

A systematic review of brief dietary questionnaires suitable for clinical use in the prevention and management of obesity, cardiovascular disease and type 2 diabetes

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Figure 2 Table 4: A checklist for choosing a brief dietary questionnaire for clinical use

Purpose	<p>What is the dietary component of interest?</p> <p>What is the purpose of the dietary assessment?</p> <ul style="list-style-type: none"> • To assist in the provision of dietary advice • To measure dietary change • To monitor dietary habits • Other
Population	<p>What is the population of interest?</p> <ul style="list-style-type: none"> • Country • Language • Demographics
Setting	<p>What is the setting?</p> <ul style="list-style-type: none"> • Clinical • Community • Other
Administration	<p>How is the tool administered?</p> <ul style="list-style-type: none"> • Interview • Self-administered • Telephone • On-line • Other
Reliability	<p>Has the tool undergone retest assessment?</p>
Validation	<p>Has the tool been tested for relative validity in the community in which it will be used within the last 10 years?</p> <ul style="list-style-type: none"> • Could the conduct of the study have affected the results (e.g. reference measure and tool completed at the same time)? • Are correlations for the dietary components of interest ≥ 0.4? • Was the Bland Altman method employed? Are the limits of agreement acceptable? • Did stratification by e.g gender / age / ethnicity affect the results?
Acceptability	<p>Has the clarity of language been checked with users?</p>
Timescale	<p>What is the time period of interest (last week / last month / last year)?</p>
Use	<p>Are the number of questions and the estimated time to complete acceptable?</p> <p>Is the tool easy to score?</p> <p>Are the results easy to interpret?</p> <p>Is an administrator copy easily available?</p> <p>What permissions are needed for use and are there costs involved?</p>