

## Scales for hyperkinetic disorders: A systematic review

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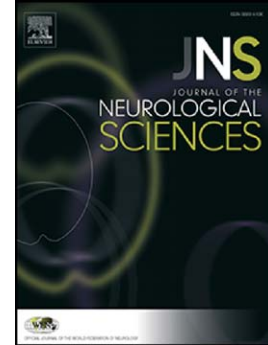
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**Scales for hyperkinetic disorders: a systematic review**

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**Abstract**

Hyperkinetic movement disorders represent a heterogeneous group of disorders in which involuntary movements are the prevalent clinical symptoms. The five main categories of hyperkinetic disorders are tremor, dystonia, tics, myoclonus and drug-induced dyskinesia. The severity of hyperkinetic disorders is assessed by all clinicians when they examine a patient; quantifying the severity also provides a means of studying the natural history of a given disorder and the possible effect of new therapeutic interventions. This means that good rating instruments are required in both everyday practice and experimental settings. Unfortunately, the clinical evaluation of these disorders is complicated by the inherent nature and variability over time of involuntary movements. A number of scales have been proposed over the years to study the various hyperkinetic disorders. The aim of this review is to systematically identify all the clinical scales that have been proposed and to classify them according to the criteria developed by the Movement Disorder Society (MDS) task force for rating scales in PD. On the basis of this methodology, a scale may be defined as 'Recommended', 'Suggested' or 'Listed' in decreasing order of value.

We found that, although numerous scales aimed at assessing hyperkinetic disorders have been published, their variability in terms of clinimetric properties, availability and effort required to administer them is high. In this evaluation, we identified scales defined as 'Recommended' for the assessment of all forms of hyperkinetic disorders. The situation highlighted by our analysis varies considerably, with several 'Recommended' scales being available for some conditions such as tics or dystonia, but only one being available for myoclonus. This gap needs to be filled by the scientific community through both the development of new clinical tools and the refinement of existing ones.

## Introduction

Hyperkinetic movement disorders represent a heterogeneous group of disorders in which unwanted (involuntary) movements are the prevalent clinical symptoms. These disorders are usually linked to basal ganglia dysfunction (Abdo et al, 2010). The five main categories of dyskinesia are tremor, dystonia, tics, myoclonus and drug-induced dyskinesia.

The severity of hyperkinetic disorders is assessed by all clinicians when they examine a patient. Quantifying the severity also provides a means of studying the natural history of a given disorder and the possible effect of new therapeutic interventions. In recent decades, a number of mechanical and electronic devices, including accelerometers, have been developed jointly by physicians and engineers to measure involuntary movements; more recently, computerized devices have also been designed (Mansur et al, 2007). The advantages of mechanical and electronic measurements are objectivity and consistency even when they are performed by different clinicians. However, as these measurements do not appear to be as sensitive as clinical measurements, hyperkinetic disorders continue to be assessed largely by clinical methods. This means that good rating instruments are required in both everyday practice and experimental settings. Unfortunately, the clinical evaluation of these disorders is complicated by the inherent nature and variability over time of involuntary movements. A number of scales have been proposed over the years to study the various hyperkinetic disorders. The aim of this review is to systematically identify all the clinical scales that have been proposed and to classify them according to the criteria developed by the Movement Disorder Society (MDS) task force for rating scales in Parkinson's Disease (PD) (Movement Disorder Society Task Force on Rating Scales for Parkinson's Disease, 2003). The systematic review of the PD rating scales carried out by this task force was conducted according to an established methodology (Goetz et al, 2008). This process includes scale identification, selection and appraisal strategies, using terminology and definitions developed *ad hoc* (Goetz et al, 2008). On the basis of this methodology, a scale is defined as 'Recommended' if it has been applied to that specific disease population, if there are data on its use in studies other than those collected by the group that developed the scale, and if it has been studied clinimetrically and found to be valid, reliable and sensitive to change. A scale is defined as 'Suggested' if it has been applied to specific populations, but only one of the other criteria applies. A scale is defined simply as 'Listed' if it satisfies only one of the three criteria used to define 'Recommended' scales. Owing to the relative lack of proven treatments for hyperkinetic disorders, the clinimetric criterion for rating

dyskinesia scales does not categorically require responsiveness to be established. Indeed, if a scale fulfills the requirements of reliability and validity, the criterion is considered to be satisfied, although the absence of responsiveness is noted as a weakness of that scale. This classification has been successfully used to assess the validity of the scales used for both motor and non-motor aspects of PD (Colosimo et al, 2010).

This review will follow the same pattern for each one of the conditions studied. Only published or in press peer-reviewed papers or published abstracts from main neurological meetings were evaluated. The Medline database on PubMed was searched for relevant papers and all the scales used to measure a given disorder were identified (as of Medline last accessed on the 10<sup>th</sup> of November 2014) using the following query: "Hyperkinetic disorders" AND 'Assessment' OR 'Scales' OR 'Questionnaires'. For each scale, a search was conducted for the following terms 'Tremor' AND 'Assessment' OR 'Scales' OR 'Questionnaires', 'Dystonia' AND 'Assessment' OR 'Scales' OR 'Questionnaires', 'Chorea' AND 'Assessment' OR 'Scales' OR 'Questionnaires', 'Tics' AND 'Assessment' OR 'scales' OR 'Questionnaires', 'Myoclonus' AND 'assessment' OR 'scales' OR 'Questionnaires', 'Drug-induced dyskinesias' AND 'Assessment' OR 'Scales' OR 'Questionnaires'. In addition for each scale, a search was conducted for the terms 'Tremor', 'Dystonia', 'Chorea', 'Tics', 'Myoclonus', 'Drug induced dyskinesias' and the name of the scale. All scales have been reported in a specific table, though only those defined as 'Recommended' according to the aforementioned criteria will be appraised and discussed in detail in the following text.

## **Tremor**

Twelve scales have been assessed for tremor evaluation (Fahn et al, 1993; Bain et al, 1993; Louis et al, 1997, Elbe et al, 2012; Jankovich et al, 1996; Bove' et al, 2006; Sweet et al, 1974; Findley et al, 1985; Koller et al, 1989; Jefferson et al, 1979; Baruzzi et al, 1983; Ogawa et al, 1987) (Table 1), but only two of them, the Fahn-Tolosa-Marin Tremor rating scale (FTM-TRS) and the Washington Heights-Inwood Genetic Study of Essential Tremor (WHIGET), reached recommendation status (Table 2).

### ***Fahn-Tolosa-Marin Tremor rating scale***

*Scale description*

The Tremor Rating Scale (TRS) was developed by Fahn, Tolosa and Marin to quantify rest, postural and action/intention tremors (Fahn et al, 1993). This scale also evaluates voice tremor as well as handwriting and other tasks, such as hygiene and dressing, assessing the impact of tremor on patients' daily life. The TRS is divided into three parts (A, B and C), yielding a subtotal score that can be combined in an overall TRS score. Part A (scores 1-10) quantifies tremor at rest, with posture holding, and performing an activity, for nine parts of the body (face, tongue, voice, head, upper and lower limbs and trunk), and orthostatic tremor. Severity of tremor is rated by amplitude on a 5-point scale. Part B (scores 1-15) relates to action tremors of the upper extremities, particularly writing and pouring liquids. Drawing tasks require Archimedes' spirals (two types) and draw a straight line between narrow confine (three times). Writing and drawing tremor are scored on a 5-point scale where pouring water from one cup to another is also quantified. Cup size and the amount of water used in the test are specified. Part C assesses functional disability. Its items evaluated the severity of tremor with speaking, eating (feeding), bringing liquids to the mouth, hygienic care, dressing, working, including domestic tasks, and social activities. These scores, with the exception of speaking, are provided by patients, who are asked to evaluate their ability to carry out these tasks by using provided definitions (score 0 to 4). The maximum possible scores are 88 for part A, 36 for part B and 32 for part C, making the maximum possible total score of 156. Finally, in addition to the quantification of tremor in parts A, B, and C, the scoring form allows assessment of overall severity by both the patient and the examiner (global assessment) on a 5-point scale (0 to 4).

*Key evaluation issues*

The interrater and intrarater reliability were evaluated for part A and B (excluding pouring water) in Essential Tremor (ET) patients (Stacy et al, 2007). This evaluation revealed fair (part A; modified Kappa ranging from 0.53-0.62) to poor (part B; modified Kappa ranging from 0.17-0.41) interrater reliability. Intrarater reliability calculated with Spearman's correlation, indicated a good consistency (overall Spearman's correlation= 0.87), although still not as good for part B. Inter and intrarater reliability were separately assessed for neurologists and non-neurologists, showing a lower consistency for the latter. Interrater reliability was also measured in patients with Multiple Sclerosis tremor (Hooper et al, 1998), showing a reliability coefficients ranging from 0.69 to 0.99, calculated via Kendall's

coefficient of concordance to determine overall agreement. The intrarater reliability coefficients (Spearman's correlation coefficient) ranged from 0.85 to 0.97 for the different categories of head tremor, 0.64 to 0.93 for trunk tremor, 0.92 to 0.99 for the right upper limb tremor, 0.81 to 0.99 for the left upper limb tremor, and 0.87 to 1 for the tremor evident when performing upper limb tasks (spiralography and volumetric test). Levels of reliability were high except when certain categories of tremor in the trunk were assessed (postural tremor  $r = 0.64$  and goal related  $r = 0.72$ ).

### *Strengths and Weaknesses*

The scale appears very similar to another scale to assess tremor, designed by the Tremor Investigation Group: the UTRA scale (Unified Tremor Rating and Assessment, 6). In fact, the TRS was developed incorporating some items used in the UTRA scale to writing and drawing tasks and to the assessment of functional disability. It showed fair-to-poor concordance between raters, especially for non-neurologist, and good intrarater reliability in repeat assessment, although not as good for part B. The scale provides specific instructions to standardize the evaluations, specific definitions for tremor severity assessment and words anchors for the scores. It is a quite complex instrument requiring some time for its use, and can be repeated over time.

### ***Washington Heights-Inwood Genetic Study of Essential Tremor rating scale***

#### *Scale description*

The Washington Heights-Inwood Genetic Study of Essential Tremor (WHIGET) scale was developed for a community-study on ET (Louis et al, 1997). It is a detailed examination of upper limbs tremor that incorporate multiple test items, in addition to writing and a clinical rating scale. The WHIGET tremor rating scale consists of a six-test 10-minute tremor examination designed to elicit rest tremor (two positions), postural tremor (one test: sustained arm extension), and kinetic tremor (five tests: pouring water between two cups, drinking water from a cup, using a spoon to drink water, finger-to-nose movements, and drawing Archimedes spirals). Each task is first performed with the dominant arm and then with the nondominant arm. The ratings are as follows: 0= no visible tremor, 1= a low amplitude tremor that is barely perceivable or is intermittent, 2= tremor that fulfils three criteria: moderate amplitude and usually present and clearly oscillatory (clearly varies



between alternate extremes with a definable period), and 3= large amplitude, jerky tremor resulting in spilling, and difficulty hitting a target. For kinetic tremor, a rating of 4 was subsequently added to broaden the applicability of this scale to clinical trials. This new rating signified an extremely large amplitude, jerky kinetic tremor resulting in inability to handle liquids, reluctance to touch finger to nose because of fear of self-injury, or inability to draw a spiral. The WHIGET performance-based test of function is a 15-items, 10-minute test developed for the “Columbia University Assessment of Disability In Essential Tremor” study. Each task is performed with the dominant arm and rated according to a 0-to-4 point rating scale (0= no difficulty; 1= mild difficulty; 2= moderate difficulty; 3= severe difficulty; 4= unable to perform the task). A shorter 6-item 5-minute version was also proposed, containing activities that are frequently performed: place keys in lock, drink from a glass, copy sentences, place bills in wallet, dial number on telephone, place coins in slot.

#### *Key evaluation issues*

Inter-rater agreement for this scale was assessed in ratings of postural and kinetic tremor (weighted kappa= 0.62–0.78) (Louis et al, 1998). There was also a high degree of test–retest stability when the two neurologists rated tremor at two separate time intervals ( $r = 0.98$ ,  $P < 0.00001$ ) as well as high validity (Louis et al, 1998). A teaching videotape was then developed, accompanied by written instructions. Inter-rater reliability was assessed in raters, after viewing this teaching videotape, for five of the six test items (drawing a spiral, pouring, sustained arm extension, drinking, finger-to-nose maneuver), agreement among raters was nearly perfect or perfect (weighted kappa= 0.86-1), and for the sixth (using a spoon), it was substantial (weighted kappa= 0.79) (Louis et al, 2001). The validity of the 15-item WHIGET performance-based test was tested among ET cases (Louis et al, 1999). The total score of the scale correlated with the total number of questions answered yes ( $r=0.44$ ;  $P=0.001$ ) of a validated 12-items screening questionnaire for ET (Louis et al, 1998); the total score of a 31-item tremor disability questionnaire to assess the functional impact of tremor (Fried et al, 1996). However, before the registration of this videotape, the WHIGET Tremor Rating Scale was revised (adding a score of 4 for kinetic tremor), and it cannot be assumed that the intra-rater reliability and validity of the revised scale is identical to those of the original version. A correlation with this scale to a quantitative measure (motion sensor) showed a good correlation for postural ( $r=0.90$ ) and kinetic ( $r=0.80$ ) tremors in ET patients.

#### *Strengths and weaknesses*

The WHIGET are all easily administered, simple, and user friendly, requiring 10 minutes each (5 minutes the WHIGET performance-based scale containing 6 items). Clinimetric properties were assessed and appeared good, demonstrating a good validity, consistency and reproducibility. However, the performance-test scale assess only dominant-arm functions and is influenced by kinetic tremor, ignoring tremor in other body parts (nondominant arm, legs, head, voice) and rest and postural tremor. WHIGET has been used by the same authors and by others groups in a prevalence survey on ET (Sur et al, 2009) and in a pilot study on memantine treatment for ET (Handforth, 2010).

## **Dystonia**

Thirty scales have been assessed for evaluation of different types of dystonia (Jankovic et al, 2009; Cano et al, 2004; Consky et al, 1994; Muller et al, 2004; Jacobson et al, 1997; Carding et al, 1999, Burke et al, 1985; Troung et al, 2013; Lindeboom et al, 1995; Page et al, 2007; Tsui et al, 1985, 1986, 1987; Fernandez et al, 2013; Münchau et al, 2001, Merz et al, 2010; Stewart et al, 1997; Morzaria et al, 2012; Jabush et al, 2004; Priori et al, 2001; Comella et al, 2003) (Table 3). Seven of them, the Blepharospasm Disability Index (BDI), the Cervical Dystonia Impact Scale, the Toronto Western Spasmodic Torticollis Rating Scale, the Craniocervical Dystonia Questionnaire (CDIS), the Voice Handicap Index (VHI), the Vocal Performance Questionnaire (VPQ) and the Fahn-Marsden Dystonia Rating Scale (FMDRS), reached the recommendation status (Albanese et al, 2013) (Table 4).

### ***Blepharospasm Disability Index***

#### *Scale description*

The Blepharospasm Disability Index (BSDI) (Jankovic et al, 2009) was developed to improve the Blepharospasm Disability Scale. It consists of 6 items rating specified activities (vehicle driving, reading, watching television, shopping, walking, and doing everyday activities), scored as a 5-point Likert scale relating to the severity of impairment (0, no impairment; 4, no longer possible due to illness). The range of scores is 0 to 24, with higher

scores indicating a greater disability.

#### *Key evaluation issues*

The BSDI showed high internal consistency and the retest reliability of the single items was adequate (Jankovic et al, 2009).

#### *Strengths and Weaknesses*

The scale focuses on daily activities and is easy to use; the scoring system is also rather simple. The BSDI focuses on disability related to sight and does not specifically measure dystonic motor abnormalities. Concern has been raised regarding poor sensitivity of the scale to mild disability for small changes.

#### ***Cervical Dystonia Impact Scale***

##### *Scale description.*

This scale is composed of 58 five-point items grouped into 8 subscales that measure symptoms (head and neck movements, pain and discomfort in neck and shoulders, sleep disturbance as a result of torticollis), activity limitations in upper limb activities and walking, and psychosocial features (annoyance, mood, psychosocial functioning). Eight summary scale scores are generated by summing items and are then transformed to a 0 to 100 score

##### *Key issues*

New psychometric techniques (Rasch analyses) revealed that the CDIP-58 performs well and, in addition, traditional psychometric properties such as reliability (internal consistency, item-total correlation, test-retest) and validity have been supported (Cano et al, 2006; Zetterberg et al, 2009; Cano et al, 2008).

#### *Strengths and Weaknesses*

The CDIP-58 is a disease specific validated questionnaire. It is more sensitive in detecting

statistical and clinical changes than comparable subscales.

### ***Toronto Western Spasmodic Torticollis Rating Scale***

#### *Scale description*

The Toronto Western Spasmodic Torticollis Rating Scale (TWSTRS) is composed of 3 subscales that measure symptom severity, disability, and pain. The clinician-rated severity scale is composed of 11 items that assess head movements, duration of symptoms, effects of sensory tricks, shoulder elevation and anterior displacement, range of motion, and time in neutral position; the maximal score is 35. The disability scale, patient-rated, comprises 6 items, including daily activities, work, reading, and driving; the maximal score is 30. The pain scale, patient-rated, comprises 3 items including severity, duration, and disability due to pain; the maximal score is 20. Each subscale is scored as refinement of the walking subscale independently and a total TWSTRS score (from 0 to 85) is calculated.

#### *Key evaluation issues*

The TWSTRS has been widely used (Münchau et al, 2001), and has been shown to have internal consistency and acceptable interrater agreement. Evidence for validity is shown by moderate within-scale correlations (Consky and Lang, 1994). Responsiveness to change has been demonstrated (Comella et al, 2011; Lew et al, 2010).

#### *Strengths and Weaknesses*

The TWSTRS assesses the severity of cervical dystonia and includes disability interrater agreement. Evidence for validity is shown by moderate within-scale correlations (Consky and Lang, 1994). Responsiveness to change has been demonstrated (Comella et al, 2011; Lew et al, 2010). The TWSTRS scale might be too complex for routine clinical practice. A revised version of the TWSTRS has been recently devised and its clinimetric properties are at the moment under scrutiny (Comella, personal communication).

### ***Craniocervical Dystonia Questionnaire***

#### *Scale description*

The Craniocervical Dystonia Questionnaire (CDQ-24) is composed of 24 items, forming 5 subscales: stigma, emotional well-being, pain, activities of daily living, and social/family life. Items are rated on a 5-point scale.

#### *Key evaluation issues*

The CDQ-24 showed good reliability properties, internal consistency, and test-retest reliability. Validity was assessed by checking convergent and discriminant validity as well as the dimensional structure of CDQ-24; sensitivity to change was confirmed after BoNT treatment (Muller et al, 2004).

#### *Strengths and Weaknesses*

The CDQ-24 is an easy instrument and also evaluates pain, sleep, and depression due to dystonia.

#### ***Voice Handicap Index***

##### *Scale description*

The Voice Handicap Index (VHI) has 30 items organized in 3 domains: a 10-item functional subscale, a 10-item emotional subscale, and a 10-item physical subscale. The rating is on a 5-point scale and the total score ranges from 0 to 120.

#### *Key evaluation issues*

The VHI proved to have good internal consistency and good test-retest reliability for subscales and total scores. Construct validity was not fully evaluated. The VHI has been used in several studies to assess efficacy of treatments for laryngeal dystonia.

#### *Strengths and Weaknesses*

The VHI is a simple and efficient scale, but as a disability scale, it has no discriminant value

and is not specific for dystonia. The VHI is similar to the Vocal Performance Questionnaire, and direct comparisons have been made showing similar clinimetric properties.

### ***Vocal Performance Questionnaire***

#### *Scale description*

This scale was designed for use in an evaluation study of voice therapy in cases of nonorganic dysphonia (Carding et al, 1999) The Vocal Performance Questionnaire (VPQ) is a 12-item questionnaire designed using an answer format in which the patient selects the statement that best answers each question. The statements are graded in terms of severity of vocal performance.

#### *Key evaluation issues*

The VPQ was initially found to have good internal consistency in a study that included a large range of voice pathologies except for spasmodic dysphonia (Deary et al, 2004). In a study that included patients with laryngeal dystonia, (Webb et al, 2007) the VPQ had high levels of internal consistency and test-retest reliability. Although the VPQ still needs further validation in patients with organic disorders, it may be Recommended for use in laryngeal dystonia.

#### *Strengths and Weaknesses*

The VPQ is a simple and efficient scale, but as a disability scale, it has no discriminant value and is not specific for organic dystonia.

### ***Fahn-Marsden Dystonia Rating Scale***

#### *Scale description.*

The Fahn-Marsden Dystonia Rating Scale (FMDRS) is composed of 2 clinician rated subscales: a movement subscale, based on patient examination, and a disability subscale, based on the patient's report of disability in activities of daily living. The movement

subscale rates dystonia severity and provoking factors in 9 body areas, including eyes, mouth, speech and swallowing, neck, trunk, and both arms and legs. All items have a 5-point score. The provoking factor rates the relation of dystonia to action, from 0 (no dystonia at rest or with action) to 4 (dystonia at rest). The scores obtained for eyes, mouth, and neck are each multiplied by 0.5, before being entered into the calculation of the total score, in order to down-weight them. The total movement FMDRS subscore is provided by the sum of the products of the provoking, severity, and weighting factors. The maximal total FMDRS score is 120. The disability subscale is composed of 7 items for activities of daily living, such as speech, writing, feeding, eating, hygiene, dressing, and walking. These are rated on a 5-point score (with the exception of walking, which is rated on a 7-point score), providing a maximum disability subscore of 30.

#### *Key evaluation issues*

In the original validation study the reliability, interrater agreement, and concurrent validity of the FMDRS were demonstrated for the total score without reporting the level of agreement for ratings of the different body regions (Burke et al, 1985) The FMDRS showed good internal consistency and good level of interrater reliability for the total scores (Comella et al, 2003) For separate items, interrater agreement was fair to good, being lowest for eyes, jaw, face, and larynx (Comella et al, 2003).

#### *Strengths and Weaknesses*

Limitations in the FMDRS include a weighting factor that halves the contribution of dystonia in eyes, mouth, and neck to the total score. The FMDRS does not assesses in detail the individual body areas, such as separate ratings for proximal and distal limbs; moreover, included in the FMDRS there is a subjective patient rating for speech and swallowing.

### **Chorea**

There are many causes of chorea, but scales have been mainly developed for the disease that represents the prototype of choreatic disorders, Huntington's disease (HD). The only exception is a scale specifically developed for Sydenham's chorea (Teixeira et al, 2005), the USCRS, which has not been employed by research groups outside the one that proposed it.

Four scales have been identified that are used to assess HD (Huntington Disease Study Group, 1996; Guy, 1976; Marsden and Schachter, 1981) (Table 5), of which three reached the Recommended status (Table 6). These three scales, the Unified Huntington's Disease Rating Scale (UHDRS), the Abnormal Involuntary Movement Scale (AIMS), and the modified motor score of the UHDRS (mMS), will be discussed here in detail.

### ***Unified Huntington's Disease Rating Scale***

#### *Scale description*

The UHDRS (Huntington Disease Study Group, 1996) has been the most widely used scale for HD in routine clinical practice and clinical trials. The final version has four components assessing motor performance, cognitive performance, behavioral abnormalities and functional capacity. The motor section of the UHDRS includes 15 items, scored from 0 to 4 and divided into six subdomains: oculomotor function, dysarthria, chorea, dystonia, gait, and postural stability (Huntington Disease Study Group, 1996). A teaching videotape showing how to assess the motor features is also available, helping to standardize the practical application of the scale, and to enhance inter-intra reliability.

#### *Key evaluation issues*

Internal consistency, in each of the four component, has shown high degree (Cronbach's alpha values were 0.95 for the total motor score, 0.90 for the cognitive tests, 0.83 for the behavioral scale, and 0.95 for the functional checklist). Correlation analysis has shown that four components of UHDRS were highly intercorrelated, except for the behavioral score; nevertheless higher mood subscale scores correlated with better motor performance, whereas higher psychosis and obsessive subscale scores correlated with lower functional scores. High degree of intrerrater reliability, assessed by intraclass coefficient, has shown (intraclass correlation coefficient was 0.94 for the total motor score, 0.82 for the chorea score and 0.62 for the dystonia score). Despite its psychometric properties including internal consistency, inter-rater reliability and sensitivity to change are satisfactory, its length and load have been criticized (Martinez-Martin al, 2014). It has been shown that UHDRS is useful for tracking clinical changes longitudinally in patients with HD.



*Strengths and weaknesses*

The UHDRS assesses relevant clinical domains of HD and was designed for repeated administrations during clinical research studies. The UHDRS may be particularly suitable to follow clinical changes in the setting of controlled trials of experimental interventions. The UHDRS yields several scores assessing the primary features of HD (motor, cognitive, behavioral) as well as the overall functional impact of these features.

*Abnormal Involuntary Movement Scale**Scale description*

The AIMS is a 12-item clinician-rated instrument to assess the severity of abnormal movements. Seven items assess the abnormal movements in seven body areas (Guy, 1976), each area scored from 0 to 4 (none, minimal, mild, moderate, severe). Three items rates the abnormal movements global severity and patient's awareness, and the disability due to abnormal movements. Two more items focus on dental status. The scale includes specific instructions to standardize the evaluation and requires the examiner to observe the patient sitting quietly at rest and again while carrying out selected motor tasks.

The severity rating is ranked one point lower when the abnormal movements occur only upon activation maneuvers (such as opening and closing mouth, finger tapping, standing or walking), then if they occur already (spontaneously) at rest at the same intensity.

*Key evaluation issues*

AIMS meets the criterion to use in HD and has been used by several authors studying effects of different drugs on dyskinesia associated with HD (Guy, 1976; Vitale et al, 2007; Ondo et al, 2002; Van Vugt et al, 1997; De Tommaso, 2007). Clinimetric data rely mainly on the high inter-rater and test-retest reliability assessed in tardive dyskinesia (Seet et al. 1993; Whall et al, 1983). The clinimetric properties of the scale have not been specifically examined in HD. Moreover, only the original version of the scale has been clinimetrically assessed, whereas none of the modified versions has undergone validation testing. As a final designation, the AIMS meets the criteria of a Recommended scale, but with limitations that includes limited clinimetric data in HD patients, poor documentation of

phenomenological sub-types of dyskinesia, and no information on the impact of dyskinesia on the patient's quality of life.

#### *Strengths and weaknesses*

The AIMS is quick to administer and takes only about 10 minutes to complete. It has been developed for tardive dyskinesia, therefore emphasizes face and neck abnormal movements that may not be the (only) primary focus of dyskinesia in HD. It focuses on dyskinesia localization (anatomy) but does not specify whether dyskinesia is dystonic or choreic. Moreover, the disability rating relies only on clinician's judgement and does not account for patient's perception. AIMS has several modified versions and it is not entirely clear whether clinimetric analyses are uniform across all versions.

#### ***Modified Motor Score of the Unified Huntington's Disease rating Scale***

##### *Scale description*

The mMS is a subscale of the UHDRS Motor Score proposed by NeuroSearch (Waters et al. 2010) which excluded eye movements, chorea and dystonia and focused only on voluntary movements which correlate strongly with the disability related to HD compared to chorea. It has been proposed with the aim to have a quicker method to assess the response to treatment in patients with HD.

##### *Key evaluation issues*

The mMS has been applied in two clinical trials to investigate the potential effect of pridopidine in HD, the MermaidHD (Multinational European Study) and HART studies (which involves U.S. and Canada) (De Yebenes et al, 2011; HSG HART Investigators, 2013). This subscale has shown improved internal consistency compared with total motor score (TMS), and interclass correlation similar to that for TMS, indicating good test-retest reliability (Waters et al. 2010).

##### *Strengths and weaknesses*

This subscale is brief and easy to perform and allows to monitor functional modifications over time, which are related to the disability due to worsening of the voluntary movements. However, the clinimetric properties have not been formally assessed, and therefore this brief

scale reaches the Recommended status carrying several limitations.

## **Tics**

Fourteen scales have been assessed for tic evaluation (Gadow & Paolicelli, 1986; Walkup et al, 1992; Gaffney et al, 1994; Woods et al, 2005; Shapiro & Shapiro, 1984; Shapiro et al, 1988; Shytle et al, 2003; Leckman et al, 1988; Leckman et al, 1989; Harcherik et al, 1984; Nolan et al, 1994; Storch et al, 2007; Cavanna et al, 2008; Jagger et al, 1982; Kompoliti et al, 1997; Kurlan et al, 1988) (Table 7), and twelve of them, the Global Tics Rating Scale (GTRS), the Hopkins Motor and Vocal Tic Scale (HMVTS), the Motor Tic, Obsessions and Compulsions, Vocal Tic Evaluation Survey(MOVES), the, the Premonitory Urge for Tics Scale (PUTS), the Shapiro Tourette Syndrome Severity Scale (STSSS), the Tourette's Disorder Scale (TODS), the Tourette Syndrome-Clinical Global Impression (TS-CGI), the Tourette Syndrome Global Scale (TSGS), the Unified Tic Rating Scale (UTRS), the Gilles de la Tourette Syndrome Quality of Life (GTS-QoL) scale, the Yale Global Tic Severity Scale (YGTSS) and the Diagnostic Confidence Index (DCI), reached the recommendation status (Cavanna and Piedad, 2013) (Table 8). We describe below only the rating scales used in the evaluation of motor tics, whereas the GTS-QOL (Cavanna et al, 2008) and the DCI (Robertson et al, 1999) focus on health-related quality of life and clinician's confidence in the diagnosis of Tourette syndrome, respectively.

### ***Global Tics Rating Scale***

#### *Scale description*

The GTRS is a brief clinician-rated measure of tic frequency (Gadow & Paolicelli, 1986). This checklist contains nine items, with the first five referring to the frequency of motor (three items) and phonic tics (two items) according to body region, which are summed to produce motor and phonic tic frequency subscores, respectively. All items are rated on a scale from 0 (never) to 3 (very much).

#### *Key evaluation issues*

When compared with other scales (YGTSS and GTRS) showed relatively small correlation coefficients (.01–.42), suggesting poor concurrent validity. Reliability appeared acceptable for motor and severity subscales with correlation coefficients of above .77, but less so with the vocal tic subscale (.58) (Nolan et al, 1994).

*Strengths and weaknesses*

The GTRS has been used in interventional trials for patients with Tourette syndrome (Pringsheim & Steeves, 2011). It should be noted that, in the study by Nolan et al. (1994) the GTRS was rated by teachers, who may not have the experience of skilled clinicians in adequately recognizing tics.

***The Hopkins Motor and Vocal Tic Scale****Scale description*

The HMVTS is a parent- and clinician-rated scale that measures motor and phonic tics using a visual analog scale (VAS) (Walkup et al, 1992). Each tic is given a rating from 0 (not present) to 10 (most severe), with four intermediate ratings: “mild,” “moderate,” “moderately severe,” and “severe.” The severity of tics is rated across their frequency, intensity, and the level of interference and impairment they cause. An overall score is also assigned to each motor or phonic tic, ranging from 1 (no tic symptoms) to 5 (worst ever).

*Key evaluation issues*

Initial psychometric testing demonstrated excellent reliability and validity indices when compared to the YGTSS, STSSS, and behavioral measures (Walkup et al, 1992).

*Strengths and weaknesses*

The HMVTS has been used in intervention studies to assess tic symptoms (Pringsheim & Steeves, 2011; Singer et al, 1995).

***Motor Tic, Obsessions and Compulsions, Vocal Tic Evaluation Survey****Scale description*

The MOVES is a self-report assessment of motor and phonic tics, associated phenomena, obsessions, and compulsions (Gaffney et al, 1994). These scores can be combined to produce tic or obsessive-compulsive subscores. Individuals are asked to rate the presence of their symptoms from a list of 20 items in the previous 4 weeks, on a 4-point scale from “never” to “always.”

*Key evaluation issues*

There are some issues with regard to its reliability, however, with some subscales showing below standard correlation coefficients ( $<.70$ ): tic (.54), associated symptoms (.40), and total scores (.69) (Gaffney et al, 1994).

#### *Strengths and weaknesses*

The MOVES is a relatively straightforward scale. Its acceptable validity was demonstrated with strong correlations to two clinician-rated tic scales and two OCB measures, with some sensitivity to clinically relevant changes (Gaffney et al, 1994). Nevertheless, the MOVES is a useful adjunct to clinician ratings as a measure of patient perception of tic symptoms, for example during interventional or phenomenological studies (Haddad et al, 2009; Münchau et al, 2002; Orth et al, 2005).

#### ***Premonitory Urge for Tics Scale***

##### *Scale description*

The PUTS is a relatively brief scale designed to examine the phenomenon of premonitory sensations (also called premonitory urges or sensory tics) in tic disorders (Woods et al, 2005). It contains 10 descriptions of somatic sensations derived from phenomenological descriptions from the literature and clinical experience. The severity of urges is rated on a 4-point ordinal scale ranging from 1 (not at all true) to 4 (very much true). Although psychometric properties appear acceptable in older pediatric patients, initial testing revealed inadequate properties for patients younger than 10 years (Woods et al, 2005).

##### *Recommendation status*

A direct translation in Hebrew has recently become available in a study that provided independent testing of the PUTS, showing adequate properties in patients older than 10 years (Steinberg et al, 2010). Despite testing in pediatric populations only, adequate psychometric properties for older children may indicate utility in adults also. More recently, a study using the PUTS and a similar scale (USP-SPS, see below) demonstrated concurrent and discriminant validity (Sutherland Owens et al, 2011).

#### *Strengths and weaknesses*

Despite testing in pediatric populations only, adequate psychometric properties for older children may indicate utility in adults also.

### ***Shapiro Tourette Syndrome Severity Scale***

#### *Scale description*

The STSSS was developed to measure changes in tic symptoms during a clinical trial of pimozide (Shapiro & Shapiro, 1984; Shapiro et al, 1988). This clinician-rated scale addresses five factors: whether tics are noticeable, whether they elicit comments or curiosity, whether the patient is considered odd or bizarre, whether tics interfere with functioning, and whether they lead to incapacitation or to the patient being homebound or hospitalized. The item scores can be summed to produce total ratings, which are assigned a global severity rating on a 6-point scale from 0 (no tics) to 6 (very severe, total sum of ratings >8).

#### *Key evaluation issues*

When compared with two measures of tic severity, the STSSS showed excellent reliability and validity (Walkup et al, 1992) and has been successfully used in interventional studies for Tourette syndrome (e.g., Müller-Vahl et al, 2002; Pringsheim & Marras, 2009; Pringsheim & Steeves, 2011)

#### *Strengths and weaknesses*

The STSSS take around 5 to 10 minutes to complete. However, the focus is clearly on social impairment, which somewhat limits the overall accurateness of this clinical assessment of tics.

### ***Tourette's Disorder Scale***

#### *Scale description*

The TODS is an objective measure of the severity of tics plus a wide range of

neuropsychiatric symptoms associated with Tourette syndrome over a period of 1 month (Shytle et al, 2003). The 15-items scale contains questions about tics, inattention, hyperactivity, obsessions, compulsions, aggressions, and emotional symptoms.

*Key evaluation issues*

Clinician and parent-rated versions are available, both of which have been validated by further psychometric testing (Storch et al, 2007; Storch et al, 2004).

*Strengths and weaknesses*

Clinician and parent-rated versions are available.

***Tourette Syndrome-Clinical Global Impression***

*Scale description*

The CGI is a frequently used measure of disease severity. In preparation for a clinical trial in Tourette syndrome, three disease-specific versions of the CGI were developed (Leckman et al, 1988). These assess symptoms of Tourette syndrome, obsessive-compulsive disorder (OCD), and attention-deficit and hyperactivity disorder (ADHD), based on DSM-III diagnostic criteria. The TS-CGI consists of seven items corresponding with descriptions of no identifiable symptoms (normal) to incapacitating tics or a high level of functional impairment associated with behavioral symptoms (extremely severe).

*Key evaluation issues*

The TS-CGI showed excellent reliability and validity indices when compared to the STSSS and YGTSS (Walkup et al, 1992) and has been used as an adjunctive clinician measure in interventional studies (Kwon et al, 2011; Pringsheim & Marras, 2009; Pringsheim & Steeves, 2011; Sallee et al, 1997).

*Strengths and weaknesses*

Very useful in the assessment of both motor and non-motor symptoms across tic disorders.

### ***Tourette Syndrome Global Scale***

#### *Scale description*

The TSGS is a clinician-rated measure of tics and social functioning in Tourette syndrome (Harcherik et al, 1984). The tic subscore measures simple and complex motor and phonic tics based on their frequency and resulting impairment. Frequency scores are rated on a scale of 0 to 5, with higher scores corresponding to higher tic frequencies. Impairment is measured on a scale of 1 to 5 based on how noticeable tics are and the resulting functional impairment. The social functioning subscore measures the level of functional impairment in behavioral conduct, motor restlessness, and school and learning or work and occupation problems (whichever is relevant). These are rated on a scale of 0 to 25 in increments of 5, with 0 indicating lack of issues in respective domains and 25 indicating severe functional impairment. The global measure of severity is calculated using both the tic and social functioning subscores.

#### *Key evaluation issues*

However, in a pharmacological trial of ondansetron, the TSGS detected a significant symptomatic change whereas a gold standard for measuring tic symptoms did not find differences compared to placebo ( $p = .002$  vs.  $.15$ , respectively; Toren et al, 2005), suggesting potential concurrent validity issues.

#### *Strengths and weaknesses*

The advantage of the TSGS is its comprehensiveness in measuring different tic characteristics, as well as its multidimensionality by combining assessments of tics and their effects on social functionality. However, the formula for deriving global scores is relatively complicated and potentially produces social functioning subscores that are disproportionately weighted to tic symptoms (Kompolti & Goetz, 1997). The TSGS has proven to represent an useful instrument in interventional studies (e.g., Müller-Vahl et al, 2002; Pringsheim & Marras et al, 2009; Sallee et al, 1997).



### ***Unified Tic Rating Scale***

#### *Scale description*

The UTRS contains subscales rated by patients and/or informants and clinicians, which are summed to indicate overall tic severity. A 2-minute tic count is also incorporated to measure motor and vocal tics during conversation with the patient. The subscales contain items on the anatomical distribution of tics, types, frequency, intensity, and level of interference and suppression. Measures of ADHD and OCD symptoms and global functioning are also included.

#### *Key evaluation issues*

The 2-minute tic count component was used in a phenomenological study in Tourette syndrome (Nolan et al, 1994), which demonstrated the versatility of the UTRS by focusing on relevant subscales. Revisions and piloting are currently under way, with a view toward improving the reliability, dimensionality, internal consistency, and validity (Kurlan & McDermott, 2005).

#### *Strengths and weaknesses*

The multidimensionality of the UTRS and the inclusion of both subjective and objective data are its greatest advantages.

### ***Yale Global Tic Severity Scale***

#### *Scale description*

The YGTSS is the most widely used measure of tic severity in TS (Porta et al, 2009; Pringsheim et al, 2009; Pringsheim & Marras, 2009; Pringsheim & Steeves, 2011) and other tic disorders (Leckman et al, 1989). The YGTSS is based on a semistructured interview focusing on tic symptoms over the past week, where the clinician is asked to record patients' motor and phonic tics. Subsequently, the tic symptoms are rated separately based on their number, frequency, intensity, complexity, and interference from 0 (no tic symptoms) to 5 (severe). The tic severity subscore consists of the motor and phonic tic severity scores. This

is summed with the impairment subscore, which rates the severity of functional impairment from 0 to 50, to produce the total score (0–100).

#### *Key evaluation issues*

The YGTSS allows a multidimensional overview of tic characteristics, as well as the level of functional interference. The separation of motor and phonic tics is particularly useful, also for diagnostic purposes. Independent testing confirmed reliability and validity indices using the STSSS and TS-CGI (Walkup et al, 1992). A childhood and adolescent sample confirmed this scale's excellent psychometric properties, particularly its internal consistency and validity (Storch et al, 2005). A factor analytic study also confirmed and validated the structure that was initially identified (Storch et al, 2007). Cutoff scores for clinically relevant treatment response have been proposed: a reduction by 35% in total YGTSS scores or 6 or 7 points in the tic severity subscale (Storch et al, 2011).

#### *Strengths and weaknesses*

The YGTSS is an ideal instrument for busy routine clinical practice, as it takes only 15 minutes to complete.

### **Myoclonus**

Three scales have been assessed for myoclonus (Chadwick et al, 1977; Troung & Fahn, 1988; Frucht et al, 2002; Table 9), but only one, the Unified Myoclonus Rating Scale (UMRS) reached the recommendation status (Table 10).

#### ***Unified Myoclonus Rating Scale***

##### *Scale description*

This scale is a further development of the Truong and Fahn myoclonus scale (Truong & Fahn, 1988). The UMRS was modified to address some of the shortfalls from the original scale. The paper describing UMRS is published in a non peer reviewed book. (Frucht et al, 2002). The UMRS is a quantitative 73-item clinical rating instrument developed to evaluate myoclonus and response, of patients with myoclonus, to anti-myoclonic therapy. The scale

contains a patient questionnaire, a handwriting and spiral sheet, rating instructions, a score sheets and a videotape. The scale consists of eight sections: section 1, patient questionnaire (11 items); section 2, myoclonus at rest (frequency and amplitude, 16 items); section 3, stimulus sensitivity of myoclonus (17 items); section 4, severity of myoclonus with action (frequency and amplitude, 20 items); section 5, performance on functional tests (5 items); section 6, physicians rating of patients global disability (1 item); section 7, presence of negative myoclonus (1 item); section 8, severity of negative myoclonus (1 item). Each item is rated on a scale of 0 to 4, with the exception of sections 3 and 7 (rated present or absent) and section 8 rated on a scale of 0-3.

#### *Key evaluation issues*

Members of the Myoclonus Study group performed statistical validation of the UMRS. Twenty patients with chronic myoclonus, having different etiologies and severity, were videotaped while UMRS was performed. Eighteen neurologists, experts in movement disorders, rated two tapes (ten patients per neurologist). A Cronbach's alpha (measure of reliability) was calculated for each section of the UMRS and confirmed that the scale possesses excellent interrater reliability.

#### *Strengths and weaknesses*

The scale is easy to use and can be completed in less than 15 minutes. Intrarater reliability has not been tested formally (Frucht et al, 2002).

#### **Drug-induced dyskinesia**

Seven scales have been assessed for tardive dyskinesia (DID) evaluation (Simpson et al, 1979; Sprague et al, 1984; Sprague et al, 1991; Smith et al, 1983; Lund et al, 1991; Guy, 1976; Chouinard and Margolese, 2005; Lindström et al, 2001) (Table 11). Only three of them received the recommendation status, the Simpson Tardive Dyskinesia Rating Scale (TDRS), the Abbreviated Dyskinesia Scale (ADS), the Dyskinesia Identification System – Coldwater (DIS-Co)

Dyskinesia Identification System Condensed User Scale (DISCUS) and the Extrapyramidal Symptoms Rating Scale (ESRS) Extrapyramidal Symptoms Rating Scale abbreviated

version (ESRS-A) (table 12). The review of the scales used to measure L-Dopa induced dyskinesia in PD has been the focus of a specific article as part of the global effort to review all scales used in PD (Colosimo et al, 2010), and will not be further discussed here.

***TDRS: Simpson Tardive Dyskinesia Rating Scale***

***ADS: Abbreviated Dyskinesia Scale***

*Scale description*

The TDRS is a clinician-rated instrument to assess the severity of abnormal movements in four anatomical regions, each area scored from 0 to 6 (absent, possibly present, mild, moderate, moderately severe, very severe). Fourteen items rate the severity of abnormal movements in the facial region (including tongue and lips), six rate the neck/trunk region, six rate the upper limbs, six rate the lower limbs; two additional items rate the severity of abnormal movements involving the entire body. The scale includes specific instructions to standardize the evaluation. The highest severity of the abnormal movements is rated. The scale does not provide word-anchors to explain the designations of absent, minimal, mild, moderate and severe, so that these final designations may be biased by the rater's experience. The scale was developed exclusively for rating tardive dyskinesia in psychiatric patients. Although it primarily focuses on anatomy, it characterizes movements using descriptive definitions of the various items, often referring also to phenomenological terms as 'choreoathetoid', 'ballistic', 'torticollis', and 'tics', suggesting it aims at encompassing different forms of hyperkinesias. There is no patient input into the ratings, relying on the clinician's judgment rather than patient perceptions. Because it is a scale developed for tardive dyskinesia, it emphasizes face and neck movements that may not be the primary focus of dyskinesia in PD. The same group presented an abbreviated dyskinesia rating scale (ADS) consisting of only 13 items, characterised by a less focal reference to anatomical sites. Both scales offered the opportunity for raters to add additional individualized items (Simpson et al, 1979).

*Key evaluation issues*

Clinimetric data on TDRS and ADS rely mainly on inter-rater coefficients (0.98 and 0.97, respectively), whereas test-retest reliability has not been evaluated in detail. Convergent validity and responsiveness to change have also been evaluated. Given that this scale has

been applied to TD populations, that data on its use are available beyond the group that developed the scale, and that it showed good inter-rater reliability, convergent validity and responsiveness to change, both TDRS and ADS are considered Recommended for use in TD.

#### *Strengths and weaknesses*

The TDRS is quick to administer and takes about 15 minutes to complete. Intra-rater (test-retest reliability) was not evaluated by authors.

#### ***DIS-Co: Dyskinesia Identification System – Coldwater***

#### ***DISCUS: Dyskinesia Identification System Condensed User Scale***

#### *Scale description*

The DIS-Co is a 34-item scale originally based on data from 519 “institutionalized mentally-retarded residents”, 250 of whom had never received antipsychotic medications. The 34 items are grouped in 10 body areas and scored on a five-point scale. Later, the scale was revised by the same authors, based on data collection from subsequent studies. They developed a method for selecting items for the rating scale based on six qualities, including interrater reliability, stability, and relationship with medication (Sprague et al, 1984, Sprague et al, 1991).

#### *Key evaluation issues*

The resulting 15-item scale, the DISCUS, has been used to assess tardive dyskinesia. Both have been thoroughly evaluated on psychometric properties: the DIS-Co showed 0.78 interrater reliability, 0.77 test-retest reliability (2-week stability), good construct and convergent validity, and good responsiveness to change; the DISCUS showed 0.92 interrater reliability and 0.40 2-week stability, based on 400 individuals with developmental disability (Sprague et al, 1991).

#### *Strengths and weaknesses*

This scale has been applied to TD populations, particularly those with developmental

disabilities, and it showed good inter-rater reliability, convergent validity and responsiveness to change. The limitation is the exclusive use in patients with learning disabilities.

***ESRS: Extrapyramidal Symptoms Rating Scale***

***ESRS-A: Extrapyramidal Symptoms Rating Scale abbreviated version***

*Scale description*

The ESRS is a clinician-rated instrument to assess the severity of parkinsonism, dyskinesia, dystonia and akathisia, each manifestation scored from 0 to 5 (absent, minimal, mild, moderate, severe, extreme) with welldefined explanatory word-anchors. Its most commonly used form (ESRS-A) comprises 28 items for the comprehensive evaluation of movement disorders. The scale includes specific instructions to standardize the evaluation. Ratings are made through a combination of clinical interview and motor examination, after which a score can be obtained. The severity of ratings should be related to both frequency and severity/intensity of the phenomenon being evaluated. The highest severity of the abnormal movements is rated. Each rating should represent the most appropriate rating based on overall clinical judgment for the anchor points pertaining to each symptom, with a temporal component considered secondarily (Chouinard and Margolese, 2005).

*Key evaluation issues*

Clinimetric data on ESRS rely mainly on inter-rater coefficients (0.86-0.91). Convergent validity and responsiveness to change have also been evaluated. During a cross-scale comparison, AIMS and ESRS were found to have a 96% agreement between TD-defined cases by DSM-IV TD criteria. This scale has been applied to TD populations, that data on its use are available beyond the group that developed the scale, and that it showed good inter-rater reliability, convergent validity and responsiveness to change.

*Strengths and weaknesses*

The ESRS is quick to administer and takes about 15 minutes to complete.

## Conclusions

The adoption of valid rating scales for the assessment of patients with hyperkinetic disorders is needed to be able to share information, quantify health status and fully understand the trends and outcomes in clinical trials (Martinez-Martin et al, 2014). Although numerous scales aimed at assessing hyperkinetic disorders have been published, their variability in terms of clinimetric properties, availability and effort required to administer them is high. In this review, we identified scales defined as ‘Recommended’ for the assessment of all forms of hyperkinetic disorders. The situation highlighted by our systematic review nevertheless varies considerably, with several ‘Recommended’ scales being available for some conditions such as tics or dystonia, but only one being available for myoclonus. This gap needs to be filled by the scientific community through both the development of new clinical tools and the refinement of existing ones. Further work is also required to adapt and validate ‘Recommended’ scales to specific patient populations according to different age groups and clinical stratifications.

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## Tables

**Table 1. Tremor: main characteristics of the scales assessed.**

| <i>Scale</i>                | <i>Time to complete</i> | <i>Patient historical rating</i> | <i>Clinical examination</i> | <i>Administration burden</i> |
|-----------------------------|-------------------------|----------------------------------|-----------------------------|------------------------------|
| <i>FTM-TRS</i>              | 15*                     | yes                              | yes                         | ±                            |
| <i>WHIGET</i>               | 20*                     | yes                              | yes                         | +                            |
| <i>Bain TRS</i>             | 10*                     | no                               | yes                         | ±                            |
| <i>UTRA</i>                 | 10*                     | yes                              | yes                         | +                            |
| <i>TETRAS</i>               | 10*                     | yes                              | yes                         | +                            |
| <i>VTSS</i>                 | 1*                      | no                               | yes                         | +                            |
| <i>Sweet et al. TRS</i>     | 5*                      | no                               | yes                         | +                            |
| <i>Findley et al. TRS</i>   | 5*                      | yes                              | yes                         | +                            |
| <i>Koller et al. TRS</i>    | 5*                      | no                               | yes                         | +                            |
| <i>Jefferson et al. TRS</i> | 5*                      | yes                              | yes                         | ±                            |
| <i>Baruzzi et al. TRS</i>   | 2*                      | no                               | yes                         | +                            |
| <i>Ogawa et al. TRS</i>     | 2*                      | yes                              | yes                         | +                            |

*Abbreviations: FTM-TRS, Fahn Tolosa Marin Tremor Rating Scale; WHIGET, Washington Heights-Inwood Genetic Study of Essential Tremor ; UTRA, Unified Tremor Rating Assessment; TETRAS, The Essential Tremor Rating Assessment Scale; VTSS, Vocal Tremor Scale Assessment.*

*\*mean estimated time to complete (not specified); administration burden was rated as follows: “+” (easy, e.g., summing up of the items), “±” (moderate, e.g., visual analogue scale (VAS) or simple formula), “-” (difficult, e.g., VAS in combination with formula, or complex formula).*

**Table 2. Tremor: classification of the scales assessed.**

| <i>Scale</i>                | <i>Applied in ET</i> | <i>Applied beyond authors</i> | <i>Successful clinimetric testing</i> | <i>Qualification</i> |
|-----------------------------|----------------------|-------------------------------|---------------------------------------|----------------------|
| <i>FTM-TRS</i>              | yes                  | yes                           | yes                                   | Recommended          |
| <i>WHIGET</i>               | yes                  | yes                           | yes                                   | Recommended          |
| <i>Bain TRS</i>             | yes                  | no                            | yes                                   | Suggested            |
| <i>UTRA</i>                 | yes                  | yes                           | no                                    | Suggested            |
| <i>TETRAS</i>               | no                   | no                            | yes                                   | Listed               |
| <i>VTSS</i>                 | no                   | no                            | yes                                   | Listed               |
| <i>Sweet et al. TRS</i>     | yes                  | no                            | no                                    | Listed               |
| <i>Findley et al. TRS</i>   | yes                  | no                            | no                                    | Listed               |
| <i>Koller et al. TRS</i>    | yes                  | no                            | no                                    | Listed               |
| <i>Jefferson et al. TRS</i> | yes                  | no                            | no                                    | Listed               |
| <i>Baruzzi et al. TRS</i>   | yes                  | no                            | no                                    | Listed               |
| <i>Ogawa et al. TRS</i>     | yes                  | no                            | no                                    | Listed               |

**Table 3. Dystonia: main characteristics of the scales assessed.**

| <i>Scale</i>                                                        | <i>Time to complete</i> | <i>Patient historical rating</i> | <i>Clinical examination</i> | <i>Administration burden</i> |
|---------------------------------------------------------------------|-------------------------|----------------------------------|-----------------------------|------------------------------|
| <i>BSDI</i>                                                         | n.a.                    | yes                              | no                          | +                            |
| <i>Jankovic rating scale</i>                                        | n.a.                    | no                               | yes                         | +                            |
| <i>Blepharospasm Disability Scale</i>                               | 4*                      | yes                              | yes                         | +                            |
| <i>CDIP-58</i>                                                      | n.a.                    | yes                              | no                          | +                            |
| <i>Functional Disability Questionnaire</i>                          | n.a.                    | yes                              | no                          | +                            |
| <i>TWSTRS</i>                                                       | n.a.                    | no                               | yes                         | +                            |
| <i>Tsui scale</i>                                                   | n.a.                    | no                               | yes                         | ±                            |
| <i>Modified Tsui scale</i>                                          |                         | no                               | yes                         | +                            |
| <i>Freiberg Questionnaire for Dystonia torticollis version</i>      | n.a.                    | yes                              | no                          | ±                            |
| <i>Disability questionnaire for patients with cervical dystonia</i> | n.a.                    | yes                              | no                          | +                            |
| <i>Body Concept Scale</i>                                           | n.a.                    | yes                              | no                          | -                            |
| <i>Ways of Coping Checklist</i>                                     | n.a.                    | yes                              | no                          | +                            |
| <i>CDQ-24</i>                                                       | n.a.                    | yes                              | no                          | +                            |
| <i>Oromandibular dystonia questionnaire</i>                         | n.a.                    | yes                              | no                          | +                            |
| <i>Unified Spasmodic Dysphonia Rating Scale</i>                     | n.a.                    | no                               | yes                         | +                            |
| <i>VHI</i>                                                          | n.a.                    | yes                              | yes                         | +                            |
| <i>Voice Handicap Index 10</i>                                      | n.a.                    | yes                              | no                          | +                            |
| <i>Voice-Related Quality of Life</i>                                | n.a.                    | yes                              | no                          | +                            |
| <i>VPQ</i>                                                          | n.a.                    | yes                              | no                          | +                            |
| <i>Arm Dystonia</i>                                                 | <1*                     | yes                              | no                          | ±                            |

|                                      |      |     |     |   |
|--------------------------------------|------|-----|-----|---|
| <i>Disability Scale</i>              |      |     |     |   |
| <i>Dystonia Evaluation Scale</i>     | <1*  | yes | no  | + |
| <i>Tubiana-Chamagne Score</i>        | <1*  | yes | no  | + |
| <i>Writer's Cramp Rating Scale</i>   | n.a. | no  | yes | ± |
| <i>Global Dystonia rating Scale</i>  | n.a. | no  | yes | + |
| <i>FMDRS</i>                         | n.a. | yes | yes | ± |
| <i>Unified Dystonia Rating Scale</i> | n.a. | yes | yes | + |

**Table 4. Dystonia: classification of the scales assessed.**

| <i>Scale</i>                                                        | <i>Applied in Dystonia</i> | <i>Applied beyond authors</i> | <i>Successful clinometric testing</i> | <i>Qualification</i> |
|---------------------------------------------------------------------|----------------------------|-------------------------------|---------------------------------------|----------------------|
| <i>BSDI</i>                                                         | yes                        | yes                           | yes                                   | Recommended          |
| <i>Jankovic rating scale</i>                                        | yes                        | yes                           | no                                    | Suggested            |
| <i>Blepharospasm Disability Scale</i>                               | yes                        | yes                           | no                                    | Suggested            |
| <i>CDIP-58</i>                                                      | yes                        | yes                           | yes                                   | Recommended          |
| <i>Functional Disability Questionnaire</i>                          | yes                        | yes                           | no                                    | Suggested            |
| <i>TWSTRS</i>                                                       | yes                        | yes                           | yes                                   | Recommended          |
| <i>Tsui scale</i>                                                   | yes                        | yes                           | no                                    | Suggested            |
| <i>Modified Tsui scale</i>                                          | yes                        | no                            | no                                    | Listed               |
| <i>Freiberg Questionnaire for Dystonia torticollis version</i>      | yes                        | no                            | no                                    | Listed               |
| <i>Disability questionnaire for patients with cervical dystonia</i> | yes                        | no                            | no                                    | Listed               |
| <i>Body Concept Scale</i>                                           | yes                        | no                            | yes                                   | Suggested            |



|                                                 |     |     |     |             |
|-------------------------------------------------|-----|-----|-----|-------------|
| <i>Ways of Coping Checklist</i>                 | yes | no  | no  | Listed      |
| <i>CDQ-24</i>                                   | yes | yes | yes | Recommended |
| <i>Oromandibular dystonia questionnaire</i>     | yes | no  | yes | Suggested   |
| <i>Unified Spasmodic Dysphonia Rating Scale</i> | yes | yes | no  | Suggested   |
| <i>VHI</i>                                      | yes | yes | yes | Recommended |
| <i>Voice Handicap Index 10</i>                  | yes | yes | no  | Suggested   |
| <i>Voice-Related Quality of Life</i>            | yes | yes | no  | Suggested   |
| <i>VPQ</i>                                      | yes | yes | yes | Recommended |
| <i>Arm Dystonia Disability Scale</i>            | yes | yes | no  | Suggested   |
| <i>Dystonia Evaluation Scale</i>                | yes | no  | no  | Listed      |
| <i>Tubiana-Chamagne Score</i>                   | yes | yes | no  | Suggested   |
| <i>Writer's Cramp Rating Scale</i>              | yes | yes | no  | Suggested   |
| <i>Global Dystonia rating Scale</i>             | yes | yes | no  | Suggested   |
| <i>FMDRS</i>                                    | yes | yes | yes | Recommended |
| <i>UDRS</i>                                     | yes | yes | no  | Suggested   |

*Abbreviations: BSDI, Blepharospasm Disability Index; CDIP-58, Cervical Dystonia Impact Profile; TWSTRS, Toronto Western Spasmodic Toricollis Rating Scale; CDQ-24, Craniocervical Dystonia Questionnaire; VHI, Voice Handicap Index; VPQ, Vocal Performance Questionnaire; FMDRS, Fahn-Marsden Dystonia Rating Scale, UDRS, Unified Dystonia Rating Scale.*

**Table 5. Chorea: main characteristics of the scales assessed.**

| <i>Scale</i>               | <i>Time to complete</i> | <i>Patient historical rating</i> | <i>Clinical examination</i> | <i>Administration burden</i> |
|----------------------------|-------------------------|----------------------------------|-----------------------------|------------------------------|
| <i>AIMS</i>                | 10'                     | No                               | Yes                         | +                            |
| <i>Marsden &amp; Quinn</i> | n.a.                    | No                               | Yes                         | +                            |
| <i>UHDRS</i>               | ≈ 30'                   | Semi-objective                   | Yes                         | +                            |
| <i>mMS</i>                 | brief                   | No                               | Yes                         | +                            |

**Table 6. Chorea: classification of the scales assessed.**

| <i>Scale</i>               | <i>Applied in HD</i> | <i>Applied beyond original authors</i> | <i>Successful clinimetric testing</i> | <i>Qualification</i>     |
|----------------------------|----------------------|----------------------------------------|---------------------------------------|--------------------------|
| <i>UHDRS</i>               | Yes                  | Yes                                    | Yes                                   | Recommended              |
| <i>AIMS</i>                | Yes                  | Yes                                    | Yes <sup>a</sup>                      | Recommended              |
| <i>mMS</i>                 | Yes                  | Yes                                    | No                                    | Recommended <sup>b</sup> |
| <i>Marsden &amp; Quinn</i> | Yes                  | Yes                                    | No                                    | Suggested                |

*Abbreviations: UHDRS, Unified Huntington's Disease Rating Scale; <sup>a</sup> AIMS has several modified versions and it is not entirely clear whether clinimetric analyses are uniform across all versions. mMS, modified motor score of the UHDRS*

*<sup>b</sup>With several limitations*

**Table 7. Tics: main characteristics of the scale assessed.**

| <i>Scale</i>   | <i>Respondent</i>                                | <i>Administration time (minutes)</i> | <i>Patient historical rating</i> | <i>Clinical examination</i> | <i>Administration burden</i> |
|----------------|--------------------------------------------------|--------------------------------------|----------------------------------|-----------------------------|------------------------------|
| <i>DCI</i>     | Clinician                                        | n.a.                                 | Yes                              | No                          | +                            |
| <i>GTRS</i>    | Informant, clinician                             | n.a.                                 | No                               | No                          | +                            |
| <i>GTS-QoL</i> | Patient                                          | 10-15                                | No                               | No                          | ±                            |
| <i>HMVST</i>   | Clinician (child/adolescent, adult)              | n.a.                                 | No                               | No                          | ±                            |
| <i>MOVES</i>   | Child/adolescent, adult                          | 1-5                                  | No                               | No                          | +                            |
| <i>PUTS</i>    | Child (>10 years)/ adolescent, Adults            | 5                                    | No                               | No                          | +                            |
| <i>STSSS</i>   | Clinician                                        | 5-10                                 | No                               | No                          | +                            |
| <i>TODS</i>    | Informant (parent), clinician (child/adolescent) | 5                                    | No                               | No                          | +                            |
| <i>TS-CGI</i>  | Clinician                                        | n.a.                                 | Yes                              | No                          | +                            |
| <i>TSGS</i>    | Clinician (child/adolescent, adult)              | n.a.                                 | Yes                              | No                          | ±                            |
| <i>TSQ</i>     | Child/adolescent, adult                          | n.a.                                 | Yes                              | No                          | +                            |
| <i>TSSL</i>    | Patient, informant                               | n.a.                                 | Yes                              | No                          | +                            |
| <i>UTRS</i>    | Clinician                                        | n.a.                                 |                                  | No                          | +                            |
| <i>YGTSS</i>   | Clinician (child/adolescent, adult)              | 15-20                                | Yes                              | No                          | +                            |

*Abbreviations: DCI, Diagnostic Confidence Index; GTRS, Global Tic Rating Scale; GTS-QoL, Gilles de la Tourette Syndrome Quality of Life scale; HMVST, The Hopkins Motor and Vocal Tic Scale; MOVES, Motor Tic, Obsessions and Compulsions, Vocal Tic Evaluation Survey; PUTS, Premonitory Urge Tics Scale; STSSS, Shapiro Tourette Syndrome Severity Scale; TODS, Tourette's Disorder Scale; TS-CGI, Tourette Syndrome Global Clinical*

*Impression; TSGS, Tourette Syndrome Global Scale; TSQ, Tourette Syndrome Questionnaire; TSSL, Tourette Syndrome Symptom List; UTRS, Unified Tic Rating Scale; YGTSS, Yale Global Tic Severity Scale.*

**Table 8. Tics: classification of the scales assessed.**

| <i>Scale</i>   | <i>Applied in TS</i> | <i>Applied beyond original authors</i> | <i>Successful clinimetric testing</i> | <i>Qualification<sup>†</sup></i> |
|----------------|----------------------|----------------------------------------|---------------------------------------|----------------------------------|
| <i>DCI</i>     | Yes                  | Yes                                    | Yes                                   | Recommended                      |
| <i>GTRS</i>    | Yes                  | Yes                                    | Yes                                   | Recommended                      |
| <i>GTS-QoL</i> | Yes                  | Yes                                    | Yes                                   | Recommended                      |
| <i>HMVST</i>   | Yes                  | Yes                                    | Yes                                   | Recommended                      |
| <i>MOVES</i>   | Yes                  | Yes                                    | Yes                                   | Recommended                      |
| <i>PUTS</i>    | Yes                  | Yes                                    | Yes                                   | Recommended                      |
| <i>STSSS</i>   | Yes                  | Yes                                    | Yes                                   | Recommended                      |
| <i>TODS</i>    | Yes                  | Yes                                    | Yes                                   | Recommended                      |
| <i>TS-CGI</i>  | Yes                  | Yes                                    | Yes                                   | Recommended                      |
| <i>TSGS</i>    | Yes                  | Yes                                    | Yes                                   | Recommended                      |
| <i>TSQ</i>     | Yes                  | Yes                                    | No                                    | Suggested                        |
| <i>TSSL</i>    | Yes                  | Yes                                    | No                                    | Suggested                        |
| <i>UTRS</i>    | Yes                  | Yes                                    | Yes                                   | Recommended                      |
| <i>YGTSS</i>   | Yes                  | Yes                                    | Yes                                   | Recommended                      |

**Table 9. Myoclonus: main characteristics of the scales assessed.**

| <i>Scale</i>                  | <i>Time to complete (minutes)</i> | <i>Patient historical rating</i> | <i>Clinical examination</i> | <i>Administration burden</i> |
|-------------------------------|-----------------------------------|----------------------------------|-----------------------------|------------------------------|
| <i>Chadwick &amp; Marsden</i> | ?                                 | no                               | yes                         | ?                            |
| <i>Truong &amp; Fahn</i>      | ?                                 | no                               | yes                         | ?                            |
| <i>UMRS</i>                   | 15 minutes                        | yes                              | yes                         | +                            |

Abbreviations: *UMRS*, Unified Myoclonus Rating Scale.

**Table 10. Myoclonus: classification of the scales assessed.**

| <i>Scale</i>                  | <i>Applied in myoclonus</i> | <i>Applied beyond authors</i> | <i>Successful clinimetric testing</i> | <i>Qualification</i> |
|-------------------------------|-----------------------------|-------------------------------|---------------------------------------|----------------------|
| <i>Chadwick &amp; Marsden</i> | x                           | x                             | 0                                     | suggested            |
| <i>Truong &amp; Fahn</i>      | x                           | x                             | 0                                     | suggested            |
| <i>UMRS</i>                   | x                           | x                             | x                                     | recommended          |

**Table 11. DID: main characteristics of the scales assessed.**

| <i>Scale</i>                          | <i>Time to complete (minutes)</i> | <i>Patient historical rating</i>     | <i>Clinical examination</i> | <i>Administration burden#</i> |
|---------------------------------------|-----------------------------------|--------------------------------------|-----------------------------|-------------------------------|
| <i>AIMS</i>                           | 15                                | No                                   | Yes                         | +                             |
| <i>TDRS/ADS</i>                       | 15-20/10-15                       | No                                   | Yes                         | +                             |
| <i>DIS-co/DISCUS</i>                  | 20/15                             | No                                   | Yes                         | +                             |
| <i>ESRS/ESRS-A</i>                    | 20*/10*                           | No                                   | Yes                         | +                             |
| <i>Smith Tardive Dyskinesia Scale</i> | 15-20*                            | No                                   | Yes                         | +                             |
| <i>Modified Rogers Scale</i>          | 10                                | No                                   | Yes                         | +                             |
| <i>UKU-SERS</i>                       | 10-30*                            | Yes (patient version also available) | Yes                         | +                             |

*Abbreviations: AIMS, Abnormal Involuntary Movement Scale; TDRS, (Simpson) Tardive Dyskinesia Rating Scale; MDS-UPDRS, revised version of the UPDRS; ADS, Abbreviated Dyskinesia Scale; DIS-Co, Dyskinesia Identification System-Coldwater; DISCUS, Dyskinesia Identification System Condensed User Scale; UKU-SERS, UKU-Side Effect Rating Scale*

**Table 12. DID: classification of the scales assessed.**

| <i>Scale</i>                          | <i>Applied in DID</i> | <i>Applied beyond original authors</i> | <i>Successful clinimetric testing</i> | <i>Qualification</i>     |
|---------------------------------------|-----------------------|----------------------------------------|---------------------------------------|--------------------------|
| <i>AIMS</i>                           | X                     | X                                      | X <sup>a</sup>                        | Recommended              |
| <i>TDRS/ADS</i>                       | X                     | X                                      | 0 <sup>b</sup>                        | Suggested                |
| <i>DIS-co/DISCUS</i>                  | X                     | X                                      | X                                     | Recommended <sup>c</sup> |
| <i>ESRS/ESRS-A</i>                    | X                     | X                                      | X                                     | Recommended              |
| <i>Smith Tardive Dyskinesia Scale</i> | X                     | 0                                      | 0 <sup>b</sup>                        | Suggested                |
| <i>Modified Rogers Scale</i>          | X                     | 0                                      | unclear                               | Listed                   |
| <i>UKU-SERS</i>                       | X                     | 0                                      | X                                     | Suggested                |

<sup>a</sup>*Has several modified versions and it is not entirely clear whether clinimetric analyses are uniform across all versions.*

<sup>b</sup>*Intra-rater (test-retest) reliability not evaluated by authors; construct validity not assessed*

<sup>c</sup>*Used only in patients with learning disabilities*

**Highlights**

- Hyperkinetic disorders represent a heterogeneous group of conditions in which involuntary movements are the prevalent clinical symptoms. They include tremor, dystonia, tics, myoclonus and drug-induced dyskinesia
- Good rating instruments for hyperkinetic disorders are required in both everyday practice and experimental settings
- Unfortunately, the evaluation of these disorders is complicated by the inherent nature and variability over time of involuntary movements
- On the basis of the methodology developed by the MDS task force for rating scales, a scale was defined as 'Recommended', 'Suggested' or 'Listed' in decreasing order of value
- We identified scales defined as 'Recommended' for the assessment of all hyperkinetic disorders, with several 'Recommended' scales being available for conditions such as tics or dystonia, but only one for myoclonus