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Recommendations for postoperative radiotherapy in head & neck squamous cell carcinoma in the presence of flaps

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Radiotherapy and Oncology

Recommendations for postoperative radiotherapy in head & neck squamous cell carcinoma in the presence of flaps: a GORTEC internationally reviewed consensus --Manuscript Draft--

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Abstract:	Introduction
	Head and neck reconstructive surgery using a flap is increasingly common. Best practices and outcomes for postoperative radiotherapy (poRT) with flaps have not been specified. We aimed to provide consensus recommendations to assist clinical decision-making highlighting areas of uncertainty in the presence of flaps.
	Material and methods
	Radiation, medical, and surgical oncologists were assembled from GORTEC and internationally. The consensus-building approach covered 59 topics across four domains: 1) identification of postoperative tissue changes on imaging for flap delineation, 2) understanding of tumor relapse risks and target volume definitions, 3) functional radiation-induced deterioration, 4) feasibility of flap avoidance.
	Results
	Across the 4 domains, international consensus (median score \geq 7/9) was achieved only for functional deterioration (73.3%); other consensus rates were 55.6% for poRT avoidance of flap structures, 41.2% for flap definition and 11.1% for tumor spread patterns. Radiation-induced flap fibrosis or atrophy and their functional impact was well recognized while flap necrosis was not, suggesting dose-volume adaptation for the former. Flap avoidance was recommended to minimize bone flap osteoradionecrosis but not soft-tissue toxicity. The need for identification (CT planning, fiducials, accurate operative report) and targeting of the junction area at risk between native tissues and flap was well recognized. Experts variably considered flaps as prone to tumor dissemination or not. Discrepancies in rating of 11 items among international reviewing

participants are shown. Conclusion
International recommendations were generated for the management of flaps in head and neck radiotherapy. Considerable knowledge gaps hinder further consensus, in particular with respect to tumor spread patterns.

COVER LETTER

This manuscript entitled : Recommendations for postoperative radiotherapy in head & neck squamous cell carcinoma in the presence of flaps: a GORTEC internationally reviewed consensus

This timely article provides a consensus recommendations reviewed by international experts to assist clinical decision-making highlighting areas of uncertainty in the presence of flaps.

Best regards.

Prof. Juliette Thariat

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<u>HIGHLIGHTS</u>

- 1. Our GORTEC internationally-reviewed consensus showed that the flap-tissue junction should be considered at higher risk of tumor spread compared to other areas of the flap and that postoperative planning should be based on a contrast-enhanced CT;
- 2. Surgeons should report the placement of flaps more accurately and consider clip placement to guide radiotherapy planning;
- 3. The risks of radiation-induced atrophy, fibrosis, and osteoradionecrosis should be considered and the maximum and mean doses limited by radiotherapy optimization

Title page : **Recommendations for postoperative radiotherapy in head & neck squamous cell carcinoma in the presence of flaps: an international consensus from the GORTEC**

Running title : Recommendations for postoperative radiotherapy in head & neck squamous cell carcinoma in the presence of flaps

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Title: Recommendations for postoperative radiotherapy in head & neck squamous cell

carcinoma in the presence of flaps: an international consensus from the GORTEC

Authors: Affiliations + group belonging: GORTEC / HNCIG

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Abstract

 <u>Introduction</u>: Head and neck reconstructive surgery using a flap is increasingly common. Best
 practices and outcomes for postoperative radiotherapy (poRT) with flaps have not been
 specified. We aimed to provide consensus recommendations to assist clinical decision-making
 highlighting areas of uncertainty in the presence of flaps.

6 <u>Material and methods</u>: Radiation, medical, and surgical oncologists were assembled from 7 GORTEC and internationally. The consensus-building approach covered 59 topics across four 8 domains: 1) identification of postoperative tissue changes on imaging for flap delineation, 2) 9 understanding of tumor relapse risks and target volume definitions, 3) functional radiation-10 induced deterioration, 4) feasibility of flap avoidance.

<u>Results</u>: Across the 4 domains, international consensus (median score $\geq 7/9$) was achieved only for functional deterioration (73.3%); other consensus rates were 55.6% for poRT avoidance of flap structures, 41.2% for flap definition and 11.1% for tumor spread patterns. Radiation-induced flap fibrosis or atrophy and their functional impact was well recognized while flap necrosis was not, suggesting dose-volume adaptation for the former. Flap avoidance was recommended to minimize bone flap osteoradionecrosis but not soft-tissue toxicity. The need for identification (CT planning, fiducials, accurate operative report) and targeting of the junction area at risk between native tissues and flap was well recognized. Experts variably considered flaps as prone to tumor dissemination or not. Discrepancies in rating of 11 items among international reviewing participants are shown.

21 <u>Conclusion</u>: International recommendations were generated for the management of flaps in 22 head and neck radiotherapy. Considerable knowledge gaps hinder further consensus, in 23 particular with respect to tumor spread patterns.

<u>Key words</u>: head and neck, cancer, radiotherapy, postoperative, reconstructive surgery, flap,
consensus / recommendation

26 Introduction

For large head and neck tumors, reconstructive surgery is frequently performed using an autologous flap, harvested from the patient donor site and transferred to the tumor bed to compensate for the loss of substance [1–4]. Increasingly versatile flaps have aimed to achieve high fidelity to the native tissues to improve functional outcomes and quality of life [5].

Target volumes have been extensively defined and evaluated for patients undergoing definitive primary radiotherapy [6]. However, postoperative target volumes have been described less extensively [7–11] and new developments in head and neck cancer surgery have yet to be evaluated in terms of their consequences on the performance of poRT [2,12,13]. The poRT clinical target volume (CTV of the primary resection site) is classically defined to include the tissues that contain macroscopic or microscopic tumor at risk for tumor recurrence. On the other hand, flaps are present in about half the patients (oral cavity and oropharynx in particular) undergoing poRT (poRT)[14], and flaps result in substantial tissue changes [11,15]. Additionally, several surgical reports have suggested that radiotherapy has deleterious effects on flaps with respect to functional outcomes (dysphagia/swallowing, speech, cosmesis, range of motion) [16-24]. Current radiation oncology literature lacks recommendations for the delineation and management of poRT target volumes when there is a flap in the tumor bed [24–29].

We assessed the current state of knowledge based on literature and expertise. Practice patterns among the Groupe d'Oncologie Radiotherapie des Tumeurs de la tete Et du Cou (GORTEC) were analyzed to develop an initial set of recommendations. Subsequently, these proposals were circulated to an international reviewing group from HNCIG for validation and endorsement. The goal was to develop an international consensus to aid clinical decisionmaking and to identify areas of controversy and uncertainty related to postoperative irradiation of flaps.

52 Material and methods

A stepwise consensus-building method was used [30,31](Figure 1). The GORTEC steering group, defined by the GORTEC and French Head and Neck InterGroup (HNFIG) coordinator (JT, FC) and composed of head and neck radiation oncologists (N=4), surgical oncologists (N=2) and one radiologist, defined relevant questions based on a systematic review of the literature (Figure 1). A search of MESH terms including "radiotherapy" and "flap" in title yielded 82

references from 1971 to 2021. After eliminating, based on a review of titles and abstracts, non-head, and neck references (N= 41 (>80% breast)), references addressing salvage flap surgery after prior radiotherapy (N= 25), and neoadjuvant radiotherapy and delayed reconstruction (N= 5), there remained 15 articles. These included three case reports in English or other language (N=1) (evidence-based grade C), five retrospective series of 13 to 100 patients [24,25,32–34] (grade C) and seven prospective series of 12 to 44 patients [33,35–40], addressing flap changes (N=2) or functional and quality of life outcomes (N=5)(grade B).

As a first step, the GORTEC steering group designed a 59-item online questionnaire (www.easy-crf.com/Delphi-Flap-RT). The questionnaire included numerous statements or proposals, covering four major domains, to be agreed or disagreed with. The four domains were: 1) identification of flaps on imaging for flap delineation, 2) understanding of the risk of tumor relapse and tumor spread patterns and definition of target volumes, 3) functional deterioration with respect to expectations of reconstructive surgery with a flap, and 4) feasibility of dose painting using intensity modulated radiotherapy (IMRT) considering a need to adapt poRT in the presence of flaps.

In the second step, a GORTEC rating group of 15 radiation oncologists from academic university and general hospitals, comprehensive cancer centers and private clinics, with \geq 10-year experience in head and neck cancers, rated all of the statements in two successive rounds (Figure, Table 1). Each proposal was rated between 1 and 9 (1: disagree; 9: totally agree) in rounds 1 and 2 (Table 1). They were informed of their scores and others between rounds 1 and 2. Items not reaching strong or relative agreement (defined in Table 1, requiring a median score of $\geq 7/9$) following round 1 were submitted to the same panelists to be rated again in light of the answers (quantitative feedback) and corresponding arguments (qualitative feedback) of the other panelists (collected during round 2). Proposals not yielding strong or relative agreement after round 2 were eliminated.

All items reaching strong or relative agreement following round 2 (Table 1) were then rated by 30 international reviewers. This group was composed of radiation oncologists (N=26), surgical oncologists (N=2) and medical oncologists (N=2), selected for their international reputation for expertise in head and neck cancer management and leadership

87 Items were accepted when rated between 5 to 9 by 90% of the reviewer committee and these
 88 constituted the final recommendations (Figure 1). Surgeons and medical oncologists reviewed
 89 all of the statements related to combined modality treatments; they were invited to review

the statements from a multidisciplinary perspective and their responses were incorporated and analyzed separately.

Results

After the two successive rounds, strong agreement, relative agreement, or no consensus was achieved for 26, 9 and 24 items out of the initial 59 items, respectively (Table 2). Median scores and final consensus categorizations are provided in table 2. In all, after external review, overall consensus was only clearly achieved across of the four domains, with 11/15 items (73.3%) achieving consensus on the risk of radiation-induced functional deterioration of flaps. In the other domains, there was consensus achieved on specific items: 5/9 items (55.6%) on feasibility of poRT dose-painting for flap avoidance; 7/17 (41.2%) items on flap definition; and 2/18 items (11.1%) on risk of tumor relapse and patterns of tumor spread in the presence of a flap (Table 2). Among the items initially validated as achieving strong/relative consensus in the rating group, those not achieving consensus in the third-round reviewing group (n=10) were related to flap delineation (n=3) and tumor spread pattern (n=7).

105 Flap definition on imaging has hardly been addressed in the literature and is described with **106** grade C evidence at best [2,14,15,25,41]. Still, at final review, flap definition was able to 33 107 achieve strong agreement for 6 items (Table 2). The final recommendations were as follows: **108** (1) surgeons should accurately describe the flap with respect to the native anatomy following ₃₇ 109 tumor resection in standardized operating reports; (2) surgeons should also report whether ₃₉ 110 clips were used in the tumor bed point to areas of dubious R0 or R1 resection or hemostasis; (3) clips should be placed in a standardized manner and regardless of the negligible artifacts that they produce, which do not interfere with delineation and dose calculation; (4) the planning CT should be contrast-enhanced for better flap visualization and to help pick up ignored residual tumor or early relapse.

Ten items were controversial: 7 after the second round and 3 after external review (Table 2). Experts disagreed on the degree of difficulty in identifying flap contours or components on a ⁵² 117 planning CT as well as identification of the junctional area [15]. More importantly, no ⁵⁴ 118 consensus was reached within the committee as to how the flap should be delineated (Table **119** 2). Uncertainties remained on whether to place clips at the flap-tissue junction [42], the usefulness of contrast enhancement to distinguish the vascular anastomosis, and acquisition **120**

of magnetic resonance imaging to visualize the flap versus referring to a surgeon for **122** delineation.

₄ 123 Tumor risk assessment with respect to the installed flap has only been addressed in a few grade C publications [42-44]. Only 2 items that achieved strong agreement after the rating phase were validated by the reviewing group (Table 2) stating that: (1) clinicians should be aware that the flap-tissue junction is at higher risk of tumor recurrence compared to other areas of the flap and (2) the dose delivered to the junctional area should be the same as the dose delivered to the primary high-risk CTV, if the final resection margin is involved (R2), close (R1) or if there is ambiguity about complete clearance (Table 2). Nine items did not achieve consensus after the rating phase and were not circulated to the review group. The rating group disagreed on enlarged expansions around the preoperative GTV to compensate for ²¹ **132** delineation uncertainties. The rating group was uncertain about the likelihood of microscopic ²³ 133 tumor spread from the junctional area toward the "mucosal or cutaneous" flap surface and **134** the impact of histology or tumor primary site on risk of recurrence. No consensus was reached as to whether the "junctional area" should be considered to be 10 mm or more [41]. No **135 136** consensus was reached as to whether the body of the flap should be included in the low-risk **137** area to decrease morbidity, or if it should be included in the high-risk area to compensate for **138** delineation uncertainties. For pedicled flaps, no consensus was reached as to whether the **139** vascular pedicle should be included in the CTV. For free flaps, it was uncertain as to whether vascular anastomosis is a means of tumor dissemination.

Interestingly, 7 items related to tumor spread patterns into flaps and flap definition as a CTV or organ at risk, previously achieving strong/relative agreement after round 2, were not supported by the international review group (Figure 1, Table 2). The review group disagreed on the need for systematic coregistration of the preoperative imaging with the postoperative CT scan to define the postoperative CTV, and on the inclusion in the CTV of "direct" postoperative modifications (edema, hematoma, lymphocele) due to flap surgery. The review group did not agree on the likelihood of microscopic tumor spread patterns from the ⁵² 148 junctional area toward deep native tissues or whether tumor spread pattern was dependent ⁵⁴ 149 on flap components (mucosa / skin, fat, muscle / fascia, bone) [15]. The review group also **150** would not endorse consensus on a 6 mm size to define the junction area [44]. Similarly, no **151** consensus was reached as to whether very large flaps and vascular anastomosis should be

included in the CTV, nor was consensus reached as to which dose should be delivered to the **153** junction area if the resection is R0.

 $_{4}$ 154 A functional deleterious impact of radiotherapy on flaps has been repeatedly suggested in the surgical literature (grade B pr C) but has not been formally assessed using controlled studies [24,35]. Strong agreement was achieved for 9 items and relative agreement for 2 items (Table 2). The rating group did not reach consensus on differential effects of poRT on vascular anastomosis from free vs pedicled flap, the impact of flap atrophy on functional deterioration or the need for surgical overcompensation. These items were therefore not submitted to the review group. There was consensus after the rating phase that flap necrosis could not result from damage of vascular anastomosis or thrombosis, but rather would occur in the early postoperative period (caused by the vessel quality, morbidity, or technical procedure) ²¹ 163 regardless of poRT. However, the international recommendation was to consider that poRT ²³ 164 altered soft-tissue flap versatility and its functional results (swallowing, phonation) as well as **165** increased the risk of osteoradionecrosis in bone flaps. The final recommendation stated that **166** flap fibrosis or (fat) atrophy occurred spontaneously but could increase with poRT and with **167** dose.

168 Feasibility of complex IMRT modulation for flap avoidance was controversial. The rating group 33 169 did not achieve consensus on the risk of osteoradionecrosis in the presence of metal in the **170** poRT field, or on the need to avoid irradiating the titanium plate fixing the flap and whether ₃₇ 171 such materials should be substituted. Thus, these items were not submitted to the review group and no final recommendation can be made about them. In the end, strong and relative agreement was achieved for 3 and 2 items, respectively, on international review (Table 2). The final, internationally validated recommendations were (1) to use steep gradients to achieve elimination of maximum dose (hot spots) to a delineated vascular pedicle if feasible but (2) that avoidance might not be achievable in thin flaps and (3) the flap mean dose or maximum dose be reduced if necessary, to limit the risks of fatty atrophy, muscle fibrosis or osteoradionecrosis.

⁵² 179 One should note that there was substantial variability between the international reviewers ⁵⁴ 180 for 11 items which had achieved strong/relative consensus in the rating committee but were **181** rejected by the review group (Figure 2). There were also trends by country.

Discussion

185 In the past, experience with flaps and radiotherapy was usually limited to salvage surgery occurring in irradiated tissues. With increasing surgical expertise, immediate rather than delayed reconstruction has become standard. Flaps have been used in primary reconstructive head and neck surgery increasingly over the last 2 decades although the pioneering works date to the 70's [1,4,19,20,45,46]. Because tumors that require a flap are usually large and of advanced T stage [47], they often require poRT. In our initial systemic review, we found abundant surgical grade B-C literature suggesting radiation-induced flap changes [34,38,39] and deteriorated functional outcomes [24,33,35-40]. Additional anecdotal (grade C) case studies reported flap loss after poRT. However, no references to flaps appear in the latest postoperative radiotherapy recommendations [11,47]. This reflects heterogeneity in practice but also that the management of flaps during radiotherapy is an area of high ambiguity [2].

²³ 196 Our stepwise consensus-building approach among an international community of head and neck experts, mostly radiation oncologists, was able to generate novel recommendations regarding the importance of surgeons reporting on clip placement and operating procedures more accurately. However, due to continuing knowledge gaps concerning flap definition on imaging and more importantly flaps as possible routes for tumor dissemination, there were major uncertainties that translated into significant variability at the international reviewing phase.

₃₇ 203 Our international panel could not agree on in-flap tumor spread patterns and could not determine whether a flap should be considered as part of the clinical target volume. There was no agreement on risk based on tumor site, tumor histology, or flap components as factors influencing tumor spread patterns. There was also lack of agreement on whether the whole flap (+/- its vascular anastomosis) should be included or only its area next to the flap-tissue junction as suggested by one team based on their practice rather than evidence [42–44]. There is concern about irradiation of large pedicled flaps, such as pectoralis major flaps, as including the whole flap in the CTV can inflate irradiated normal tissue volumes significantly ⁵² **211** and result in more toxicities [25].

⁵⁴ 212 The international group agreed on the concern about radiation-induced fibrosis and atrophy **213** which might affect function. Therapeutic recommendations were to achieve flap and vascular pedicle dose avoidance through steep gradients potentially using complex fluence 58 214 **215** modulation. The surgical literature mostly reports small surgical series of fibrosis and atrophy.

As the true prevalence of flap atrophy of large fatty flaps is unknown, this is an area requiring **217** further future assessment. There is limited but higher-quality literature (grade B-C) concerning functional outcomes following flap irradiation, which underscores the importance of defining the volumes and doses given to these flaps to better study their effects. There remains a need for better reports of literature and experience-based knowledge of functional outcomes following flap irradiation.

Items regarding the management of metal materials for bone flaps were controversial from scratch and could not reach the review phase.

An important factor in variability, and a potential limitation of this process, is shown by the 11 items that passed the initial rating phase but were rejected by the international group. While in part due to a lack of published evidence or data, there may also be variable experience with ²¹ **227** postoperative radiotherapy across countries, or even individual centers. There may be various ²³ 228 strategies regarding the use of surgery followed by radiotherapy or upfront radiotherapy and **229** consequently the management of flaps [48].

Conclusion

232 The major internationally validated consensus statements were that the flap-tissue junction **233** should be considered at higher risk of tumor spread compared to other areas of the flap and **234** that postoperative planning should be based on a contrast-enhanced CT. Surgeons should ₃₇ 235 report the placement of flaps more accurately and consider clip placement to guide radiotherapy planning. It was also recommended to consider the risks of radiation-induced atrophy, fibrosis, and osteoradionecrosis and limit the maximum and mean doses during the radiotherapy planning process. There remain substantial knowledge gaps and as result, large areas of international variability. Patterns of tumor spread, and the results of dose-avoidance should be analyzed prospectively with assessment of functional outcomes and quality of life.

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428	Figures and Tables legend	
1 2 429 3 430 4 431 5 432 7 433	Figure 1 consensus methodology (adapted from the French Heath authorities 'recommendation, <u>https://www.has-sante.fr/upload/docs/application/pdf/2011-</u> <u>06/guideline by formal consensus quick methodology guide 110531.pdf</u>) GORTEC Groupe d'Oncologie Radiotherapie des tumeurs de la Tete Et du Cou, HNFIG Head and Neck French InterGroup, international Head and Neck Cancer experts.	d
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¹⁰ 435 ¹¹ 436 ¹² 437	Figure 2 Analysis of items that passed the initial rating phase but were rejected by international review group, with voting by country.	the
13 437 14 438 15 439 16	Table 1 Criteria for acceptance of proposals based on median value and distribution of ratings.	
¹⁰ 440 ¹⁸ 441	Table 2 Proposals submitted and rated across successive rounds.	
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<u>Table 1</u>: Criteria for acceptance of proposals based on median value and distribution of ratings.

Proposal evaluation		Median value	Distribution of responses			
Appropriate Strong agreement		≥ 7	All between [7- 9]			
	Relative agreement ≥ 7		All between [5- 9]			
Inappropriate	Strong agreement	≤ 3	All between [1- 3]			
	Relative agreement	≤ 3.5	All between [1- 5]			
Uncertain	Indecision	$4 \le \text{median} \le 6,5$	All between [1-9]			
	Lack of consensus	All others				

For a group of more than 15 experts, analysis in the second round allowed exclusion of a

missing value or a value opposite to that dominant group.

Table 2: Proposals submitted and rated across successive rounds.

		GORTEC R	ating	External		
		Committe	e	Review group		
Item	Proposals established by a GORTEC steering committee and present at:	Round 1	Round 2	Round 3		
	Flap Delineation	T		1		
1	It is not well defined how to identify the flap contours on a planning CT	NC [6]	RA [7]	NC		
2	It is difficult to identify the components of a flap according to their density on the planning CT	NC [7]	SA [7]	NC		
3	The junction area (as defined by Bittermann) is difficult to define on a postoperative CT scan	NC [7]	SA [8]	NC		
4	Surgeons should report on the position of the flap with respect to the native anatomy following	NC [8]	SA [8]	FR		
	tumor resection in their operating report					
5	It is important that surgeons report whether they used clips for hemostasis in the flap area	NC [5]	RA [7]	FR		
6	It is important that surgeons report on using clips to define areas of questionable (dubious R0 or R1)	NC [5]	SA [8]	FR		
	resection					
7	The placement of clips around the tumor bed should be standardized between surgeons and	NC [8]	SA [8]	FR		
	described in the operating report					
8	The use of clips does not induce significant artifacts and should not interfere with delineation and	NC [6.5]	SA [8]	FR		
	dose calculation					
9	It is important that the planning CT be contrast enhanced to better visualize the flap	NC [7.5]	SA [8]	FR		
10	It is important that the planning CT be contrast enhanced so as not to ignore an early evolution or a	SA [9]		FR		
	macroscopic postoperative tumor residue					
11	It is important to contour the flap	NC [5]	NC [7]			
12	It is not necessary to contour the flap because it is systematically positioned in an area to be	NC [5]	NC [3]			
	irradiated (in the primary CTV T or in the prophylactic lymph node volumes N)					
13	It is important for surgeons to describe in their operating report whether they are using clips to show	NC [5]	NC [7]			
	the junction area between the flap and native tissues remaining after tumor resection					
14	It is important to inject the planning CT to visualize the vascular pedicle	NC [7]	NC [7]			

15	Postoperative MRI might be helpful to improve visualization of the flap	NC [6]	NC [6]	
16	The recommendations for delineating CTVs are applicable whether there is a flap in the operating area or not (recommendations of Evans 2018 postoperatively)	NC [6]	NC [5]	
17	It is essential to carry out the delineation in the presence of the surgeon	NC [4]	NC [3]	
	Tumor spread pattern in a flap			
18	Coregistration of the preoperative imaging with the postoperative CT scan should be performed systematically to define the postoperative CTV	NC [8]	RA [8]	NC
19	Coregistration uncertainties (of the preoperative imaging with postoperative planning CT) should be compensated by expanding larger margins (than recommended for postoperative radiotherapy) around the preoperative GTV	NC [6]	NC [5]	
20	"Direct" postoperative modifications (edema, hematoma, lymphocele) of the flap should be included in the CTV	NC [7]	SA [7]	NC
21	The risk of microscopic tumor spread is centrifugal from the junction area to the depth of the remaining native tissues	NC [7]	SA [8]	NC
22	The risk of spreading microscopic disease is centrifugal from the junction area to the "mucous or cutaneous" surface of the flap	NC [4.5]	NC [5]	
23	The risk of microscopic diffusion into the flap may vary depending on the histology (squamous cell carcinoma and variants, adenoid cystic carcinoma, adenocarcinoma)	NC [5]	NC [6]	
24	The risk of microscopic diffusion into the flap may vary depending to the tumor location (parotid vs pharynx vs sinus)	NC [6.5]	NC [6]	
25	The junction area between the native tissues (remaining after tumor resection) and the deep part of the flap is an area at higher risk of cancer	SA [8]		FR
26	The junction area is an area of the order of 6 mm thick in the depth of the flap as described by Bittermann (2015)	NC [6]	RA [7]	NC
27	The junction area at risk is about 10 mm thick in the depth of the flap	NC [5.5]	NC [5]	
28	The junction area varies in thickness depending on the nature of the components of the flap (mucosa / skin, fat, muscle / fascia, bone)	NC [7]	SA [7]	NC
29	The body of the flap (including all the rest of the flap beyond the junction area) should be irradiated entirely in the low-risk area	NC [4]	NC [3]	

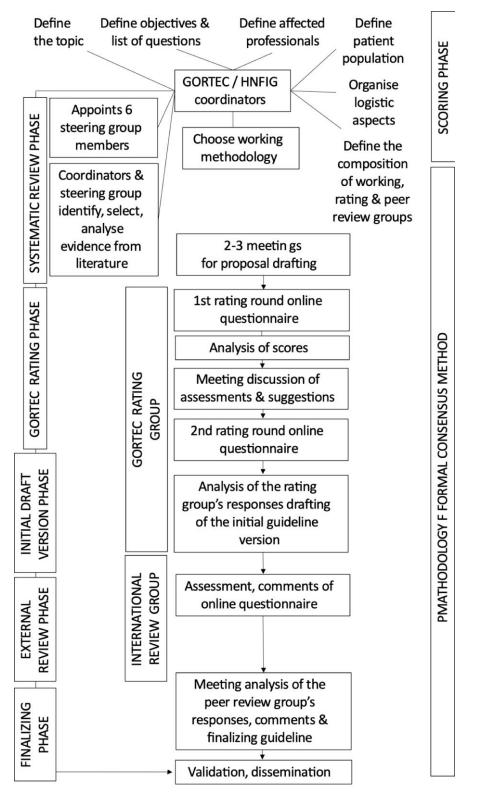
30	When the flap is very large, some of the flap body may not be included in the low-risk area	NC [6.5]	SA [8]	NC
31	The delineation uncertainties are so great in the postoperative situation that it is better to irradiate wide even if it means including the entire flap	NC [4.5]	NC [7]	
32	For pedicled flaps, it is not useful to include the vascular pedicle in the CTV. Its tumor colonization is unlikely, and its distal part is far from the operating bed of the primary patient	NC [4.5]	NC [7]	
33	For free flaps, vascular anastomosis is not a way of tumor dissemination	NC [5]	NC [7]	
34	The dose level delivered to the junction area corresponds to primary low-risk CTV if the resection is R0	NC [7.5]	RA [8]	NC
35	The dose level delivered to the junction area corresponds to primary high-risk CTV if the final quality of the resection is dubious R0 or R1 or R2	SA [8]		FR
	Functional flap outcomes			
36	Flap necrosis occurs in early postoperative (vessel quality, morbidity, technical procedure) and radiotherapy does not induce any specific risk	NC [7]	SA [8]	FR
37	Irradiation of the vascular pedicle of a flap induces a risk of necrosis of the flap that is negligible (=unlikely) (strong agreement)	NC [7]	SA [8]	FR
38	The dose received at the vascular anastomosis is not correlated with an increased risk of vascular thrombosis	NC [7]	RA [8]	FR
39	Irradiation of the vascular pedicle from a free flap is at higher risk of necrosis than irradiation of a vascular pedicle from a pedicled flap (no consensus)	NC [5]	NC [5]	
40	Radiotherapy alters the flexibility of the flap	NC [7]	SA [8]	FR
41	Radiotherapy can alter the functional results (swallowing, phonation) of the flap	NC [7]	SA [7]	FR
42	Irradiation of a bone flap is at risk of radionecrosis of the flap	NC [7]	SA [8]	FR
43	Atrophy of the fat flaps is possible spontaneously even in the absence of radiotherapy	NC [7]	SA [8]	FR
44	The risk of atrophy of the flap fat increases with radiotherapy	NC [8]	SA [8]	FR
45	Flap fat atrophy is associated with deterioration of functional results	NC [5.5]	NC [5]	
46	Flap fat atrophy MUST BE anticipated by surgeons by overcompensating tissue / flap thickness	NC [7]	NC [7]	
47	The radiation-induced atrophy of the fatty component of the flaps is related to the dose received	NC [5]	NC [7]	
48	Fibrosis changes of flaps are possible spontaneously even in the absence of radiotherapy	NC [6]	RA [7]	FR

49	Fibrosis of the muscle flap component can be favored by radiotherapy (significantly more than	NC [7]	SA [7]	FR
	surgery alone)			
50	Radiation-induced flap fibrosis increases with dose	NC [7]	SA [7]	FR
	Technical IMRT feasibility (dose painting for structure avoidance)			
51	For thin flap, it may not be possible to achieve sufficiently steep gradients to spare the flap of the	NC [7.5]	SA [8]	FR
	part			
52	Limiting the average dose to the flap could limit the risk for fatty atrophy and muscle fibrosis	NC [6]	RA [7]	FR
53	Limiting the average dose to the bone of the flap could limit the risk for flap osteoradionecrosis	NC [7]	RA [7]	FR
54	Limiting the maximum dose to the bone flap could limit the risk for osteoradionecrosis	NC [8]	SA [8]	FR
55	In the case of a bone flap, the presence of titanium, or other metal, in the irradiation area induces	NC [7.5]	NC [6]	
	an increased risk of osteoradionecrosis			
56	In the case of a bone flap, avoid irradiating the titanium plate fixing the flap allows to reduce the risk	NC [4.5]	NC [3]	
	of osteoradionecrosis			
57	In the case of a bone flap, titanium-type materials must be substituted to reduce the risk of	NC [4.5]	NC [5]	
	osteoradionecrosis			
58	Limiting the maximum dose (hot spots) to the vascular pedicle seems feasible technically if the	NC [7]	SA [7]	FR
	pedicle is delineated			
59	Limiting the maximum dose (hot spots) to the vascular pedicle would reduce the risk of necrosis of	NC [5]	NC [6]	
	the flap			

Legend: SA strong agreement, RA relative agreement, NC no consensus, FR final recommendation; GORTEC steering committee and GORTEC rating committee are independent; median is indicated between brackets (median = 7-9 is required but \geq 2 eliminating grades qualify items as NC for the first two rounds).

Figure 1: consensus methodology

(adapted from the French Heath authorities 'recommendation, https://www.has-sante.fr/upload/docs/application/pdf/2011-06/guideline by formal consensus quick methodology guide 110531.pdf)



Legend: GORTEC Groupe d'Oncologie Radiotherapie des tumeurs de la Tete Et du Cou, HNFIG Head and Neck French InterGroup, international Head and Neck Cancer experts.

		France	Germany	Denmark	Italy	Spain	United Kingdom	USA	Canada	Australia	China	Taiwan	India
flore	flap contours well defined												
flap delinea-	flap components well defined												
tion	junction well defined												
tion	fusion with preoperative CT to be done												
	postoperative changes to be included in CTV												
	tumor spread likely from junction to tissue depth												
tumor	junction area is 6mm-thick												
spread pattern	junction thickness dependent on flap components												
	large flap may not be fully included in CTV												
	low dose to R0 junction												
	high dose to R1 junction												

Figure 2: Analysis of items that passed the initial rating phase but were rejected by the international review group, with voting by country.

CONFLICT OF INTEREST

Title page : **Recommendations for postoperative radiotherapy in head & neck squamous cell carcinoma in the presence of flaps: a GORTEC internationally-reviewed consensus**

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