

Dermal bioaccessibility of flame retardants from indoor dust and the influence of topically applied cosmetics

Pawar, Gopal; Abdallah, Mohamed; V-de-Sáa, Eugenia; Harrad, Stuart

DOI:

[10.1038/jes.2015.84](https://doi.org/10.1038/jes.2015.84)

License:

None: All rights reserved

Document Version

Peer reviewed version

Citation for published version (Harvard):

Pawar, G, Abdallah, M, V-de-Sáa, E & Harrad, S 2016, 'Dermal bioaccessibility of flame retardants from indoor dust and the influence of topically applied cosmetics', *Journal of Exposure Science & Environmental Epidemiology*, vol. 27, pp. 100-105. <https://doi.org/10.1038/jes.2015.84>

[Link to publication on Research at Birmingham portal](#)

Publisher Rights Statement:

Final published version available at: <http://dx.doi.org/10.1038/jes.2015.84>

Checked January 2016

General rights

Unless a licence is specified above, all rights (including copyright and moral rights) in this document are retained by the authors and/or the copyright holders. The express permission of the copyright holder must be obtained for any use of this material other than for purposes permitted by law.

- Users may freely distribute the URL that is used to identify this publication.
- Users may download and/or print one copy of the publication from the University of Birmingham research portal for the purpose of private study or non-commercial research.
- User may use extracts from the document in line with the concept of 'fair dealing' under the Copyright, Designs and Patents Act 1988 (?)
- Users may not further distribute the material nor use it for the purposes of commercial gain.

Where a licence is displayed above, please note the terms and conditions of the licence govern your use of this document.

When citing, please reference the published version.

Take down policy

While the University of Birmingham exercises care and attention in making items available there are rare occasions when an item has been uploaded in error or has been deemed to be commercially or otherwise sensitive.

If you believe that this is the case for this document, please contact UBIRA@lists.bham.ac.uk providing details and we will remove access to the work immediately and investigate.

20 1 Abstract

21 Despite extensive literature on their potential adverse health effects, there is a lack of
22 information on human dermal exposure to organic flame retardant chemicals (FRs).
23 This study applies an *in vitro* physiologically based extraction test to provide new
24 insights into the dermal bioaccessibility of various FRs from indoor dust to synthetic
25 sweat/sebum mixture (SSSM). The bioaccessible fractions of α -, β -, γ -
26 hexabromocyclododecane (HBCD) and tetrabromobisphenol A (TBBPA) to 1:1
27 (sweat:sebum) mixture were 41%, 47%, 50% and 40%, respectively. For Tris-2-
28 chloroethyl phosphate (TCEP), tris (1-chloro-2-propyl) phosphate (TCIPP) and tris-1,3-
29 dichloropropyl phosphate (TDCIPP), bioaccessible fractions were 10%, 17% and 19%.
30 Composition of the SSSM and compound-specific physicochemical properties were the
31 major factors influencing the bioaccessibility of target FRs. Except for TBBPA, the
32 presence of cosmetics (moisturizing cream, sunscreen lotion, body spray, and shower
33 gel) had a significant effect ($P < 0.05$) on the bioaccessibility of the studied FRs. The
34 presence of cosmetics decreased the bioaccessibility of HBCDs from indoor dust, while
35 shower gel and sunscreen lotion enhanced the bioaccessibility of target PFRs. Our
36 bioaccessibility data were applied to estimate the internal exposure of UK adults and
37 toddlers to the target FRs via dermal contact with dust. Our worst-case scenario
38 exposure estimates fell far below available health based limit values for TCEP, TCIPP
39 and TDCIPP. However, future research may erode the margin of safety for these
40 chemicals.

41

42 **Keywords:** dermal exposure; bioaccessibility; BFRs; PFRs; cosmetics; indoor dust.

43

44 **2 Introduction**

45 Organic flame retardants like polybrominated diphenyl ethers (PBDEs),
46 hexabromocyclododecane (HBCD), tetrabromobisphenol-A (TBBPA), novel brominated
47 flame retardants (NBFRs), and organophosphate flame retardants (PFRs) have found
48 widespread application in a plethora of consumer items ^{1, 2}. However, concerns exist
49 over possible adverse health impacts following numerous reports of exposure to BFRs
50 through inhalation, dermal contact and ingestion of both diet and settled dust ^{3, 4}. In a
51 recent review ⁵, we highlighted the potential importance of dermal uptake of FRs as an
52 exposure pathway. The lack of experimental information on human dermal uptake of
53 these chemicals from contact with organic films present on indoor surfaces, as well as
54 contact with dust particles and source materials may be attributed to ethical issues
55 associated with both *in vivo* and *in vitro* studies using human tissues. In addition,
56 uncertainties arise from interspecies variation and allometric scaling of dermatokinetic
57 data from animals to humans ⁵. These challenges further support the need for
58 alternative *in vitro* methods to study dermal availability of FRs in indoor dust to
59 humans.

60 Survey of existing literature reveals various modelling approaches for dermal risk
61 assessment including quantitative structure activity relationship (QSAR)-based
62 methods ^{6, 7} and pharmacokinetic (PK)-modelling methods ⁸. However, such approaches
63 have some limitations, for example QSAR-based approaches report uncertainties
64 associated with the relationship between K_m (the partition coefficient between the
65 exposure vehicle and *stratum corneum*) of the studied molecule and its K_{ow} , where the
66 extent to which K_{ow} is good predictor for K_m is questionable, especially when the
67 exposure vehicle is not water. Moreover, the thickness of the *stratum corneum* (SC)

68 varies between species and estimated values of the compound diffusivity through the
69 skin based on extrapolation from other studies on different compounds can be
70 misleading⁹.

71 On the other hand, PK modelling studies of FRs report uncertainties associated with the
72 fraction of FR available for absorption following exposure via different pathways (i.e.
73 ingestion, inhalation or dermal contact) in addition to the lack of reliable information on
74 the elimination half-lives of different FRs from various tissues^{10, 11}. Moreover, the
75 influence of physiological fluids (e.g. sweat, gastrointestinal fluid, etc) on the
76 bioavailable fraction of FRs is often neglected.

77 Physiologically-based *in vitro* bioaccessibility tests have emerged as an alternative
78 method to study the availability for dermal uptake of several xenobiotics including
79 heavy metals¹²⁻¹⁶ and pesticides¹⁷. Such bioaccessibility tests have been incorporated
80 in regulatory frameworks such as the European standard for the release of nickel in
81 artificial sweat (BS EN 1811, 2011). Bioaccessibility may be defined as “*the fraction of*
82 *the total dose of a specific chemical/contaminant present in a matrix that becomes*
83 *liberated into the body fluids and hence, is available for absorption*”¹⁸. In other words, a
84 combination of data on bioaccessibility and subsequent dermal uptake is required to
85 determine the ability of a chemical (e.g. an FR) present in a matrix (e.g. dust), to be
86 released from that matrix and be subsequently absorbed by an organ of the human body
87 like the skin¹⁷. Bioaccessibility data from *in vitro* studies are conservative, because not
88 all the mass of a given chemical released into the body fluid (i.e. the bioaccessible
89 fraction) will likely be absorbed through the biological membrane (e.g. skin) to reach
90 the systemic circulation (i.e. bioavailable)¹⁹. The outermost surface of the human skin,
91 the *stratum corneum*, is covered with a skin surface film liquid (SSFL) mixture which
92 consists of varying proportions of sweat and sebum^{20, 21}. Sweat is aqueous in nature

93 and secreted to regulate body temperature. It consists mainly of electrolytes, organic
94 acids, amino acids, vitamins and other nitrogenous substances. Sebum is a clear, oily
95 substance secreted by sebaceous glands and forms a 0.5 to >4.0 μm thick layer to
96 protect the skin from drying out. It mainly consists of squalene, wax esters and
97 triglycerides, as well as free fatty acids, with a small amount of cholesterol and
98 cholesterol esters ²².

99 Cosmetics (e.g. sunscreen creams) may contain certain ingredients (e.g. surfactants)
100 which can remain on the skin and become incorporated within the SSFL. This in turn,
101 may alter the lipid domain of the skin, by interacting with the proteins in the barrier, or
102 hydration, thereby increasing partitioning of chemicals to the SC ²³. Previous studies
103 have shown certain sunscreen lotions to act as inadvertent penetration enhancers for
104 potentially harmful chemicals ^{24, 25}. Therefore, it is important to investigate the effect of
105 topically-applied cosmetics on the dermal bioaccessibility of FRs in indoor dust.

106 Against this background, we investigate *-for the first time-* the dermal bioaccessibility of
107 selected organic FRs present in house dust including: TBBPA, α -, β - and γ -HBCD, Tris-2-
108 chloroethyl phosphate (TCEP), tris (1-chloro-2-propyl) phosphate (TCIPP) and tris-1,3-
109 dichloropropyl phosphate (TDCIPP). We quantify the bioaccessible fraction of these FRs
110 from dust to varying physiologically-relevant mixtures of synthetic sweat and sebum,
111 and examine the impact on bioaccessibility of various topically-applied cosmetic
112 products.

113

114 **3 Materials and Methods**

115 **3.1 Characterisation of the studied house dust**

116 SRM 2585 (organics in house dust, particle size < 100 μm and total moisture content
117 =2.11 \pm 0.06 %) was purchased from NIST (Gaithersburg, MD, USA). Aliquots (n=5,

118 ~0.1 g each) of SRM2585 were analysed for target FRs using previously reported
119 methods by our research group ^{26, 27}. Results compared well with the indicative and
120 reported levels of target FRs in this SRM (Tables SI-1 to SI-5).

121

122 **3.2 Preparation of synthetic sweat and sebum mixture**

123 Physiologically-simulated artificial sweat and sebum mixture (SSSM) was prepared
124 according to a previously reported method and US patent using over 25 different
125 chemical components ^{22, 28} (see Table SI-6 for details). The pH was adjusted to that of
126 normal human skin (5.3 ± 0.1) and preserved at 8 °C. Synthetic sweat and sebum were
127 prepared separately, and then mixed in different physiologically-relevant proportions
128 using Tween 80 to mimic the naturally secreted surface active agents in the SSSM ^{22, 28}.

129

130 **3.3 Dermal bioaccessibility *in vitro* test protocol**

131 Briefly, ~60 mg of NIST SRM2585 dust and (when tested) 6 mg of cosmetics
132 (moisturising cream, sun screen lotion, shower gel and body spray were each examined
133 separately) were accurately weighed and transferred into a clean dry test tube. In the
134 absence of definitive data on the dust to sweat ratio on human skin (which is greatly
135 influenced by variations of sweat secretion and dust loadings), we adopted a previously
136 reported method ¹⁷ to mimic “wet skin conditions” using 1:100 w/v dust to sweat ratio
137 (i.e. 6 mL of the SSSM were applied for each 60 mg of dust). The mixture was then gently
138 agitated on a heated magnetic-stirrer plate maintained at physiological skin
139 temperature (32 °C). After 1 hour, phase separation was achieved by centrifugation at
140 3000 rpm for 15 mins. The dust (solid residue) and SSSM (supernatant) samples were
141 analysed separately.

142

143 **3.4 Chemical Analysis**

144 **3.4.1 Determination of HBCDs and TBBPA**

145 Dust/SSSM/cosmetic samples were spiked with 30 μL of ^{13}C -isotopically labelled α -
146 HBCD, β -HBCD, γ -HBCD and TBBPA ($1\text{ ng } \mu\text{L}^{-1}$), prior to extraction with 3 mL of hexane:
147 ethyl acetate (1:1 v/v) using a QuEChERS-based method. Sample tubes were vortexed
148 on a multi-positional mixer for 5 mins, followed by ultra-sonication for 5 mins and
149 centrifugation at 3000 rpm for 5 mins. The extraction cycle was repeated twice before
150 the pooled supernatant was collected in a clean tube and evaporated to $\sim 1\text{ mL}$ under a
151 stream of N_2 . The crude extract was washed with $\sim 2\text{ mL}$ of 95 % H_2SO_4 to remove
152 lipids. The organic layer and washings were combined and evaporated to incipient
153 dryness under N_2 . Target analytes were reconstituted in $150\text{ } \mu\text{L}$ of methanol containing
154 $50\text{ pg } \mu\text{L}^{-1}$ of $\text{d}_{18}\text{-}\alpha\text{-HBCD}$ used as recovery determination standard (RDS) prior to LC-
155 MS/MS analysis using previously reported methods ²⁹.

156

157 **3.4.2 Determination of PFRs**

158 Dust/SSSM/cosmetic samples were spiked with 30 μL of d_{15} -triphenyl phosphate (d_{15} -
159 TPHP, $10\text{ ng } \mu\text{L}^{-1}$) used as internal (surrogate) standard prior to extraction with hexane:
160 ethyl acetate (1:1 v/v, 3 mL) using the same procedure applied for HBCDs. The crude
161 extract ($\sim 1\text{ mL}$) was cleaned up by loading onto a Florisil SPE cartridge (pre-
162 conditioned with 6 mL of hexane). Fractionation was achieved by eluting with 8 mL of
163 hexane (F1, discarded) followed by 10 mL of ethyl acetate (F2). F2 was evaporated to
164 incipient dryness under N_2 . Target PFRs were reconstituted in $100\text{ } \mu\text{L}$ of isooctane
165 containing ^{13}C -BDE-100 used as RDS prior to GC/MS analysis according to a previously
166 reported method ³⁰.

167

168 3.5 Quality Assurance and Quality Control

169 All experiments were conducted in triplicate. Good IS recoveries were obtained for all
170 samples (Table SI-7). One procedural blank was run every 6 samples. This consisted of
171 anhydrous sodium sulfate (~0.1 g) exposed to the same experimental protocol as a dust
172 sample. None of the target compounds were detected in procedural blanks.
173 Identification and quantification of target analytes were performed according to the
174 retention times and peak areas of the corresponding calibration standards injected
175 before and after each sample batch. While the overall method performance for dust
176 analysis was evaluated via replicate analysis (n=5) of SRM 2585, method performance
177 for the analysis of SSSM/cosmetic samples was checked by a matrix spike exercise at 3
178 concentration levels. The results obtained (Table SI-8) indicated good accuracy and
179 precision of the applied analytical method.

180

181 3.6 Assessment of dermal bioaccessibility

182 In this study, bioaccessibility is expressed as $f_{\text{bioaccessible}}$, calculated (equation 1) as the
183 percentage of each target FR detected in the dust that was found in the supernatant at
184 the end of each bioaccessibility experiments (all experiments were carried out in
185 triplicate, hence average values were used) (tables SI-2 and SI-5):

186

$$187 \quad f_{\text{bioaccessible}} (\%) = \frac{\text{Average mass of FR in supernatant}}{\text{Average mass of FR in dust}} \times 100 \dots (1)$$

188

189 3.7 Statistical Analysis and Data Processing

190 Statistical analysis of data was conducted using Microsoft Excel 2010™ and SPSS 22™ for
191 Windows. Means of various datasets were estimated and compared using ANOVA and

192 Tukey's honestly significant difference *post hoc* test. *P* values less than 0.05 were
193 considered significant.

194

195 **4 Results and Discussion**

196 **4.1 Dermal bioaccessibility of FRs in indoor dust**

197 The process of human dermal uptake of chemicals from house dust to the general
198 circulation is limited by two main factors. These are the bioaccessibility and the
199 penetration rate. In the human skin, the *stratum corneum* (outermost dead corneous
200 layer) presents the major limiting factor for penetration of chemicals and passive
201 diffusion is the main transport mechanism for organic chemicals. Therefore, the
202 penetration rate across the *stratum corneum* is mainly controlled by compound-specific
203 physico-chemical properties. However, for chemicals bound to particulate matter as in
204 indoor dust, the chemical's release from particles into the body fluids on the skin
205 surface can be more important^{17, 31, 32}. The hydrolipidic SSFL and other ingredients of
206 topically applied cosmetics may enhance, or reduce the chemical release ($f_{\text{bioaccessible}}$)
207 from particles adhered to the skin. Once the chemical passes through the corneous layer
208 by passive diffusion, it follows the intracellular/intercellular routes of penetration in
209 the epidermis and dermis layers and subsequently reaches the blood stream ($f_{\text{bioavailable}}$)
210 (Figure 1). Our results show that none of the target FRs were 100% bioaccessible from
211 indoor dust particles into any of the studied SSSM combinations (Table 1). This
212 indicates that assumption of 100% absorption of intake via the dermal route could lead
213 to a substantial overestimation of human exposure to FRs via indoor dust.

214

215 4.1.1 Dermal bioaccessibility of HBCDs and TBBPA

216 In general, $f_{\text{bioaccessible}}$ of HBCDs and TBBPA increased with increasing sebum content of
217 the SSFL (Table 1). At 100% sweat, the $f_{\text{bioaccessible}}$ of γ -HBCD ($1.4 \pm 0.1\%$) was less than
218 that of β -HBCD ($1.6 \pm 0.6\%$) and α -HBCD ($2.3 \pm 0.2\%$). However, the reverse trend was
219 observed at 100% sebum, where the $f_{\text{bioaccessible}}$ was highest for γ -HBCD ($67.2 \pm 3.37\%$),
220 followed by β -HBCD ($60.4 \pm 10.1\%$) and α -HBCD ($50.5 \pm 7.0\%$). This behavior is
221 consistent with the lower water solubility of the γ -isomer ($2 \mu\text{g L}^{-1}$) compared to that of
222 β -HBCD ($15 \mu\text{g L}^{-1}$) and α -HBCD ($49 \mu\text{g L}^{-1}$)¹⁹.

223 We recorded $f_{\text{bioaccessible}}$ values for TBBPA of $3.5 \pm 0.5 \%$ and $55.7 \pm 8.5 \%$ in 100%
224 sweat and 100% sebum, respectively. Compared to HBCDs, the higher $f_{\text{bioaccessible}}$ value
225 for TBBPA in 100% sweat is likely attributable to the higher water solubility of TBBPA
226 ($1.26 \times 10^3 \mu\text{g L}^{-1}$).

227 Compared to the aqueous-based sweat, the substantially higher bioaccessibility of the
228 studied BFRs in sebum can be attributed to the enhanced solubility of these lipophilic
229 chemicals in the oily sebum.

230 4.1.2 Dermal bioaccessibility of PFRs

231 In general, PFRs were more bioaccessible in sebum than sweat. In 100 % sweat,
232 $f_{\text{bioaccessible}}$ values for the studied PFRs were $16.0 \pm 1.2\%$ (TCEP), $12.4 \pm 4.4\%$ (TCIPP)
233 and $11.9 \pm 3.6\%$ (TDCIPP); while in 100% sebum, the corresponding values were $22.3 \pm$
234 2.3% (TCEP), $26.9 \pm 6.4\%$ (TCIPP), and $28.1 \pm 0.6 \%$ (TDCIPP). This concurs with the
235 physicochemical properties of our target PFRs (Table SI-9). In particular, the water
236 solubility of TCEP, TCIPP and TDCIPP was reported as 7×10^3 , 1.6×10^3 and 1.5 mg L^{-1} ,
237 respectively³³. Compared to the studied BFRs, PFRs show higher bioaccessibility in
238 sweat and lower bioaccessibility in sebum (Table 1), which can be attributed to the
239 differences in $\log K_{\text{ow}}$ and water solubility among these two classes of FRs (Table SI-9).

240 Overall, at the most realistic SSFL composition (1:1 sweat:sebum) studied here, BFRs
241 showed higher dermal bioaccessibility than PFRs, which may be attributed to increased
242 partitioning of the more lipophilic BFRs from dust to the oily sebum.

243

244 **4.1.3 Effect of cosmetics on the dermal bioaccessibility of FRs in indoor dust**

245 To investigate the influence of commonly applied cosmetics on the dermal
246 bioaccessibility of FRs in indoor dust, we determined $f_{\text{bioaccesssible}}$ values of target FRs
247 from reference dust into 1:1 sweat:sebum mixture, in the presence of (separately)
248 moisturizing cream, sunscreen lotion, body spray, and shower gel. Results for each
249 target compound were compared to a control group comprising reference dust exposed
250 only to 1:1 sweat: sebum mixture without any surfactant or cosmetics. Except for
251 TBBPA, statistically significant differences ($P < 0.05$; ANOVA) were observed between
252 $f_{\text{bioaccesssible}}$ values of target FRs in the presence of various cosmetics compared to the
253 control group (Figure 2). Interestingly, the presence of cosmetics seems to decrease the
254 bioaccessibility of HBCDs from indoor dust (Figure 2). This is in agreement with the
255 reported slight decrease in dermal bioaccessibility of PCBs from house dust in the
256 presence of skin cream ¹⁷, which was attributed to possible retention of the lipophilic
257 chemicals by skin cream lipids. Our results also show that while shower gel and
258 sunscreen lotion enhanced the bioaccessibility of target PFRs, body spray significantly
259 decreased the $f_{\text{bioaccesssible}}$ value of TDCIPP from indoor dust (Figure 2).

260 To summarise, our results agree with previous reports that cosmetics contain various
261 ingredients that can alter the composition of the SSFL and affect the availability of dust-
262 bound FRs for dermal uptake. However, it is also evident that the nature and magnitude
263 of this effect is substance-specific and highly dependent on the composition of the
264 cosmetic preparation. The effect of surfactants - that are common ingredients of most

265 cosmetics - on the dermal absorption of various chemicals has been previously
266 highlighted ^{24, 25}. In addition, we hypothesize that the lipid content, ionic strength and
267 skin contact period of these cosmetics can also influence the bioaccessibility of FRs from
268 indoor dust. Detailed studies are required to test this hypothesis and fully investigate
269 the factors affecting the bioaccessibility of FRs and ultimately their dermal uptake in the
270 presence of various cosmetic preparations.

271

272 **4.1.4 Comparison of digestive and dermal bioaccessibility**

273 Despite the vast differences between the digestive and dermal body fluids in terms of
274 both composition and function, it is instructive to compare our results to previously
275 reported bioaccessibilities of target FRs via the oral route. This can shed some light on
276 the relative importance of dermal uptake versus ingestion as pathways of human
277 exposure to FRs in indoor dust.

278 Abdallah et al. ¹⁹ reported on the gut bioaccessibility of HBCDs and TBBPA from indoor
279 dust using a colon enhanced-physiologically based extraction test (CE-PBET). On
280 average, $f_{\text{bioaccessible}}$ values of 92%, 80%, 72% and 94% were reported for α -, β -, γ -HBCDs
281 and TBBPA, respectively. These are almost twice the dermal $f_{\text{bioaccessible}}$ values for the
282 same BFRs in our study (Table 1). The gut bioaccessibility of PFRs following ingestion of
283 indoor dust was also studied using a modified version of the CE-PBET mentioned above
284 ³⁴. Mean $f_{\text{bioaccessible}}$ values for TCEP, TCIPP and TDCIPP from 17 house dust samples
285 were 80%, 82% and 85%, respectively, which are substantially higher than the
286 corresponding dermal $f_{\text{bioaccessible}}$ values for the same PFRs (Table 1).

287 The substantially higher gut bioaccessibility of FRs may be attributed to several factors.
288 These include the strong acidic medium in the stomach (pH = 1), the bile salts and
289 digestive enzymes in the small intestine, the presence of carbohydrates to simulate the

290 fed status, coupled with the long contaminant residence time in the models used (~13 -
291 21.5 hours) ^{19, 34} compared to the 1 h dermal exposure period used in this study. More
292 research is required to fully understand the influence of prolonged dermal exposure
293 times on the bioaccessibility of FRs from indoor dust and examine the kinetics of the
294 release of various FRs from indoor dust to the sweat/sebum mixture.

295

296 **5 Assessment of human dermal exposure to FRs in indoor dust**

297 The results of dermal bioaccessibility experiments obtained in this study (Table 1) were
298 used to gain some insight on the internal dose of the target FRs arising from dermal
299 exposure to contaminated indoor dust. Results revealed $f_{\text{bioaccessible}}$ values for the
300 studied FRs in indoor dust were significantly influenced by the presence of various
301 cosmetic preparations. However, incorporation of our data into risk assessment models
302 is hampered by the current lack of reliable information on the exact amount of
303 cosmetics remaining on the skin after application and on the skin residence time of such
304 formulations. Therefore, exposure assessment estimations were performed without
305 such data.

306 Human dermal exposure to our target FRs was estimated using the general equation:

307

$$308 \text{ *DED* = } C \times \text{ *BSA* } \times \text{ *DAS* } \times \text{ *FA* } \times \text{ *IEFBW* } \times 1000 \dots 2$$

309

310 Where **DED** = Daily exposure dose (ng/kg bw/day), **C** = FR concentration in dust (ng/g),
311 **BSA** =Body surface area exposed (cm²), **DAS** = Dust adhered to skin (mg/cm²), **FA** =
312 fraction absorbed by the skin (unitless), **IEF** = indoor exposure fraction (hours spent
313 over a day in an indoor environment) (unitless), **BW** = Body weight (kg).

314 We estimated the dermal exposure of 2 age groups (adults and toddlers) using three
315 exposure scenarios. We used data previously reported by our research group on the
316 minimum, median and maximum concentrations (Table SI-10) of target FRs in indoor
317 dust from several UK microenvironments^{26, 35} to estimate low, average and high
318 exposure, respectively. The parameter F_A in equation 2 was replaced by the
319 experimental values of $f_{\text{bioaccessibile}}$ obtained in this study for each target FR at the most
320 physiologically abundant sweat:sebum mixture (1:1) (Table 1). Values for other
321 parameters in equation 2 were obtained from the USEPA exposure factors handbook³⁶
322 and summarized in Table 2.

323 Our dermal exposure estimates (Table 3) highlight the potential importance of the
324 dermal route as a pathway of human exposure to FRs in indoor dust. The average
325 scenario estimate of dermal exposure of UK adults and toddlers to the target BFRs
326 ranged from (99-110%) and (44-59%) respectively, of their estimated exposure via
327 dust ingestion²⁶ (Figure 3). For PFRs, the estimated average dermal exposure
328 corresponded to (26-42%) and (28-45%) of previously reported exposure via dust
329 ingestion³⁵. However, it should be noted that our dermal exposure estimates assume a
330 fixed body area undergoing constant exposure to FRs in indoor dust for a constant
331 period daily at a fixed absorbed fraction derived from 1 h dermal contact time with
332 indoor dust. Such rigid assumptions are likely unrealistic and introduce uncertainty to
333 our estimates of dermal exposure. A further significant caveat is that our estimates
334 account only for bioaccessibility – i.e. the efficiency of release of FRs from dust into
335 sweat/sebum. While this is important, reliable data are not yet available on the
336 subsequent dermal transfer of the studied FRs from sweat/sebum across the epidermis
337 to the systemic circulation. Such transfer will very likely be <100%, and thus the true
338 influence of dermal exposure to dust will likely be appreciably lower than the values

339 shown in Table 3. While noting this caveat, we also note that our estimates of exposure
340 via dust ingestion assume 100% efficiency of transfer from dust into gut fluids and
341 thence across the gastro-intestinal tract.

342 In a risk assessment context, an extensive survey of the available literature revealed a
343 No Significant Risk Level (NSRL) of 5.4 µg/day for TDCIPP listed as a carcinogen under
344 the State of California safe drinking water and toxic enforcement act of 1986,
345 PROPOSITION 65³⁷. No other health based limit values (HBLVs) of legislative standing
346 for our target FRs were found in the literature. However, based on a chronic no
347 observed adverse effect level (NOAEL) divided by an uncertainty factor of 1,000, HBLVs
348 of 22,000 and 80,000 ng/kg bw/day were derived for TCEP and TCIPP respectively³⁸.
349 Our worst-case scenario exposure estimates for dermal exposure of adults and toddlers
350 fall far below these HBLV values even under our high-end dermal exposure scenario.
351 However, as noted by Ali et al.³⁸, the HBLV values cited here were based on relatively
352 old toxicological studies and it is possible that future research may erode the margin of
353 safety.

354 In conclusion, notwithstanding the various caveats noted above, the results of this *in*
355 *vitro* bioaccessibility study provide some important first insights into human dermal
356 exposure to various FRs present in indoor dust. The composition (i.e. sweat:sebum
357 ratio) of skin fluids, as well as the presence/absence of commonly used skin cosmetics is
358 demonstrated to exert a substantial influence on the efficiency with which our target
359 FRs are released from dust and rendered available for dermal uptake.

360

361 **6 Acknowledgements**

362 The research leading to these results has received funding from the European Union
363 Seventh Framework Programme FP7/2007-2013 under grant agreement no. 316665

364 (A-TEAM) & grant agreement no. 327232 (ADAPT). E. Villaverde de Súa also
365 acknowledges funding from the Spanish Ministry of Science and Innovation (FPI grant
366 BES-2011-047887).

367

368 **7 Supplementary information**

369 Supplementary information is available at the Journal of Exposure Science and
370 Environmental Epidemiology website.

371

372

373

374

375

376

377

378

379

380

381

382

383

384

385

386

387 8 References

- 388 1. Ghosh R, Hageman KJ, Björklund E Selective pressurized liquid extraction of three classes of
389 halogenated contaminants in fish. *Journal of Chromatography A* 2011; 1218: 7242-7247.
390
- 391 2. van der Veen I, de Boer J Phosphorus flame retardants: properties, production,
392 environmental occurrence, toxicity and analysis. *Chemosphere* 2012; 88: 1119-1153.
393
- 394 3. Ali N, Harrad S, Goosey E, Neels H, Covaci A "Novel" brominated flame retardants in Belgian
395 and UK indoor dust: implications for human exposure. *Chemosphere* 2011; 83: 1360-1365.
396
- 397 4. van Leeuwen SP, de Boer J Brominated flame retardants in fish and shellfish - levels and
398 contribution of fish consumption to dietary exposure of Dutch citizens to HBCD. *Mol Nutr Food*
399 *Res* 2008; 52: 194-203.
400
- 401 5. Abdallah MA, Pawar G, Harrad S Evaluation of in vitro vs. in vivo methods for assessment of
402 dermal absorption of organic flame retardants: a review. *Environ Int* 2015; 74: 13-22.
403
- 404 6. Fitzpatrick D, Corish J, Hayes B Modelling skin permeability in risk assessment--the future.
405 *Chemosphere* 2004; 55: 1309-1314.
406
- 407 7. Chen L, Han L, Lian G Recent advances in predicting skin permeability of hydrophilic solutes.
408 *Advanced Drug Delivery Reviews* 2013; 65: 295-305.
409
- 410 8. Anissimov YG, Jepps OG, Dancik Y, Roberts MS Mathematical and pharmacokinetic modelling
411 of epidermal and dermal transport processes. *Adv Drug Deliv Rev* 2013; 65: 169-190.
412

- 413 9. Van de Sandt JJ, Dellarco M, Van Hemmen JJ From dermal exposure to internal dose. *J Expo*
414 *Sci Environ Epidemiol* 2007; 17 Suppl 1: S38-47.
415
- 416 10. Lorber M Exposure of Americans to polybrominated diphenyl ethers. *J Expo Sci Env Epid*
417 2008; 18: 2-19.
418
- 419 11. Abdallah MA-E, Harrad S Tetrabromobisphenol-A, hexabromocyclododecane and its
420 degradation products in UK human milk: Relationship to external exposure. *Environ Int* 2011;
421 37: 443-448.
422
- 423 12. Stefaniak AB, Duling MG, Geer L, Virji MA Dissolution of the metal sensitizers Ni, Be, Cr in
424 artificial sweat to improve estimates of dermal bioaccessibility. *Environmental Science:*
425 *Processes & Impacts* 2014; 16: 341-351.
426
- 427 13. Hedberg Y, Midander K, Wallinder IO Particles, sweat, and tears: a comparative study on
428 bioaccessibility of ferrochromium alloy and stainless steel particles, the pure metals and their
429 metal oxides, in simulated skin and eye contact. *Integr Environ Assess Manag* 2010; 6: 456-468.
430
- 431 14. Kulthong K, Srisung S, Boonpavanitchakul K, Kangwansupamonkon W, Maniratanachote R
432 Determination of silver nanoparticle release from antibacterial fabrics into artificial sweat. *Part*
433 *Fibre Toxicol* 2010; 7: 8.
434
- 435 15. Duling M, Stefaniak A, Lawrence R, Chipera S, Abbas Virji M Release of beryllium from
436 mineral ores in artificial lung and skin surface fluids. *Environ Geochem Health* 2012; 34: 313-
437 322.
438

- 439 16. Hillwalker WE, Anderson KA Bioaccessibility of metals in alloys: evaluation of three
440 surrogate biofluids. *Environ Pollut* 2014; 185: 52-58.
441
- 442 17. Ertl H, Butte W Bioaccessibility of pesticides and polychlorinated biphenyls from house dust:
443 in-vitro methods and human exposure assessment. *J Expo Sci Env Epid* 2012; 22: 574-583.
444
- 445 18. Ruby MV, Davis A, Schoof R, Eberle S, Sellstone CM Estimation of lead and arsenic
446 bioavailability using a physiologically based extraction test. *Environ Sci Technol* 1996; 30: 422-
447 430.
448
- 449 19. Abdallah MA, Tilston E, Harrad S, Collins C In vitro assessment of the bioaccessibility of
450 brominated flame retardants in indoor dust using a colon extended model of the human
451 gastrointestinal tract. *J Environ Monit* 2012; 14: 3276-3283.
452
- 453 20. Buckley WR, Lewis CE The "ruster" in industry. *J Occup Med* 1960; 2: 23-31.
454
- 455 21. Nicolaidis N Skin lipids: their biochemical uniqueness. *Science* 1974; 186: 19-26.
456
- 457 22. Stefaniak AB, Harvey CJ. Artificial skin surface film liquids. In: Google Patents, 2008.
458
- 459 23. Lane ME Skin penetration enhancers. *Int J Pharm* 2013; 447: 12-21.
460
- 461 24. Pont AR, Charron AR, Brand RM Active ingredients in sunscreens act as topical penetration
462 enhancers for the herbicide 2,4-dichlorophenoxyacetic acid. *Toxicol Appl Pharmacol* 2004; 195:
463 348-354.
464

- 465 25. Walters KA, Brain KR, Howes D, James VJ, Kraus AL, Teetsel NM *et al* Percutaneous
466 penetration of octyl salicylate from representative sunscreen formulations through human skin
467 in vitro. Food Chem Toxicol 1997; 35: 1219-1225.
468
- 469 26. Abdallah MA, Harrad S, Covaci A Hexabromocyclododecanes and tetrabromobisphenol-A in
470 indoor air and dust in Birmingham, U.K: implications for human exposure. Environ Sci Technol
471 2008; 42: 6855-6861.
472
- 473 27. Brommer S, Harrad S, Van den Eede N, Covaci A Concentrations of organophosphate esters
474 and brominated flame retardants in German indoor dust samples. J Environ Monitor 2012; 14:
475 2482-2487.
476
- 477 28. Stefaniak AB, Harvey CJ Dissolution of materials in artificial skin surface film liquids. Toxicol
478 in Vitro 2006; 20: 1265-1283.
479
- 480 29. Abdallah MA, Uchea C, Chipman JK, Harrad S Enantioselective Biotransformation of
481 Hexabromocyclododecane by in Vitro Rat and Trout Hepatic Sub-Cellular Fractions. Environ Sci
482 Technol 2014; 48: 2732-2740.
483
- 484 30. Abdallah MA, Covaci A Organophosphate flame retardants in indoor dust from Egypt:
485 implications for human exposure. Environ Sci Technol 2014; 48: 4782-4789.
486
- 487 31. Qiao GL, Brooks JD, Riviere JE Pentachlorophenol dermal absorption and disposition from
488 soil in swine: Effects of occlusion and skin microorganism inhibition. Toxicol Appl Pharm 1997;
489 147: 234-246.
490

491 32. Williams RL, Reifenrath WG, Krieger RI Artificial sweat enhances dermal transfer of
492 chlorpyrifos from treated nylon carpet fibers. J Environ Sci Heal B 2005; 40: 535-543.
493

494 33. van der Veen I, de Boer J Phosphorus flame retardants: Properties, production,
495 environmental occurrence, toxicity and analysis. Chemosphere 2012; 88: 1119-1153.
496

497 34. Fang M, Stapleton HM Evaluating the Bioaccessibility of Flame Retardants in House Dust
498 Using an In Vitro Tenax Bead-Assisted Sorptive Physiologically Based Method. Environ Sci
499 Technol 2014; 48: 13323-13330.
500

501 35. Brommer S Characterising human exposure to organophosphate ester flame retardants. PhD
502 thesis University of Birmingham ethesesbhamacuk/5292/5/Brommer14PhDpdf 2014.
503

504 36. USEPA Exposure factors handbook. www.epa.gov/ncea/efh/pdfs/efh-completepdf 2011.
505

506 37. OEHHA Office of Environmental Health Hazard Assessment, State of California,
507 Environmental Protection Agency, Safe drinking water and toxic enforcement act of 1986 safe
508 drinking water and toxic enforcement act of 1986, PROPOSITION 65.
509 http://oehha.ca.gov/prop65/prop65_list/files/P65single082515pdf 2015.
510

511 38. Ali N, Dirtu AC, Eede NV, Goosey E, Harrad S, Neels H *et al* Occurrence of alternative flame
512 retardants in indoor dust from New Zealand: Indoor sources and human exposure assessment.
513 Chemosphere 2012; 88: 1276-1282.
514
515

515 **9 Tables**516 **Table 1: Effect of the composition of synthetic sweat and sebum mixture (SSSM) on the bioaccessibility ($f_{\text{bioaccessible}}$) of target FRs from**
517 **indoor dust**

Compound	$f_{\text{bioaccessible}}$ (%) for different SSSM compositions						
	100% Sweat	99:1 sweat:sebum	95:5 sweat:sebum	9:1 sweat:sebum	8:2 sweat:sebum	1:1 sweat:sebum	100% Sebum
α -HBCD	2.3 ± 0.2	2.4 ± 0.2	12.0 ± 6.0	20.0 ± 2.8	36.1 ± 2.7	40.9 ± 2.9	50.5 ± 7.0
β -HBCD	1.6 ± 0.6	3.6 ± 0.7	10.1 ± 1.3	14.5 ± 5.7	29.7 ± 0.6	46.9 ± 3.4	60.4 ± 10.1
γ -HBCD	1.4 ± 0.1	4.1 ± 1.8	11.4 ± 2.2	19.0 ± 5.4	23.2 ± 6.5	49.6 ± 5.8	67.2 ± 3.37
Σ -HBCD	1.8 ± 0.2	3.3 ± 0.89	11.47 ± 4.1	18.7 ± 4.0	30.0 ± 4.2	45.2 ± 4.1	58.5 ± 5.7
TBBPA	3.5 ± 0.5	4.8 ± 1.9	9.6 ± 4.2	25.2 ± 7.1	32.4 ± 5.4	39.5 ± 4.3	55.7 ± 8.5
TCEP	16.0 ± 1.22	15.8 ± 0.8	14.8 ± 0.9	12.2 ± 1.0	11.2 ± 1.4	10.4 ± 1.8	22.3 ± 2.3
TCIPP	12.4 ± 4.4	15.4 ± 2.8	20.6 ± 3.2	8.4 ± 2.2	11.9 ± 1.9	17.4 ± 2.7	26.9 ± 6.4
TDCIPP	11.9 ± 3.6	12.0 ± 0.5	13.0 ± 0.4	10.5 ± 0.4	12.4 ± 0.3	18.6 ± 0.8	28.1 ± 0.6

518 *Experiments were performed in triplicate, results are presented as average ± SD

519 **Table 2: Parameters used in dermal exposure assessment of target FRs in indoor dust** ³⁶.

Parameter	Adult	Toddler
Age	>18 years	2-3 years
Body weight	70 Kg	15 Kg
Body surface area	1.94 m ²	0.6 m ²
Skin surface exposed	4615 cm ² (head, forearms, hands and feet)	2564 cm ² (head, extremities including hands and feet)
Dust adhered to skin	0.01 mg/cm ²	0.04 mg/cm ²
Indoor exposure fraction ²⁶		
House	63.8%	86.1%
Office	22.3%	-
Car	4.1%	4.1%

520

521

522

523

524 **Table 3: Assessment of human dermal exposure (ng/kg bw/day) to FRs present in indoor dust upon contact with a skin surface**
 525 **film composed of 1:1 sweat:sebum**

FR/ Scenario	UK Adult			UK Toddler		
	Low	Average	High	Low	Average	High
α-HBCD	0.1	1.0	14.1	0.1	1.1	16.9
β-HBCD	<0.1	0.3	6.7	<0.1	0.4	7.9
γ-HBCD	0.2	3.0	25.8	0.2	3.3	29.7
TBBPA	<0.1	0.1	0.7	<0.1	0.1	0.9
TCEP	<0.1	0.1	3.7	<0.1	0.5	17.4
TCIPP	0.3	0.5	6.4	3.9	4.7	46.8
TDCIPP	<0.1	0.1	2.2	<0.1	0.9	19.2

526

527

528

529

530

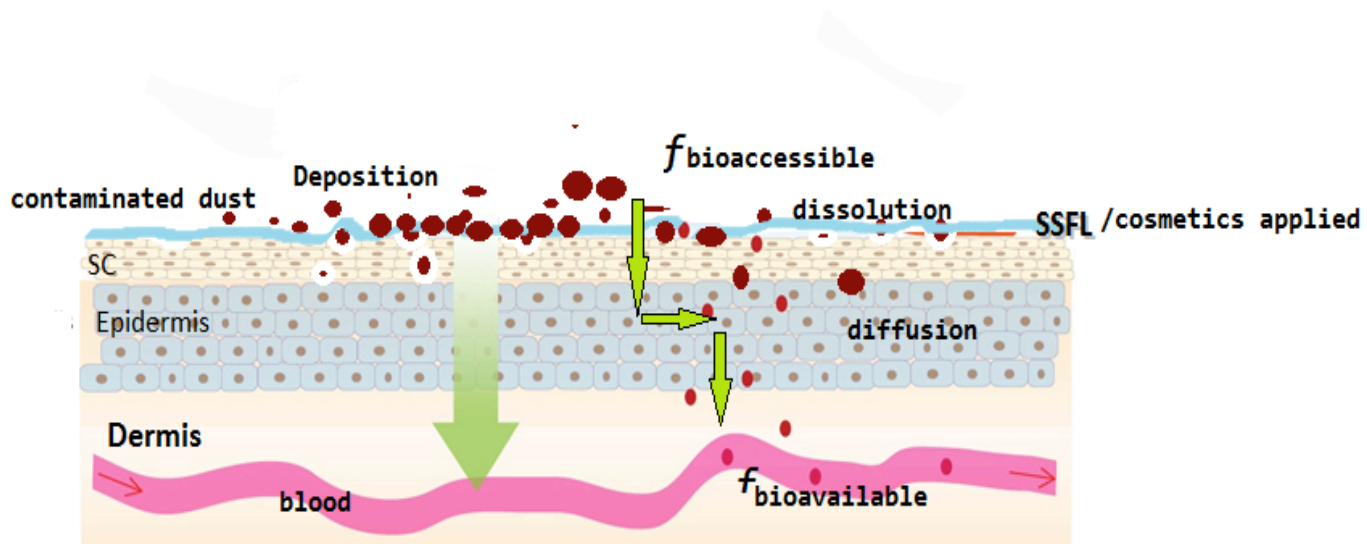
531

532

533

534 **10 Figures**

535 **Figure 1:** Schematic illustration depicting the structure of the skin and the absorption process for FRs in indoor dust in the presence of
536 sweat/sebum mixture and topically applied cosmetics.



537

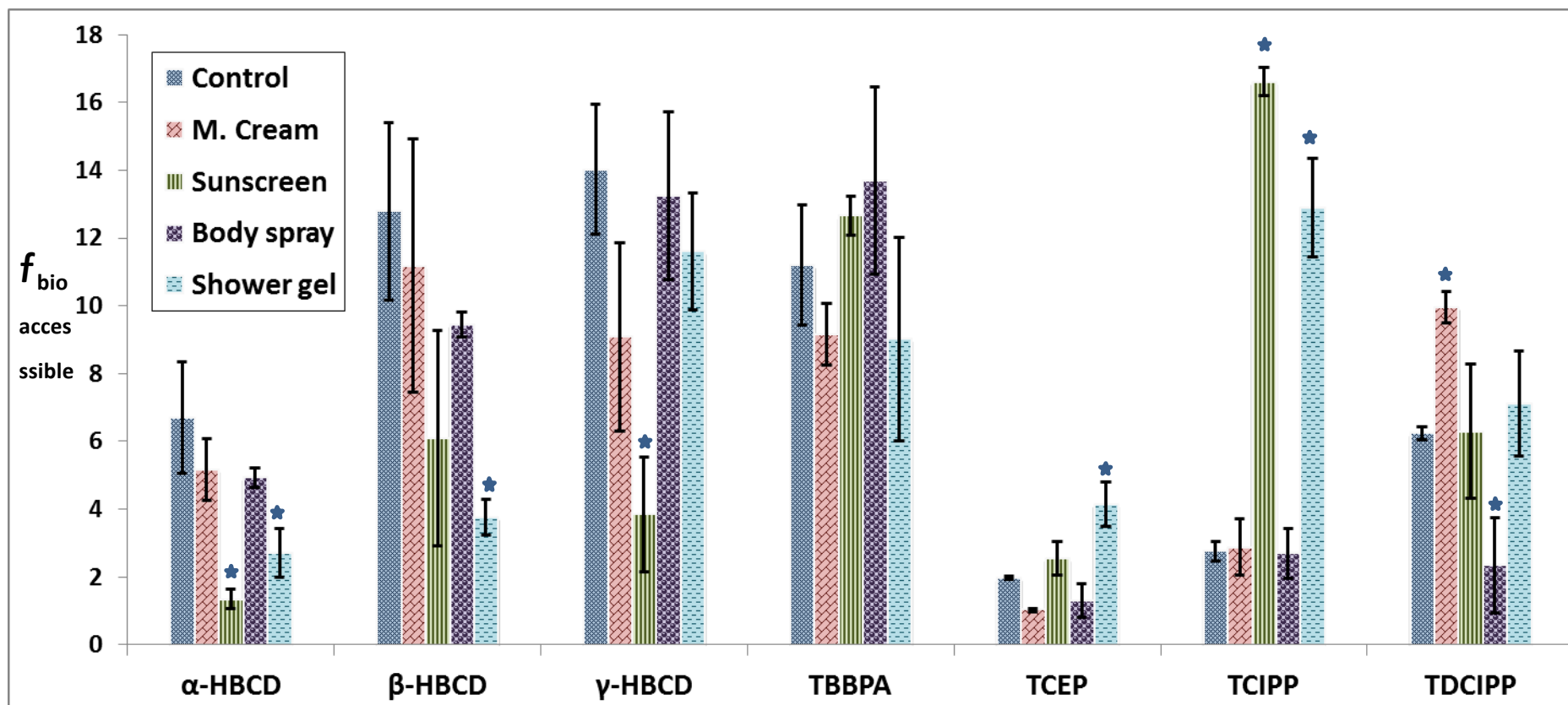
538

539

540

541

542 **Figure 2: Effect of applied cosmetics on the bioaccessibility ($f_{\text{bioaccessible}}$ %) of target FRs from indoor dust.**



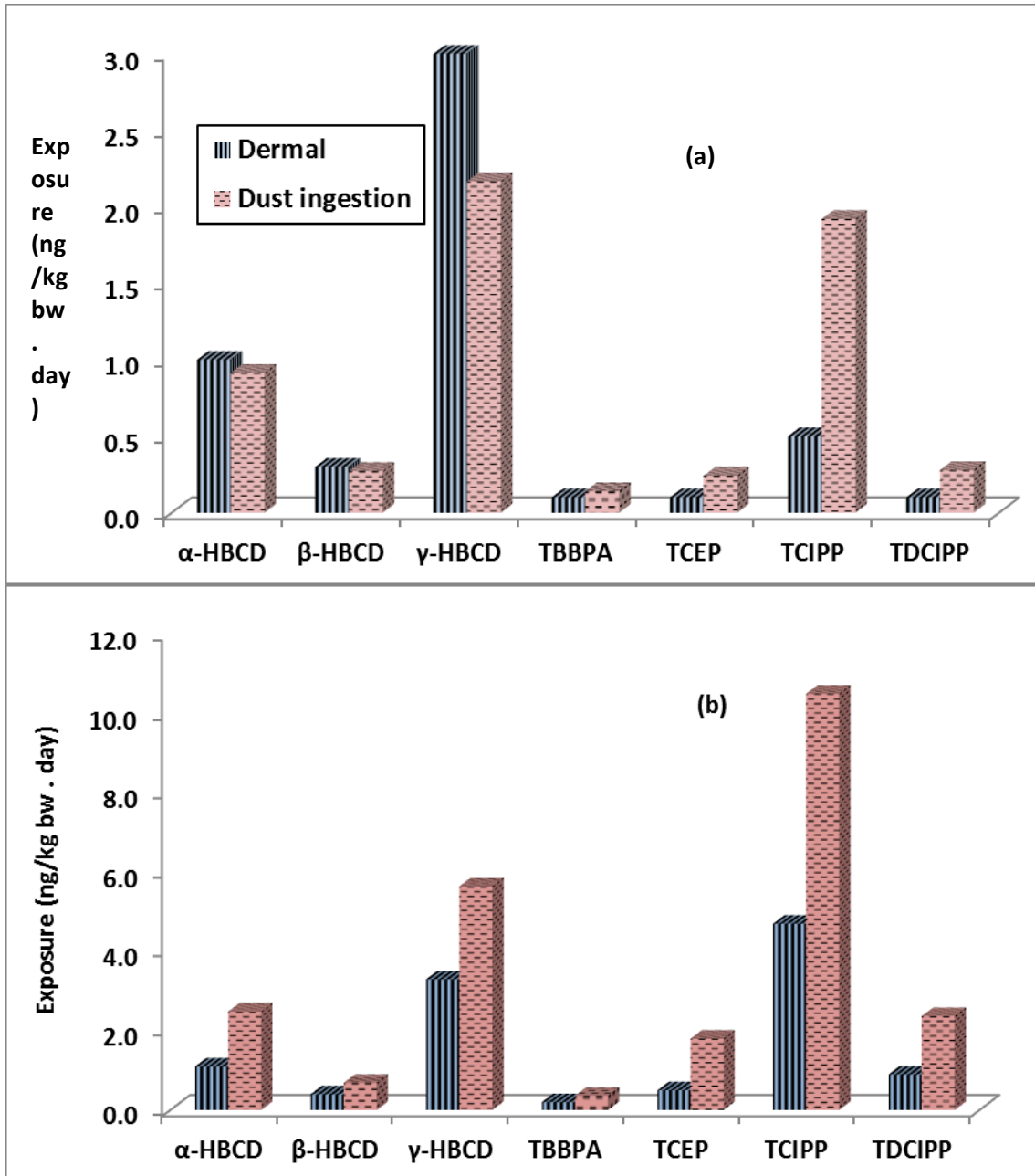
543

544 * Denotes a statistically significant difference ($P < 0.05$) from the control group.

545

546

547 **Figure 3: Comparison for (a) UK adults and (b) toddlers of exposure (ng/kg bw. day) to**
 548 **FRs in indoor dust via dermal contact (this study, average exposure scenario) and dust**
 549 **ingestion** ^{26, 35}.



550