Leader β-cells coordinate Ca^{2+} dynamics across pancreatic islets in vivo

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in vivo

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34   **ABSTRACT**

35

36   Pancreatic β cells form highly connected networks within isolated islets. Whether this

37   behaviour pertains *in vivo*, after innervation and during continuous perfusion with blood, is

38   unclear. Here, we use the recombinant Ca^{2+} sensor GCaMP6 to assess glucose-regulated

39   connectivity in living zebrafish *D. rerio,* and in murine or human islets transplanted into the

40   anterior eye chamber. In each setting, Ca^{2+} waves emanated from temporally-defined leader

41   β cells and 3D connectivity across the islet increased with glucose stimulation.   Photo-

42   ablation of zebrafish leader cells disrupted pan-islet signalling, identifying these as likely

43   pacemakers. Correspondingly, in engrafted mouse islets, connectivity was sustained during

44   prolonged glucose exposure, and super-connected "hub" cells were identified. Granger

45   causality analysis revealed a controlling role for temporally-defined leaders, and

46   transcriptomic analyses a discrete hub cell fingerprint. We thus define a population of

47   regulatory β cells within coordinated islet networks *in vivo*. This population may drive Ca^{2+}

48   dynamics and pulsatile insulin secretion.

49

50   **WORDS: 150**

51

52   **Keywords:** Pancreatic islet, zebrafish, functional imaging, Ca^{2+} dynamics, GCaMP6, β cell,

53   in vivo, connectivity, photo-ablation, transcriptomics, cluster analysis, Granger causality.

BACKGROUND.

Defective insulin secretion underlies diabetes mellitus, a disease affecting almost 1 in 8 of the adult population worldwide, consuming 10 % of healthcare budgets of westernized societies (https://www.idf.org/). Impaired secretion is absolute in type 1 diabetes and relative in type 2 diabetes [1].

Individual β cells within the pancreatic islets possess all of the enzymatic machinery required for glucose sensing and insulin secretion [2, 3], although marked heterogeneity exists at the transcriptomic [4, 5, 6, 7], metabolic [8], electrophysiological [9, 10] and secretory [11-13] levels. Questions remain over whether this heterogeneity has any functional significance, and could, for example, contribute to the pulsatile release of insulin [14].

Connections between individual β cells [15, 16] are essential for the normal control of hormone secretion [10, 14, 17]. Using Ca^{2+} imaging of isolated islets *in vitro* two distinct, but complementary, ways of analysing β cell connectivity have emerged. Earlier studies described an increase in the number of correlated cell pairs using Pearson-based analysis, which assesses similarities between the Ca^{2+} traces for individual cells over time [18, 19]. This strategy revealed that stimulation with glucose or glucagon like peptide-1 causes pan-islet increases in β cell connectivity which are disrupted under conditions mimicking type 2 diabetes (e.g. "gluco(lipo)toxicity"). More recently, we have applied an approach based on signal binarization [20] and reported that a subset of 5-8 % β cells form super-connected "hubs" within the interconnected network [18]. We also demonstrated that these cells are likely to serve as pacemakers [21]. Both of these approaches utilise the term "connectivity" to describe the functional coactivity of β cells within an islet.

The behaviour of the isolated islet in culture [18, 21] is likely to differ significantly from that *in vivo* where islets are continuously perfused with blood and receive complex neural inputs. Imaging of the islet within the intact pancreas *in vivo* is, however, challenging and requires exteriorisation of the whole organ. A powerful alternative approach is the engraftment of islets into the anterior eye chamber [22]. Combined with the use of stably-expressed, recombinant fluorescent probes [23, 24] this creates an optically-accessible platform allowing repeated measurements over time if required [25]. Here, we use this strategy, alongside an analogous genetic modification of the zebrafish [26] to record multilayer β cell Ca^{2+} dynamics in the intact living animal [27]. Pancreatic islets display a largely conserved size, but partly species-specific [28] arrangement of neuroendocrine cell types [29], important for the proper control of insulin secretion [17]. In the zebrafish, most of the pancreatic endocrine cells are located in a single primary islet [27]. By 5 days post fertilization (dpf) (as used in these

3

90　　experiments) zebrafish larvae have developed a primary islet which contains an average of

91　　30 β cells that express mature markers like Ucn3l [26].　Later in the juvenile stage, the

92　　zebrafish still possesses the large, embryonically-derived primary islet and has also

93　　developed many smaller secondary islets [30]. We have previously shown that the primary

94　　zebrafish islet responds *in vitro* to glucose [26] and ablation of β cells at this developmental

95　　stage leads to glucose intolerance in the larva [31].　Thus, by 5 dpf the primary islet is glucose

96　　responsive and systemically connected, serving as an excellent model to study islet β cell

97　　coordination.

98

99　　We demonstrate that glucose induces strongly co-ordinated pan-islet Ca^{2+} responses in

100　　each setting, with a definable point of origin and propagation characteristics in three

101　　dimensions. In zebrafish, the ablation of "leader" cells, i.e. those which respond first to

102　　glucose challenge, results in a dampening of the response of the islet to subsequent

103　　stimulation with glucose, redolent to the effects of optogenetic inactivation of "hub" cells in

104　　the isolated mouse islet [21]. In the mouse, analyses based on signal binarization and Monte

105　　Carlo-like shuffling/randomisation [21] demonstrate the existence of a population of super-

106　　connected cells under stimulatory conditions *in vivo*. Moreover, causality analysis [32, 33] unites

107　　these observations in fish and mouse by demonstrating that temporally-defined "leader cells"

108　　are also those that were causally the most closely linked to other β cells, whilst analyses of

109　　single cell RNASeq data suggests they may possess a unique transcriptional profile. Hence,

110　　we demonstrate that a functional β cell hierarchy exists *in vivo*, and may control pulsatile

111　　insulin secretion.

112

113

METHODS

Zebrafish husbandry.

Zebrafish wild type (WT) AB, WIK and TL were used in all the experiments. Zebrafish were raised in standard conditions at 28 °C. Established transgenic lines used in this study were *Tg(ins:gCaMP6s;cryaa:mCherry)* [26], *Tg(ins:cdt1-mCherry;cryaa:GFP)* [31] and *Tg(gata1a:DsRed)* [26]. *Tg(ins:cdt1-mCherry)* was utilised in preference of a pan β cell marker such as *Tg(ins:mKO-nls)* to allow for a clear separation of the spectra and simultaneous signal recordings from the GCaMP and mCherry channels, which was particularly important during fast imaging. All experiments were carried out in compliance with European Union and German laws (Tierschutzgesetz) and with the approval of the TU Dresden and the Landesdirektion Sachsen Ethics Committees (approval number: AZ 24D-9168,11-1/2013-14, TV38/2015, T12/2016, and T13/2016, TVV50/2017, and TVV 45/2018)). All live imaging *in vivo*, compound and glucose-injections, as well as experimental procedures were performed with zebrafish larvae that did not exceed five days post fertilization (dpf), as stated in the animal protection law (TierSchVersV §14). *Ex vivo* live-imaging of beta-cells was performed with isolated islets from euthanized fish according to approval T12/2016.

Zebrafish glucose measurements.

Groups of ten larvae were pooled together, snap frozen in liquid nitrogen, and then stored at -80°C. Following thawing on ice, 250 µL of PBS were added and the larvae were sonicated with an ultrasonic homogenizer (Bandelin, SONOPLUS), prior to centrifugation at 13,000g. Glucose concentration was determined using the BioVision Glucose Assay Kit (Biovision Inc, California, US) according to the manufacturer's instructions.

Intra-cardiac injection in zebrafish.

Injections were performed using pulled glass pipettes with a 5nL tip volume calibrated microscopically (3.5'' Drummond #3-000-203-G/X, Sutter pipette puller P-1000). A pneumatic pico-pump (FemtoJet, Eppendorf), injecting pressure 500 hPa and compensation pressure of 0 hPa, was used to deliver a 1 second injection into the pericardial cavity in the agarose-mounted larva, assisted by a micromanipulator (InjectMan N2, Eppendorf). Doses were 5 nL of 25 mM glucose and 5 nL insulin at 100 units/ml.

Zebrafish live imaging.

Embryos were treated with 0.003% (200 µM) 1-phenyl 2-thiourea (PTU) to inhibit pigmentation from 1 dpf onwards. At 4.5 dpf, the larvae were anaesthetized using 0.4g/L

150   Tricaine. The larvae were mounted in glass-bottomed microwell dishes (MatTek corporation)
151   using 1% low-melting agarose containing 0.4g/L Tricaine. After the agarose was solidified,
152   the dishes were filled with embryonic fish water and 0.4g/L Tricaine. Live imaging was
153   performed on an inverted laser scanning confocal system ZEISS LSM 780 inverted with a C-
154   Apochromat 40X/N.A. 1.2 water correction lens. In the *Tg(ins:GCaMP6s);Tg(ins:cdt1-*
155   *mCherry)* double-transgenic animals, we acquired the GCaMP6s and mCherry signals
156   simultaneously using the 488nm and 561nm laser lines. The GCaMP6s signal was rendered
157   in green and the nuclear signal in red. Videos were recorded at a 10 s/image (0.1 Hz) frame
158   rate unless indicated otherwise, with a Z-step thickness of 1.2 μm, covering on average 35
159   μm, and an XY resolution of 0.12 μm per pixel (512x512 pixels). Laser power was
160   maintained as low as possible (<1.5%) to minimise phototoxicity. For faster imaging, we
161   focused on a single plane, recording a frame every 300 milliseconds with an XY resolution of
162   0.08 μm per pixel (512x512 pixels).

163

164   *Zebrafish fast whole islet live imaging.*
165   Whole islet live-imaging at an acquisition rate of 0.8Hz, covering ~700μm^3, was achieved
166   using resonant scanner technology with an inverted laser scanning confocal system (Leica
167   SP5 MP) using an IRAPO L 25X/N.A. 0.95 water lens. Videos were recorded at ~0.8 Hz per
168   Z-stack (~700μm^3), with a Z-step thickness of 4.5 μm, covering on average 70 μm in depth,
169   and an XY resolution of 0.24 μm per pixel (256x256 pixels). The resonant scanner was set
170   at 8,000 Hz with a bidirectional line scanning in order to achieve maximum speed.

171

172   *Selective two-photon laser ablation of leader cells.*

173   Live imaging and intra-cardiac glucose injections were performed as described above using
174   *Tg(ins:gCaMP6s;cryaa:mCherry), Tg(ins:cdt1-mCherry;cryaa:GFP)* larvae.   Images were
175   captured across a single confocal plane at an imaging acquisition rate of six frames/second
176   (6Hz). We performed three independent injections of glucose, separated by 5 min. intervals.
177   The "leader cell" (that is the temporally-defined first responder) was identified by eye based
178   on the changes in GCaMP6s-fluorescence after each glucose-injection.   The larvae were
179   then transferred to a Leica SP5 MP confocal microscope, equipped with a two-photon laser
180   and 25X/0.95 N.A objective.   A region of interest (ROI) was selected encompassing the
181   center of the nucleus of the cell to be ablated, covering a circle with an approximate
182   diameter of 0.5 μm. The cell of interest was then exposed to two-photon laser irradiation at
183   the output power of 2.0 W ($\lambda = 800$ nm) for 5 s to minimize possible damage to other areas.
184   We then performed live imaging and intra-cardiac injection again, using the protocol above,
185   and within 20 min. of irradiation, to record the response following cell ablation. Control cells

186   that were not the temporally-defined first responders ("followers") were ablated with the
187   same methodology as leader cells. To ensure that the laser ablation technique was highly
188   localised to a single cell, as expected with this approach, we fixed islets immediately after
189   the laser cell-ablation (<10 min) then labelled them with insulin antibody and DAPI (see
190   below).

191   *Islet blood flow imaging in zebrafish.*

192   Imaging of islet blood flow was performed using triple transgenic larvae
193   *Tg(ins:GCaMP6s);Tg(ins:cdt1-mCherry);Tg(gata1a:DsRed). Tg(gata1a:DsRed)* reporter
194   was used as a marker of red blood cells. Live imaging was performed on a ZEISS LSM 780
195   confocal microscope equipped with a C-Apochromat 40X/1.2 NA water correction lens. The
196   GCaMP6s and mCherry signals from β cells, and DsRed signals from blood cells, were
197   simultaneously acquired using the 488nm and 561nm laser lines. The GCaMP6s signal was
198   rendered in green. The blood cells and the nuclear signal of β cells were rendered in red.
199   We focused on a single plane and the videos were recorded at a frame rate of 1 frame/155
200   milliseconds (~6.4 Hz).

201   *Mechanical heart stop in zebrafish.*

202   To stop the blood flow in zebrafish larvae, a glass-pulled pipette (3.5'' Drummond #3-000-
203   203-G/X, Sutter pipette puller P-1000), with a manually blunted end, was used to exert a
204   direct pressure into the heart. The heart was blocked for around 400 s. The mechanical
205   heart stopping was executed during live Ca^{2+} imaging in the *Tg(ins:GCaMP6s);Tg(ins:cdt1-*
206   *mCherry)* double-transgenic larvae, as described above. Videos were recorded at a 10 s
207   frame rate (0.1 Hz), and a Z-step thickness of 2.8 µm, covering on average 50 µm, with a
208   frame size of 512 x 512 pixels.

209   *Identification of dorsal- and ventral-bud derived β cells.*

210   The primary zebrafish islet contains both dorsal bud-derived β cells (DBCs) and ventral bud-
211   derived β cells (VBCs). To interrogate whether embryonic derivation affected the identity of
212   leader cells, we performed injection of mRNA encoding H2B-RFP to distinguish between D-
213   and VBCs based on label dilution [34]. In this assay, DBCs retain the H2B-RFP label whereas
214   VBCs dilute it. We injected one-cell stage embryos with mRNA expressing H2B-mCherry.
215   We maxi-prepped the pCS2+H2B-mCherry plasmid, digested it with KpnI and in vitro
216   transcribed it using the SP6 Transcription Kit (Ambion, AM1340) to generate mRNA. We
217   injected 100pg of H2B-mCherry mRNA in each embryo. Larvae were mounted as described
218   above for whole islet live imaging and glucose-injections.

219 *Post mortem staining for cell ablation in zebrafish.*

220 After the live imaging was performed, and the leader cells were temporally identified, the

221 larvae were immediately fixed in 4% PFA overnight. Then the samples were permeabilized

222 with 1% PBT (Triton-X-100) for 1hr. To avoid non-specific primary antibody binding, we

223 blocked for 2hrs in PBTB (PBT + 4% BSA). Nuclear staining was performed using DAPI at

224 1:1000 dilution. After the immunostaining with anti-insulin (polyclonal guinea pig anti-Insulin,

225 Dako A0564, 1:300 dilution), the samples were mounted in Vectashield. The anti-insulin

226 antibody has been previously validated to mark β-cells in zebrafish by us using transgenic

227 lines that express GFP under the insulin promoter and was also recently validated to show

228 negative immunoreactivity in β-cells in homozygous mutant fish for the *insulina* gene (PMID:

229 30520733), confirming its high specificity. Images were acquired using Z-Stacks on a LSM-

230 780 Zeiss confocal microscope. For image analysis, the nuclei of the β cells were

231 segmented using the DAPI channel.

232

233 *Ex vivo imaging of primary and secondary zebrafish islets*.

234 The islet culture and imaging were performed as previously described [35]. Primary and

235 secondary islets were isolated from three month post fertilization (mpf) *Tg(ins:gCaMP6s;*

236 *cryaa:mCherry)* animals. The islets were stimulated with a ramp of 10 and 20 mM D-glucose

237 (Sigma, G8270). The imaging culminated with the addition of 30mM KCl (Sigma, P9451) in

238 the same plate. Videos were recorded at a 2.5 s/image (0.25 Hz frame rate), in a single Z-

239 plane and with an XY resolution of 0.59 µm per pixel (1024x1024 pixels). After imaging,

240 individual β cell ROIs were manually drawn using Image J. Fluorescence intensity (FI) was

241 normalized using the minimum and maximum values of FI across frames for each cell. Cells

242 which did not show an increase in GCaMP signal after KCl addition, were not included in the

243 analysis.

244

245 *Image analysis from in vivo imaging of zebrafish.*

246

247 The cumulative population response of β cells was quantified from maximum intensity

248 projections (MIP) of the z-stack. In the MIP, the islet area was delimited manually using the

249 Region of Interest (ROI) Manager in ImageJ (https://imagej.net/Fiji) [36]. Using the ROI, the

250 integrated fluorescence intensity of GCaMP6s was extracted. The integrated fluorescence

251 intensity was normalized for the whole imaging time using the following formula:

252

253 $(F_T-F_{MIN}) / (F_{MAX}-F_{MIN})$,

254

255   where F_T is the integrated fluorescence intensity at a given time while F_{MAX} and the F_{MIN} are

256   the maximum and minimum values recorded during the live imaging session, respectively.

257

258   Single-cell signal analysis of GCaMP signal was performed either from single-confocal slices

259   covering a majority of imaged β cells (2D) or by segmenting the nuclei from the Z-stacks

260   using the nuclear mCherry signal (3D). For nuclear segmentation, we utilized the 3D image

261   suite in Image J, and the 3D iterative thresholding plugin [37]. The following parameters were

262   set based on the estimated approximate nuclear size of β cells: minimum volume = 100

263   pixels; maximum volume = 1200 pixels; criteria method = "volume"; threshold method =

264   "volume"; value method = 10 units. This generated a voxel covering the nuclei of β cells.

265   Using the 3D ROI manager plugin, we extracted the integrated fluorescence intensity from

266   each voxel over time (FT). In order to create 3D plots, we first extracted the centroids from

267   each voxel and then plotted them using the R software and the package "rgl". Single-cell

268   heat-maps based on 2D analysis were created using Excel and conditional formatting setting

269   the colors in a gradient from 0 to 1. For visualization, the brightness and contrast was

270   adjusted uniformly across the times series using ImageJ, and the tool Brightness/Contrast.

271

272   *Quantification of GCaMP6s fluorescence intensity in zebrafish images.*

273   For the quantification of changes in GCaMP6 fluorescence upon glucose or insulin injection

274   in Figure 1 and Supplementary Figure 1, the cumulative response of all imaged β-cells to

275   glucose injection was quantified. To this end, we compared the area under the curve based

276   on the normalized integrated fluorescence intensity 10 frames before and after the injections

277   of glucose or insulin (covering 200 seconds of imaging) using the formula:

278

279    $(F_T – F_{MIN}) / (F_{MAX} – F_{MIN})$,

280

281   For the quantification of changes in GCaMP6 fluorescence upon laser-cell ablation (Figure

282   4), the cumulative response of all imaged β cells to glucose injection was quantified. In this

283   case, the maximum value (F_{MAX}) was not used for normalization since such normalization

284   could mask the effect of loss of response following cell ablation due to normalization to

285   background fluorescence. Instead, we only subtracted the background from the imaging

286   session using the following formula:

287

288    $(F_T – F_{MIN}) / F_{MIN}$

289

290   The larvae were injected with three separate pulses of glucose before and after the ablation.

291   For each injection the GCaMP area under the curve was calculated covering 200 frames

292 after the glucose injection. The average area under the curve was calculated before and
293 after the ablation and plotted as $\log_2$.

294

295 *Spatial drift correction OF ZEBRAFISH images.*

296 The red channel (cdt1-mCherry) signal from the β cell nuclei was used to correct for spatial
297 drift in the green GCaMP6s channel. A maximum projection of each Z-stack in the time
298 series was entered into the FIJI plugin "Descriptor-based series registration (2d/3d + t)"
299 (https://imagej.net/Descriptor-based_registration (2d/3d))[38], applying the model "Rigid (2d)",
300 with "3-dimensional quadratic fit". A sigma of 13 and threshold of 0.03 was applied to the
301 detection of nuclear signal, with a minimum number of three neighbors, redundancy of 1 and
302 a random sample consensus (Ransac) error of 5. Matching across time series was achieved
303 using global optimization, unless indicated otherwise. Stabilization in the Z dimension was
304 achieved using the Fiji "Reslice" command. The "Descriptor-based series registration (2d/3d
305 + t)" plugin was used with nuclei detection sigma set to 5 and with a threshold of 0.03.

306

307

308 *Mouse husbandry.*

309 Male C57Bl/6 wild type (WT) (18-25g) mice were purchased from Charles River, UK, and
310 used as donor islet recipients. For *in vivo* measurements of cytosolic Ca^{2+} in pancreatic β
311 cells, we generated mice that express GCaMP6f in β cells using the Cre-Lox system. Briefly,
312 we crossed Ins1Cre mice (provided by J Ferrer, this Department) [39, 40] with mice that express
313 GCaMP6f downstream of a *Lox*P-flanked STOP cassette (The Jackson Laboratory, stock
314 no. 028865). Islets donated from either sex were used for transplantation. Mice were
315 housed in groups of six in individually-ventilated cages under controlled conditions (21-23°C;
316 12 h light: 12 h dark cycle). Male BALBc *nu/nu* (The Jackson Laboratory, stock no. 002019)
317 recipients were used for human islet transplantation. Animals had *ad libitum* access to
318 standard chow and water (irradiated for the immunocompetent mice). All animal procedures
319 were approved and performed under the UK Home Office Animals (Scientific Procedures)
320 Act 1986 (Project License to I.L., PA03F7F07 at Imperial College London. The project
321 licence received internal institutional ethical approval as well as external Home Office
322 approval).

323 *Generation of adenovirus expressing GCaMP6m (AV-GCaMP6m).*

324 A plasmid driving the expression of *GCaMP6m* under the control of the cytomegalovirus
325 (CMV) promoter (CMV-AVGCaMP6m) was generated using the pAdEasy system [41]. Briefly,
326 pGP-CMV-GCaMP6m plasmid (Addgene plasmid # 40754) was digested using *Bgl*II and

327 *Not*I. The released GCaMP6m fragment was then purified and ligated into pShuttle-CMV
328 vector (Addgene plasmid # 16403). CMV-GCaMP6m was inserted by recombination into the
329 adenoviral pAdEasy-1 vector (Addgene plasmid # 16400), and transformed into
330 electrocompetent BJ5183 cells. The isolated plasmid was subsequently amplified in reduced
331 recombination rate (recA1) NEB-10β competent *E. coli* (New England BioLabs). Following
332 the transfection of AD293 cells with the linearized pAdEasy-CMV-GCaMP6m construct, cells
333 were harvested and lysed to release virions. The virus was further amplified and purified by
334 centrifugation on a CsCl gradient. Titration was performed by infecting AD293 cells with
335 serially diluted viral stocks, counting positive cells through GCaMP6m fluorescence.

336 *Islet transplantation into murine anterior chamber of the eye (ACE).*

337 Pancreatic islets were isolated and cultured as described previously [42]. For transplantation,
338 10-20 islets were aspirated with a 27-gauge blunt eye cannula (BeaverVisitec, UK)
339 connected to a 100ul Hamilton syringe (Hamilton) via 0.4-mm polyethylene tubing (Portex
340 Limited). Prior to surgery, mice were anaesthetised with 2-4% isoflurane (Zoetis) and placed
341 in a stereotactic frame to stabilise the head. The cornea was incised near the junction with
342 the sclera, being careful not to damage the iris. Then, the blunt cannula, pre-loaded with
343 islets, was inserted into the ACE and islets were expelled (average injection volume 20 µl for
344 10 islets). Carprofen (Bayer, UK) and eye ointment were administered post-surgery.

345 *In vivo Ca^{2+} imaging of AV-GCaMP6m infected murine islets in the ACE.*

346 Prior to transplantation into the ACE of recipients, isolated islets (from WT C57/BL6 donors,
347 <24 weeks old or human islet donations) were infected with AV-GCaMP6m *in vitro* at a
348 multiplicity of infection (MOI) of 20 for 24 h. This approach, which was expected to allow the
349 identification, if present, of functional islet sub-compartments (i.e. local groups of interacting
350 β cells) provided preferential infection of superficial β cells (1-2 cells deep). Of these, ~ 50 %
351 were infected. A minimum of four weeks was allowed for full implantation of transplanted
352 islets before imaging. Imaging sessions were performed with the mouse held in a
353 stereotactic frame and the eye gently retracted, with the animal maintained under 2-4%
354 isoflurane anaesthesia. All imaging experiments were conducted using a spinning disk
355 confocal microscope (Nikon Eclipse Ti, Crest spinning disk, 20x water dipping 1.0 NA
356 objective). The signal from AV-GCaMP6m fluorophore (ex. 488 nm, em. 525±25 nm) was
357 monitored in time-series experiments for up to 20 min. at a rate of 1 frame/sec. Ca^{2+} traces
358 were recorded for three min. prior to intraperitoneal (IP) glucose injection, with a mean blood
359 glucose reading (across five islets in five separate animals) of 8 mmol/L. Three minutes into
360 acquisitions mice received 150 µl 30% (1.5g/kg) bolus of glucose intra-peritoneally (IP).
361 Blood glucose was subsequently measured on a glucometer (Accu-Chek, UK) at two-minute

362   intervals from a tail vein nick until the end of experiments. Injection of glucose at 180 s

363   raised blood glucose to an average of 28 mM for the remainder of the 10 min. imaging

364   series. Since the mouse imaging experiments are the first of their kind, sample size (n=5

365   islets in n= 5 animals) was determined to be adequate based on the magnitude and

366   consistency of measurable differences between groups. This was in line with other studies

367   examining islets in the ACE [22].

368

369   *In vivo Ca^{2+} imaging of Ins1Cre-GCaMPf islets in the ACE*.

370   Ins1Cre-GCaMP6f (ex.: 488nm, em. 525±25 nm) -expressing islets were isolated and

371   transplanted into WT recipients (*n*=5 islets in *n*=5 different animals), and imaged as

372   described above. Stream acquisitions of a single x/y plane of β cells recorded 2 min.

373   datasets at 3Hz. Islets (*n*=5 islets in *n*=5 different animals) were continuously monitored and

374   the focus was manually adjusted to counteract movement. Islets (in the same imaging

375   session) were imaged under both "low glucose" (2–6 mM) and "high glucose" (17-25 mM)

376   conditions (randomly ordered).   Blood glucose (tail nick, Accu-chek glucometer) was

377   assessed at 2 min. intervals throughout. Low glucose readings were obtained following the

378   intravenous (IV) administration of insulin (Actrapid, 0.3ml of 1.0 iu/ml), and high glucose was

379   achieved with a 200 µl 30% (2g/kg) IP bolus of sugar. At the end of experiments animals

380   were allowed to recover and were further monitored for an hour for potential post-operative

381   latent hypoglycaemia.

382   To extend the image acquisitions to collect 3-dimensional data (ie. three separate planes of

383   β cells across an islet), a piezo device was attached to the inverted objective. This allowed

384   for rapid, precise, 15 µm z-movements such that a 3-slice z-stack could be obtained at a

385   whole-islet imaging rate of 1 fps.   At this imaging speed, we were able to obtain 3D

386   connectivity readouts for low and high glucose conditions (as described above, *n*=3 islets in

387   *n*=3 different animals). As we became more expert with the ability of our platform, this

388   number of experiments was sufficiently powered to demonstrate the rise in connectivity from

389   low to high glucose in the 3D imaging experiments,

390

391   Finally, we examined islet Ca^{2+} dynamics during a longer period of glucose stimulation, to

392   exclude the possibility that pan-islet connectivity is related to spatially aggregated β cells

393   simply responding acutely and synchronously to a rise in circulating glucose concentration.

394   Five animals (five separate islets studied, in line with former acute experiments) were placed

395   under isofluorane anaesthesia for 60 minutes.   At the start of the imaging session an IP

396   bolus of sugar was administered. This led to a slow and sustained rise in circulating blood

397   sugar (measured every 3-5 minutes via tail vein sampling, as before). 30-50 minutes into

398   this imaging session, a 10-minute single plane islet recording was taken at 1fps, manually

399   readjusted in real time for movement. This was performed at "high" glucose levels (i.e. when

400   blood sugar levels had risen after IP glucose injection to a high, steady level >12 mmol/L).

401   We also report connectivity at a previous stage in the imaging session (10-20 minutes in)

402   when circulating glucose levels were at an intermediate (medium glucose, 7-10 mmol/L)

403   range (but the islets were still exhibiting coordinated wave activity). In the same imaging

404   session, the islets were recorded following IV administration of insulin when circulating levels

405   of glucose were low (< 4 mmol/L). The same islet plane and β cell ROIs were investigated

406   under each of the three (low, medium and high) circulating glucose conditions. To ensure

407   that the findings from this experiment were unaltered with the use of another anaesthetic, we

408   repeated these experiments using ketamine (Zoetis) and xylazine (Bayer) (90 mg/kg and 4.5

409   mg/kg cocktail respectively), with similar findings.

In vivo Ca^{2+} imaging of AV-GCaMP6m infected human islets

411   We studied the behaviour of 11 individual human islets (four individual donors, age range

412   14-74 years, non-diabetic, BMI range 21.5 to 29.2; see Supplementary Figure 5) that had

413   been   transduced   with   AV-GCaMP6m   and   transplanted   into   the   ACE   of

414   (immunocompromised) BALB/c *nu/nu* mice. A human donor with diabetes (female, 54 years

415   old, BMI 24.4, type 2 diabetic for 10 years, insulin dependent for the last 1.5 yrs) provided

416   islets for two experiments (separate islets in separate BALB/c *nu/nu* recipients).   Human

417   islets were obtained from multiple institutions (co-authors AMJS at the University of Alberta,

418   Edmonton, Canada and PM at the University of Pisa, Italy). Permission for the use of

419   human tissue was provided at Imperial College by the Charing Cross Research Ethics

420   Committee, REC reference number 07/H0711/114.   Human islets were obtained post

421   mortem with next of kin and local and ethical permission at the sites of procurement. There

422   was no selection procedure for the implantation of human donor islets, and they were

423   implanted into recipient mice as they became available. Donor data are fully anonymised

424   and no clinical data beyond age, gender, and cause of death were available.

425   Following an imaging protocol described for the Ins1Cre-GCaMP6f mouse studies above, we

426   measured human islet behaviour under imposed low (< 4 mM) and high (>7 mM) glucose

427   conditions. Since BALB/c mice are resistant to glucose rises under anaesthesia, there are

428   more successful imaging results in the low glucose state reported. *Image analysis.* Using

429   FIJI (Image J) software (see above), images in the time series were individually time

430   stamped, to maintain their absolute time information, before excluding frames where

431   resolution was poor or blurred by movement. Image series were then cropped and manually

432   aligned across all frames using a pre-defined region of interest (ROI) as reference. Creating
433   ROIs for analysis was guided by the emitted GCaMP fluorescence and the negative shadow
434   of nuclei. For the virally infected islets each ROI extended over the entirety of a cell, whereas
435   ROIs in experiments with transgenic islets covered sub-cellular regions in close proximity to
436   nuclei. Mean fluorescence intensity and XY(Z) co-ordinates for each cell within an islet
437   (ROIs) were compiled and processed for connectivity analysis.

438   *Pearson (R)-based connectivity analyses.*

439   Correlation analyses between the Ca^{2+} signal time series for all cell pairs in an imaged islet
440   were performed in MATLAB using a custom-made script (available upon request). Data
441   were smoothed using a retrospective averaging method (previous 10 values) and all traces
442   were normalised to F0. Two-sided averaging techniques were not applied as this would
443   have invalidated subsequent causality analyses. The correlation function R between all
444   possible (smoothed) cell pair combinations (excluding the autocorrelation) was assessed
445   using Pearson's correlation. Data are displayed as heatmap matrices, indicating individual
446   cell pair connections on each axes (min. = -1; max. = 1). Given that data were not normally
447   distributed (and hence resorting to either asymptotic p-values or Monte Carlo based ones
448   would not be useful), the data were subsequently subjected to a bootstrap resampling to
449   increase the accuracy of the confidence interval of the R statistic, and p<0.001 was deemed
450   a statistically significant cell-cell connection. The Cartesian co-ordinates of the imaged cells
451   were then taken into account in the construction of connectivity line maps. Cell pairs (R>0.25
452   AND p<0.001 post bootstrap) were connected with a straight line, the colour of which
453   represented the correlation strength and was assigned to a colour-coded light-dark ramp
454   (R=0.25-0.5 [green], R=0.5-0.75 [yellow], R=0.75-1.0 [red]). An average coefficient of
455   positive connectivity was computed for each condition, by averaging the positive R values
456   (excluding the auto-correlated cells) and the percentage of cells that were significantly
457   connected to one another was elicited, for the purposes of group comparisons.

458   We have not examined the immediate upstroke of an acute IV bolus of glucose i.e. from a
459   low to a high glucose setting. Consequently the "first responders" in the mouse datasets
460   refer to the first β cells observed to fire in a train of calcium waves during a period of more
461   prolonged elevated glucose.

462   *Signal binarization and Monte Carlo analysis.*

463   To investigate what happens in the tail of the distribution, and go beyond the analysis of
464   linear association provided by the Pearson correlation coefficient, we also looked at
465   association between activity regimes. This analysis was performed as described previously

466   [20, 21]. In brief, cells were considered to be either "on" or "off" if the fluorescent signal

467   exceeded a 20% noise threshold above baseline. Binarized data for each cell pair were

468   assessed for co-synchronicity using the co-activity statistic $C_{ij} = T_{ij}/(\sqrt{[T_i.T_j]})$ where C is a co-

469   activity coefficient (0 to +1), T_i and T_j represent the time spent in the active state for each

470   given cell and T_{ij} represents the time during which both cells are active. Pairs were

471   considered linked if their statistic displayed a higher than chance (p<0.01) probability of

472   interaction *versus* a Monte Carlo permutated version of the binarized matrix dataset. A

473   probability distribution function of these connections (pooled across five islets) was

474   presented as a log-log plot to look for a power law relationship, the strength of which was

475   quantified by the coefficient of determination (R^2) [38].

476   *Granger analysis*.

477   The mouse Ins1*Cre* GCaMP6f-expressing islet series were subjected to a Granger Causality

478   analysis [32, 33]. Individual cell-cell pairs were separately analysed (time lag 1-3 secs, p<0.001)

479   with a Bonferroni multiple comparison test. Granger-defined leaders, i.e. those cells with the

480   greatest number of causally-linked followers, were compared with the temporally-defined

481   leaders whose firing (in the high glucose condition) preceded the remainder of the β cell

482   population. Granger leaders that persisted when the low, medium and high glucose

483   experiments were performed on the same network of β cells were spatially located on the

484   islet map to understand their spatial distribution.

485

486   *Zebrafish transcriptomic analysis (single cell RNAseq).*

487   For single-cell RNA-Seq of the zebrafish pancreatic cells using the 10x Genomics platform,

488   cell suspension was prepared from primary islets of six 2 mpf *Tg(ins:BB1.0L)* [26] using the

489   protocol described in [43] (*n*=6 animals). The cell suspension was passed over a 30 μm cell

490   filter (Miltenyi Biotec, 130-041-407) to remove debris and cell-aggregates, adjusted with

491   HBSS (without Ca, Mg) to a density of 800 cells/μl, and diluted with nuclease free water

492   according to the manufacturer's instructions to yield 5000 cells. Subsequently, the cells were

493   carefully mixed with reverse transcription mix before loading the cells on the 10X Genomics

494   Chromium system [44]. After the gel emulsion bead suspension underwent the reverse

495   transcription reaction, emulsion was broken and DNA purified using Silane beads. The cDNA

496   was amplified with 10 cycles, following the guidelines of the 10x Genomics user manual. The

497   10X Genomics single cell RNA-seq library preparation – involving fragmentation, dA-Tailing,

498   adapter ligation and indexing PCR – was performed based on the manufacturer's protocol.

499   After quantification, the libraries were sequenced on an Illumina NextSeq 550 machine using

500 a HighOutput flowcell in paired-end mode (R1: 26 cycles; I1: 8 cycles; R2: 57 cycles), thus
501 generating ~45 mio fragments. The raw sequencing data was then processed with the
502 'count' command of the Cell Ranger software (v2.1.0) provided by 10X Genomics with the
503 option '--expect-cells' set to 5000 (all other options were used as per default). This yielded
504 2625 cells. To build the reference for Cell Ranger, zebrafish genome (GRCz10) as well as
505 gene annotation (Ensembl 87) were downloaded from Ensembl and the annotation was
506 filtered with the 'mkgtf' command of Cell Ranger (options: '--
507 attribute=gene_biotype:protein_coding --attribute=gene_biotype:lincRNA –
508 attribute=gene_biotype:antisense'). Genome sequence and filtered annotation were then
509 used as input to the 'mkref' command of Cell Ranger to build the appropriate Cellranger
510 Reference. Data are deposited at the GEO repository with an accession number
511 GSE123662.

512

513 *Cluster analysis*.

514 scRNA-Seq data from C57BL/6 mouse islets were downloaded from NCBI GEO
515 (GSE84133) [45]. UMI-filtered counts were analysed using the Seurat package [46]. The data
516 were filtered and normalised then highly variable genes identified for PCA analysis and
517 graph-based clustering. In the mouse data, insulin, glucagon and somatostatin cells were
518 largely separated into distinct clusters. The initial clustering of the fish data produced a
519 single cluster containing cells expressing *ins*, *gcga* and *sst1.1* (listed by ENSEMBL as the
520 zebrafish orthologue of the H. sapiens SST gene; similar data were obtained using the
521 *sst1.2* gene). This 'endocrine' cluster was separated from the other cells and re-clustered,
522 producing distinct clusters for these three genes. The *ins*+ clusters were combined and the
523 few remaining cells positive for *gcga, sst1.1 or gip*, or negative for *ins*, were excluded. Within
524 this group of β cells, the intersection between the upper quartile of *gck* expression and lower
525 quartile of *ins* expression was identified as putative hub cells, based on the properties of
526 these cells described previously [21]. Genes differentially expressed between the putative hub
527 cells and remaining β cells were identified using Wilcoxon rank sum test and the upregulated
528 genes thus identified were tested for statistical overrepresentation of Gene Ontology (GO)
529 BP terms using Pantherdb.org [47]. Insulin-positive mouse cells were analysed in a similar
530 manner except that putative hub cells were classified as the intersection between the upper
531 quartile of *Gck* expression and the lower two quartiles of *Ins1* expression.

532

533 *Statistical analysis.*

534 Statistical significance between two conditions was assessed using paired or unpaired

535 Student's t-test. Interactions between multiple conditions were determined using one- or two-

536 way ANOVA (with Tukey's or Bonferroni posthoc tests). Analyses were performed using

537 Graph Pad Prism (GraphPad Software version 8.0) and MATLAB (Mathworks) and

538 significant p-values are described in each relevant section. Values are plotted as mean ±

539 SEM, unless otherwise stated.

540 *Data availability*

541 The data that support the findings of this study and the Matlab codes for the various

542 connectivity analyses described above are available from the corresponding authors upon

543 request. Data repositories for the transcriptomic analyses are referenced in the appropriate

544 sections. The Reporting Summary for this manuscript, which details experimental design,

545 statistical analyses and reagents is available as a separate document. No datasets were

546 excluded from the mouse experiments and in all cases (except for the human diabetic islet

547 experiments, as described) the connectivity results between low and high glucose states

548 were in the same direction.

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550

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552

553

RESULTS

Glucose controls β cell connectivity in the living zebrafish.

To explore Ca^{2+} dynamics *in vivo* with single-cell resolution we first imaged at low acquisition speeds (0.1 Hz; Supplementary Figure 1a) zebrafish larvae (4-5dpf) expressing GCaMP6s under the insulin promoter (Figure 1a) and the nuclear β-cell marker *Tg(ins:cdt1-mCherry)*, which marks 86 ± 6.6 % (*n*=5 islets) of all β-cells at 5 dpf. We focused our study on the primary zebrafish islet, which is the only islet present at this stage. We first used *ex vivo* imaging to directly compare the glucose-responsiveness of the primary and secondary islets dissected from adult fish[35]. As expected, β cells from the primary and secondary islets showed apparent Ca^{2+} influx upon stimulation with 10 and 20 mM glucose or depolarization with potassium chloride (KCl; *n*=3 primary and *n*=3 secondary islets) (Supplementary Movie 1). Thus, the primary islet is an adequate system for studying the glucose-stimulated Ca^{2+} dynamics in zebrafish β cells, as well as representing the major site of insulin storage.

In vivo imaging of GCaMP6s-expressing β cells in larvae revealed the existence of endogenous oscillations in cytosolic free Ca^{2+} (12/12 animals studied; Supplementary Figure 1 a-c, Supplementary Movie 2). This activity was inhibited by intracardiac injection of insulin, which lowered whole-animal glucose (Supplementary Figure 1, c-f, Supplementary Movie 3), indicating that the oscillatory Ca^{2+} signal was due to elevated circulating levels of glucose that are measurable by 4-5 dpf [48]. Ca^{2+} dynamics were also decreased after a transient suppression of blood flow by a temporally controlled heart block (Supplementary Movie 4). Time-lapse imaging of red-blood cells and β cells confirmed that the zebrafish islet is perfused in larvae (Supplementary Movie 5). Taken together, these results reveal endogenous β cell Ca^{2+} oscillations likely to be involved in the systemic sensing of glucose *in vivo* in the zebrafish.

We next explored the impact of increasing the levels of glucose in the zebrafish circulation. We performed intra-cardiac injection of glucose, allowing for rapid entry of the sugar into the circulation (Figure 1b-d). After a short lag (20-50 s) this manoeuvre led to a rapid increase in cytosolic Ca^{2+} concentrations (assessed as the time take to achieve a GCaMP6 signal >20% above baseline) in β cells across the islet (Figure 2 b-d; Supplementary Movie 6), and corresponded to the time-dependent increases in whole animal glucose concentrations assessed separately (Figure 1e).

We next sought to determine the degree to which the β cell population in these experiments was connected before and after stimulation with glucose, firstly at low imaging speeds of

590   0.1Hz (Figure 2 and Supplementary Figure 2) then at high imaging speeds of 3 Hz (Figure

591   3a-d). We derived Pearson-based functional connectivity maps (see Methods) of pairwise

592   comparisons between the Ca^{2+} traces of individual cells [21, 49]. At low imaging speeds, 10-

593   15% of cells hosted a connection to another cell prior to glucose injection, and this rose

594   significantly to ~50 % after glucose injection ($p<0.001$, Figure 2 c-f). A similar, dramatic

595   increase ($p<0.01$) was seen for connection strength (i.e. Pearson's correlation, R; Figure

596   2e). Of note, the temporally-defined "leader" cells (first responders to glucose stimulation)

597   were amongst the most highly connected. For example, in the animal shown in Figure 2,

598   Ca^{2+} increases were first observed in two out of nine cells (cell 2 and cell 6; Figure 2b), and

599   these cells were the most connected on Pearson analysis at high glucose (connected to

600   seven or eight other cells out of a total of nine analysed; Supplementary Table 1).

601

602   Recorded at a higher acquisition rate (3 Hz) across a single plane, β cells again displayed

603   modest connectivity at low glucose (pre-injection ~20%; Figure 3d). The increases in

604   intracellular Ca^{2+} which followed glucose injection (Figure 3a and b) were associated with a

605   significant rise in correlation coefficient (Figure 3c) as well as a marked increase in the

606   number of functionally-connected cell pairs (post-injection ~88%, $p<0.0001$, Figure 3d).

607   Approached with a Pearson analysis at high glucose, essentially every cell became strongly

608   connected to every other cell. Finally, whole islet live-imaging at an acquisition rate of

609   0.8Hz, covering ~700μm^3 was achieved. In this way, it was possible to resolve the majority

610   (20) cells within the primary islet of the zebrafish (Figure 3e) and extract their signal spatially

611   in three dimensions (Figure 3f; Supplementary Movie 7). We then undertook 3D connectivity

612   analysis on three separate zebrafish islets before and after glucose stimulation (as before).

613   Figure 3g shows the 3-dimensional connectivity analysis for one fish islet with mean

614   coefficient of correlation rising from 40.1 to 89.1 and fraction of connected cells rising from

615   11.2 to 92.3 % with a glucose bolus. Results for the other two islets showed the same rise in

616   Pearson coefficient (83.2 to 91.7 and 44.9 to 85.1) and rise in connected cells (33.3 to

617   55.5% and 16.7 to 38.1%). We therefore conclude that functional connectivity occurs across

618   the entire fish islet and that 2-dimensional (single plane) connectivity analysis in the fish

619   accurately reflects what occurs across the entire islet.

620

621   ***Ablation of leader cells prevents subsequent Ca^{2+} waves in the zebrafish embryo.***

622

623   In order to determine whether "leader" (first responder) cells may serve a regulatory role, as

624   demonstrated previously for mouse islets *in vitro* [21], we used cell ablation through two

625   photon laser irradiation (Figure 4, Supplementary Movies 8 and 9). Animals were challenged

626   with three separate pulses of intracardiac glucose introduced before and after irradiation of

627 either leader or follower cells (*n*=20 leader and *n*=20 follower cell ablation experiments).

628 Whereas ablation of follower cells had no discernible effect on the subsequent Ca^{2+} spikes,

629 ablation of leader cells led to a significant reduction in the total islet GCaMP response

630 (Figure 4). Only targeted cells revealed evidence of nuclear destruction, while the

631 neighbouring cells showed no obvious damage (Supplementary Figure 4). Moreover, we

632 show that islet blood flow remains unaltered following the ablation of the cells using bright-

633 field imaging before and after the ablation (Supplementary Movies 8 and 9). Thus, the

634 targeted ablation of a single β cell in vivo does not appear to perturb either local endothelial

635 cells or the rest of the β cells in the islet.

636

637 ***Leader cells do not preferentially derive from the dorsal or ventral buds in the***

638 ***zebrafish embryo.***

639

640 The primary zebrafish islet contains both dorsal bud-derived β cells (DBCs) and ventral bud-

641 derived β cells (VBCs). To interrogate whether embryonic derivation affected the identity of

642 leader cells, we performed injection of mRNA encoding H2B-RFP to distinguish between D-

643 and VBCs based on label dilution [34]. In this assay, DBCs retain the H2B-RFP label whereas

644 VBCs dilute it. We performed 4D live Ca^{2+} imaging and glucose injections in these embryos.

645 In the three islets examined, two revealed label-retaining cells as leaders, meanwhile one

646 islet revealed a leader cell that was H2B-negative. Supplementary Movie 10 shows a 3D

647 reconstruction of one representative experiment in which the leader cell was H2B-RFP-

648 positive. This implies that both the D- and VBCs can become leader cells. It is important to

649 note that, in these experiments, we did not observe impaired responsiveness of DBCs to

650 glucose stimulation *per se*, indicating that DBCs indeed exhibit characteristics of functional β

651 cells.

652

653 ***Glucose enhances Ca^{2+} dynamics and elicits increases in β cell-β cell connectivity in***

654 ***islets in the living mouse.***

655

656 We next extended our analysis to islets from the adult mouse, with superficial β cell layers

657 infected with adenoviral GCaMP6m, before engraftment into the anterior chamber of a

658 recipient mouse eye (ACE) [22]. Non-β cells are not infected by this protocol due to the

659 absence of the cognate receptor (Coxsackie virus receptor [50]). Using animals maintained

660 under general anaesthetic, we collected data at acquisition speeds of 1 Hz, before and after

661 IP glucose injection (see Methods).

662

663   Ca^{2+} dynamics were increased in response to a rise in circulating glucose.The proportion of

664   significantly Pearson-connected cells increased on average from 38 ± 11% to 65 ± 9% (*n*=5

665   islets in 5 animals, p=0.028) with a non-significant (*p*=0.11) rise in the mean coefficient of

666   connectivity from 0.54 ± 0.03% to 0.63 ± 0.04%.

667

668   We subsequently generated islets from transgenic mice expressing GCaMP6f highly

669   selectively in the β cell, under the control of *Cre* recombinase expressed from the *Ins1* locus

670   [39, 40], and transplanted into the mouse ACE as above. Almost every β cell (~95%) [21] within

671   the transgenic islet expressed the Ca^{2+} probe, allowing us to interrogate the activity of many

672   more cells per islet, including those localised more deeply in the islet core (typically 50 to

673   100). We captured data at higher rates (up to 3 Hz) under low and high circulating glucose

674   conditions (see Methods).

675

676   Strikingly, and in contrast to islets infected with adenoviral GCaMP6f, we observed wave-like

677   behaviour of the β cell Ca^{2+} increases in all islets (examined separately and in ten different

678   animals) at high circulating glucose levels (Supplementary Movies 11, 12 and 13, Figure 5b

679   and 6c). Ca^{2+} waves were initiated at discrete sites (Supplementary Movie 12), with

680   propagation velocities of 12.0 ± 3.4 µm/s (*n*=5 wave bursts). As shown in the example in

681   Figure 5B and Supplementary Movie 13, whilst most cells were quiescent under low glucose

682   conditions, high circulating glucose levels was associated with runs of highly-coordinated

683   oscillations, even after prolonged glucose exposure (10 minutes, Figure 5b and Figure 6a).

684

685   We were able to quantify connectivity using both Pearson and binarized data approaches

686   (Figures 5 and 6). As observed in the fish, high circulating glucose was associated with a

687   significantly higher mean coefficient of connectivity, and proportion of connected cells,

688   versus the low glucose condition, as revealed by Pearson analysis (Figures 5 c-e and

689   Supplementary Figure 5a). We also used a piezo device to allow for fast acquisition of β cell

690   readouts in three separate cell layers under low and high circulating glucose conditions, to

691   investigate whether β cell connectivity existed in 3-dimensions (see Methods). Of note, this

692   significant rise in pan-islet β cell connectivity at high circulating glucose levels also occurred

693   between cells that were more than a layer apart on 3D imaging (Figure 5c-e and

694   Supplementary Figure 5a). The Pearson analysis was, however, unable to detect significant

695   differences in co-activities required for identification of super-connected cells/hubs. In

696   contrast, application of a binarized approach (see Methods) [21] revealed scale free network

697   topography in which 8.7 ± 3.7% of cells hosted the majority (60-100%) of connections

698   (Figures 6 a-b and Supplementary Figure 6). Pooled over all five islets examined, the R^2

699   value for this power law distribution was 0.62.

700

701 Finally, we examined islet Ca^{2+} dynamics over 10 minutes at steady state high glucose
702 levels (and also acquired medium and low glucose acquisitions from the same cells in the
703 same 1 h-long imaging study), to exclude the possibility that pan-islet connectivity is related
704 to spatially aggregated β cells simply responding acutely and synchronously to a rise in
705 circulating glucose concentration. Blood sugar readings recorded over these imaging
706 sessions did not reveal oscillating glucose levels, excluding the trivial possibility that glucose
707 oscillations themselves are driving Ca^{2+} oscillations (Figure 5b). A concerted, elevated
708 Pearson correlation and percentage β cell connectivity was achieved over these longer
709 acquisitions with higher (and sustained) circulating glucose levels (Figure 6a).

710

711 ***Prospective analysis (Granger causality)***

712

713 Given the challenges of a direct interventional strategy such as photo-ablation in the mouse
714 eye, we deployed an alternative, mathematical approach to examine the potential role of
715 leader cells as pacemakers. Granger analysis [32] provides a means of assessing whether a
716 given time series may be useful in forecasting another, i.e. is predictive of a causal
717 relationship. This supported our visual identification of first responding (leader) cells. As
718 shown in Figure 6 c-e, we observed that those four cells ("leaders", Figure 6C; this islet is
719 shown in Supplementary Movie 11), which fired first during a prolonged run of Ca^{2+} pulses,
720 were always represented as leaders in the second and third bursts but not always in fourth
721 and fifth bursts (if present). However, leader cells identified temporally as among the first five
722 responding cells under high glucose conditions were invariably the most highly connected on
723 independent Granger analysis (Supplementary Table 2). Granger analysis of the top 10
724 most highly connected cells during the prolonged imaging sessions (10 minute acquisitions
725 at high, medium and low glucose, of the same cross section of islet/same β cell ROIs)
726 revealed one cell to be a Granger leader in all three states and, interestingly, to be in the
727 same region (neighbouring) 2-5 other Granger leaders in the medium and high state – which
728 was also the segment of islet from which waves emanated (data not shown).

729

730 Interestingly, this analysis provided no evidence that peri-capillary cells were more likely to
731 be "Granger leaders" (average distance from leader cells to the nearest capillary: 2.2 ± 1.9
732 µm *versus* 2.3 ± 1.8 µm for follower cells, *n*=25, p>0.05). Hence, differences between cells in
733 the arrival time for glucose from the blood stream are unlikely to be the determining factor for
734 initiating Ca^{2+} waves.

735

736 ***Engrafted human islets are highly connected.***

737

738 To corroborate our findings in a further species we studied the behaviour of 11 human islets
739 transduced with AV-GCaMP6m and transplanted into the ACE of (immunocompromised)
740 BALB/c *nu/nu* mice (see Methods) We observed a non-significant rise in human islet
741 coefficient of correlation from 0.39 to 0.59, and a corresponding rise in β cell connectivity
742 from 56% to 76% between low and high circulating glucose conditions (Supplementary
743 Figure 5b). Intriguingly, in the two islets that came from a donor with longstanding Type 2
744 Diabetes (see Methods), the switch from low to high circulating blood sugar was associated
745 with an unexpected drop in Pearson R (53 to 24 and 44 to 32), and an equivalent fall in the
746 proportion of connected β cells (from 30% to 20% and 29% to 27%; Supplementary Figure
747 5c). This observation opens up the possibility that the loss of insulin secretory function that
748 occurs in Type 2 diabetes is linked to abnormal connectivity patterns.

749

750 ***Transcriptomic analysis.***

751

752 To determine whether hub/leader cells may possess a discrete molecular signature *versus*
753 followers we analysed RNASeq data from fish and mouse β cells. We have previously
754 reported [21] that hub cells in the mouse islet are characterised by relatively high levels of
755 glucokinase (Gck) immunoreactivity, and lower levels of Insulin, Pdx1, Nkx6,1 staining.

756

757 We first generated and analysed a zebrafish transcriptomic data set (10x Genomics) and
758 were able to identify a cluster of mainly endocrine cells expressing *sst1.1*, *gcga* or *ins*.
759 Further clustering of these 'endocrine' cells produced clusters of likely delta (*sst1.1*), alpha
760 (*gcga*) and β (*ins*) cells (Supplementary Figure 6a-b). Putative hub cells were identified
761 based on the higher glucokinase and lower insulin expression previously observed in mouse
762 islets. The intersection of the upper quartile of *gck* expression and the lower quartile of *ins*
763 expression identified 9 % of β cells as putative hub cells (Supplementary Figure 6c).
764 Enrichment and gene ontology (GO) analysis revealed elevated expression of genes in
765 hub/leaders associated with mitochondrial metabolism (oxidative phosphorylation and
766 respiratory electron transport chain) and generation of precursor metabolites and energy,
767 among other terms (Supplementary Figure 6 d-e). Interestingly, the re-clustering of the
768 'endocrine' cluster resulted in two distinct and approximately equally-sized β cell
769 populations. The putative hub cells identified here came almost entirely from a single cluster,
770 suggesting these may represent one end of a continuous distribution within this cluster
771 rather than a distinct subset.

772

773 Similar analysis of mouse islet data revealed that the intersection of the upper quartile of
774 *Gck* and lower two quartiles of *Ins1* expression contained 11 % of β cells (Supplementary
775 Figure 6 f-h). Genes upregulated in this cluster were overrepresented in the GO terms
776 "Glycolysis" and "Generation of precursor metabolites and energy" (Supplementary Figure 6
777 i-j), potentially indicating that these are more metabolically active cells, as observed above in
778 the zebrafish case.
779
780
781
782

783   **DISCUSSION**

784

785   The principal aim of the present study was to explore β cell coordination in the islet *in vivo* in

786   the living animal. Here, we have studied the zebrafish islet in its natural state and the mouse

787   islet under conditions of vascularisation and innervation which closely recapitulate those of

788   the islet within the pancreas [51-53]. We show that, despite the quite profound differences

789   between the isolated and *in vivo* islet, coordinated β cell responses to glucose stimulation

790   display many of the features previously described *in vitro*, including the emergence of cells

791   which may govern islet-wide Ca^{2+} dynamics and hence pulsatile insulin secretion.

792

793   **Islet-wide Ca^{2+} dynamics in the living zebrafish**

794

795   We demonstrate firstly that, in the zebrafish, increases in blood glucose lead to a

796   coordinated increase in β cell cytosolic Ca^{2+} across the islet.   Using Pearson R analysis, we

797   describe a well-connected network of β cells in the zebrafish islet that responded in a

798   coordinated fashion to glucose stimulation. These findings align well with those of Markovic

799   *et al* [49] in murine pancreatic slices, and our own findings in isolated mouse islets [18]. Given

800   the small size of the zebrafish islet at this developmental stage, it was not possible to apply

801   scale-free network theory to these datasets.   However, we were able, using a direct

802   interventional approach akin to the use of optogenetics in isolated murine islets[21, 54], to

803   demonstrate that those cells which were the first to exhibit a Ca^{2+} increase ("leaders") may

804   perform a role as regulators of the activity of other β cells. Photo-ablation of leader, but not

805   follower cells, resulted in a significant abrogation of Ca^{2+} dynamics in remaining β cells in

806   terms of their time to response as well as their overall calcium response to a glucose

807   challenge. We also provided evidence to establish that this methodology produced no

808   collateral damage, i.e. did not affect cells other than the single β cell that was targeted.   We

809   would emphasize that this approach offers significant advantages over the use of

810   optogenetics for β cell targeting, notably the fact that further genetic modification required to

811   express an optogene (e.g. a photoswitchable channel or pump- shown to influence β cell

812   activity) [21, 54, 55] is avoided, and axial resolution is high. Photo-ablation of leader, but not

813   follower cells, resulted in the abrogation of Ca^{2+} dynamics (Fig. 4c), pointing to a role for the

814   former as regulators of β cell activity across the islet.

815

816   It was particularly interesting to note the findings of the *ex vivo* imaging studies that directly

817   compared *in vitro* glucose-responsiveness of the primary and secondary zebrafish islets.

818   The only discernible difference we observed between the primary and the much later-

819   forming secondary islets *ex vivo* pertained to a faster Ca^{2+} response of the latter, which was

820 evident at 10 mM glucose. This faster response is likely to reflect the much smaller size of

821 the secondary islets and, hence, the easier penetration to the islet core of glucose when

822 added *ex vivo*.   It is important to note also that we have not observed impaired

823 responsiveness to glucose stimulation of β cells originating from the dorsal pancreatic buds

824 *in vivo*, consistent with our recent findings that DBCs are functional [26]. Finally, when imaged

825 in culture, the zebrafish islets exhibit seemingly uncoupled behaviours, revealing the

826 glucose-sensitivity of individual β-cells [26,56].   In contrast, β-cells show synchronized

827 responses to glucose *in vivo* (this study and [56]). Thus, the unperturbed conditions of the *in*

828 *vivo* environment might be critical for the coupling of β-cells.

829

830

831 Islet-wide Ca^{2+} dynamics in the engrafted mouse islet

832

833 In mammalian islets, we routinely observed clear trans-islet, glucose-induced Ca^{2+} waves

834 (10/10 Ins1Cre-GCaMP6-expressing islets examined in independent experiments), whereas

835 these are not always observed in Fluo8-loaded isolated islets *in vitro* [21]. This may reflect the

836 presence of nerves and blood vessels in our *in vivo* model as well as, conceivably, the better

837 preservation of β cell identity, gap junctions, etc. [2]. Moreover, the use of transgenic islets, in

838 which the genetically-encoded Ca^{2+} sensor is present in almost the entire (~95%) β cell

839 population after recombination using the Ins1Cre transgene [21, 39, 40], is likely to facilitate the

840 detection of waves. Thus, we were able to image cells located some distance away from the

841 islet periphery, with adequate resolution to 4-5 cell depths in the z-plane (Supplementary

842 Movie 14). Furthermore, with a rapid piezo device we were able to demonstrate that Ca^{2+}

843 dynamics were strongly coordinated across β cells that were separated by another layer of

844 cells.   However, the present studies do not address the question of how connections

845 across the islet are established (e.g. roles for islet inter-neurons, paracrine factors, etc.).

846 Other interventional approaches (e.g. using multiphoton, light sheet or other imaging

847 techniques) will be necessary to explore these phenomena in the future.

848

849

850 By imaging large numbers of cells simultaneously, and subjecting the resulting datasets to

851 binarization analysis, we revealed the existence of scale free networks, as previously

852 described *in vitro* [21]. This set of experiments examined the nature of islet behaviour *in vivo*

853 through two different but complementary lenses. Pearson R analysis highlights the pan-islet

854 β cell connectivity (both in terms of the number of connected cells and their strength of

855 correlation) in response to elevated circulating glucose levels.   Separately, we have

856 demonstrated using data binarization and shuffling [21] that these cells are connected in a way

857 that fits with the presence of super-connected hubs. Recently, Rupnik and colleagues [57]

858 have reported, using mouse islets located within pancreatic slices, that at adequate

859 acquisition speeds (10Hz), Pearson analysis can reveal a connectivity probability distribution

860 function that obeys a power law, at least initially following glucose stimulation.

861

862 To corroborate our zebrafish findings, where disruption of the temporally-defined "leader"

863 cells abrogated subsequent islet-wide Ca^{2+} responses to glucose, we performed

864 independent mathematical causality analysis of all the β cells that were recorded in the

865 mouse islet. Selecting a causality time lag consistent with that observed between the first

866 responders and the rest of the β cells (i.e. 1 s) [32], we revealed that these were indeed the

867 most highly causally linked to the activity of all other cells in the islet. Both the experimentally

868 established zebrafish "leaders" and the mathematically causally-identified mouse "leaders"

869 are reminiscent of previously identified *in vitro* hub cells [21], insofar as both regulate Ca^{2+}

870 dynamics observed in the rest of the islet being imaged. Our present findings also indicate

871 that temporal and spatial dynamics need to be considered in identifying likely regulatory

872 populations. For example, essentially normal blood flow is maintained in the engrafted islet.

873 One may have predicted, therefore, that "leader" β cells would be those located immediately

874 adjacent to blood vessels. In contrast, we observed no greater likelihood of cells in this

875 domain of the islet initiating waves than for cells more remotely located. We also observed

876 that islets retained a baseline Ca^{2+} activity (and indeed a degree of connectedness between

877 β cells) even in the low glucose state. Thus, at low circulating glucose levels Ca^{2+} waves

878 were occasionally observed above noise levels with the same amplitude and frequency of

879 bursts as at high glucose, but less commonly. Within a single train of waves, the starting

880 point was often, but not always conserved, and was frequently seen at the islet rim. Such

881 waves often propagated circumferentially, although there were some that appeared to move

882 towards the islet core. Taken together, this hints that functional networks already exist at low

883 glucose concentrations, under conditions in which the majority of cells are not yet firing.

884 These pre-activated networks may then expand and work as a coordinating unit to drive the

885 recruitment of followers.

886

887 It was also important to demonstrate a retention of the high connectivity readouts in islets

888 that had been exposed to prolonged elevated glucose levels. Many previous studies on

889 isolated islets and β cells reveal heterogeneous Ca^{2+} responses to glucose stimulation [58].

890 Indeed, we are not aware of existing literature supporting the notion that β cells have an

891 identifiable (and identical) resting Ca^{2+} oscillation signature. Nevertheless, it was important

892 here to exclude the possibility that the high connectivity observed at high glucose levels is a

893 phenomenon related to spatially aggregated (i.e. intra-islet) β cells simply responding
894 acutely and synchronously to a rise in circulating glucose concentration. The high
895 connectivity findings in islets that had been imaged for an hour at elevated circulating
896 glucose levels serve to argue against the possibility that connectivity is an acute
897 phenomenon of this type since, in an uncoordinated system, over a 60 min. imaging
898 protocol, with glucose levels that are not rapidly varying, one would expect de-synchrony to
899 emerge. Finally, the first responders (and Granger leaders) are defined during Ca^{2+} pulses
900 at essentially constant glucose (although glucose may drift gradually over multiple Ca^{2+}
901 waves during these recordings).

902 Several questions remain with respect to the Ca^{2+} waves identified here: to what extent are
903 their starting points spatially defined relative to nerves and other islet cell types? How do
904 they propagate? Are they always associated with pulses of insulin secretion? Further studies
905 are also required to determine whether "leader" cells are functionally essential to islet health,
906 are pre-fated or can assume leader characteristics over time that relate to altered islet
907 function under metabolic stress or in diabetes.

908

909 **Towards the molecular identity of hub/leader cells**

910

911 Prior to the current study, our understanding of the differences in molecular identity between
912 hub and follower cells was fragmentary [21]. To explore this question here in an unbiased,
913 transcriptome-wide manner, we have leveraged the known properties of mouse hub cells,
914 i.e. elevated expression (at the protein level) of *Gck* and relatively weak expression of
915 *Insulin*. We note that confirmation of similar properties for the fish hub/follower populations
916 (i.e. high *Gck*/low *insulin*/low *Pdx1*-immunoreactivity) was not possible here due to the
917 absence of suitable antibodies for the *D. rerio* Gck protein. Nonetheless, if we assume
918 similar properties for the fish and mouse hub cells our analyses reveal that, in both species,
919 a population exists with characteristics which may be expected of these cells, notably
920 elevated expression of genes involved in glucose metabolism and, in zebrafish, of genes
921 involved in mitochondrial metabolism. Of note, a similar β cell population was identified
922 recently in the mouse by Pospisilik and colleagues [59]. Future studies, involving the direct
923 isolation of hubs and followers based on function (e.g. Ca^{2+} dynamics), are needed to
924 confirm or refute these findings.

925

926 **Summary**

927

928   In conclusion, we show here that examined in the living animal β cells within the islet are
929   highly connected in three dimensions and that this connectivity is tightened in response to a
930   glucose challenge. As predicted from previous studies of isolated islets *in vitro* [18, 21], we
931   show that critical subpopulations of β cells, which appear to generate Ca^{2+} waves, serve a
932   regulatory role in the zebrafish and appear likely to do so in the mammalian islet as well. At
933   this stage, it is not possible to investigate whether the leader cells are a distinct population
934   with a distinct origin and development. However, we provide a preliminary analysis, using an
935   imputation approach based on previously-described proteomic properties of these
936   populations [21], to suggest they possess a distinct transcriptomic signature. Future
937   challenges will involve isolating and characterising these cells, as well as assessing the
938   stability of each sub group (i.e. leader/hubs and followers). Taken together, our data provide
939   further evidence for a division of labour within the islet *in vivo* in three different species,
940   reinforcing the importance of β cell heterogeneity for normal glucose-responsiveness.
941
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968 culture.

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967 imaging. With thank Rebecca Callingham (Imperial College) for assistance with human islet
968 culture.

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970

971 **Author Contributions**

972 VS, NN and GAR designed the study, LDS and NA performed the zebrafish experiments,
973 VS, KS, AMA, and IL undertook the mouse studies, GC and KS performed virus
974 preparations, DCAG, SMR, KS and VS developed movement correction macros, EG,
975 SNMG, NA, TS, DJH and LB contributed to connectivity analysis, DJH and LB provided code
976 for connectivity analysis, VS and WD developed connectivity and Granger scripts and
977 undertook all connectivity analyses, PM and AMJS provided human islets and KS and VS
978 undertook studies on these preparations. TJP, NA and SPS performed transcriptomic and
979 bioinformatics analyses. GAR, VS, LDS and NN wrote the manuscript with contributions from
980 all authors.

981

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Figure legends

1140 Figure 1**. Glucose-stimulated Ca^{2+} influx imaged *in vivo* in the living zebrafish.**

1141 **a.** Cartoon representing a transgenic zebrafish larva expressing the genetically-encoded

1142 Ca^{2+} indicator GCaMP6s (green) and the nuclear marker cdt1-mCherry (red) under the

1143 insulin promoter. GCaMP6s allows the examination of glucose-induced Ca^{2+}-influx in the β

1144 cell reported by changes in the green fluorescence in a Ca^{2+} concentration-dependent

1145 fashion. **b.** Maximum intensity projections of an islet imaged before, during and after the

1146 intra-cardiac injection of 5 nL of 25 mM glucose solution. Imaging and glucose stimulation

1147 were performed simultaneously. Note the near-synchronous increase in GCaMP6

1148 fluorescence intensity across all the β cells in the islet upon glucose injection. **c.** A trace

1149 showing cumulative normalized fluorescent intensity over time for the cells shown in A. The

1150 black arrow marks the instance of the glucose injection. **c'.** Normalized fluorescence

1151 intensity over time for each individual cell. Each cell is represented by a square. The

1152 normalized GCaMP6 fluorescence is displayed as a heat-map, showing the degree of cell

1153 activity (*n*=10 animals, not graphically represented here). **d.** Quantification of the islet

1154 response to glucose stimulation. The graph depicts the GCaMP6 area under the curve

1155 covering 100 seconds before and 100 seconds after the glucose stimulation (*n*=3, paired two

1156 tail t-test, P=0.0108, data are means ± SD). The injection of glucose led to a dramatic

1157 increase in GCaMP6 fluorescence intensity. **e.** Changes in measured free glucose

1158 concentration in larvae following glucose injection as in A. Each dot represents a pool of 10

1159 injected larvae. (*n*=3 for each time point, one-tailed ANOVA, with Tukey's multiple

1160 comparisons test, P= 0.0488 for 0 vs. 5min and P= 0.0152 for 5 vs.15min). Data are means

1161 ± SD. Scale bars, 10 μm. The cartoons shown in panel (a) belong to the authors of this

1162 study. The experiments in **b,c** were performed three independent times with several samples

1163 showing similar results. **d** shows a quantification from thee biological replicates from one of

1164 the repeats. The experiment in **e** was performed once with multiple samples.

1165

1166

1167 Figure 2. **Ca^{2+} dynamics and connectivity in zebrafish: slow imaging acquisition (frame**

1168 **rate 0.1Hz).**

1169 **a.** Single confocal planes acquired during each time window (labelled i-v) show an increase

1170 in GCaMP fluorescence intensity during time window iii (i.e. coinciding with intracardiac

1171 glucose injection) but no strong GCaMP signal before glucose injection (time windows i-ii)

1172 or after glucose injection (time windows iv-v). Time windows i-v were 100 s long. **b.**

1173 Representation of a normalised fluorescence trace generated by each β-cell region of

1174   interest (ROI) across the entire imaging session (1,200 s). Time windows (100s) labelled i-v

1175   are shown at the top and the dashed line represents the time of intra-cardiac glucose

1176   injection. T_{20} was defined as the time taken between glucose injection and the calcium

1177   intensity spike to reach 20% above baseline. This value is tabulated for each ROI, thereby

1178   identifying cell 2 and cell 6 as "leaders". **c.** Cartesian functional connectivity maps displaying

1179   the x-y position of analysed cells (numbered black dots).   Cells are connected with a

1180   coloured line if the p statistic for the Pearson coefficient was < 0.001 post bootstrapping.

1181   The strength of the cell pair correlation (the Pearson R statistic) was colour coded: red for R

1182   of 0.75 to 1.0, yellow for R of 0.5 to 0.75 and green for R of 0.25-0.5. Results confirm an

1183   increase in cell-cell connectivity (strength AND number) during glucose injection (time

1184   window iii). **d.** Heat maps show the Pearson coefficient of each cell pair in a colour-coded

1185   manner (negative correlation; dark brown (-1), no correlation; mid brown (0), high correlation;

1186   yellow/white (1)).   **e.** During time window iii (ie at time of glucose injection**)** the mean positive

1187   Pearson coefficient for connected cell pairs is 0.75 +/- 4.08 (SEM), significantly higher than

1188   before or after glucose injection (window i R 43.8 +/-1.46, ii R 0.48 +/- 2.59, iv R 46.4 +/- 5.3

1189   and v R 0.35 +/- 3.45) (P<0.001 on one way ANOVA with Tukey's multiple comparison).   **f.**

1190   The overall percentage of connected cell pairs is elevated (46% +/- 6.18% SEM) during the

1191   glucose injection compared to the rest time points (window i 15.3% +/- 2.4, window ii 10% +/-

1192   1.86, iv 18.6% +/- 4.6 and window v 11.1% +/1 2.7). (*n*=6, P<0.001 one way ANOVA with

1193   Tukey's).

1194

1195

1196   Figure 3. **Ca^{2+} dynamics and connectivity examined in zebrafish during rapid image**

1197   **acquisition.**

1198   **a**. Example islet single confocal slices acquired at 3 frames/s before and during glucose

1199   injection. Associated Cartesian connectivity maps and Pearson heatmaps (as described in

1200   detail in Figure 2) are given below. **b.** Ca^{2+} traces from individual ROIs in the imaged islet.

1201   The dashed line represents the time of intracardiac glucose injection. As described in Figure

1202   2, the time to 20% rise in Ca^{2+} signal post glucose injection was measured, and tabulated in

1203   order to identify the first responders or "temporal leaders". **c.** Pooled data for the five

1204   animals imaged. The mean Pearson coefficient of correlation rose significantly from the low

1205   to high glucose state (*n*=5, data are means ± SEM, p<0.001 on paired two-tailed t-test). **d.**

1206   The percentage of significantly connected cell pairs also increases significantly following

1207   glucose administration. Data are means±SEM and **p<0.01 following a paired two-tailed t-

1208   test). **e.** 3D islet projections acquired at 0.8 Hz before and during glucose injection. **f.**

1209   Associated 3D map showing the time of response in a colour-key fashion (red colour

1210 represents the fastest response). **g.** Cartesian connectivity map and Pearson heatmaps for

1211 the islet shown in e (*n*=3 animals, not graphically represented here). The experiment in **e,f,g**

1212 was performed once with three samples showing similar results.

1213

1214

1215 Figure 4. **Ablation of temporally-defined "leader" cells (but not follower cells) alters**

1216 **islet responsivity to glucose *in vivo* in the zebrafish.**

1217 **a-b.** Images from the time-lapse recording (six frames/second, single plane) of the islet

1218 following three consecutive glucose stimulations before and after "leader" or "follower"

1219 (control) cell ablation. Glucose was injected at 5 min. intervals whilst Ca^{2+} dynamics were

1220 monitored. After the identification of presumptive "follower" or "leader" cells, these cells were

1221 ablated using a two-photon laser ablation (see Methods). An X. indicates the targeted cells.

1222 The top panels show representative frames from the movies before and after the ablation of

1223 a "follower" (a) or a "leader" cell (b). The lower traces (a'-b') show the normalized GCaMP6

1224 fluorescence traces and the peak in Ca^{2+} influx following glucose injection pre- and post-

1225 ablation. **c.** Quantification of the Area Under the Curve (A.U.C.) reflecting 200 frames of

1226 normalized GCaMP6 fluorescence before and after the ablation of a "follower" or a "leader"

1227 cell (*n* = 20 islets each) (paired two-tailed t-test, P= 3.43 x 10^{-5}, ns: not significant).   The

1228 ablation of "leader", but not "follower" cells, led to a significant reduction in the total islet

1229 GCaMP response.   Each data-point represents the mean A.U.C from three glucose-

1230 injections in individual larvae. Data are means ± SD. The experiments were performed eight

1231 independent times with several samples showing similar results.

1232

1233 Figure 5. **Ca^{2+} waves and connectivity revealed using islets expressing GCaMP6f**

1234 **throughout the cell population under insulin promoter control.**

1235 **a.** (i) Image of a donor islet that implanted onto the iris of a syngeneic recipient. Islets

1236 indicated with arrows. (ii) Individual cells identified within a single islet were analysed. **b.**

1237 Imaging for 10 minutes at 1fps of an islet that was exposed to chronically elevated circulating

1238 glucose levels (measured values indicated at the time points they were measured along the

1239 top). Ca^{2+} traces from 50 individual β cell ROIs are superimposed, demonstrating retained

1240 coordination of wave behaviour over time **c.** Pearson heat maps and Cartesian connectivity

1241 maps in two dimensions (2D – upper four panels) and 3D (lower four panels). The sharp

1242 increase in β cell connectivity occurs in 3D across the entire islet and mirrors what is

1243 captured in 2D (single plane). **d** and **e.** Pooled data for the three animals imaged in 3D.

1244 Note that the rise in mean Pearson coefficient of β cell connectivity and proportion (%) of

1245 cells connected in the low *versus* high glucose state in 3D was comparable to that measured

1246   in 2D. 2D image dataset (*n*=5 islets in 5 different animals, not graphically represented here)

1247   revealed a mean rise in Pearson R from 46.4 +/- 7.2 to 92.6 +/- 0.9 (P<0.01 on two-tailed t-

1248   test) and rise in % connectivity from 19.7 +/- 5.5% to 88.8 +/- 5.9% (P < 0.001 on two-tailed

1249   t-test).

1250

1251

1252   Figure 6.   **Binarized and Granger causality analysis corroborates the existence of**

1253   **super-connected leader cells in mouse islets *in vivo*. a.** Pooled data for average R and

1254   % connectivity measurements in mouse islets (n=5 in 5 different animals, individual

1255   datapoints shown) imaged over 60 minutes, with prolonged (>10 minute) exposure to high

1256   circulating glucose levels. Connectivity was recorded in the high glucose state (>10 mM),

1257   medium (6-10mM) and low (<4 mM) state from the same β cell ROIs. Prolonged exposure

1258   to high glucose levels does not abrogate the connectivity readout or result in dysynchrony. **b.**

1259   Topographic representation of connected β cells as extracted using the binarized and Monte

1260   Carlo data analysis approach for the same islet shown in Figure 5. Topographical

1261   representation of β cell connections in the remaining four islets imaged are shown in **b'**. The

1262   top 20-40% connected cells (reminiscent of previously-defined *in vitro* hubs) are highlighted

1263   in white. **c.** Log-log graph of the distribution of cell-cell connections pooled across all five

1264   islets imaged reveals a scale-free network (obeying a power-law distribution) whereby 8%

1265   cells serve the majority (60-100%) connections. **d**. Section of fluorescence intensity

1266   readouts for all 26 cells identified during a typical Ca^{2+} wave (superimposed in different

1267   colours) in a single islet. Data collected at 1.0 frame per second, the calcium waves shown

1268   here occurred in the high glucose state (25 mM). **e.** Close up of the fluorescent profiles for

1269   each individual cell taking part in the islet Ca^{2+} wave. "Leader cells" can be defined

1270   temporally as preceding the activity of "follower" cells. **f.** Yellow markers highlight the

1271   position of the temporally-defined "leaders". Results are shown in Supplementary Table 1

1272   (Animal #1). Note that temporally the four defined "leaders" are always the most connected

1273   on independent Granger Causality analysis.

1274

1275

1276

1277

1278

a

Tg(ins:cdt1-mCherry);
Tg(ins:GCaMP6s)

Pancreas

Zebrafish larva

Islet

b

Tg(ins:cdt1-mCherry) X Tg(ins:GCaMP6s)

Before injection   30 s

During   410 s

After   650 s

c

Islet

Glucose Injection

$$\text{Fluorescence Intensity} \frac{(F_T - F_{MIN})}{(F_{MAX} - F_{MIN})}$$

0.2 FI

4 min

c'

Single cell

Time

FI   1   0

d

Response to glucose

GCaMP AUC

*

Before   After

e

Glucose [nmol/larva]

*   *

Time (min)

Figure 1

a

Glucose injection

i ii iii iv v

10 μm

b

i ii iii vi v

1
2
3
4
5
6
7
8
9

2 F/F_{min}

0   500   1000   1500
Time (s)

Glucose

T_{20}

2 F/F_{min}

400   450   500   550
Time (s)

CELL	T_{20} (s)
1	40
2	20
3	90
4	60
5	60
6	30
7	50
8	60
9	50

T_{20} = time from glucose injection to 20% rise in signal

c

R=0.75-1.0
R=0.5-0.75
R=0.25-0.5

d

i ii iii iv v

max
1
0
-1
min

e

Average coefficient of correlation (Pearson R)

***

100
80
60
40
20

i ii iii iv v

f

% connectivity

***

80
60
40
20

i ii iii iv v

Figure 2

a

Before injection | During

#1

10 µm

R=0.75-1.0
R=0.5-0.75
R=0.25-0.5

max
min

1
0
-1
R

b

Cell

CELL	T_{20} (s)
1	28
2	23.7
3	25.5
4	25.5
5	30.6
6	24
7	21.9
8	24.6
9	23.1
10	26.4

2 F/F_{min}

Time (s)

c

Average coefficient of correlation (Pearson R)

**

Low glucose   High glucose

d

% connectivity

***

Low glucose   High glucose

e

Glucose injection

i | ii | iii

Leader

Follower

f

Time (s) of response

Leader

Follower

g

Low glucose | High glucose

Figure 3

a

| | Control ablation | |
| | Pre-ablation | Post-ablation |

1st injection

2nd injection

3nd injection

Tg(insGCAMP6s); Tg(ins:mCherry-cdt1)

b

| | Leader ablation | |
| | Pre-ablation | Post-ablation |

1st injection

2nd injection

3nd injection

a'

| | Control ablation | |
| | Pre-ablation | Post-ablation |

Normalized fluorescence (F$_T$ - F$_{MIN}$)

Glucose stimulation

2 Fl

10sec

F$_{MIN}$

1st injection
2nd injection
3rd injection

b'

| | Leader ablation | |
| | Pre-ablation | Post-ablation |

2 Fl

10sec

1st injection
2nd injection
3rd injection

c

Control pre-ablation   Leader pre-ablation
Control post-ablation   Leader post-ablation

Log$_2$ GCaMP average A.U.C.

ns   ****

Control ablation   Leader ablation

Figure 4

a

(i)

(ii)

b

11.8 mM   13.6 mM   13.3 mM   14.1 mM   17.5 mM

Fluorescent intensity (raw)

0   Time (secs)   600

c

Low Glucose   High Glucose

R=0.75-1.0

R=0.5-0.75

R=0.25-0.5

2-D

max

R

min

Distance (μm)   Distance (μm)

3-D

d

Average Coefficient of correlation (Pearson R)

***

Low glucose   High glucose

e

Connected cells (%)

***

Low glucose   High glucose

Figure 5

a

a

b

Probability (%)

Number of connections

c

Fluorescence intensity

F/F₀

15 s

d

e

Leader

Animal

#1

#2

#4

#5

Figure 6