

# Preoperative Pain Neuroscience Education Combined With Knee Joint Mobilization for Knee Osteoarthritis

Lluch, Enrique; Dueñas, Lirios; Falla, Deborah; Baert, Isabel; Meeus, Mira; Sánchez-Frutos, Jose; Nijs, Jo

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Enrollment

Assessed for eligibility (n=60)

Excluded (n=6)  
Did not meet inclusion criteria(n=6)  
Previous knee surgery (n=6)

Randomized (n=54)

Allocation

Allocated to pain neuroscience  
education with knee joint  
mobilization(n=27)  
Received allocated intervention (n=27)

Allocated to biomedical educational  
with knee joint mobilization(n=27)  
Received allocated intervention (n=27)

Follow-Up

Lost to follow-up (undergo sugery in  
advance) (n=5)  
Discontinued intervention (n=0)

Lost to follow-up (undergo surgery in  
advance)(n=5)  
Discontinued intervention (n=0)

Analysis

Analysed (n=22)

Analysed (n=22)