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DOI:
[10.1111/jcmm.12998](https://doi.org/10.1111/jcmm.12998)

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Document Version
Publisher's PDF, also known as Version of record

Citation for published version (Harvard):
Amorini, AM, Lazzarino, G, Di Pietro, V, Signoretti, S, Lazzarino, G, Belli, A & Tavazzi, B 2016, 'Severity of experimental traumatic brain injury modulates changes in concentrations of cerebral free amino acids', *Journal of Cellular and Molecular Medicine*. <https://doi.org/10.1111/jcmm.12998>

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Severity of experimental traumatic brain injury modulates changes in concentrations of cerebral free amino acids

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Received: July 14, 2016; Accepted: August 26, 2016

Abstract

In this study, concentrations of free amino acids (FAA) and amino group containing compounds (AGCC) following graded diffuse traumatic brain injury (mild TBI, mTBI; severe TBI, sTBI) were evaluated. After 6, 12, 24, 48 and 120 hr aspartate (Asp), glutamate (Glu), asparagine (Asn), serine (Ser), glutamine (Gln), histidine (His), glycine (Gly), threonine (Thr), citrulline (Cit), arginine (Arg), alanine (Ala), taurine (Tau), γ -aminobutyrate (GABA), tyrosine (Tyr), S-adenosylhomocysteine (SAH), L-cystathionine (L-Cystat), valine (Val), methionine (Met), tryptophane (Trp), phenylalanine (Phe), isoleucine (Ile), leucine (Leu), ornithine (Orn), lysine (Lys), plus N-acetylaspartate (NAA) were determined in whole brain extracts ($n = 6$ rats at each time for both TBI levels). Sham-operated animals ($n = 6$) were used as controls. Results demonstrated that mTBI caused modest, transient changes in NAA, Asp, GABA, Gly, Arg. Following sTBI, animals showed profound, long-lasting modifications of Glu, Gln, NAA, Asp, GABA, Ser, Gly, Ala, Arg, Citr, Tau, Met, SAH, L-Cystat, Tyr and Phe. Increase in Glu and Gln, depletion of NAA and Asp increase, suggested a link between NAA hydrolysis and excitotoxicity after sTBI. Additionally, sTBI rats showed net imbalances of the Glu-Gln/GABA cycle between neurons and astrocytes, and of the methyl-cycle (demonstrated by decrease in Met, and increase in SAH and L-Cystat), throughout the post-injury period. Besides evidencing new potential targets for novel pharmacological treatments, these results suggest that the force acting on the brain tissue at the time of the impact is the main determinant of the reactions ignited and involving amino acid metabolism.

Keywords: cerebral free amino acids • excitotoxicity • high performance liquid chromatography • methyl-cycle • N-acetylaspartate • mild traumatic brain injury • severe traumatic brain injury

Introduction

Under physiological conditions, free amino acids (FAA) and amino group containing compounds (AGCC), exert fundamental biochemical roles in numerous brain functions. They can roughly be divided into different categories: (1) those directly involved in neurotransmission, such as glutamate (Glu) and γ -aminobutyric acid (GABA) [1]; (2)

those participating to neurotransmission, such as D-serine (D-Ser) and glycine (Gly) [2]; (3) those indirectly controlling neurotransmission, such as glutamine (Gln), aspartate (Asp), tryptophane (Trp), phenylalanine (Phe) and tyrosine (Tyr) [3–5]; (4) those indirectly involved in cellular energy metabolism, such as leucine (Leu), isoleucine (Ile) and valine (Val) [6]; (5) those involved in specific metabolic pathways, such as methionine (Met), cystathionine (L-Cystat) and S-adenosylhomocysteine (SAH) [7].

Besides, several of them have multiple functions: for instance, Glu and Gly are both substrates necessary for the biosynthesis of reduced

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glutathione (GSH), the main cerebral low molecular weight antioxidant [8]; Glu is also needed for the synthesis of an additional neurotransmitter, namely *N*-acetylaspartylglutamate (NAAG) [9]; Asp is one of the substrate used for the synthesis of *N*-acetylaspartate (NAA), the most abundant, neuron specific, *N*-acetylated amino acid found in the brain [10]; both Asp and Glu participate in the regulation of brain energy metabolism as anaplerotic and cataplerotic compounds of the tricarboxylic acid (TCA) cycle [11].

According to data from animal studies, it appears that the physiological pool of FAA within whole brain tissue is not subjected to significant fluctuations [12, 13], whereas the levels of these compounds are affected, to various degrees, in some cerebral pathologies. Experimental brain ischaemia and reperfusion [14], animal model of amyotrophic lateral sclerosis [15] and experimental seizures [16] have been shown to influence several of the aforementioned substances.

Traumatic brain injury (TBI) is the leading cause of death and disability in young adults (below 45 years of age) in Western countries [17]. Excluding prevention, currently there are no therapies available to reduce TBI-associated damage, partly owing to our incomplete understanding of the cellular and molecular mechanisms of injury [18], so that it is not incorrect to state that TBI patients are still waiting for a satisfactory pharmacological approach. As thoroughly scrutinized and demonstrated, given the visible, morphological damage, a further, profound, hidden and somehow 'invisible' biochemical harm also exists, initiated by the inertial forces acting on the brain tissue at the time of impact (rotational, translational). These forces trigger a cascade of molecular events altering a plethora of cellular functions including ionic homeostasis [19], mitochondrial functions [20], energy metabolism [21], neurotransmission [22], signal transduction [23], protein folding [24], gene expression [25], apoptosis [26]. Various experimental studies have ultimately demonstrated that these and other changes are strictly related to severity of injury [27], on turn related to the amount of the mechanical energy transferred at the time of impact, with mild TBI (mTBI) mostly causing spontaneously resolving changes [28], and with severe TBI (sTBI) mainly provoking permanent alterations of pivotal cerebral cell functions [29, 30].

Notwithstanding the impressive, constantly increasing, number of studies on TBI, up to date there are no comprehensive data on changes potentially occurring to all FAA and ACCG following TBI. Most of the studies have so far focused on amino acids mainly involved in neurotransmission [31–33]. None has been carried out in TBI of different severity. Hence, very little is known in relation to about 10–15 compounds involved in various cell functions and how such a pathophysiology highlight might contribute to potential new targets for pharmacological interventions.

In this study, by using the same brain samples deriving from cohorts of control rodents and of rats experiencing mTBI or sTBI, previously used to assess various biochemical and molecular effects caused by graded TBI [34–36], we have determined the concentrations of FAA and ACCG at different times following the two levels (mild and severe) of experimental diffuse closed head injury.

Materials and methods

Chemicals

High performance liquid chromatography (HPLC)-grade tetrabutylammonium hydroxide, used as the pairing reagent in the separation of *N*-acetylaspartate, (NAA), orthoptalaldehyde (OPA) and 3-mercaptopropionic acid (MPA), used as the reagents to obtain fluorescent-derivatized amino compounds, as well as ultrapure NAA, standard and non-standard amino acids and amino compounds, were supplied from Sigma-Aldrich (St. Louis, MO, USA). HPLC-grade acetonitrile, methanol and tetrahydrofuran were purchased from J.T Baker (Mallinckrodt Baker, Deventer, the Netherlands). All other chemicals were of the highest purity available from commercial sources.

Experimental protocol

The experimental protocol was approved by the Ethical Committee of the Catholic University of Rome, according to international standards and guidelines for animal care. As previously described, Male Wistar rats of 300–350 g were randomly divided into three groups: (1) sham-operated as control; (2) mild diffuse TBI (mTBI group); (3) severe diffuse TBI (sTBI group) [34–36]. As for the anaesthetic mixture, animals received 35 mg/kg b.w. ketamine and 0.25 mg/kg b.w. midazolam by i.p. injection. Since we were interested in a type of trauma producing a diffuse axonal injury, graded TBI (mTBI or sTBI) was induced according to the weight drop impact acceleration model characterized by causing diffuse axonal damage [37]. After anaesthesia, a metal disk was fixed onto the central portion of the skull, between the coronal and lambdoid sutures, to prevent skull fracture and to homogeneously distribute the force acting at the time of impact. Mild or severe TBI were induced by dropping a cumulative weight of 450 g from 1 or 2 m height and knowing to cause, respectively, a mTBI or a sTBI either histopathologically or biochemically [34–38]. At 6, 12, 24, 48 and 120 hrs from injury, rats were again anaesthetized ($n = 6$ for each time-point in both groups of injured animals) and then immediately killed. Sham-operated animals were killed 120 hr after the initial anaesthesia ($n = 6$) and used as controls.

Tissue preparation for the determination of amino acids, amino-compounds and NAA

As described elsewhere [38], an *in vivo* craniectomy was performed in all animals during anaesthesia, the brain was exposed, sharply cut along the sagittal fissure and the two hemispheres were freeze-clamped in liquid nitrogen to minimize metabolite loss [34–36].

The tissue preparation was performed on one hemisphere, using the organic solvent deproteinizing procedure described elsewhere [39]. A total of three right + three left hemispheres for each time-point in both groups of rats (mTBI and sTBI), as well as for the control group, were processed as described above to give clear aqueous 10% protein-free tissue extracts suitable for the HPLC analysis of free amino acids, amino-compounds and NAA.

HPLC separation of amino acids, amino-compounds and NAA

The HPLC apparatus (ThermoFisher Italia, Rodano, Milan, Italy) consisted of a P4000 quaternary pump system, an AS3000 autosampler and a highly sensitive UV6000LP photodiode array detector equipped with a 5 cm light path flow cell and set up between 200 and 400 nm wavelength. Data acquisition and analysis were performed by a PC using the ChromQuest® software package provided by the HPLC manufacturer.

The simultaneous determination of 24 primary FAA and ACCG, including Asp, Glu, asparagine (Asn), serine (Ser), Gln, histidine (His), Gly, threonine (Thr), citrulline (Cit), arginine (Arg), alanine (Ala), taurine (Tau), GABA, Tyr, SAH, L-Cystat, Val, Met, Trp, Phe, Ile, Leu, ornithine (Orn) and lysine (Lys), plus the internal standard norvaline (Norval), was performed using the pre-column derivatization of the sample with a mixture of OPA and MPA, as described elsewhere [40]. Briefly, the derivatization mixture composed by 25 mmol/l OPA, 1% MPA, 237.5 mmol/l sodium borate, pH 9.8 was prepared daily and placed in the autosampler. The automated precolumn derivatization of the samples (15 µl) with OPA-MPA was carried out at 24°C and 25 µl of the derivatized mixture were loaded onto the HPLC column (Hypersil C-18; 250 × 4.6 mm, 5 µm particle size, thermostated at 21°C) for the subsequent chromatographic separation. In the case of Glu, deproteinized brain extracts were diluted 20 times with HPLC-grade H₂O prior to the derivatization procedure and subsequent injection. Separation of OPA-AA and OPA-ACCG was carried out at a flow rate of 1.2 ml/min using two mobile phases (mobile phase A = 24 mmol/l CH₃COONa + 24 mmol/l Na₂HPO₄ + 1% tetrahydrofurane + 0.1% trifluoroacetic acid, pH 6.5; mobile phase B = 40% CH₃OH + 30% CH₃CN + 30% H₂O), using an appropriate step gradient [41]. Assignment and calculation of the OPA-AA and OPA-ACCG in chromatographic runs of whole brain extracts were carried out at 338 nm wavelengths by comparing retention times and areas of peaks with those of peaks of chromatographic runs of freshly prepared ultra-pure standard mixtures with known concentrations.

The determination of NAA was carried out isocratically on 10 µl of deproteinized whole brain extracts, as described elsewhere [42]. Assignment and calculation of NAA was carried out at 206 nm wavelengths by comparing retention time, absorption spectrum and area of the NAA peak in sample runs with those of chromatographic runs of freshly prepared ultra-pure NAA with known concentration.

Statistical analysis

Normal data distribution was tested using the Kolmogorov-Smirnov test. The within group comparison at each time was performed by the one-way analysis of variance (ANOVA). Differences across groups were estimated by the two-way ANOVA for repeated measures. Fisher's protected least square was used as the *post hoc* test. Only two-tailed *P*-values of <0.05 were considered statistically significant.

Results

In Fig. 1, the changes in Glu, Gln, Glu + Gln and Glu/Gln ratio at different times post-graded TBI are illustrated. Concentration of whole

brain Glu after mTBI (Fig. 1A) show a slight but not significant increase at 6, 24 and 48 hrs post impact (+12%, +2% and +7%, respectively). Differently, in animal receiving sTBI, Glu values were significantly higher than controls at 24 (+55%), 48 (+30%) and 120 hrs (+43%) after insult (*P* < 0.01 with respect to control values). Concentration of Glu at these time-points was also significantly higher than that recorded in mTBI rats (*P* < 0.01). The determination of Gln (Fig. 1B) showed that mTBI did not affect the concentration of this amino acid, whilst an increase at 24 and 48 hrs post-sTBI was recorded (maximal increase = +30% at 48 hrs; *P* < 0.01 with respect to both controls and mTBI rats). In consequence of the differential changes of Glu and Gln in the two types of trauma, the Glu + Gln sum (Fig. 1C) was not affected by mTBI, whilst higher values were recorded at 24, 48 and 120 hrs after sTBI (+43%, +30% and +29%, respectively; *P* < 0.01 compared to both controls and mTBI rats). Also the Glu/Gln ratio (Fig. 1D) did not increase following mTBI and underwent significant increase in sTBI rats at 6, 24 and 120 hrs post-injury (+26%, +39% and +48%, respectively, *P* < 0.01 compared to control rats).

Because of the possible interdependence between NAA and Asp variations, in Fig. 2 we compared the changes in NAA, Asp and NAA + Asp in whole brain extracts of mTBI and sTBI rats at different times post-injury. Variations of NAA (Fig. 2A) confirmed previous observations [34–36] showing a transient decrease at 6 and 24 hrs (–19% and –23%, respectively; *P* < 0.01 compared to controls) and a full restoration at 48 and 120 hrs after mTBI, and a steady profound depletion at any time after sTBI (–33%, –47%, –49% and –52% at 6, 24, 48 and 120 hrs, respectively; *P* < 0.001 compared to both controls and mTBI rats). As illustrated in Fig. 2B, when considering the change in brain Asp concentration (calculated in µmol/g wet weight), an increase in 1.96 and 1.36 µmol/g wet weight was recorded at 6 and 24 hrs, respectively, after mTBI (*P* < 0.01 compared to controls). Concentration of Asp in sTBI animals increased by 2.80, 2.07, 1.19 and 1.18 µmol/g wet weight at 6, 24, 48 and 120 hrs, respectively (*P* < 0.01 compared to both controls and mTBI rats). According to the data of Fig. 2C, the increase in Asp observed in mTBI rats equalled (in concentration) the decrease in NAA, so that the sum of these two interconnected compounds (NAA + Asp) did not change at any time after a mild injury. The NAA + Asp sum in brain tissue of sTBI animals was significantly lower than controls at 6 (–11%; *P* < 0.05), 48 (–13%; *P* < 0.05) and 120 hrs post-injury (–15%; *P* < 0.05), indicating that the increase in Asp (in concentration) was not equal to the decrease in NAA (in concentration), i.e. Asp produced by NAA hydrolysis was converted into different compounds or was cleared out of the cerebral tissue.

The influence of graded TBI on the main inhibitory neurotransmitter amino acid (GABA) and one important amino compound osmolite (Tau) are shown in Fig. 3. Animals receiving mTBI showed a significant increase in GABA (Fig. 3A) at 6 and 24 hrs post-impact (+30% and +38%; *P* < 0.01 respect to controls), with values not significantly different from those of controls at 48 and 120 hrs after insult. Severe injury caused an increase in GABA at any time post-impact (+29%, +62%, +32% and +27%, respectively, at 6, 24, 48 and 120 hrs; *P* < 0.01 compared to controls and mTBI rats). In mTBI injured rats, Tau increased only after 6 hrs from the insult

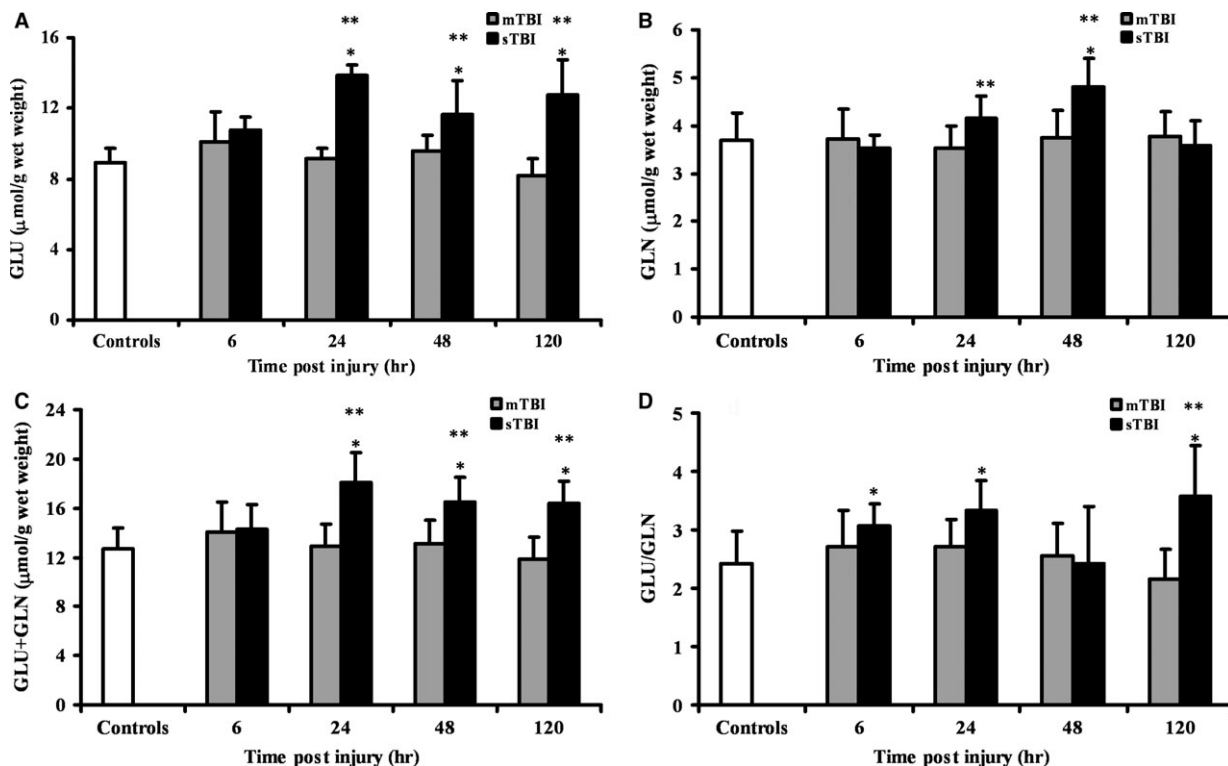


Fig. 1 Time course changes of cerebral concentrations of Glu (A), Gln (B), Glu + Gln (C) and Glu/Gln ratio (D) determined by HPLC in deproteinized tissue extracts of rats receiving mTBI or sTBI. Controls are represented by a group of sham operated rats ($n = 6$). Values at each time-point are the mean of six animals (3 left + 3 right hemispheres). Standard deviations are represented by vertical bars. Tissue preparation, sample processing, pre-column derivatization with OPA, and HPLC conditions for the separation of OPA-amino acid adducts are fully described under Materials and Methods. *Significantly different from controls, $P < 0.01$. **Significantly different from corresponding time of mTBI rats, $P < 0.05$.

(+35%, $P < 0.01$ respect to controls), whilst in sTBI injured rats an increase in Tau was recorded at 24 and 48 hrs post-impact (+62% and +38%, respectively, $P < 0.01$ compared to controls and mTBI rats).

Ser, Thr, Gly and Ala were differently affected by the two grades of TBI. As shown in Fig. 4A–D, mTBI provoked sporadic, modest changes in these four amino acids, mainly within the first 24 hrs post-trauma. More evident and prolonged changes occurred after sTBI, particularly for Ser, Gly and Ala all showing identical time courses with maximal increases recorded at 48 hrs post-insult.

Figure 5 illustrates changes in the concentrations of Arg and Citr, and in the Arg/Citr ratio after mTBI or sTBI. Following a mild injury, Arg initially decreased (–40% at 6 hrs, $P < 0.01$ compared to controls) and then increased resulting +62% and +48% higher than controls ($P < 0.01$) at 48 and 120 hrs, respectively. Consistently lower values of Arg than controls were found in brain homogenates of sTBI animals (–52%, –30%, –38%, –16% at 6, 24, 48, and 120 hrs, respectively; $P < 0.01$ compared to both controls and mTBI rats). In mTBI rats, Citr underwent a –28% reduction at 6 hrs ($P < 0.01$), followed by a recovery at 24 hrs, an increase by 44% at 48 hrs ($P < 0.01$) and a further normalization at 120 hrs post-

trauma. In sTBI animals, a –33% in Citr concentration was detected at 6 hrs, followed hereinafter by normalization to pre-impact values. As a consequence of the differential Arg and Citr changes occurring in the two levels of injury, the Arg/Citr ratio, which is an indirect indicator of nitric oxide (NO) production by endothelial, neuronal and inducible nitric oxide synthases (eNOS, nNOS and iNOS), was unchanged at 6, 24 and 48 hrs and was increased by 45% at 120 hrs ($P < 0.01$) after mTBI, whilst it was consistently lower at any time post-sTBI ($P < 0.01$ compared to both control and mTBI rats).

The variations of the remaining FAA and ACCG, determined at different times post-mTBI or -sTBI in deproteinized brain homogenates, are summarized in Table 1. None of the 10 FAA (Asn, His, Tyr, Val, Met Trp, Phe, Ile, Leu Lys) and of the two ACCG (SAH and L-Cystat) were affected by a mild level of TBI. Conversely, the amino acids (Met and L-Cystat and the amino group containing compound (SAH) involved in the so called methyl-cycle, which regulates numerous methylation reactions within a living cell, underwent remarkable changes, with significant increase in SAH and concomitant decrease in Met and increase in L-Cystat) particularly evident between 24 and 120 hrs post-injury ($P < 0.01$ compared to both control and mTBI rats).

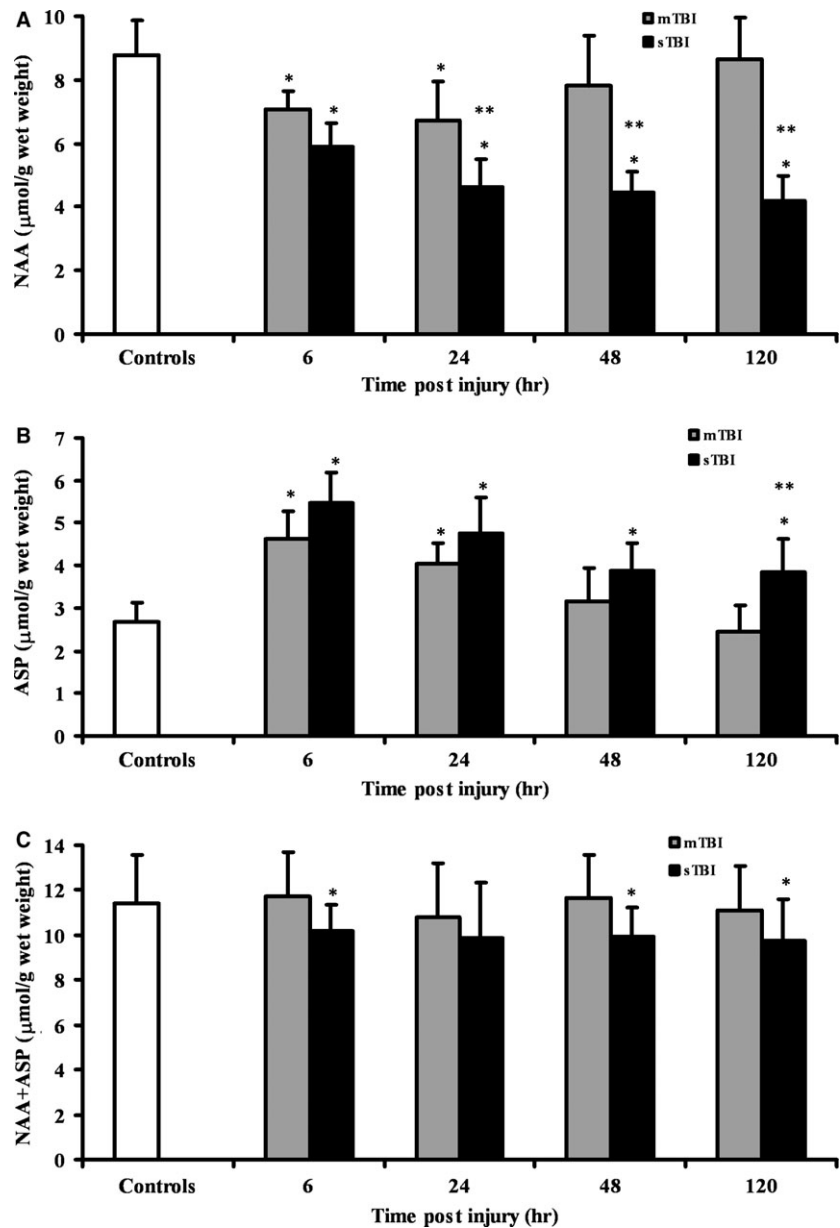


Fig. 2 Time course changes of cerebral concentrations of NAA (A), Asp (B), and NAA + Asp (C) determined by HPLC in deproteinized tissue extracts of rats receiving mTBI or sTBI. Controls are represented by a group of sham operated rats ($n = 6$). Values at each time-point are the mean of six animals (3 left + 3 right hemispheres). Standard deviations are represented by vertical bars. Tissue preparation, sample processing, pre-column derivatization with OPA, and HPLC conditions for the separation of NAA and of OPA-amino acid adducts are fully described under Materials and Methods. *Significantly different from controls, $P < 0.01$. **Significantly different from corresponding time of mTBI rats, $P < 0.01$.

Discussion

In view of their multiple and complex biochemical roles, FAA and ACCG are of crucial importance for maintaining brain tissue metabolic homeostasis [6, 7]. For this reason, several studies have been carried out in both acute and chronic cerebral pathologies, in the majority of cases focussing on changes occurring to amino acidic neurotransmitters [4, 11]. TBI studies have also mainly focused on amino acids involved in neurotransmission [33], especially with regard to changes in their extracellular concentrations [32, 43].

Results reported in the present study provide a comprehensive picture of the effects of two levels of TBI, characterized by diffuse axonal injury, on the cerebral concentrations of 18 standard FAA and 6 ACCG (including two amino acids of the urea cycle), and of the main neuron specific *N*-acetylated amino acid (NAA). A general remark is that, once again, mTBI modestly and transiently affects the concentrations of FAA and ACCG, as well as of NAA and it is clearly distinguishable from sTBI causing a profound, long-lasting imbalance in the homeostasis of the aforementioned substances.

Data referring to Glu and Gln levels indicate that mTBI did not cause significant excitotoxic conditions, possibly maintaining

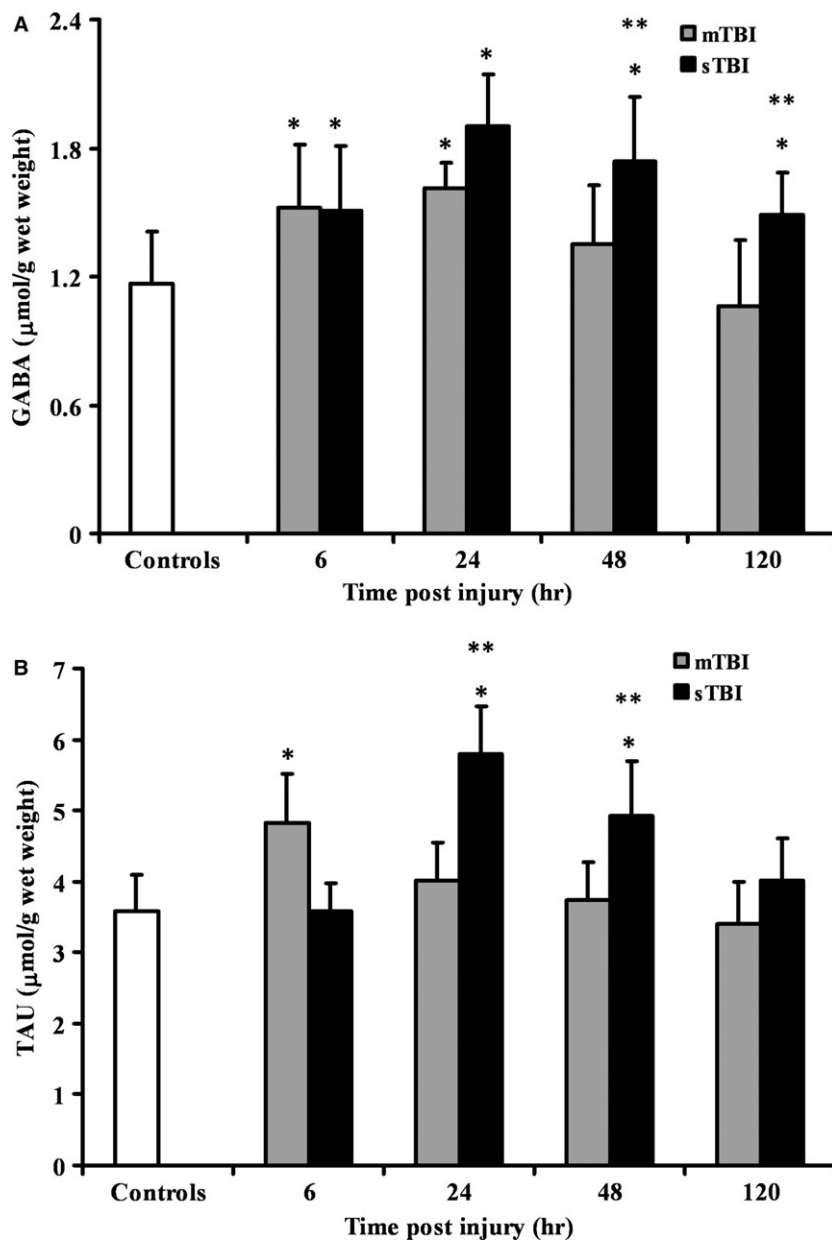


Fig. 3 Time course changes of cerebral concentrations of GABA (**A**), and Tau (**B**) determined by HPLC in deproteinized tissue extracts of rats receiving mTBI or sTBI. Controls are represented by a group of sham operated rats ($n = 6$). Values at each time-point are the mean of six animals (3 left + 3 right hemispheres). Standard deviations are represented by vertical bars. Tissue preparation, sample processing, pre-column derivatization with OPA, and HPLC conditions for the separation of OPA-amino acid adducts are fully described under Materials and Methods. *significantly different from controls, $P < 0.01$. **significantly different from corresponding time of mTBI rats, $P < 0.01$.

unaltered the Glu-Gln cycle between neurons and astrocytes [11]. Conversely, sTBI induced a net increase in both Glu and Gln throughout the observational period (120 hrs), with high concentrations of Glu any time post-impact. This indicates that with this level of injury Glu excitotoxicity might be caused by a combined increase in extracellular Glu [32, 43, 44] and in its total cerebral concentration. Moreover, the increase in the Glu/Gln ratio following sTBI should indicate an impairment in the neuron-astrocyte Glu-Gln cycle which should contribute to a decreased rate in Glu removal from the extracellular milieu and consequent exacerbation of the cytotoxic effects of excess Glu outside cells [11, 33].

It can be hypothesized that the Glu increase is related to NAA changes. As previously observed, alterations in NAA homeostasis are transient after mTBI and permanent after sTBI [45]. These are caused by biochemical and molecular changes occurring to mitochondrial functions, as well as to the expression of the genes encoding for the enzymes catalysing NAA biosynthesis and degradation [35]. In the present study, we could show that only after sTBI the decrease in NAA is not stoichiometrically accompanied by an increase in Asp (Fig. 2). By subtracting the pre-impact NAA concentration, it is possible to calculate that 2.87, 4.12, 4.29 and 4.56 $\mu\text{mol/g}$ wet weight of NAA are hydrolysed at 6, 24, 48 and 120 hrs post-sTBI, respectively.

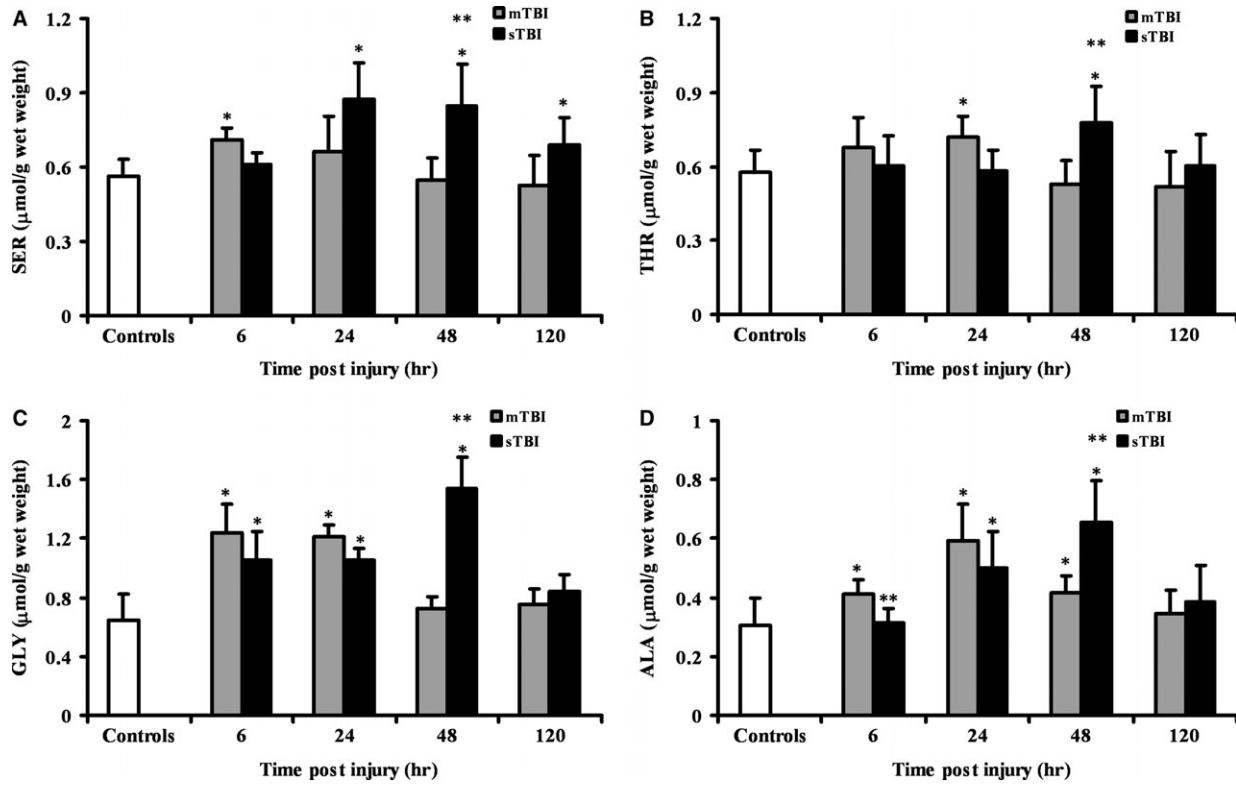


Fig. 4 Time course changes of cerebral concentrations of Ser (A), Thr (B), Gly (C) and Ala (D) determined by HPLC in deproteinized tissue extracts of rats receiving mTBI or sTBI. Controls are represented by a group of sham operated rats ($n = 6$). Values at each time-point are the mean of six animals (3 left + 3 right hemispheres). Standard deviations are represented by vertical bars. Tissue preparation, sample processing, pre-column derivatization with OPA, and HPLC conditions for the separation of OPA-amino acid adducts are fully described under Materials and Methods. *Significantly different from controls, $P < 0.05$. **Significantly different from corresponding time of mTBI rats, $P < 0.01$.

At the same time-points increase in Asp is equal to 1.64, 2.57, 2.80 and 2.88 $\mu\text{mol/g}$ wet weight, i.e. when taking into account Asp deriving from NAA hydrolysis deficits of 1.23, 1.55, 1.49 and 1.68 $\mu\text{mol/g}$ wet weight of Asp are observed in the brain tissue of severely injured rats. It is highly probable that these amounts of Asp are rapidly converted into Glu *via* the activity of Asp aminotransferase, through the reaction $\text{Asp} + \alpha\text{-ketoglutarate} \leftrightarrow \text{Glu} + \text{oxaloacetate}$ [11], thereby potentially linking degradation of NAA with Glu and its excitotoxic effects. As this phenomenon is confined to sTBI only, it can be postulated that, under pathological conditions causing imbalance of NAA homeostasis with a net decrease in its cerebral concentration below a given threshold value (lower than the lowest value recorded in mTBI rats), an increase in Asp can trigger its transamination into Glu by aminotransferase, significantly concurring to cause an increase in Glu concentrations. To corroborate this hypothesis, it should be underlined that significantly lower values of Glu are present in the brain of rats affected by experimental Canavan disease [46, 47], the rare inborn error of metabolism caused by defects in the enzyme (*N*-acetyl-aspartoacylase) degrading NAA into Asp and acetate [48]. Under these pathological conditions, NAA is not hydrolysed by oligodendrocytes thus decreasing brain Asp availability, in turn producing about 50% lower Glu value [46, 47]. That is, brain Glu metabolism is, at in

part, linked to the turnover rate of NAA. Therefore, control of NAA homeostasis at the enzymatic level might be a new, highly relevant target for new pharmacological approach aimed at reducing Glu excitotoxicity.

We found that GABA had transient increase at early stages post-mTBI, and underwent significant increase in sTBI even at relatively long times after impact (24, 48, and 120 hrs), substantiating results of a very recent study obtained in a mouse model of mTBI [49]. Since GABA is the only antagonist of Glu, it is conceivable that such an increase is aimed at counteracting the excitotoxic effect of increased Glu. However, if we take into account the Glu/GABA ratio, 7.65 is the value found in controls. Rats after mTBI exhibit a Glu/GABA ratio of 6.65, 5.67, 7.11, and 7.69 at 6, 24, 48 and 120 hrs post-injury, respectively, whilst at the same time-points sTBI animals have Glu/GABA ratios of 7.16, 7.29, 7.57, and 8.59. That is, the increase in GABA after sTBI was not sufficient to counteract excitotoxicity caused by the increase in Glu.

It is presumable that Glu decarboxylation, catalysed by Glu decarboxylase, would have the dual effect of decreasing total Glu concentration and simultaneously increasing GABA concentration. In light of this, it should be borne in mind that GABA is also part of a cycle between two cellular compartments: GABAergic neurons

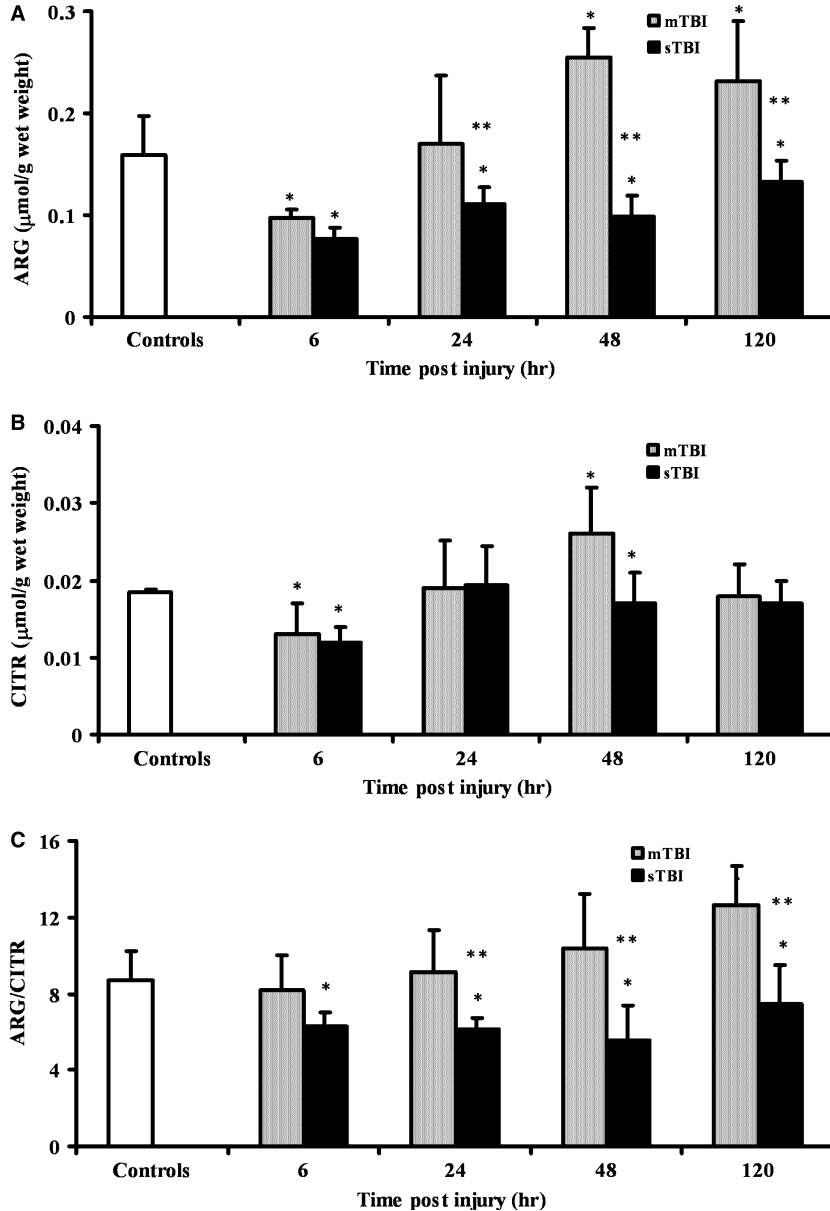


Fig. 5 Time course changes of cerebral concentrations of Arg (**A**), Citr (**B**), and Arg/Citr ratio (**C**) determined by HPLC in deproteinized tissue extracts of rats receiving mTBI or sTBI. Controls are represented by a group of sham operated rats ($n = 6$). Values at each time-point are the mean of six animals (3 left + 3 right hemispheres). Standard deviations are represented by vertical bars. Tissue preparation, sample processing, pre-column derivatization with OPA, and HPLC conditions for the separation of OPA-amino acid adducts are fully described under Materials and Methods. *Significantly different from controls, $P < 0.01$. **Significantly different from corresponding time of mTBI rats, $P < 0.01$.

producing GABA from Glu and then releasing GABA to modulate excitatory effects of Glu, and astrocytes re-uptaking GABA, deaminating and inserting it into the TCA cycle to indirectly generate first Glu and finally Gln which is again taken up by neurons, thereby closing the complex Glu-Gln/GABA cycle occurring between neurons and astrocytes [11, 33]. It has previously been demonstrated that the loss of one carbon unit occurring in neurons upon GABA formation, is restored in astrocytes using acetate as the preferential carbon donor substrate [11, 50]. Again, it is therefore highly possible that acetate deriving from increased NAA hydrolysis, as it occurs in sTBI, may be used to support the increased rate of the Glu-Gln/GABA cycle.

It is also possible that the increase in Tau in sTBI injured animals is correlated with the decrease in NAA and the concomitant decrease in osmolarity. It has been indicated that both compounds, besides various still debated biological functions [51–55], play a determining contribution in controlling cerebral osmolarity [52, 55, 56]. Even though some studies showed a decrease in Tau after TBI [57–59], our results are in line with those reported by others [60, 61] and are logically connected to dysfunctional NAA homeostasis following sTBI and to a precise role of osmolyte regulator performed by cerebral Tau. It is also possible that the increase in Tau is finalized to counteract Glu excitotoxic effects since it has been reported that Tau can directly interact with the NMDA receptor subtype decreasing the binding of Glu [62].

Table 1 Time course of changes of amino acids and amino group containing compounds determined in deproteinized brain homogenates of rats receiving mTBI or sTBI

Time post-injury (hours)	ASN	HIS	TYR	SAH	VAL	MET	TRP	PHE	ILE	LEU	LYS	L-Cystat
Controls												
	0.108 (0.035)	0.045 (0.011)	0.123 (0.047)	0.026 (0.010)	0.049 (0.005)	0.015 (0.004)	0.013 (0.003)	0.023 (0.003)	0.030 (0.010)	0.015 (0.005)	0.206 (0.042)	0.147 (0.031)
mTBI												
6	0.132 (0.009)	0.052 (0.007)	0.143 (0.025)	0.037 (0.014)	0.048 (0.007)	0.013 (0.003)	0.013 (0.003)	0.031 (0.008)	0.029 (0.008)	0.013 (0.003)	0.243 (0.072)	0.185 (0.046)
24	0.101 (0.012)	0.039 (0.003)	0.122 (0.021)	0.045* (0.011)	0.036 (0.017)	0.014 (0.004)	0.012 (0.002)	0.022 (0.002)	0.027 (0.005)	0.013 (0.007)	0.185 (0.034)	0.191 (0.039)
48	0.106 (0.018)	0.061 (0.009)	0.131 (0.023)	0.032 (0.009)	0.040 (0.011)	0.017 (0.005)	0.014 (0.004)	0.031 (0.011)	0.031 (0.005)	0.018 (0.006)	0.192 (0.023)	0.173 (0.035)
120	0.089 (0.019)	0.049 (0.016)	0.116 (0.037)	0.028 (0.005)	0.039 (0.006)	0.019 (0.002)	0.010 (0.004)	0.025 (0.005)	0.032 (0.007)	0.016 (0.002)	0.189 (0.056)	0.147 (0.038)
sTBI												
6	0.125 (0.017)	0.054 (0.013)	0.111 (0.028)	0.064*† (0.024)	0.043 (0.019)	0.009*† (0.004)	0.013 (0.002)	0.031 (0.008)	0.026 (0.007)	0.0011 (0.006)	0.265 (0.064)	0.200* (0.025)
24	0.134 (0.050)	0.046 (0.031)	0.166* (0.038)	0.077* (0.050)	0.038 (0.004)	0.010*† (0.002)	0.016* (0.004)	0.049*† (0.003)	0.029 (0.013)	0.011 (0.004)	0.230 (0.078)	0.279*† (0.062)
48	0.116 (0.048)	0.060 (0.029)	0.159 (0.074)	0.077*† (0.021)	0.057 (0.018)	0.011*† (0.003)	0.023*† (0.006)	0.046*† (0.022)	0.043 (0.020)	0.014 (0.003)	0.202 (0.055)	0.337*† (0.030)
120	0.091 (0.028)	0.046 (0.008)	0.123 (0.034)	0.043*† (0.006)	0.042 (0.014)	0.010*† (0.001)	0.012 (0.005)	0.033 (0.008)	0.038* (0.010)	0.014 (0.005)	0.190 (0.049)	0.202*† (0.058)

Each value is the mean (S.D.) of six different brain samples (3 left + 3 right hemispheres) and is expressed as μmol/g wet weight.

*Significantly different from controls, $P < 0.01$.

†Significantly different from corresponding times of mTBI rats, $P < 0.01$.

The tendency to modest, transient increase in excitatory amino acids in mTBI and to marked, protracted increase following sTBI is also clearly indicated by the changes in the brain values of free Ser and Gly, both interacting with the NMDA Glu receptors and actively contributing to the excitatory effects of Glu [63]. Although we did not separate L-Ser from D-Ser (the stereoisomer actively binding to the NMDA receptors), it is presumable that the 1.3-1.5 times increase in total Ser observed in sTBI rats generates an increase in the two isomers at least equal to the relative ratio recorded under physiological conditions, when D-Ser has been reported to be about the 15% of the total Ser pool in adult rats [64]. If this is correct and since the only source of cerebral D-Ser is the racemization of L-Ser via the D-Ser racemase enzyme, a sufficient increase in the D-Ser levels might have been formed after sTBI and contributed to Glu excitotoxicity. The considerable increase in Gly recorded during the first 48 hrs post-sTBI completes the picture of a general exacerbation of excitatory phenomena, mediated by the increase in the aforementioned free amino acids that have been observed using different types of measures in various models of TBI [65–67].

In our experiments, we also found that sTBI, but not mTBI, causes significant changes in Arg and Citr concentration, and in the Arg/Citr ratio. This latter is an indirect indicator of the activity of NO synthases [68] and its decrease is generally attributed to the activation of iNOS, i.e. the inducible NOS isoenzyme responsible for cellular nitrosative stress [69]. It is worth recalling that in previous experiments we found increased nitrosative stress following sTBI as evaluated by measuring the brain tissue concentration of nitrite and nitrate, the stable end-products of NO metabolism [70].

The last remarkable finding of this study concerns a significant alteration of the concentrations of the amino acids and amino group containing compound involved in the so called methyl-cycle, namely Met, SAH and L-Cystat. Again, these changes were recorded only in brain tissue of animals experiencing a severe level of TBI (Table 1). Concomitant decrease in Met, and increase in SAH and L-Cystat strongly suggest either reduced availability of the main methyl-group donor S-adenosylmethionine (SAM) or a decreased rate in the formation of free cysteine (Cys) originating from the hydrolysis of L-Cystat catalysed by cystathionine γ -lyase. Alterations of SAM homeostasis have been proven to be involved in several neurodegenerative pathologies, including Alzheimer's disease [71] and multiple sclerosis [72]. On the other hand, a Cys decrease may negatively influence the rate of GSH biosynthesis, thereby contributing to the previously observed decrease in GSH content as a consequence of marked oxidative stress occurring after sTBI [34]. It was recently reported that groups of mTBI and sTBI patients had decreased levels of circulating Met and SAM, much more evident in sTBI than in mTBI patients, thus confirming the existence of an altered methyl-cycle after a traumatic insult [73].

According to the timing of the changes in FAA, ACCG and NAA it is possible to evidence substantial differences between the two levels of injury. When considering mTBI, most of the changes in FAA, ACCG and NAA occurred at early-phases post-injury (6–24 hrs) and may therefore be attributed to the traumatic event and to the immediate onset of the neurometabolic cascade affecting various biochemical pathways [28, 67]. At longer times post-impact, animals

experiencing mTBI showed normalization of the various compounds measured, indicating that reparative processes were mainly acting in the mildly injured brain after 48–120 hrs from trauma, as already found in previous studies using the same experimental model [27, 38, 45, 70]. Concerning sTBI, it is possible to assume that the changes in FAA, ACCG and NAA occurring at early-phases post-injury (6–24 hrs) were also in this case related to the traumatic event and to the triggering of the neurometabolic cascade affecting various biochemical pathways [28, 67]. At longer times post-impact, rats receiving sTBI showed a further deterioration in the values of FAA, ACCG and NAA, very probably because of secondary mechanisms and reactions (inflammatory processes, oxidative/nitrosative stress, persistent mitochondrial malfunctioning) involving injured still viable cerebral tissue.

It is worth recalling that the results reported in the present study have been obtained using deproteinized brain samples (saved at -80°C) from three cohorts of rats (controls, mTBI and sTBI) in which, with the same methodology to induce TBI, we have previously shown that complex metabolic, enzymatic and gene mechanisms are responsible for profound changes in NAA homeostasis [35], sustained oxidative stress with neuroglobin overexpression and GSH depletion [34] and glucose dysmetabolism with energy metabolism imbalance [36]. In these studies, differential injury severity caused transient (in mTBI rats) or irreversible changes in (in sTBI rats). By combining these previous data with those here shown and referring to FAA and ACCG, it is possible to conceptualize an even more detailed picture of the plethora of biochemical functions (and of their interrelationships) undergoing changes, the duration and severity of which only depend on the severity of injury.

In conclusion, although these results are not immediately translatable into the clinical setting particularly because of the differences between 'rat time' and 'human time', this study offers a panorama of the influence of different levels of TBI on the time course of changes of FAA and ACCG, highlighting previously unknown connections between alterations in NAA homeostasis and changes of amino acids directly or indirectly linked to post-injury excitotoxic phenomena. These and other modifications (dysfunction of the methyl-cycle, increased nitrosative stress) are clearly reversible and of limited magnitude in mTBI, thus corroborating the existence, and the rather complex biochemical basis, of a window of metabolic brain vulnerability after mTBI involving main cell biological functions [45, 67, 70]. Given the number of the 'disturbed' biochemical tasks during this period of time, it is possible that repeat mTBIs may cause chronic impairment of these systems up to a point of permanent damages of key cellular bio-molecular 'apparatuses'. This might potentially be involved in the development of chronic post-traumatic encephalopathy observed, for instance, in athletes with a long history of multiple concussions [74]. Ultimately, we have again demonstrated that mTBI and sTBI have two clearly distinct patterns of molecular evolution, not in linear, proportional relationship. The force acting on the brain tissue at the time of the impact is the main determinant of the reactions ignited and, ultimately, of the fate of cerebral tissue. This should carefully be borne in mind when deciding the treatment of an mTBI or an sTBI patient and when developing new pharmacological interventions that could not be effective in all TBIs.

Acknowledgements

This work has been funded in part by research funds of the Catholic University of Rome (BT) the University of Catania (Giuseppe L) and the University of Birmingham (AB).

Author contributions

AMA carried out the HPLC analysis of brain tissue, interpreted the analytical results and contributed to manuscript preparation. GL prepared brain tissue samples for the HPLC analyses, performed the

analysis of amino acids and interpreted the chromatographic data. VDP performed the statistical analysis. SS carried out animal surgical procedures and revised the manuscript. GL wrote the first manuscript draft. AB contribute to perform statistical analysis and extensively revised the text. BT contributed to carry out animal surgical procedures, trauma induction, supervision of HPLC analyses and extensive manuscript revision.

Conflict of interest

The authors confirm that there are no conflicts of interest.

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