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Risk-informed sustainable asset management of railway tracks

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Risk-informed sustainable asset management of railway track

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Abstract (150 - 200 words)

Railway track infrastructure asset management is a challenging problem with added values on safety, society and environment. With railways serving as a key sustainable mode of transportation for passengers and freight, the industry is facing an increasing demand to expand its capacity, availability and speed, resulting in faster deterioration of the aging railway track infrastructure. Given the constrained maintenance budgets and the environmental challenges posed by climate change, railway asset managers have to identify economically and environmentally-justifiable track maintenance strategies without compromising on safety. To this end, this paper proposes a risk-informed approach to arrive at sustainable railway track maintenance strategies, while considering the associated track maintenance costs and impacts to train operation (environmental emissions and risk of derailments). Monte Carlo simulation is employed to address data uncertainties associated with track quality data, the costs and benefits of track maintenance and train operation. The proposed approach is successfully applied to the heavy haul railway lines in Sweden and Australia to compare some alternative maintenance strategies and identify the sustainable one.

Keywords chosen from ICE Publishing list

Railway tracks; Infrastructure planning; Safety & hazards; Maintenance & inspection; Sustainability

List of notations (examples below)

signifies the uncertain value

 \hat{C}_{MQ} is the direct costs of maintaining the railway track at an average track quality, Q

 \hat{C}_{In} is the cumulative cost of inspections during a given year, n

 \tilde{C}_{Tn} is the cumulative cost of tamping during a given year, n

 \tilde{C}_{RMn} is the cumulative cost of routine maintenance during a given year, n

 \vec{C}_{BCn} is the cumulative cost of ballast cleaning during a given year, n

 C_{ENVQ_n} is the environmental cost incurred due to pollutant type, *p*, during train operation estimated as a function of track quality, *Q*, in a given year, *n*

 \tilde{C}_{pn} is the impact cost of pollutant type, p, during a given year, n \hat{E}_{pn} is the amount of emission of pollutant type, p, during train operation estimated as a function of track quality, Q, in a given year, n

 P_{DQn} is derailment rate associated with an average track quality, Q, in a given year, n

N is the analysis period in years

- Q is the average track quality
- r is the discount rate

 \hat{R}_{DQn} is the risk of derailment associated with an average track quality, Q, in a given year, n

- \hat{S}_{DQn} is the severity of derailment associated with an average track quality, Q, in a given year, n
- T_{VP} is the vertical track geometry expressed in standard deviations (mm)

1 1. Introduction

2 Railways not only serve as a key mode of transportation of passenger and freight traffic in urban, 3 suburban, regional and national levels but also drive economic development, influence land use, urban 4 planning, impact the environment and enhance liveability. They are often seen as a greener, more 5 efficient and safer option than road transport, and thus serves as a major component within the 6 sustainable public transport policy of many countries (RSSB, 2016; Evans, 2013). Many countries have 7 set ambitious environmental targets for their railway industry. For example, the UK railway industry 8 aims to cut its carbon emissions by 80% and Germany is targeting a completely CO₂ free railway 9 transport, both by 2050 (UNCRD, 2017). Indeed, achieving sustainability has become a fundamental goal 10 of transport planning and policy worldwide (Castillo et al., 2010). Sustainability, a concept introduced by 11 the UN Brundtland Commission (1987), can be defined as "development that meets the needs of the 12 present without compromising the ability of future generations to meet their own needs". Within 13 transportation, sustainability can be considered in terms of equity, economy and ecology (Burrow et al., 14 2016). A balance between these three objectives can be achieved only when there is a trade-off 15 between economic development and its impacts on the environment and human life (May et al., 2007).

16

17 Since 1975, global rail passenger activity has grown by 130% and freight by 76% (UIC, 2017). Such an 18 increasing trend of usage has resulted in accelerated degradation of railway assets, higher associated 19 maintenance costs, rise in safety risks and environmental emissions (Sasidharan et al, 2020a, Hayes et 20 al., 2019; Mattioli, 2016;). Given the pressure to increase track utilisation, the ageing infrastructure on 21 which much of the world's railway transport systems are founded, and the constrained budgets under 22 which the infrastructure is managed, sustainable maintenance strategies need to be predicted, 23 prioritised, planned and carried out. Currently, however maintenance decisions for railway track 24 infrastructure are largely based on time, tonnage or predetermined engineering standards, which 25 ignores the impact on train operation (safety risks and environmental emissions), therefore do not 26 deliver sustainability (Araujo et al., 2020; Sasidharan et al, 2020a; Atkins, 2011).

28 Life cycle frameworks have become an integral part of decision-making in the railway environment to 29 support the reliability, availability, maintainability and safety of railway infrastructure assets. The 30 existing literature on employing life cycle cost (LCC) models for informing railway asset management 31 strategies are extensive. For example, for predicting the value of railway condition monitoring (Marquez 32 et al., 2008); to inform maintenance strategies for railway tracks (Sasidharan et al., 2020a; Smith et al., 33 2017; Jones et al., 2016; Guler et al., 2013; Patra et al., 2009), switches (Vitasek et al., 2017), bridges 34 (Frangopol et al., 2007; van Noortwijk et al., 2004), tunnels (Yuan et al., 2013), signals (Hoffart et al., 35 2005), overhead electric lines (Antoni et al., 2008) and rolling stock (Meynerts et al., 2017; Fourie et al., 36 2016). Various studies also advocate the use of risk management to inform decision making in the 37 railway industry. For example, predicting the risk of derailments (Liu et al., 2011; He et al., 2014; Jafarian 38 et al., 2012; Zarembski et al., 2006); failure of the track (Jamshidi et al., 2016), earthwork (Crapper, 39 2014; Okada and Sugiyama, 1994), drainage (Usman et al., 2017), bridge (Yang et al., 2018), tunnels 40 (Beard, 2010), level crossings (Berrado et al., 2010), signals (Zhang et al., 2013) and rolling stock (An et 41 al., 2007). While all these techniques demonstrate the importance of using available datasets to assess 42 the potential risks and predict LCC, there is a paucity of knowledge associated with decision-making 43 when there is a lack or unavailability of data (Chen Yu, 2019; Gai et al., 2019; Lesnaik et al., 2019; Yan et 44 al., 2019; Sasidharan et al., 2017). Various risk assessment techniques such as Monte Carlo simulation 45 (Sasidharan et al., 2020a), Bayesian (Zhang et al., 2014), Fuzzy logic (Elcheikh et al., 2016), Petri nets 46 (Rama et al., 2016) and fault tree analysis (Ma et al., 2014) are employed to deal with such uncertainties 47 within infrastructure asset management practices. Consequently, and in accordance with international 48 standards on risk management such as ISO 15686-5 (ISO, 2009) and EN 60300-3-3 (BSI, 2017) there is an 49 additional impetus to incorporate risk management within asset management processes. For example, 50 the standardised risk management processes suggested by the railway industry in the UK (Network Rail, 51 2014), Sweden (Trafikverket, 2020) and Australia (Office of the National Rail Safety Regulator, 2019).

52

Although comprehensive performance measurement frameworks are rare in transport authorities, efforts have been made by some to incorporate sustainability concepts into the transportation planning processes (Pei et al., 2010). Figure 1 summarises conceptually how asset management and risk

56 management sits within the wider business, political and policy-making environment, and how the aims 57 and objectives of sustainability can be derived from these and thereafter implement the 58 solutions/interventions. Asset management policies and strategies should be an integral part of the 59 corporate policies and the strategies of the business as a whole. Railway infrastructure owners and 60 managers are also required to understand and manage a variety of risks (e.g. derailments, train 61 collisions, flooded tracks, transport of dangerous goods etc.). A clear understanding of the criticality of 62 the infrastructure, the risk events and their potential impacts can be used to support asset management 63 by informing the mitigation plans and the organisations' business policies. The business policies define 64 what the organisation is aiming to achieve and why it is seeking this achievement and are usually 65 governed by stakeholder expectations, budgets, performance indicators and other targets (Robinson, 66 2008). To address the issues of sustainability (i.e. economic, environmental and social), the 67 infrastructure management needs to think beyond the technical issues and problems associated with 68 the physical infrastructure alone. To this end, understanding the problem (e.g. GHG emissions, 69 decarbonisation etc.) is key to informing the policymaking frameworks which could contribute to 70 identifying sustainable solutions (e.g. electrification, predictive track maintenance regimes etc.). One of 71 the important elements in the implementation of a sustainable strategy is to measure its progress. 72 Several frameworks have been developed for evaluating the sustainability of strategies and policies from 73 a transport context (Abdi et al., 2019). Such a discussion would influence the political will as the 74 politicians once elected will be key to forming broader transport policies that influence the transport 75 authority's decision making. Thus asset and risk management should not be separate and independent 76 of the transport authority's business management but should be a means of interpreting corporate 77 goals in the context of the physical infrastructure asset and its associated impacts to give a clearer focus 78 for the activities. Figure 1 also recognises the need for data or information to contribute to the asset and 79 risk management processes.

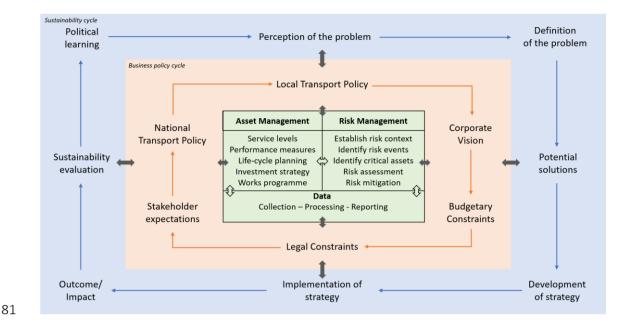


Figure 1. A framework for risk-informed sustainable asset management of railway infrastructure

84 Since sustainable development is becoming a dominant goal throughout the world, the public and 85 government are pursuing green and safe objectives for the railways (RSSB, 2016). However, little of the 86 existing literature which focuses on railway infrastructure asset management considers environmental 87 emissions and safety risks associated with railway operation (Sasidharan et al., 2020a; Lin et al., 2017; 88 Liu et al., 2011; He et al., 2014; Patra et al., 2009). To this end, the approach proposed within this paper 89 (summarised in Figure 2) can be employed to compare the costs of different railway track maintenance 90 strategies against the associated safety risks and environmental performance, to arrive at a trade-off 91 and thus inform a sustainable maintenance strategy. The approach aids the decision-maker, who needs 92 to define which goals need to be prioritized according to the business need/policies. The target values of 93 each goal must be defined according to the strategy of the organisation, and the change of these values 94 directly influences the results achieved. In addition to prioritizing the most important goals, the 95 decision-maker could redefine the target values of their goals, seeking harmony with the possible results 96 against existing objectives. The proposed approach is demonstrated through case studies on the heavy 97 haul railway lines in Sweden and Australia.

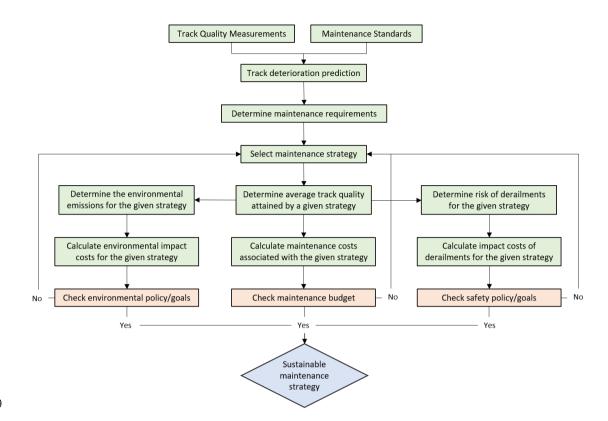




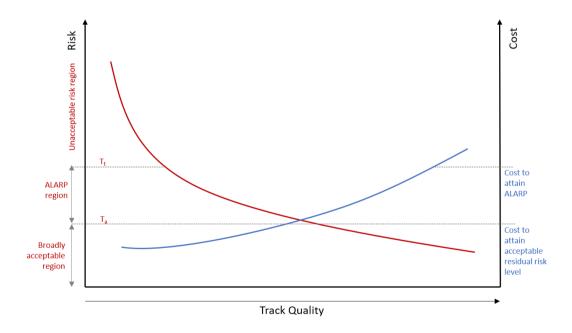
Figure 2. Risk-informed approach to setting a sustainable asset management strategy for railway tracks

102 **2. Methodology**

103 The risk-informed approach proposed herein for identifying sustainable railway track asset management 104 strategy quantifies (i) the costs, environmental emissions and safety risks associated with different track 105 maintenance strategies and (ii) takes into account uncertainty of the information to estimate, using 106 Monte Carlo Simulation (MCS), plausible ranges of the probability of occurrence of values. The concept 107 introduced by the UK Health and Safety Executive of measuring whether the risk presented by an 108 alternative is "as low as reasonably practicable" (ALARP) (Nestico, 2018) is used to manage the risk of 109 track quality-related derailments. Figure 3 illustrates the ALARP principle where the safety risks 110 associated with different track maintenance strategies are divided into three regions. While intervention 111 is possible if the risk falls below the broadly acceptable threshold (T_a), the risks are considered to be too 112 high if it is above the tolerability threshold (Tt). Ta is often considered as a 'safe level', while Tt represents 113 the beginning of an 'unsafe' area. If the risks fall within the ALARP region (between T_a and T_t), they are 114 considered to be tolerable, provided that the costs of any further mitigation options are 115 disproportionate to the achievable benefits. From a railway track asset management perspective, if the risks associated with a given track quality level are not tolerable, risk reduction measures must be applied or maintenance work has to be considered to lower the risk level to ALARP or broadly acceptable regions. ALARP is beneficial in cases where the primary objective is balancing the risks against the costs to reduce them and the potential benefits that can be achieved. ALARP approach was earlier applied to assess the risks associated with waterways (Bödefeld and Kloé, 2013) and for managing risks on different transport systems (Szymanek, 2008).

122

Since the timing of track maintenance and track use costs (including safety risks and environmental costs) vary over time as a function of track quality, it is necessary to incorporate a model of track deterioration model within the proposed approach. Such a model allows the condition of the track to be predicted at any time and thus the required maintenance and associated costs, environmental emissions and safety risks can be estimated accordingly. The usefulness of the proposed approach is demonstrated using two case studies on the Swedish and Australian railway network. The components of the developed approach are described and justified below.



131 Figure 3. The principle of As Low as Reasonably Possible (ALARP) risk management

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135 2.1 Track deterioration

136 Track quality is commonly quantified by standard deviations (SD) of track geometry parameters, such as 137 vertical geometry, alignment, and cross-level; with higher Track Quality Index (TQI) depicting poorer 138 track quality. While all the parameters are equally significant, widely used track deterioration models 139 within the railway industry consider the prediction of vertical track settlement as the main controlling 140 factor for track geometry and therefore for ballasted track maintenance planning (Dahlberg, 2001; 141 Burrow et al., 2009; Sadeghi et al., 2010; Milosavijevic et al., 2012). The required track condition data 142 can be assessed using both statistical and stochastic track deterioration models. Statistical models based 143 on simple linear (Corbin et al., 1981) and exponential regressions (Quiroga et al., 2011) have been 144 researched widely over the last three decades (Andrade et al., 2016). Stochastic models have also been 145 proposed within different academic literature (Andrews et al., 2013; Zhang et al., 2014), but unlike 146 statistical models, they have not been adopted widely within the railway industry. Monte Carlo 147 simulation (MCS) was identified as an efficient method for such stochastic modelling (Quiroga et al., 148 2011), as it can be used to run hundreds of thousands of iterations before arriving at a track condition 149 with the highest probability of occurrence for a given time. This paper adopts a stochastic track quality 150 deterioration model using MCS suggested by Quiroga et al (2011) and assumes the track quality to be a 151 linear function of cumulative tonnage or time and is given by Equation 1.

152 $T_{VP} = (a * x) + b + e$

1.

Where T_{VP} is the vertical track geometry expressed in standard deviations (mm), x is time or tonnage, a and b are linear coefficients and e is the error value.

155

156 **2.2 Track maintenance costs**

A variety of maintenance activities are carried out to treat the ballasted railway tracks. The vertical track geometry of ballasted railway track is usually restored by tamping while ballast cleaning is carried out to remove the fines within the ballasts. Routine maintenance activities such as weed spraying, vegetation removal and drainage cleaning are carried out periodically. Achieving a higher track quality requires frequent maintenance interventions, as informed by the track deterioration model (Section 2.1).

Maintenance activities involve direct costs in the form of labour, machinery and planning. These costs 163 associated with maintaining the track to different quality levels are calculated using Equation 2.

164
$$\hat{C}_{MQ} = \sum_{n=0}^{N} \frac{\hat{C}_{In} + \hat{C}_{Tn} + \hat{C}_{BCn}}{(1+\hat{r})^n}$$
2.

165 Where \hat{C}_{MQ} is the direct costs of maintaining the ballasted railway track at an average track quality, Q, 166 based on \hat{C}_{in} as the cumulative cost of the inspection, tamping (\hat{C}_{Tn}), routine maintenance (\hat{C}_{RMn}) and 167 ballast cleaning (\hat{C}_{BCn}) during a given year, *n*, with discount rate *r*.

168

169 2.3 Risk of derailments

170 Risk is defined as a function of system failure and the severity of losses or damages associated with the 171 failure. While the causes of derailment are generally classified as infrastructure-, rolling stock-, and 172 weather-related, studies have shown that the likelihood and severity of derailment increases with as 173 track quality worsens (Sasidharan et al., 2020; Lin et al., 2019; He et al., 2015; Liu et al., 2011). The cost 174 components of a derailment include damage to third party property and passengers' health, loss of life, 175 damage to goods and costs involved in rescue, delays, investigation and repair and renewal of track and rolling stock. Risk of the derailment ($\hat{\hat{R}}_{DQn}$) was calculated by multiplying the average impact costs of the 176 severity of derailment (\hat{S}_{DQn}) with the probability of occurrence of a derailment (\hat{P}_{DQn}) associated with 177 178 track quality, Q, in a given year, n (Equation 3).

179
$$\hat{R}_{DQn} = \sum_{n=0}^{N} \frac{\hat{P}_{DQn} * \hat{S}_{DQn}}{(1+\hat{r})^n}$$
3.

180

181 2.4 Environmental impacts

182 The environmental impacts of train operation associated with CO₂ and NO_x emissions (AEA, 2008) due to 183 deteriorating track quality had the highest contribution to the total railway transport costs (Sasidharan 184 et al., 2020a, 2020b). The energy loss in the train suspension system increases exponentially as a 185 function of the track quality (Zarembski et al., 2010). The track quality impacts the amount of fuel 186 consumed by the trains which in turn releases pollutants such as CO_2 and NO_X . These pollutants cause 187 damaging impacts on ecology and adversely affect human health. The environmental impact costs can 188 be calculated using Equation 4.

189
$$\hat{C}_{ENVQ_n} = \sum_{p=1}^{p} \sum_{n=0}^{N} \frac{\hat{E}_{pQ_n} * \hat{C}_{p_n}}{(1+\hat{r})^n}$$
4.

190 Where C_{ENVQ_n} is the environmental impact costs, \vec{E}_{pn} is the amount of emission, and \hat{C}_{pn} is the impact cost 191 incurred due to pollutant type, *p*, during train operation estimated as a function of track quality, *Q*, in a 192 given year, *n*,

193

194 **3. Case studies**

195 The proposed risk-informed asset management approach was demonstrated for homogeneous track 196 sections on the Iron Ore line in Sweden and Trans-Australian line in Australia. A representative section 197 has homogeneous characteristics in terms of construction, maintenance history, traffic and the 198 environment so that all such sections within a homogenous group may be considered to deteriorate at a 199 similar rate (Burrow et al., 2009). For both the routes, the track quality data and maintenance history 200 were obtained to estimate the deterioration rates. Different maintenance strategies can produce 201 different average track qualities over time. The track deterioration model (Equation 1) was employed to 202 identify the maintenance requirements for different levels of average track quality based on the average 203 value of vertical SD i.e. poor (3-4 mm SD), medium (2-3 mm SD), good (1-2 mm SD) and high (0-1 mm 204 SD) over 10 years (two-track renewal cycles). The unit costs for performing different maintenance 205 activities (see Table 1) were applied to Equation 2 to study the total maintenance costs associated with 206 different levels of track quality using a discount rate of 3.5%. The historical data and impact costs 207 associated with derailments were collected and applied to Equation 3 to estimate the risk of 208 derailments. The approach suggested by Liu et al. (2011) and Zarembski et al. (2010) were adapted to 209 calculate the risk of derailments and fuel consumption associated with different track quality levels 210 respectively. The quantity of CO_2 and NO_x emissions were assumed to be proportional to the fuel 211 consumption (AEA, 2008) and the impact costs over the analysis period were calculated using Equation

212

4.

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217 **Table 1.** Data used for Case Studies

Item	Sweden	Australia	Source
Inspection cost	\$132/km	\$250/km	Personal communication with the Trafikverket, Sweden and relevant
Tamping cost	\$2208/km	\$4020/km	
Ballast Cleaning cost	\$5520/km	\$7014/km	
Routine Maintenance cost	\$1000/km	\$2000/km	transport authority
Impact cost of train derailment	\$1,656,050	\$7,230,900	in Australia
Impact cost of CO ₂ emissions in Sweden	\$0.123/kg		Government of Sweden (2020)
Impact cost of NO _x emissions in Sweden	\$0.00458/kg		OECD (2009)
Impact cost of CO ₂ emissions in Australia	\$16.38/tonne		Australian Government (2010)
Impact cost of NO _x emissions in Australia	\$0.1629/tonne		Envrion (2013)
Fuel consumed per year on Iron-Ore railway line	1711.85 kilo litres		Nordmark (2015)
Fuel consumed per year on Trans-Australian line	99,358 kilo litres		Envrion (2013)

²¹⁸

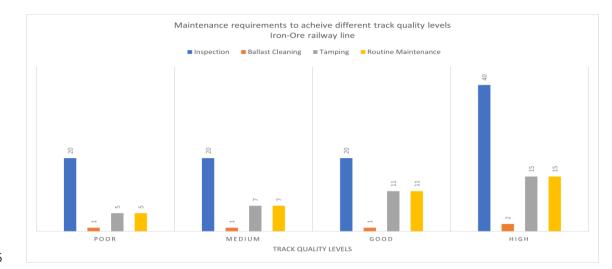
For both analysed routes, four maintenance strategies were considered in terms of the resulting track quality levels namely poor, medium, good and high; to inform their impact on environmental emissions and realising the derailment risks to an acceptable level (or ALARP). Monte Carlo simulation using @RISK[®] software was employed to deal with uncertainties associated with estimating the unit costs. To this end, the value with a 90% probability of occurrence (or confidence level) was obtained from 10,000 iterations.

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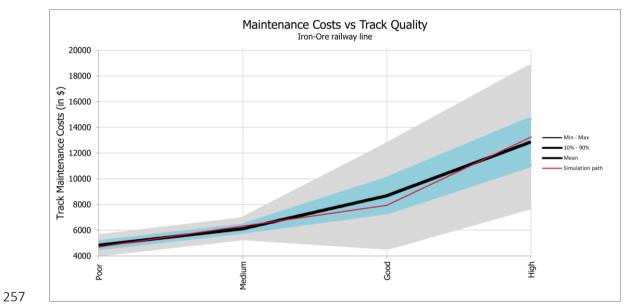
226 **3.1** Iron ore line

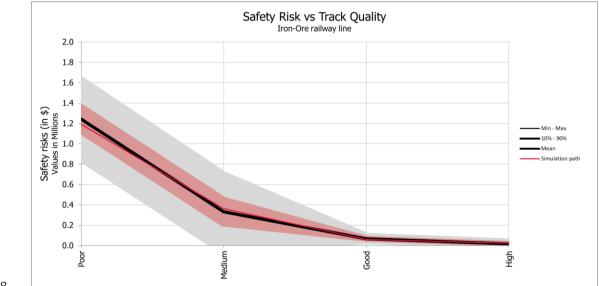
227 The case study was performed on a homogeneous section of the track along the 473 km long Iron Ore 228 Line (Malmbanan), the only heavy haul line of Europe that runs between Lulea in Sweden and Narvik in 229 Norway. Majority of the traffic on this route is dominated by iron ore freight services, connecting the 230 mines of Gallivare and Kiruna with the ports in Narvik and Lulea, amounting to around 25-30 tonnes 231 annually. The geographical constraints and severe weather conditions including snowstorms and sub-232 zero temperatures of up to -40°C, puts immense strain on the track infrastructure (Nielsen et al., 2018). 233 The quality of the track section on the northern branch of the line (Kiruna to Narvik), deteriorates at a 234 maximum rate of 0.9mm SD/year while following a renewal, at 0.3mm SD/year. Such higher trends in

235	deterioration is often explained by local substructure property variations due to temperatures rising
236	above freezing point during April to July annually (Arasteh khouy et al., 2016; Nielsen et al., 2018). The
237	existing maintenance programme on the Swedish side of the line is based on engineering judgements
238	and maintenance standards from Trafikverket, the track infrastructure manager for Swedish railways
239	(Soderholm et al., 2017). The track section is currently maintained at a 'good' track quality level (of 1.6
240	mm average SD) and is inspected regularly, with the frequency of inspection being dependent on train
241	speed, loading, geotechnical and environmental conditions. The percentage of track geometry related
242	derailments on this route is very small i.e. approximately 0.38% of the annual accidents (Kumar et al.,
243	2008). This study calculated the maintenance requirements (Figure 4a) and the track maintenance costs
244	(Figure 4b) associated with different maintenance strategies. The risk cost of derailments and
245	environmental impacts associated with different maintenance strategies are presented in Figure 4c and
246	Figure 4d respectively.
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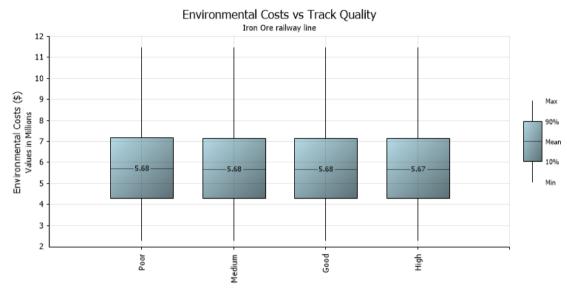
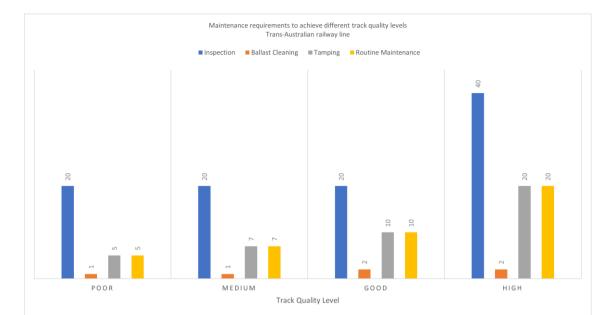


Figure 4. (a) Maintenance requirements to achieve different track quality levels; (b) Maintenance costs
as a function of track quality; (c) risk of derailments; (d) environmental impacts; as a function of track
quality on the Iron Ore line track section

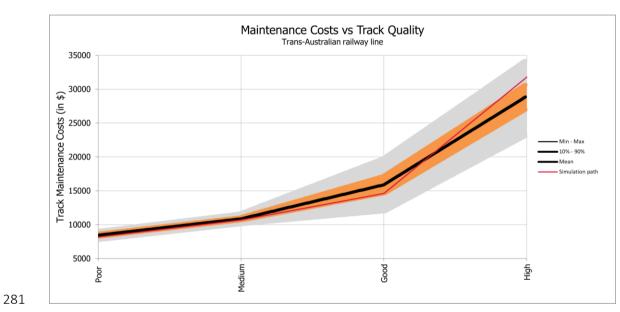
264 3.2 Trans-Australian line

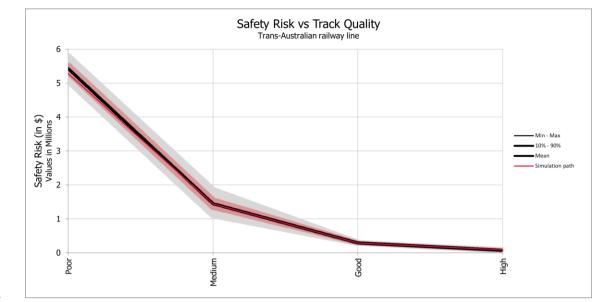
265 A homogeneous track section from the 478 km long Trans-Australian railway line that connects Port 266 Augusta and Kalgoorlie was selected for this case study. It forms an important freight route carrying coal 267 between western and eastern states of Australia and accommodates marginal passenger service 268 operations. Australia's freight usage is expected to triple by 2050, and railways are currently the 269 preferred mode of freight transport for long-distance (PWHC, 2009). Coal spillages cause ballast fouling 270 and are the primary cause of track deterioration on these heavy haul route. Historically, track 271 maintenance was intensified due to coal spillage related issues. The deterioration rate of the track 272 section analysed was found to be 0.12mm SD/year, with track realignment being carried out once every 273 1-2 years. Currently, the track section is maintained at a poor track quality level (i.e. at 3.6 mm average 274 SD). Ten year-long historical data-informed two derailments caused due to track quality-related faults. 275 The maintenance requirements and associated costs estimated as a function of track quality levels are 276 presented in Figure 5a and 5b respectively. The safety risk reduction realised from maintaining the track 277 at medium quality instead of the current strategy provides greater benefits against the associated costs 278 (see Figure 5a and 5c). The environmental impacts of train operation associated with different track

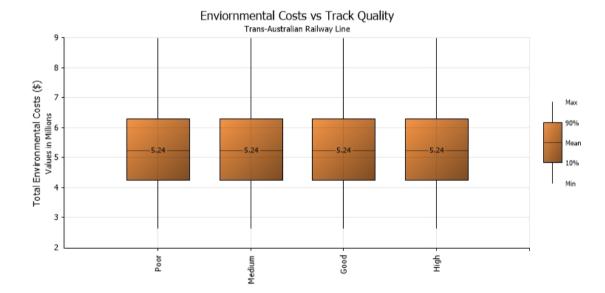


279 quality levels are presented in Figure 5d.

280







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Figure 5. (a) Maintenance requirements to achieve different track quality levels; (b) Maintenance costs as a function of track quality; (c) risk of derailments; (d) environmental impacts; as a function of track

286 quality on the Trans-Australian line track section

287

288 **4. Results**

The railway networks in both Sweden and Australia are managed and operated in a similar way i.e. the railway infrastructure is owned and governed by a public organisation/government, while maintenance is carried out by a separate organisation. Though both of the selected heavy-haul routes operate in different environmental conditions, the performance indicators of both the transport authorities were found to be similar i.e. safer transport and decarbonisation (Ahren et al., 2004). The risk-informed 294 approach demonstrated within this paper could be adopted to achieve these goals. The safety 295 performance of both lines is often compromised by the occurrence of derailments. Impact of track 296 quality on safety risks was explored on both routes and found to have a similar trend (see Figures 4c and 297 5c). Four maintenance strategies were considered in terms of maintaining the track quality at poor, 298 medium, good and high levels. With a 90% confidence, analysis on the Trans-Australian line shows that 299 maintaining the track quality at 'medium' level would be approximately 25% costlier than the current 300 strategy (i.e. poor) while maintaining at 'good' and 'high' qualities could cost at least 70% more. A 301 relatively similar trend is observed on the Iron Ore line; maintaining at a 'medium' track quality is 302 approximately 17% costlier than 'poor', with good and high costing 83% and 51% more respectively. 303 With a 90% confidence level, maintaining the track quality at medium instead of poor level offers the 304 maximum safety risk reduction (approximately 75%) on both the routes. Although maintaining the track 305 at higher quality increases the direct maintenance costs, the trade-off achieved through safety 306 improvements, reduction of delays and environmental impacts allows decision-makers in making a 307 business case. While considering a trade-off between maintenance costs and associated safety and 308 environmental impacts, maintaining the track sections on both the heavy haul lines in Iron Ore line and 309 Trans-Australian line at 'medium' track quality also realises the ALARP principle. The results from the 310 case studies show that the environmental impacts gained from maintaining the railway tracks at a 311 higher track quality are negligible in comparison with other strategies. However, the case studies 312 consider only the impacts from the train operation (i.e. fuel emissions) and both the routes analysed 313 have low traffic in comparison to that of a commuter or mixed passenger-freight route. Hence, the 314 environmental impacts gained due to maintaining railway tracks at a better track quality could be higher 315 in such busier routes (for e.g. refer to case studies within Sasidharan et al., 2020a).

316

317 **5. Concluding discussion**

The continuous increase in demand on the transport networks creates a need for a risk-informed asset management strategy, particularly for railway tracks, as they are critical elements within the railway infrastructure. To improve the safety and environmental performance of the railway transport network within constrained budgets, sustainable maintenance and management strategies needs to be

identified. To address this, the study has advocated a risk-informed approach to deal with uncertain information while arriving at economically and environmentally-justifiable railway track maintenance strategies while considering safety. The approach demonstrated via case studies on heavy-haul routes in Sweden and Australia showed that such sustainable track maintenance strategies can be identified effectively. Currently, track maintenance takes up 25%-35% of the freight railway line operational expenses in Australia (Indratna et al., 2012). Therefore, significant savings can be achieved if sustainable track maintenance strategies are adopted as suggested by previous studies (Laird et al, 2002).

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330 The outputs from the proposed approach presented the risk of derailments as a function of track quality 331 and explored the impact of different maintenance strategies on reducing the safety risks to ALARP. 332 Reaching unanimity on the "acceptable" level of risk is nearly impossible, but consensus can be reached 333 for many, if not most, environmental and safety management actions. The environmental benefits 334 gained could be maximised if considered earlier within the life cycle of the railway track i.e. design and 335 construction. For example, sourcing components which contain recycled content or using where 336 appropriate life-expired ballast within the sub-ballast ballast layer or electrification etc. From an 337 operational perspective, the environmental impacts from train operation as a function of track quality 338 would be significantly higher in busier routes (Sasidharan et al., 2020a) than the ones considered within 339 the case studies. The learnings from the presented approach will be useful for railways across the world 340 and could inform the life-cycle decisions for new railway routes such as high-speed rail (HS2) in the UK 341 and dedicated freight corridor in India.

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The proposed risk-informed approach aids the decision-maker to compare the track infrastructure maintenance budget with the associated safety and environmental performance and thus set sustainable maintenance strategies. It can be considered to aid the three levels of decision-making namely strategic, tactical and operational. At the strategic level, senior managers or directors can evaluate and set sustainable policies and plans for the whole organisation or railway network. The framework can inform both route managers for tactical planning of works in the medium term and also asset engineers at the operational level to arrive at short-term decisions for implementing the ongoing

350 or planned works. Considering that climate change is projected to increase the frequency and intensity 351 of some extreme weather events, there is a need to extend current risk-based asset management 352 systems to incorporate the effects of climate change, infrastructure interdependencies and the 353 associated risk of railway infrastructure systems failures. To this end, railway infrastructure owners and 354 managers should be encouraged to (i) identify the routes or sections of the network that are likely to 355 provide maximum benefit from implementing such approaches, (ii) evaluate the physical characteristics 356 of track infrastructure to understand the exposure to climate change or extreme events, and (iii) 357 consider the socio-eco-environmental impacts associated with track infrastructure while budgeting for 358 maintenance strategies.

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