 293 phages, the characterization and careful screening for and removal of genes coding for toxins 294 and VFs to avoid the risk of transfer from one bacterium to another. In general, phages are 295 regarded as safe because they do not infect mammalian cells. 296

There are at least 30 companies pursuing a treatment strategy that involves phages (table 4). 297 298 Recent and ongoing trials focus on infections by P. aeruginosa, S. aureus and E. coli. Besides anecdotal case studies, case reports of compassionate use programs and poor quality non-299 controlled clinical studies, only one randomized placebo-controlled Phase 1/2 clinical trial 300 with topical treatment of chronic otitis caused by P. aeruginosa has been successfully 301 302 conducted (Wright et al., 2009). A recently completed Phase 1/2 clinical trial in infected burn wounds (phagoburn) failed to demonstrate efficacy and exemplifies the challenges described 303 304 below when translating phage approaches to the clinical environment (Servick, 2016). A

Phase 1/2 trial with a *S. aureus* phage cocktail for i.v. administration is being prepared to start
in 2019 (Ampliphi).

307 Phage therapy is characterized by its specificity to single bacterial species and usually to a 308 subset of strains within that species (Kortright et al., 2019). To be active against >90% of 309 strains within a bacterial species and to prevent rapid emergence of bacterial resistance to a single phage, mixtures (cocktails) of different phages, often more than 10 phages, are used for 310 311 therapy. Phage resistance can evolve within hours, independently of the use of bacteriophage 312 combinations. Although the combination of multiple phages in a cocktail compensates for a limited host range the increased complexity of such a cocktail not only dilutes the 313 314 concentration of the individual phages but can promote potential unfavorable interactions between phages and cause manufacturing and quality control issues. This is the reason why 315 companies try to reduce the number of phages in fixed cocktails and some produce mini-316 cocktails (<5 phages). The downside of such mini-cocktails may be a smaller host range. 317 Currently, there is a trend towards patient specific cocktails based on libraries of pre-approved 318 319 phages. Phage banks containing purified or pre-purified phages allow the quick assembly of 320 patient-specific cocktails that contain only the most appropriate phages against the infecting bacterium. The choice of phages is based on new diagnostic tools that are not yet available in 321 322 clinical practice. Based on modern genetic engineering tools, recent and current research 323 focuses on engineered phages with improved or specific features (Barbu et al., 2016). In contrast to the above-mentioned strategies that use lytic phages, non-lytic phages are utilized 324 as vehicles to express antibacterial proteins or genes (Krom et al., 2015). 325

326 There are several challenges to the clinical use of phage treatment. These include

the prerequisite of selecting appropriate phages to achieve an appropriate range of
 activity and prevent development of bacterial resistance. Such fixed phage cocktails
 need to consider bacterial isolates from different infections and geographic locations.

2) manufacturing phages under good manufacturing practices (GMP) and chemistry,

manufacturing, and control (CMC) guidance. Some progress has been achieved when
tackling the insurmountable challenge regarding CMC, especially production,
stability, purity and quality control.

3) Considering phage biology in the design of phage treatment is a prerequisite of any 334 successful approach (Bull and Gill, 2014). Unique pharmacokinetics (PK) and 335 336 pharmacodynamics (PD) of phages means that dose finding processes are challenging. The immense size of phages when compared to small molecule antibiotics results in a 337 wide range of PK challenges and is the reason why many sites of infection are not 338 339 accessible by phages. Questions of basic PK such as distribution, dilution in the blood compartment, rapid clearance (Inchley, 1969), as well as kinetics of phage infection 340 and other PK/PD characteristics are not well defined. Development of methods to 341 342 access these parameters needs to proceed in parallel with clinical work to assess exposure and efficacy relationships. The concept of phage therapy is based on 343 localized amplification in the presence of the specific susceptible bacteria. High 344 bacterial loads are necessary for amplification and their localization is a complex 345 pathophysiological issue (Rose et al., 2014). Though localized amplification is a key 346 347 concept, the initially applied dose and the fate of the phages in the systemic circulation is not well understood. Bacterial loads and decreased availability of active phages in 348 the circulation or localized infection sites may be responsible for a potentially slow 349 350 onset of activity. The success of phage therapy ultimately depends on the optimal dose, dosing regimen, timing, formulation and administration, with PK and PD 351 characterized for each phage or phage cocktail. 352

4) showing efficacy in clinical trials, and thus, gaining regulatory approval. Although
case reports in compassionate use programs indicate the possibility of systemic use,
due to access issues, topical delivery has been much more common. However, in this

setting, concomitantly used treatments (e.g. wound care products, disinfectants and 356 357 antibiotic topical treatments) may affect the local stability of phages (Merabishvili et al., 2017). Inhalation treatment with phages, potentially also in combination with an 358 359 antibiotic for specific indications such as CF seems to be feasible (Chang et al., 2018). Another aspect of phage therapy is their natural immunogenicity which is stimulated 360 by bacteria (bacteria can highjack the innate immunity of hosts to inhibit phage). 361 362 Interacting elements of adaptive and innate immunity are contributing to the clearance of phages with consequences on phage PK (Hodyra-Stefaniak et al., 2015). To use in 363 patients, the immune response to phage therapy need to be assessed (Dąbrowska et al., 364 365 2014; Krut and Bekeredjian-Ding, 2018). At present, there are no high-quality data to show that phage therapy works routinely in clinical settings. The future and potential 366 clinical use of phage therapeutics depends on the careful selection of phage-accessible 367 368 infections and to be able to show a clinical benefit for patients (Harper, 2018). The current challenges of regulatory pathways, especially for patient-specific but also fixed 369 370 phage cocktails include the need for constantly adjusting the preparation as the bacteria evolve and requires an appropriate legal and regulatory framework 371 (Fauconnier, 2017; Pirnay et al., 2018) with recent progress in approval to conduct 372 clinical trials. 373 5) developing and implementing appropriate diagnostics is essential to support use in 374 375 patients.

For the most common bacterial infections it is unlikely that phage therapy will replace use of
antibiotics (Rohde et al., 2018). However, synergy with antibiotics has been seen in vitro and
in animal models (Oechslin et al., 2017). Therefore, phage therapy may be a promising
adjunctive treatment in specific indications or salvage therapy for patients with infections that

have not responded to any other treatment. Convincing clinical efficacy in well-designedrandomized controlled clinical trials needs to be demonstrated.

382 Phages as carriers

383 Genetically engineered non-replicative phages are designed to serve as specific nano-delivery vehicles and carry payloads that exert antibacterial activity beyond direct lysis of the cell 384 (Krom et al., 2015). Synthetic biology approaches enable the use of a wide range of gene 385 386 expression systems to target bacteria. Phage delivery systems are usually specific and so render the delivered therapeutics narrow spectrum and pathogen-specific. The delivered genes 387 may be DNA sequence-independent and cause a rapid bactericidal effect (Phico) or utilize the 388 389 clustered regularly interspaced short palindromic repeat (CRISPR) RNA-guided genome editing systems to engineer novel functions (Locus Biosciences, Eligo Bioscience) (Hatoum-390 Aslan, 2018). CRISPR Cas9 has developed into a new powerful technology to regulate gene 391 expression in bacteria (Bikard et al., 2013). The RNA-guided nuclease Cas9 may serve as a 392 sequence-specific antibacterial (Bikard et al., 2014) or may target a specific DNA sequence to 393 394 inactivate antibiotic resistance or virulence genes (Nemesis Bioscience). Another CRISPR-Cas system is used to insert CRISPR-Cas3 constructs into the phage genome that specifically 395 degrade the DNA of target bacterial cells (Locus Biosciences). The CRISPR/Cas mediated 396 397 technology can also be used to modify phages and optimize favorable characteristics (Hatoum-Aslan, 2018). 398

As such phage vehicles are not self-replicative the dose must be very high to target bacteria in an infection. PK and dose finding are not well understood. New antibacterial approaches that use phages as carriers are faced with two big challenges, (1) the new technology (e.g.

402 CRISPR-Cas) and (2) the phages themselves as discussed above. This doubles the risk and

403 will need considerable time to progress to clinical studies to show a clinical benefit for

404 patients.

405 Phage-derived products

406 Though phage-derived enzymes have been explored since the late 1990s, renewed interest emerged to address the current drug-resistance issues. Endolysins are the best studied phage-407 derived peptidoglycan-degrading enzymes. They are encoded by phages to liberate progeny 408 phage from inside of infected bacterial cells, resulting in fast osmotic lysis and bacterial cell 409 410 death (Fischetti, 2018). Endolysins are bacteriolytic on contact, independent of resistance 411 pattern to conventional antibiotics, and are highly specific for a bacterial species or genus (Fernandes and São-José, 2018). Naturally, endolysins work from inside the cell but purified, 412 recombinant lysins enabled enzymes are lytic from the outside. When developed as drugs, 413 414 lysins must be stable, soluble and able to hydrolyze peptidoglycan from the outside. Numerous endolysins against Gram-positive bacteria have been studied in vitro and in animal 415 models (Gutiérrez et al., 2018; Haddad Kashani et al., 2017). The opportunities to customize 416 417 endolysin properties such as specificity, activity, stability and solubility are currently being explored and extensive protein engineering efforts have expanded (Oliveira et al., 2018). The 418 419 first two products that have reached Phase 2 clinical development are recombinant lysins directed against S. aureus (SAL200/tonabacase from Roivant in-licensed from iNtRON 420 Biotechnology (Kim et al., 2018) and CF-301/exebacase from Contrafect) (Schuch et al., 421 422 2014). A topically applied endolysin for inflammatory conditions due to S. aureus in atopic dermatitis is already available (Micreos Human Health BV). Another topical endolysin 423 against staphylococci is being studied in Phase 1/2 clinical trials for nasal decontamination 424 425 (GangaGen). In contrast to Gram-positive bacteria, the outer membrane of Gram-negative 426 bacteria represents a difficult barrier to reach the peptidoglycan layer. Therefore, discovery of 427 endolysins against Gram-negative bacteria has faced extensive challenges and projects are still in preclinical research (Bioharmony Therapeutics) (Briers and Lavigne, 2015). Based on 428 protein engineering techniques some progress has been made but translating results into 429 formal development programs requires more research (Lukacik et al., 2012; Schirmeier et al., 430

2018). One approach for Gram-negative bacteria is fusing a natural antimicrobial peptide 431 432 (AMP) to an endolysin (Artilysin) (São-José, 2018). Other options explored include combining endolysins with outer membrane-permeabilizing agents (Oliveira et al., 2018). 433 434 Via protein engineering, there is the potential to generate enzymes with several improved features; these include altered catalytic activities and binding specificities, solubility, and 435 other physicochemical properties (Gutiérrez et al., 2018; São-José, 2018). Great progress has 436 437 been achieved improving large scale production, purification, formulation, delivery, stability and acceptable shelf life. However, some studies have shown that in vitro antibacterial 438 activity is not translated in vivo. It is unclear if discrepancies in antibacterial activity of some 439 440 endolysins is due to the influence of bacterial cell growth conditions or growth stage (Oliveira et al., 2018). Pharmacokinetics are not well understood. Endolysins have a relatively short 441 half-life which may be explained by proteolysis via plasma proteases and degradation of 442 enzyme aggregates (Jun et al., 2017). PK/PD characteristics and dose finding are a new field 443 for the first lysins in development. As lysins are proteins they are immunogenic in mammals. 444 445 In vitro and animal studies with lysins have shown that non-neutralizing antibodies are 446 generated (Pastagia et al., 2013), so could allow for repeated use in humans, but the development of antibodies has raised concern and requires further study (Jun et al., 2017). 447 448 The potential for resistance to lysins is unknown as only simple serial passage experiments have been done so far. Although biologics are a growing part of authorized medicines 449 450 (Cooper et al., 2016), the regulatory pathway of new antibacterial biologics still needs some clarification. Endolysins are likely to be suitable for classical clinical trials procedures due to 451 452 their similarities with conventional antibiotics.

453 If developers succeed with defining an appropriate dosing schedule (beyond a single dose) as

454 a basis for successful clinical studies for patients with confirmed infection due to drug-

455 resistant pathogens, or who experience recurrent or relapse infections, endolysins may provide

an adjunctive therapy option. Endolysins are very large molecules and their distribution in the
body is restricted to the bloodstream. Therefore, their clinical use will be limited to systemic
infections or to infections with topical application. Synergistic activity with antibiotics and in
vitro and in vivo (Schuch et al., 2014) and activity against biofilms may open opportunities to
treat infections of infected implanted devices and endocarditis. In addition to human health,
endolysin- based technologies are applied in many areas, including food safety, animal health
and agriculture.

463 Other approaches

Recent advances in genome editing, gene regulation and systems biology has inspired a wide variety of other innovative discovery projects including \geq 100 discovery and preclinical projects on approaches including nanoparticles, immunotherapy, anti-sense RNA, resistance modulation and removal of drug-resistance plasmids (Theuretzbacher et al., 2017).

468 Nanoparticles

469 Nanoparticles are 1–100 nm with ill-defined multiple simultaneous modes of action against Gram-positive and Gram-negative bacteria. Nanoparticles have been used for many years as 470 antibacterial coatings for implantable devices and medicinal materials, wound dressings, bone 471 472 cement, dental materials and vaccines (Wang et al., 2017). Several types of nanoparticles (especially liposomes) are currently available for drug delivery and extended release forms 473 474 (Kwon et al., 2017). Nanoparticles have been studied as toxin binders in various infections including intestinal infections e.g. cholera (Das et al., 2018). One company is developing 475 liposomes that mimic domains targeted by toxins so neutralizing many toxins, e.g. 476 phospholipase C, pore-forming toxins, T3SS and can be used for a range of different 477 infections (Combioxin, Phase 1/2) (Azeredo da Silveira and Perez, 2017). Nanoparticles also 478 serve as delivery vehicle for synthetic oligonucleotides that function as transcription factor 479 decoys and thus, control gene regulation (Mamusa et al., 2017) (Procarta). The potential of 480

nano-strategies as adjunctive therapy in addition to existing antibiotics is discussed in the
recent review by Baptista et al (Baptista et al., 2018). Despite offering promising solutions,
translational studies and development of nanoparticles for severe infections is in its infancy
and several challenges remain.

485 Immunotherapy

Host-directed therapies utilize small-molecule drugs and proteins to target critical host 486 487 signaling enzymes exploited by bacteria for their intracellular invasion, replication, and/or dissemination and virulence (Chiang et al., 2018; Pirofski and Casadevall, 2006). Potential 488 immunomodulating therapeutics may encompass a great diversity of drug classes targeting a 489 490 variety of biological processes that modify host cell function. This complexity of the immune response challenges the selection of suitable targets. Immunotherapeutics are thriving in other 491 therapeutic areas but are relatively unexplored for bacterial infections (Baker et al., 2018). 492 Like other non-traditional approaches, a clear correlation between the immunomodulating 493 drug and clinical outcome of bacterial infection needs to be shown. Furthermore, if 494 495 therapeutics stimulate the immune system, they may be associated with the risk of excessive 496 inflammation leading to a cytokine storm or systemic inflammatory response syndrome (Chiang et al., 2018). 497

498 Nonetheless, some immunomodulating agents are being tested in preclinical or clinical trials.

499 The most advanced drug, Reltecimod, is in Phase 3 clinical trials (Atox Bio). The short

500 peptide immunomodulator attenuates excessive severe acute inflammation and is

501 hypothesized to protect from superantigen toxins. It is tested in patients with necrotizing soft

tissue infections in addition to the current standard of care (broad-spectrum antibiotics, wide

surgical debridement, and supportive care). A phase 1/2 clinical trial of recombinant plasma

504 gelsolin in community-acquired pneumonia has been completed (BioAegis Therapeutics).

505 Plasma gelsolin is a highly abundant plasma protein in healthy individuals that enhances

macrophage activity and limits the excessive spread of inflammation. Its decline in a widerange of infections is correlated with poor clinical outcome (Self et al., 2018).

508 Antisense RNA

509 Antisense antimicrobial therapeutics are synthetic sequence-specific oligomers that silence 510 expression of specific genes including essential, non-essential or resistance genes. (Sully and Geller, 2016). Broad functional genes are investigated as targets but still need to be validated. 511 512 Many different chemical structures have been explored but all need a delivery system to penetrate bacterial cells. The most common approach is coupling antisense oligomers to cell-513 penetrating peptides (Sully and Geller, 2016). Such conjugates have not progressed into 514 515 clinical trials. They face considerable challenges, including choice of target, potential emergence of resistance, carrier and translational issues but may benefit from advanced 516 research to deliver improved approaches (Good and Stach, 2011). 517

518 Drug-resistance modulation

519 Resistance has inspired research to explore mechanisms to switch off drug-resistance without 520 affecting bacterial growth as well as preventing horizontal gene transfer between bacteria. 521 Several ways of silencing drug-resistance genes have been described, including CRISPR-Cas or synthetic oligomers (Good and Stach, 2011; Yosef et al., 2015). These methods aim at 522 523 inactivating or deleting specific genes to re-establish the susceptibility of the bacteria to the antibiotic. The major challenge is the delivery of the genetic construct to and inside the 524 bacteria (Vila, 2018). Commonly described delivery systems are phages, cell-penetrating 525 peptides, nanoparticles or transmissible plasmids. 526

Although some technologies allow for simultaneous targeting of various drug-resistance
genes, bacteria can express a great variety of different resistance mechanisms, requiring the
identification of the target resistance mechanisms before administration. A few companies are

pursuing such resistance modulating approaches to re-sensitize bacteria to existing antibioticsand preventing horizontal drug-resistance-gene transfer in bacteria (see: phages as carriers).

Plasmid curing (recently reviewed by Buckner et al., 2018) is another approach, either by 532 533 reducing transmission of plasmids to new bacterial hosts or reducing the stability of plasmids within bacterial cells. Agents that remove plasmids carrying antimicrobial resistance and/or 534 virulence genes could be used to decolonize humans, animals and/or the environment of these 535 536 transmissible elements. Adequate animal models to test these agents need to be developed. However, should there be a currently licensed drug that could be re-purposed for this role, 537 analysis of drug-resistance surveillance data in patients taking such a drug and/or a clinical 538 539 trial could be carried out.

540 Discussion

The increasing number of drug-resistant bacteria especially Gram-negative bacteria, the 541 growing awareness of few new drugs and the scientific challenges to find novel antibiotics 542 543 without cross-resistance to existing classes has stimulated discovery and early development of new antimicrobials. To contribute to re-stocking the pipelines with new treatments, non-544 traditional therapies have been proposed. However, it is very unlikely that they will replace 545 546 the use of antibiotics as their use will mostly depend on concomitant use of active antibiotics (Czaplewski et al., 2016). Therefore, most non-traditional treatments will not solve the drug-547 548 resistance problem. Furthermore, the additional clinical benefit of such adjunctive therapies is unknown. It will be very difficult to show a meaningful clinical benefit in hospitalized 549 550 patients for add-on therapies or preventive approaches for specific high-risk patient groups 551 (the problem is to show that the new treatment works, rather than regulatory issues). In addition to the R&D hurdles that antibiotics face, non-traditional antibacterials share some 552

553 common challenges:

Most anti-virulence and simplified microbiome approaches are indirect-acting
 strategies that do not inhibit or kill bacteria, and act by intervening or interacting with
 complex biological processes that may not be well understood. Furthermore, a causal
 relationship with clinical outcomes may not be known.

- Treatments that do not affect bacterial growth cannot use traditional MIC
 measurements that correlate reasonably well with outcome measures. Alternative in
 vitro tests need to be developed and validated. It remains unclear if current animal
 tests can predict outcome of non-traditional treatments in humans.
- The immense challenge of late stage clinical trials applies to all non-traditional 562 • 563 therapies that must be administered with an active antibiotic. To demonstrate their 564 efficacy and utility, until recently non-inferiority clinical studies (to show that the experimental treatment is no worse than the comparator) of adjuvants (active antibiotic 565 with add-on therapy versus active antibiotic alone) were sufficient for regulatory 566 approval. However, the FDA has recently indicated that they will prefer superiority 567 studies (to show that the experimental treatment is better than standard of care) in 568 569 relevant clinical endpoints for regulatory approval and future acceptance in clinical practice. 570

In the case of biologics such as live bacterial preparations (Live biotherapeutic
 products), standardized and well characterized production processes as well as quality
 controls i.e. CMC requirements remain challenging, but progress is being made.

Dose finding is a well characterized procedure in the antibiotic field and relies heavily
 on validated preclinical models that correlate PK and PD. Such predictive models are
 not usually available for non-traditional approaches and correlates to outcome effects
 may not be known. This is most apparent in the phage and microbiome fields.

578 Many non-traditional therapies are pathogen-specific, or specific for a subset of strains of a species, or only active in a specific host niche or specific phase of infection. Such 579 tailored approaches will require knowledge of underlying mechanisms and patient 580 factors, and so high financial resources. Although most experts would agree that 581 patient-specific antibacterial therapy is desirable, its translation into the clinical 582 583 routine beyond highly specialized settings is unlikely to occur for many years. Therefore, without additional tailored diagnostics some of the therapies may not be 584 useful. 585

586 Very few non-traditional therapies have advanced to late stage clinical trials. The most advanced non-traditional antibacterials are exotoxin targeting therapies, mostly mAbs (C. 587 difficile, S. aureus). Similarly, microbiome therapies based on complex characterized 588 589 microbiota are promising and likely to provide new options to treat or prevent CDI. 590 However, most therapies are in the discovery or preclinical development stages and so may 591 not be available for at least 10 years. Commonly, non-traditional approaches require sophisticated diagnostics beyond pathogen identification and are patient-tailored approaches. 592 The development and implementation of such specific companion diagnostics is further 593 contributing to the challenges. 594

595 In conclusion whilst there is a considerable interest in the opportunities that non-traditional approaches will bring to treating bacterial infections, it is likely that effective treatments will 596 be limited to healthcare settings with the best diagnostic and financial resources, and to 597 598 healthcare systems that are able to financially support a strong growth of high-cost individual (personalized) medicines, and thus to high-income countries. The highest burden of drug-599 600 resistant infections is in babies and children in low-medium income countries. These are 601 unlikely to have the resources for basic traditional antimicrobial treatments and in the near 602 future extremely unlikely to be able to implement personalized medicine.

603 Author contributions

- 604 Ursula Theuretzbacher and Laura J.V. Piddock wrote this article.
- 605 Declaration of Interests
- 606 LJVP is currently seconded to the Global Antibiotic Research & Development Partnership.
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- 911

913 Table 1. Monoclonal antibodies in clinical development

Monoclonal	Clinical	Anti-virulence target	Indication
antibody, company	development		
Suvratoxumab	Phase 2	<i>S. aureus</i> α-toxin	Prevention of VAP
(MEDI4893),			caused by S. aureus
Medimmune			
AR-301 (Salvecin,	Phase 3	<i>S. aureus</i> α-toxin	Adjunctive therapy for
tosatoxumab), Aridis			VAP caused by S.
			aureus
MEDI3902,	Phase 2	P. aeruginosa T3SS	Prevention of VAP
Medimmune		needle tip protein PcrV	caused by <i>P</i> .
		and Psl	aeruginosa
		exopolysaccharide	
AR-105 (Aerucin),	Phase 2	P. aeruginosa alginate	Adjunctive treatment of
Aridis			VAP caused by <i>P</i> .
			aeruginosa
514G3, XBiotch	Phase 1/2	S. aureus Protein A	Adjunctive treatment of
			bloodstream infections
			caused by S. aureus
ASN-100, Arsanis	Phase 2	S. aureus α -toxin and	Failed to prove its
		five leukocidins	effectiveness in high-
			risk, mechanically
			ventilated patients with
			S. aureus pneumonia

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For information about the status of R&D of antibodies, small molecules and other approaches
to new treatments, please see <u>www.clincialtrials.gov</u> or the developing organizations website.

Table 2. Translational challenges of anti-virulence strategies

Challenge	Factor influencing translation	
Selection of target	Selection of the most relevant anti-virulence target according to their	
	distribution and contribution to disease	
Coverage	VFs are not expressed uniformly in all strains. May differ geo-	
	graphically and gene not present in all strains (genetic variation)	
Effectiveness	May be effective only in specific disease states (e.g. chronic, dormant), a	
	specific time point in the infectious process, at a specific infection site,	
	or in specific patient groups (e.g. immunocompetent)	
Diagnostics	Diagnostics beyond species identification may be necessary to guide use	
Dose finding	Predictive models to support decisions to find the optimum dose are	
	mostly lacking	
Predictive models of	For most approaches there are no validated models that predict clinical	
efficacy	outcome and preclinical studies may not be a meaningful guide to	
	clinical development	
Resistance	Resistance development has been shown for some anti-virulence	
	approaches. It is not known how to predict the likelihood of developing	
	anti-virulence drug resistance and any relevance in patients	
Activity in patients	For some approaches it is not known if the selected approach has enough	
	clinically relevant impact on the disease in humans	
Clinical development	For adjunctive therapies non-inferiority studies will not prove that the	
	therapy works in patients. Superiority studies are essential to show that	
	the adjunctive therapy provides a benefit to patients. Superiority studies	
	(and preventive studies) are very difficult to do.	

922 Table 3. Current approaches to manipulate the microbiome

Approach	Indication	Comments
Transfer of	Prevention of	• FMT:
human intestinal	recurrent CDI	Transfer of stool suspension from a donor via
microbiota		colonoscopy, enema, nasogastric routes or pills
		(Finch, Open Biome)
		• Fecal microbiota suspension:
		Standardized number of live bacteria from stool
		suspension from donors via enema or capsules,
		GMP produced (Rebiotix/Ferring)
		Rationally selected microbiota:
		Well characterized selection of bacterial strains
		via capsules (Seres, Finch Therapeutics,
		Vedanta)
		• Spore suspension:
		Spores, fractionated from stool specimens from
		donors via capsules (Seres)
Synthetic	Intestinal,	Selected live bacteria producing specific
microbiota	dermatological	metabolites or cocktail of secondary metabolites
	(e.g. atopic	Selected live bacteria from skin microbiota
	dermatitis), lung	(MatriSys Bio)
	conditions (e.g.	• Selected live bacteria for balancing the lung
	CF)	microbiota
Manipulating		Manipulating the metabolic balance through
the metabolism		specific bacterial nutrients, e.g. Glycans (Kaleido)
of microbiota		
Competition	Prevention of	• Non-toxinogenic C. difficile that is assumed to
	recurrent CDI,	outcompete the toxic strain (Microbiotica)
	catheter associated	• Apathogenic E. coli introduced into the bladder
	UTI	via catheter coating (Atterx)
Engineering	Various indications	• Engineered Lactobacillus to express bacteriocin
probiotics to	(Bäumler and	against P. aeruginosa (inhaled, CF) and C.
deliver	Sperandio, 2016)	difficile (SciBac)

antibacterial		• Engineered Lactobacillus to express SagA
proteins		protein that promotes tolerance to enteric
		infections incl. C. difficile infection (Rise
		Therapeutics)
		• R-type bacteriocins against C. difficile
Prevention of	Prevention of	• Hydrolysing specific beta-lactam antibiotics in
disbalance of	recurrent CDI	the gut (beta-lactamase, Synthetic Biologics,
microbiome due		DaVolterra)
to antibiotic		
therapy		
Decolonisation	Various indications	• Decolonisation of asymptomatic carriers with
of MDR Gram-		live bacteria consortia (e.g. C. difficile, MDR
negative		Gram-negative pathogens in high risk patients,
pathogens in		Salmonella Typhi)
high risk		
patients		

Table 4. Current approaches using phages

Approach	Composition
Fixed phage cocktails	Fixed composition of lytic phages to achieve a broad host
	range of a bacterial species
Individualized phage cocktail	The lytic phages are stored individually in a phage bank
	with established QC. Only the best active phages based on
	rapid diagnostic tests are selected for an individual patient
Genetically engineered	Engineered phages with improved or specific
phages	characteristics
Genetically engineered non-	Engineered phages to express additionally antimicrobial
replicating phages as vehicles	peptides or protein toxins leading to rapid, nonlytic
	bacterial death. May deliver CRISPR CAS3 genes directly
	into bacteria
Phage products, e.g.	Natural or recombinant cell wall hydrolyzing phage-based
endolysins	enzymes. Endolysins against S. aureus are in clinical
	development