

## Effectiveness of belimumab after rituximab in systemic lupus erythematosus

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1 **Effectiveness of belimumab after rituximab in systemic lupus erythematosus**

2 A Randomized Controlled Trial

3

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19

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24 **ABSTRACT**

25

26 **Background:** B cell depletion with rituximab is commonly used for patients with systemic lupus erythematosus  
27 (SLE) refractory to conventional therapy but yields variable responses. We hypothesised that high B cell  
28 activating factor (BAFF) levels after rituximab can cause disease flares thereby limiting its effectiveness.

29

30 **Objective:** To obtain preliminary evidence for efficacy of the anti-BAFF therapeutic belimumab after rituximab  
31 in SLE.

32

33 **Design:** Phase II randomised, double-blind (patient, assessors, researchers, providers of care) placebo-controlled,  
34 parallel group, superiority trial (ISRCTN: 47873003)

35

36 **Setting:** England

37

38 **Participants:** 52 patients with SLE refractory to conventional treatment, for whom their physician had  
39 recommended rituximab therapy, were recruited between February 2, 2017 and March 28, 2019.

40

41 **Interventions.** Participants were treated with rituximab and then 4 to 8 weeks later were randomised (1:1) to  
42 receive intravenous belimumab or placebo for 52-weeks.

43

44 **Measurements** The pre-specified primary endpoint was serum IgG anti-dsDNA antibody levels at 52-weeks.  
45 Secondary outcomes included incidences of disease flares and adverse events.

46

47 **Results** At 52 weeks, IgG anti-dsDNA antibody levels were lower in patients treated with belimumab compared  
48 to placebo (geometric mean 47 IU/ml, 95% CI 25-88 vs 103 IU/ml, 95% CI 49-213, treatment effect 70% greater  
49 reduction from baseline, 95% CI 46-84%,  $p < 0.001$ ). Belimumab reduced the risk of severe flare (BILAG A flare)  
50 compared to placebo after rituximab (hazard ratio 0.27, 95% CI 0.07 -0.98, log-rank  $p = 0.033$ ), with 10 severe  
51 flares in the placebo and 3 in the belimumab group. Belimumab did not increase the incidence of serious adverse  
52 events. Belimumab significantly suppressed B cell repopulation compared to placebo (geometric mean 0.012  
53  $\times 10^9/L$ , 95% CI 0.006-0.014 vs 0.037  $\times 10^9/L$ , 95% CI 0.021-0.081) at 52 weeks in a subset of patients ( $n = 25$ )  
54 where data were available.

55

56 **Limitations:** Small sample size, biomarker primary endpoint.

57

58 **Conclusion:** Belimumab after rituximab significantly reduced serum IgG anti-dsDNA antibody levels and  
59 reduced the risk of severe flare in SLE patients who are refractory to conventional therapy. Our results suggest  
60 that this combination could be developed as a therapeutic strategy.

61

62 **Primary Funding Source:** Versus Arthritis

## 63 INTRODUCTION

64 Systemic lupus erythematosus (SLE) is a multisystem, autoimmune disease, predominantly affecting women of  
65 reproductive age, which is associated with substantial morbidity and was among the leading causes of death in  
66 young women between 2000 and 2015 in the United States (1). Over recent decades, improvements in the outcome  
67 for patients with SLE has slowed due to the paucity of novel effective therapies (2). Reliance on treatment with  
68 corticosteroids remain, often prescribed at high doses, which increases the risk of end organ damage.  
69 Immunosuppressive agents such as azathioprine, mycophenolate and methotrexate are frequently used off-label,  
70 in part, to minimise the use of corticosteroids, but a proportion of patients are refractory to these conventional  
71 therapies and are likely to have higher morbidity and mortality (3, 4).

72 For the last twenty years B cell depletion with rituximab, a chimeric anti-CD20 monoclonal antibody, has shown  
73 benefit in open labelled studies (5-12) but two large, phase III, double-blind randomised placebo-controlled trials  
74 in non-renal lupus (13) and renal lupus (14) did not find statistically significant differences for their primary end-  
75 points. Nevertheless, national and international guidelines recommend rituximab for patients with lupus refractory  
76 to conventional therapy, supported by real world evidence from registries that continue to report its widespread  
77 use and effectiveness (3, 4, 15-19). In England, rituximab is recommended for patients with moderate or severe  
78 SLE who have failed to respond to at least two immunosuppressive therapies, and either continue to have clinically  
79 significant disease activity or require high dosages of prednisolone (4, 20). The B cell activating factor (BAFF)-  
80 neutralizing monoclonal antibody belimumab was the first biologic licensed for the treatment of lupus following  
81 two large phase III clinical trials, BLISS 52 (21) and BLISS 76 (22), and has recently been shown to be effective  
82 for renal lupus (23). However, the limited criteria permitting the use of belimumab treatment in England (4), based  
83 on an assessment by National Institute for Clinical Excellence which takes into account therapeutic benefit and  
84 cost effectiveness, results in far fewer patients with active, refractory disease receiving belimumab compared to  
85 rituximab (24).

86 A number of explanations have been proposed for the variable responses reported for rituximab (25). One  
87 mechanism that may limit rituximab's effectiveness is the rise in BAFF levels after B cell depletion (26, 27).  
88 Elevated serum BAFF levels can be sustained beyond initial B cell repopulation and can distinguish lupus relapse  
89 from ongoing disease remission following rituximab (28). For some lupus patients repeated cycles of rituximab  
90 resulted in ever higher serum anti-dsDNA antibody levels, which were associated with disease flares and  
91 escalation of serum BAFF levels (28). We therefore hypothesised that targeting BAFF would reduce the frequency  
92 of flares after rituximab (29). Inhibition of BAFF may also delay B cell repopulation, which has been associated  
93 with improved clinical outcome after rituximab (30). Thus, we designed a phase II clinical trial to gather  
94 preliminary evidence for the effectiveness and safety of this treatment regime for patients with lupus. To maximise  
95 relevance to real world practise, only patients for whom their physician had already recommended rituximab  
96 therapy in accordance with national commissioning criteria (4, 20) were enrolled in the trial.

## 97 **METHODS**

### 98 **Design Overview**

99 A detailed protocol and statistical analysis plan for BEAT LUPUS (BELimumab After b cell depletion Therapy in  
100 patients with systemic LUPUS erythematosus) have been published (31, 32). BEAT-LUPUS is a 52-week phase  
101 IIb, multicentre, UK based (16 centres), randomised, double blind, placebo-controlled parallel group superiority  
102 clinical trial investigating the safety and efficacy of belimumab administered 4 to 8 weeks after the first infusion  
103 of B cell depletion therapy (rituximab) in patients with SLE. The Hampstead Research Ethics Committee-London  
104 (reference 16/LO/1024) and the Medicines and Healthcare products Regulatory Agency (MHRA) approved the  
105 protocol. University College London sponsored the trial. The study was conducted in accordance with the  
106 principles of the Declaration of Helsinki Good Clinical Practice guidelines. All patients provided written informed  
107 consent before enrolment.

108

### 109 **Setting and Participants**

110 Eligible patients were aged between 18 and 75 years fulfilling classification criteria for SLE (4) and had to have  
111 a positive anti-dsDNA antibody test at least once in the past 5 years, and due to be treated with rituximab due to  
112 failure of conventional therapy according to NHS England guidelines and the British guidelines for the  
113 management of SLE in adults (4, 20). A second eligibility screen occurred no less than 10 days before  
114 randomisation to exclude patients who had required intravenous antibiotics for infections developing after  
115 rituximab therapy, or low IgG (<4g/L) or neutropenia (<1x10<sup>9</sup>/L). A full list of the inclusion and exclusion criteria  
116 has been previously published (31) and the full protocol is available in Supplementary material.

117

### 118 **Randomisation and Interventions**

119 After providing written informed consent, participants were allocated to receive either belimumab or placebo  
120 treatment (1:1) using a secure online randomisation service provider. Treatment allocation was performed using  
121 a minimisation approach incorporating a random element, with an overall probability of 85% that the under-  
122 represented treatment would be selected, to ensure balance in the stratifying factors between the two randomised  
123 groups (33). Minimisation reduces the imbalance of certain key characteristics in the active treatment and placebo  
124 arm at treatment allocation. The characteristics (factors) minimised on were CD19 count (performed locally at  
125 each site in the routine laboratory) 7-10 days before randomisation (above or below 0.01x10<sup>9</sup>/l) to account for  
126 variability in B cell depletion which could affect response, the presence or absence of anti dsDNA antibodies  
127 (positive or negative at first screen), and whether patients had active renal disease at first screen (BILAG-2004 A  
128 or B renal score; see Outcomes and Follow up section and Supplement for further explanation). The participants,  
129 investigators, sponsor and the clinical team caring for each patient were masked to treatment assignment until  
130 unblinding occurred in December 2020 (last patient last visit, April 2020). Only the allocated pharmacist preparing  
131 the trial treatment, the unblinded site monitor and the trial statistician were aware of the treatment allocation.

132

133 Before randomisation, in particular during the 4 to 8 weeks period after first screening, when intravenous  
134 rituximab was administered, treatment was entirely at the physician's discretion, although the rituximab dose was  
135 fixed (1g administered twice, 2 weeks apart). The first infusion of rituximab occurred within 1 week after the first

136 screen. Participants received intravenous belimumab (as per standard dosage regime - 10mg/kg) or placebo, at  
137 randomisation (week 0), 2, 4 weeks, and then every 4 weeks through to 52 weeks. Adherence was assessed as  
138 being the successful administration by infusion of the participant's trial treatment (placebo or belimumab) at each  
139 visit between randomisation and week 48 inclusive.

140

141 Participants were permitted to receive up to 20mg prednisolone/day from randomisation. Investigators were  
142 encouraged to taper prednisolone dosage to half the initial dose by 6 months after randomisation. Only the  
143 immunosuppressants methotrexate, mycophenolate or azathioprine were allowed after randomisation; the  
144 maximum advised dose of mycophenolate was 1g/day, azathioprine 1mg/kg, and methotrexate 15mg/week.  
145 Background anti-malarial drugs were permitted at first screen but no dose changes allowed thereafter.

### 146 **Outcomes and Follow-up**

147 The primary outcome measure was serum IgG anti-dsDNA antibody levels at 52 weeks. Serum total IgG anti-  
148 dsDNA antibody levels (normal value < 20 IU/ml), was analysed by a commercially available ELISA (Abnova,  
149 Taiwan) in a central lab at University College London. Secondary outcomes included time from randomisation  
150 to first moderate (defined as  $\geq 2$  BILAG-2004 B flares, but no A flare) or severe disease flare (defined as  $\geq 1$   
151 BILAG-2004 A flare) (34, 35). BILAG categorises disease activity into five levels (Grade A: highest activity to  
152 E: never active) for each of 9 organ systems. A flare requires worsening or new manifestations of lupus (34, 36).

153

154 Other key secondary outcomes were cumulative dose of steroid, proportion of participants with a prednisolone  
155 dose  $\leq 7.5$  mg/day at weeks 48 and 52, and proportion of patients successfully reducing steroid dose by 50% (if  
156 randomisation dose  $\geq 10$  mg) or  $\leq 5$ mg/day (if randomisation dose <10 mg) without flaring. To assess safety, the  
157 proportion of patients with (serious) adverse events at 52 weeks were included as secondary outcomes. Adverse  
158 events were systematically captured at study visits every 4 weeks. Patients who stopped trial treatment were  
159 encouraged to attend subsequent trial visits (particularly week 52) to collect data. See Supplement for additional  
160 information.

### 161 **Statistical analysis**

162 The statistical analysis plan for BEAT-LUPUS has previously been published (32). The sample size calculation  
163 was based on change in anti-dsDNA antibody levels in a previous cohort of lupus patients treated with rituximab.  
164 From this dataset, assuming the standard deviation of the week 52 log anti-dsDNA measurements was 1.7 and the  
165 correlation between baseline and week 52 to be 0.55, we calculated that 22 evaluable participants per group would  
166 be sufficient to detect a difference of 1.2 in log anti-dsDNA antibody levels at 5% significance with 80% power.  
167 We assumed that 20% of participants would fail to attend the 12-month follow-up visit, so aimed to recruit 28  
168 participants per group.

169

170 An intention to treat approach was adopted for the primary and secondary endpoints. The intention-to-treat  
171 analysis set included all participants who were randomised and contributed the relevant data at the time point  
172 analysed. A secondary analysis of the primary outcome was also performed in the per protocol group, i.e. those  
173 who adhered to trial treatment before providing a serum sample at 52 weeks.

174 Separate linear regression ANCOVA (analysis of covariance) models, as pre-specified in the statistical analysis  
175 plan (32), were used to evaluate the difference in IgG anti-dsDNA antibody (log-transformed) between treatment  
176 arms at weeks 24 and 52. This model adjusted for CD19 count at randomisation ( $<0.01 \times 10^9/l$  or  $\geq 0.01 \times 10^9/l$ ),  
177 previous renal involvement at screening, log anti-dsDNA levels at screening, and at randomisation. At the request  
178 of Annals editors, we also estimated our primary outcome using a longitudinal linear mixed effect model via  
179 restricted maximum likelihood. This model included fixed effects for log anti-dsDNA levels at screening and at  
180 randomisation, renal involvement at screening, CD19 at randomisation and log anti-dsDNA levels over  
181 (continuous) time on trial; and a random patient effect to account for clustering by patient. The primary outcome  
182 was the average difference between treatment groups, estimated as the treatment term plus the treatment-by-time  
183 interaction term at 52 weeks. Supportive analyses of the primary outcome measure were performed for those  
184 patients adhering fully to trial treatment (per protocol sample) using the ANCOVA and longitudinal linear mixed  
185 effect models as described above.

186

187 Analysis of secondary endpoints and biomarkers was performed using linear regression ANCOVA models for  
188 continuous outcomes, and logistic regression for proportions. Kaplan-Meier curves were used for time to flare  
189 (where between-group difference was assessed with an unadjusted log-rank test) using Cox regression to estimate  
190 hazards between treatment arms. Mean cumulative steroid and immunosuppressant dose were compared between  
191 groups by a two-sample t test. For all analyses, p values less than 0.05 were considered significant.

192 Statistical analysis was performed using STATA (15.1) and R software version 4.0.2 for Mac OS (R Foundation  
193 for Statistical Computing, Vienna, Austria). See Appendix for additional information.

194

#### 195 **Role of the funding source**

196 This trial was supported by Versus Arthritis (grant number 20873), and the University College London Hospitals  
197 (UCLH) Biomedical Research Centre (BRC), which is funded through a grant from the National Institute of  
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200 ThERapeutic Potential by Application of Novel and Stratified approaches) Consortium, and by Versus Arthritis.  
201 Lupus UK provided some additional funding. Versus Arthritis and the UCLH BRC reviewed the relevant grant  
202 proposals and monitored progress of relevant aspects of the study. None of the funders of the study had any role  
203 in study design, data collection, adjudication, sample analysis, statistical analysis, data interpretation, manuscript  
204 preparation, or decision to submit results.

## 205 RESULTS

206

### 207 Patients

208 A total of 172 patients were assessed for eligibility, 67 were subsequently consented and screened, 65 received  
209 rituximab, and 52 patients were randomised to receive either belimumab or placebo between 2<sup>nd</sup> February 2017  
210 and 28<sup>th</sup> March 2019 (Figure 1). The numbers of patients screened and randomised at each of the 16 sites are  
211 shown in Supplementary Figure 1. In the intention to treat sample that contributed to the primary endpoint at 52  
212 weeks, 88% and 89% of trial treatment infusions were administered in the belimumab and placebo groups  
213 respectively. Of the 52 randomised patients, 43 patients attended and provided serum samples at week 52 and  
214 were included in the intention to treat analysis of the primary endpoint; 32 patients completed trial treatment as  
215 per protocol through to 52 weeks. Withdrawals from trial treatment were similar between belimumab and placebo  
216 (Figure 1). In those patients that withdrew from trial intervention, a lupus flare was present in 7 out of the 10  
217 patients receiving placebo, and 3 out of the 10 patients on belimumab. Table 1 presents participants' baseline  
218 characteristics. The majority of patients were taking immunosuppressant therapy, had active disease (defined as  
219 at least one BILAG B score), and the median dose of prednisolone was 10mg/day in both groups (Table 1). 26 in  
220 the placebo and 24 in the belimumab arms were taking prednisolone and/or an immunosuppressant. Mean serum  
221 IgG anti-dsDNA antibody levels were slightly higher in the belimumab arm, though the median values were  
222 similar. Renal related baseline parameters in those patients with active renal disease (defined as BILAG-2004  
223 A/B score) are provided separately (Supplementary Table 1).

224

### 225 Outcome Measures

226 In the primary, pre-specified ANCOVA model, at 52 weeks, IgG anti-dsDNA antibody levels were lower in  
227 patients treated with belimumab (geometric mean 47 IU/ml, 95% CI 25-88) compared to placebo (103 IU/ml,  
228 95% CI 49-213); belimumab led to a 70% greater reduction from baseline, 95% CI 46-84%,  $p < 0.001$ ) (Figure 2);  
229 a greater reduction in IgG anti-dsDNA antibody levels was also observed in the belimumab group compared to  
230 placebo at 24 weeks ( $p < 0.001$ ). Serum IgG anti-dsDNA antibody levels are shown for each participant included  
231 in the intention to treat analysis (Supplementary Figure 2). The mixed-effect model produced similar results to  
232 our pre-specified model: patients randomised to belimumab achieved a 71% (95% CI 58-81%) greater reduction  
233 in IgG anti dsDNA levels relative baseline compared to placebo. Analysis of the per protocol sample of 16 patients  
234 in each arm that completed the trial treatment (pre-specified ANCOVA model), demonstrated that serum IgG anti-  
235 dsDNA antibody levels at 52 weeks were lower in patients treated with belimumab (geometric mean 43 IU/ml,  
236 95% CI 20-96) compared to placebo (89 IU/ml, 95% CI 36-217); belimumab led to a 70% greater reduction from  
237 baseline, 95% CI 35-86% (Appendix Figure 1). A similar difference in the reduction in IgG anti-dsDNA in the  
238 per protocol sample from the belimumab group compared to placebo was also demonstrated using the longitudinal  
239 linear mixed model (reduction of 69%, CI 47-82%,  $p < 0.001$ ).

240

241 Compared to placebo, belimumab also reduced the risk of a severe flare (BILAG-2004 A) over the 52 weeks by  
242 73% (hazard ratio 0.27, 95% CI 0.07-0.98, unadjusted log-rank  $p = 0.033$ ) (Figure 3A); there were 10 severe flares  
243 in the placebo and three in the belimumab group. Differences in treatment effect on the combined outcome of  
244 moderate and severe flares did not achieve statistical significance (hazard ratio 0.50, 95% confidence interval



245 0·21-1·20, unadjusted log-rank  $p=0\cdot124$ ) (Figure 3B). The details of each first severe BILAG 2004 A flare from  
246 randomisation are shown in Supplementary Table 2.

247

248 There was approximately 50% reduction in average daily dose of prednisolone from screening to week 52 in both  
249 groups (Appendix Figure 2). There was no difference between groups with respect to the cumulative steroid dose,  
250 proportion of patients successfully reducing steroid dose by 50% without flaring at 6 and 12 months and  
251 proportion of participants with a prednisolone dose  $\leq 7\cdot5$  mg/day at weeks 48 and 52 (Supplementary Table 3). In  
252 the patients who received mycophenolate there was no difference in the cumulative dose between the two arms  
253 of the trial (Supplementary Table 3).

254

### 255 **Safety**

256 Table 2 presents the safety outcomes. There were no deaths. There were no differences in the incidence of  
257 infections of any grade including serious infections, serious (SAE) or total adverse events, nor withdrawals due  
258 to adverse events (Figure 1) between those patients treated with belimumab compared to placebo after rituximab.  
259 Two patients reported suicidal ideation captured by the Columbia-Suicide Severity Rating Scale in the belimumab  
260 treated group, but none in those receiving placebo. Depression-like symptoms were similarly frequent in both  
261 treatment arms (Table 2). Serum total IgG levels remained within the normal range in the majority of patients  
262 (Supplementary Figure 3A, B). At 52-weeks serum total immunoglobulin IgM and IgA levels were slightly lower  
263 in belimumab treated patients compared to placebo (Supplementary Figure 3C, D).

264

### 265 **Secondary outcomes and post-hoc analysis**

266 We did not observe any difference in serum C3 levels at 52 weeks (Supplementary Figure 4). For a subset of  
267 patients in whom samples were provided by patients for analysis, peripheral blood B cell numbers were very  
268 similar between the two arms up to 24 weeks, but were higher in the placebo group at 52 weeks (geometric mean  
269 in the belimumab group  $0\cdot012 \times 10^9/L$ , 95% CI 0·006-0·014 vs the placebo group geometric mean  $0\cdot037 \times 10^9/L$ ,  
270 95% CI 0·021-0·081,  $p = 0\cdot031$ ) (Supplementary Figure 5). No clinically meaningful differences were observed  
271 between the treatment-arms for other key secondary endpoints in the Statistical Analysis Plan (32)  
272 (Supplementary Table 4). In a post-hoc analysis, we found a greater proportion of patients with renal involvement  
273 during the trial achieved a complete renal response (and no new renal flare through to week 52) following  
274 belimumab treatment compared to placebo but the numbers of patients studied are small (Supplementary Table  
275 5).

276

277 **DISCUSSION**

278

279 This investigator-initiated trial showed that among patients with SLE receiving standard of care for whom  
280 rituximab was indicated, treating with belimumab after rituximab significantly reduced serum IgG anti-dsDNA  
281 antibody levels by 70% (95% CI 46-84%) at 52 weeks when compared to rituximab alone. Combination therapy  
282 also reduced severe lupus flares by three-fold (hazard ratio 0.27, 95% CI 0.07-0.98) in the context of patients that  
283 had refractory active disease at the outset of the trial -- the majority were receiving one immunosuppressant and  
284 concomitant steroid therapy, as well as hydroxychloroquine.

285

286 Serum IgG anti-dsDNA antibody levels are associated with disease activity in patients with SLE and predict  
287 worsening disease (4, 37, 38), including flares after rituximab (28). Both rituximab and belimumab have been  
288 shown to decrease IgG anti-dsDNA antibodies in their respective placebo controlled trials though the former was  
289 not associated with clinical benefit (13, 14, 21, 22). Thus, it was reassuring that the combination therapy  
290 significantly reduced the risk of a severe (BILAG-2004 A) flare compared to rituximab alone. Severe lupus flares  
291 have been strongly associated with organ damage accrual or death over the 5 ensuing years (39). The observation  
292 that there were more patients who experienced worsening lupus disease associated with withdrawal from trial  
293 treatment in the placebo group (n=7) compared to the belimumab arm (n=3) is consistent with the effectiveness  
294 of belimumab in preventing disease exacerbation after B cell depletion with rituximab.

295

296 The frequency of adverse effects was as expected for patients with active SLE, and there was no difference  
297 between those receiving belimumab compared to placebo after rituximab. The total serum IgG levels remained  
298 above the normal range in the majority of participants and none of the patients had a serum IgG level below 5g/L  
299 after randomisation, a threshold considered to substantially increase the risk of infection (40). It is notable that  
300 20% (n=13) of the participants who were screened and received rituximab failed a second screen a week before  
301 randomisation; five of these 13 participants required intravenous antibiotics for infection, highlighting the value  
302 of this safety check just before proceeding with belimumab therapy. Although the open label placebo-controlled  
303 CALIBRATE trial (Combination of Antibodies in Lupus Nephritis: Belimumab and Rituximab Assessment of  
304 Tolerance and Efficacy) did not find a significant difference in complete or partial renal response between  
305 belimumab and placebo when after cyclophosphamide and rituximab, it did provide reassuring safety data in  
306 patients with refractory lupus nephritis (41). Consistent with our results, B cell repopulation after rituximab was  
307 delayed by belimumab in the CALIBRATE study. In contrast to BEAT-LUPUS, all patients in the CALIBRATE  
308 study received cyclophosphamide at the start of the trial, which may have blunted the differences between the two  
309 arms.

310 National and international guidelines recommend prescribing the lowest possible corticosteroid dosage to  
311 minimise short and long adverse effects (3, 4). At least half of the patients in both groups halved their prednisolone  
312 dose in our study. In a trial of belimumab alone in SLE, only 25% of 865 patients achieved a 50% corticosteroid  
313 dose reduction (21), and in a combined analysis of the two principal trials of belimumab alone, average exposure  
314 to all corticosteroids increased from baseline for both treatment groups during the trial period (42). The dose of  
315 corticosteroids in an earlier trial of rituximab (above 6g over 52 weeks) (14) was much higher compared to below

316 3g in BEAT-LUPUS. Of relevance, the reduction in steroid dose was equivalent in the active and placebo arms  
317 in a recent trial that demonstrated the beneficial effects of voclosporin in lupus nephritis (43).

318 This trial has limitations. Firstly, the sample size is small because at the time of the trial's inception there were no  
319 published safety data on the combination of rituximab and belimumab; therefore, the trial was powered on anti-  
320 dsDNA antibody levels as a surrogate endpoint. Generalizability is also likely reduced because to limit the risk of  
321 adverse events due to immunosuppression, the dosages of concomitant DMARDs were lower than routinely  
322 prescribed for patients with active disease, particularly renal patients receiving mycophenolate. This likely  
323 reduced recruitment of patients with active nephritis by some physicians, although this restriction in dosage could  
324 also be an advantage with respect to distinguishing between active drug and placebo. The trial was conducted in  
325 England where rituximab is used as part of standard of care according to NHS England commissioning policy (4,  
326 20) and thus the applicability of the results of this trial may be strongest for patients with SLE whose disease  
327 remains active and are refractory to conventional therapy and/or requiring high dosages of corticosteroids. These  
328 criteria, and the standard of care administered in England, may not match the use of rituximab in other countries.  
329 About 60% remained on trial treatment through to 52 weeks, which was similar to the investigator initiated  
330 CALIBRATE trial (41), and indeed retention of lupus patients in routine care (44).

331 Our data provide preliminary evidence of clinical benefit of belimumab after rituximab in a double-blind placebo-  
332 controlled trial, and is consistent with the hypothesis that a surge in BAFF levels after rituximab can trigger  
333 exacerbations in SLE (28). These findings support further exploration of belimumab after rituximab as the first  
334 combination biologic therapy for patients with SLE, at least in patients who are refractory to conventional therapy  
335 and/or requiring high dosages of corticosteroids.

336 **Contributors**

337 PM, KC, DAI, CD, CG, and MRE planned and designed the study. MS, LRS, BEAT-LUPUS Investigators, DAI,  
338 CG, and MRE recruited the patients and contributed to the data collection. MS, CG and MRE adjudicated the  
339 disease activity scoring. MS and MP analysed the central lab ELISA and flow cytometry. MS, AET, LRS, KC,  
340 CD, CG and MRE analysed and interpreted the data. MS, AET and KC accessed and verified the underlying data.  
341 All the authors contributed to critical review, revision and approval of the results and manuscript.

342

343 **Declaration of interest**

344 MRE has received grant/research support from GSK. MRE and CG have been members of the speaker's bureau  
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352

353 **Data sharing**

354 Data that underlie the results presented here will be shared upon reasonable request whilst preserving patient  
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367 **Figure Legends**

368

369 **Figure 1. CONSORT (Consolidated Standards of Reporting Trials) flow diagram of trial participants.**

370 The number of patients who contributed to the primary endpoint analysis at 52 weeks is shown. The numbers of  
371 patients who contributed to each set of results is presented in the relevant figure or table and depended on  
372 attendance at relevant trial visits and provision of samples.

373

374 **Figure 2. Serum IgG anti-dsDNA antibody levels during the trial from screening to 52-weeks (intention-to-**

375 **treat analysis).** Separate linear regression ANCOVA models were fitted to evaluate the difference in IgG anti-  
376 dsDNA antibody levels at 24 and 52 weeks from randomisation between belimumab or placebo adjusted for  
377 baseline (screening\* and randomisation) IgG anti-dsDNA antibody values, CD19 at randomisation (above or  
378 below  $0.01 \times 10^9/l$ ), and the presence of renal involvement at screening. Geometric means (unadjusted) with 95%  
379 confidence intervals are shown, and the p values at week 52 (primary endpoint) and 24 (secondary endpoint) are  
380 provided. All patients who had undergone randomisation were eligible to be included in the intention to treat  
381 analysis but samples were not provided by patients at some time points as indicated.

382 \* *Screening refers to the first screening visit before rituximab; randomisation (week 0) occurred 4 to 8 weeks*  
383 *after this screening.*

384

385 **Figure 3. Time to first flare over the 52 weeks of the trial (intention-to-treat analysis). (A)** Time to first

386 severe flare (defined as BILAG-2004  $\geq 1A$ ). **(B)** Time to first severe (defined as BILAG-2004  $\geq 1A$ ) or moderate  
387 flare (defined as BILAG-2004  $\geq 2B$ ). Kaplan-Meier curves show time to flare (where between-group difference  
388 was assessed with an unadjusted log-rank test) and cox regression was used to estimate hazards between treatment  
389 arms. BILAG-2004 = British Isles lupus assessment group – 2004.

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