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1 Surface texture modifications for oral processing applications

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4

5 Key words: oral processing; particulate suspensions; surface texture; biotribology.

6

7 Abstract

8 The surfaces currently used in soft tribology when assessing oral processing *in-vitro* are not yet fully 9 representative of the oral cavity. Surface topography, among other physical and chemical qualities, 10 plays a key role in determining friction properties. This work examines the friction properties of pillar 11 textures of 500 µm and 1000 µm in polydimethylsiloxane that resemble papillae found on the human 12 tongue. Initially a system with Newtonian fluids was investigated using these textured discs. It was 13 found the area density of pillars affected hydrodynamic lubrication, with a greater area density 14 promoting full film lubrication. Model hard, spherical particulate suspensions were also examined 15 showing a reduction in friction coefficient so long as particles were smaller than the pillars; particles that were too large for the cavities increased friction. Soft, deformable particulate gels, commonly 16 17 used in food products, demonstrated different behaviour to the hard particulate systems. The findings 18 show great potential for a more realistic analysis of complex food formulations and understanding of 19 their behaviour as they are processed in the mouth, although a number of other factors still need to 20 developed.

22 As food enters the mouth and is consumed, it is subjected to a series of mechanical processes by the 23 lips, tongue, teeth and palate in order to facilitate digestion. The surface of the tongue comprises of 24 macroscale pits and grooves due to the presence of papillae. This design increases the contact area 25 between surfaces and food allowing control of processing in the oral cavity. Papillae on the human 26 tongue are commonly divided into four types: the folate and vallate which are located in the posterior 27 of the tongue, and the fungiform and filiform papillae; located on the anterior. Papillae range in size 28 and shape but typically have a height and diameter under 1 mm [1-3]. Mechanoreceptors found on the 29 interface of oral surfaces, including the tongue, allow the perception of friction of the food. Friction in 30 the mouth is believed to contribute to mouthfeel attributes including creaminess, roughness and 31 detecting the presence of particles [4]. The friction properties depend on many factors including the 32 lubrication properties of saliva, the oral surfaces involved (which differ between individuals 33 depending on age, sex, health etc.) and the food itself. Studies have shown tribology to be a promising 34 technique for correlations with oral behaviour and sensory perception, specifically relating to squeeze 35 flow between the tongue and palate [5]. Quantitative friction and lubrication properties combined with 36 other physical measurements such as rheology and texture analysis as well as sensory perception 37 measurements give an increased understanding of oral processing [4]. Researchers continue to study 38 and link rheology, sensory properties and tribology as investigations continue into understanding and 39 relating tribological measurement to the oral perception of food and drink products [2,6-10].

40 A range of soft materials have been used in tribological oral processing applications including 41 rubbers, silicones and biological tissues [11,12]. These materials typically fail to represent the 42 inherent structural intricacies and topography of the tongue which are expected to affect friction. A 43 number of studies address this by investigating rough soft contacts [11,13–16]. Krzeminski et al. 44 found lubricating performance was strongly affected by patterning on the tribological testing surface, 45 where the roughness indices were more crucial for lubricating properties in a tribosystem than the 46 stiffness of the material [17]. A study by Selway, Chan, & Stokes proposes the mechanism of 47 lubrication within a smooth contact is governed by localised fluid entrapment and interfacial

48 viscoelastic effects, whereas a different mechanism occurs for rough contacts where the lubricant 49 properties have less effect on the interfacial friction [18]. Other studies look to more closely resemble 50 the tongues surface including Nguyen et al. who studied three solid substrates: surgical tape, silicone 51 rubber and ethylene propylene diene monomer rubber [19]. It was observed that surgical tape best 52 discriminated dairy solutions of different compositions compared to the rubber substrates. The authors 53 attribute this to the surfaces being similar to that of the tongue. None of these surfaces were as 54 representative of the tongue's architecture as the study by Dresselhuis et al. who used oral tissue in 55 the form of a cross section of pig tongue ex vivo [12]. However, using a biological sample may cause 56 issues in reproducibility, and samples may not be available or accessible to all researchers, so the 57 design of textures using a non-biological material that are of the same order of magnitude of the 58 tongue is of interest. Ranc et al. investigated a range of hemispherical surface structure in the sub-59 millimetre range, corresponding to typical tongue roughness [20]. They found the textures critically 60 affected the frictional behaviour of the systems tested. Under dry conditions, the coefficient of friction 61 decreased significantly with an increase in density of hemispherical pillars. In lubricated systems, a 62 structure of high pillar density yielded higher coefficients of friction. This effect was attributed to the 63 protruding structures disturbing the homogeneity of the lubricant film.

64 Whilst considering the complexity of replicating the human tongue, it is also important to consider that foods products are structurally complex, comprising of multiple components, systems and phases. 65 66 Food products are often particulate in nature but few tribological studies examine particulate samples 67 directly. One example of these is Yakubov et al. who investigated glass spheres in glycerol [13]. In 68 this study, the authors varied the viscosity of the matrix in order to probe the influence of particles 69 across all lubrication regimes. In the boundary regime, particles lowered friction due to ball bearing 70 behaviour providing surface roughness was low enough to prevent surface-asperity interactions. A 71 study by Liu et al. reported a similar ball bearing lubrication mechanism from the presence of micro-72 particulated whey protein particles reduced friction [22]. Chojnicka-Paszun & De Jongh investigated 73 suspensions of microcrystalline cellulose particles [23]. The researchers found the particles may not 74 fit into surface asperities, so enhanced surface roughness affording an extended boundary regime.

75 Ideally, more work on particulate suspensions should be completed to understand how they lubricate
76 between contacting soft surfaces that are in relative motion.

77 This study aims to examine the influence of surface texture on the lubrication properties of particulate 78 suspensions relevant to oral processing applications. Soft-surface textures and particles have been 79 investigated tribologically, but very few studies examine these together, despite it being known 80 particles interact with oral surfaces to affect sensory perception [24-26]. It is clear from existing 81 research that lubrication mechanisms for soft contacts are affected by surface roughness or textures 82 and continued research in this area is necessary to understand the relevance to oral processing 83 [18,19,27]. Existing texture studies are typically on the micro- or nano-scale, whereas this study aims 84 to more closely resemble the tongue structure by investigating larger (>500 μ m) textures. Model hard 85 spherical particles are investigated as well as soft, deformable particulate systems in order to examine 86 a range of particle systems that may occur in food products. Typically, protein or polysaccharide 87 suspensions are investigated; in this study agar fluid gels were used as these form relatively large 88 particles and are more frequently being used in food products as fat replacement [28–31].

- 89 2. Materials and methods
- 90

2.1. Materials

Glycerol >99% and agar were obtained from Sigma Aldrich, UK. Microcrystalline cellulose (Viva Pur
MCC Spheres range) was kindly provided by JRS Pharma, Germany. Sylgard 184 Silicone Elastomer
kit was purchased from Dow Corning. Materials were used with no further modifications or
purification.

95

2.1.1. Glycerol solutions

Glycerol solutions of 25%, 50% and 75% glycerol were prepared by dispersing the desired wt% of
glycerol in distilled water under stirring. Solutions were stirred for at least one hour to ensure
thorough dispersion.

2.1.2. Hard particle suspensions

Hard spherical, microcrystalline cellulose particles (MCC) were added to glycerol under stirring at a
phase volume of 10% w/v (unless stated otherwise). Suspensions were stirred for at least one hour to
ensure uniform dispersion. Two discrete particle sizes with a bulk density of 0.8 gcm⁻³ were used for
this study: 100-200 µm (Viva Pur MCC Spheres 100) and 500-700 µm (Viva Pur MCC Spheres 500).
Particle size distribution was measured using an optical laser particle size analyser (Mastersizer,
Malvern Instruments, UK) and are summarised in *Table 1*, below. Measurements were carried out in

106 triplicate.

107 *Table 1 - A table showing median diameter of microcrystalline cellulose particles.*

Particle type	Median diameter of particle	
	(μm)	
100-200 μm	158 ± 1	
500-700 μm	536 ± 3	

108

109

2.1.3. Soft particle suspensions

110 Agar fluid gels were prepared in a lab-scale continuous process pin-stirrer. The required mass of agar

111 was dispersed in deionised water and heated to 90 °C whilst stirring. The resultant hot solution was

112 fed through a peristaltic pump into a jacketed pin-stirrer cooled to 5 °C. The inlet temperature was

113 controlled to ~ 70 °C and the outlet to 5 °C to ensure gelation occurred under shear (gelation

114 temperatures ~ 30 °C). The speed of the pump was set to 25 mL min⁻¹. The shaft rotation speed was

115 set to 2000 rpm. Fluid gels were stored at 5 °C until use.

116 To determine the diameter of the agar fluid gel particles, particles were analysed using an optical laser

117 particle size analyser (Mastersizer, Malvern Instruments, UK) and are summarised in *Table 2*, below.

118 Measurements were carried out in triplicate.

		Concentration of agar	Median diameter of particle		
		(wt%)	(μm)		
		2	135 ± 5		
		4	121 ± 2		
120					
121	2.2	. Methods			
122		2.2.1. Shear rheology			
123	Rheological measur	rements were performed using	a Kinexus Pro rheometer (Malve	rn Instruments,	
124	UK). For glycerol s	suspensions, viscosity curves v	vere obtained through a range of a	pplied shear rates	
125	at equilibrium $(1-100 \text{ s}^{-1})$ using a cup and bob geometry at 25 °C. For MCC particulate suspensions,				
126	6 viscosity curves were obtained by recording shear viscosity through a range of applied shear rates at				
127	equilibrium (1–100 s ⁻¹) using a spiralled cup and bob geometry at 25 °C. For agar fluid gels,				
128	measurements were completed at 25 °C, 48 hours after production, to ensure sufficient post-				
129	production particle ordering. Viscosity curves were obtained by recording shear viscosity through a				
130	range of applied shear rates at equilibrium (0.001–500 s ⁻¹) using a serrated parallel plate geometry				
131	(60 mm serrated pa	rallel plate) with 1 mm gap at	25 °C. Experiments were carried	out in triplicate.	
132		2.2.2. General tribological s	et up		
133	A mini traction mad	chine (MTM) manufactured b	y PCS Instruments, UK was used t	to perform	
134	tribological measur	rements. A sample size of 15 n	nl with volume reducing insert fitt	ed was used in all	
135	cases. For each exp	eriment, the tribopair consiste	d of a 0.019 m diameter stainless	steel ball (supplied	
136	by PCS Instruments	s, UK) and polydimethylsiloxa	ane (PDMS) disc. PDMS was chosen	sen as the disc	
137	material due to its v	wide use in soft-contact tribolo	ogy and its surface properties can b	be easily tailored	
138	(surface topography	y and hydrophobicity) [11,23,3	31,32]. Prior to testing, surfaces w	ere sonically	
139	cleaned in isopropa	nol followed by distilled wate	r for 6 minutes each.		

Table 2 – A table showing median diameter of agar fluid gel particles.

2.2.3. Mould preparation

141 A moulding-casting technique was used to create the PDMS discs. Moulds were created using 142 AutoCAD software and the Form Labs Form2 3D printer. The advantages of using this method to 143 create moulds are that it is efficient for time and resources. Most importantly, however, the moulds 144 are easily designed on the software allowing for a range of surface structures to be explored. Moulds 145 to cast discs of 46 mm diameter, 4 mm thickness suitable for use in the MTM were printed using Grey 146 Resin V3 supplied by Formlabs. Once printed, moulds were sonically cleaned in isopropanol to 147 remove any excess uncured resin. The first PDMS disc was disposed of to ensure any uncured resin 148 did not affect the disc surface. Six surfaces were investigated: S0, a smooth disc with no textures 149 added to the mould (average roughness, $S_a \approx 2 \mu m$, characterised using a KLA Tencor MicroXAM2 150 Interferometer), and E1, E2, E3, E4 and E5 each with cylindrical pillar cavities of varying diameter, 151 height and density, summarized in *Table 3* below, that are a similar size range to papillae found on the 152 human tongue [1]. Classical Hertz contact theory was used to calculate the contact area and 153 maximum contact pressure [33]. The contact radius (A_r) subject to load (W) is given in Equation 1:

154
$$A_r = \left(\frac{3WR^*}{4E^*}\right)^{\frac{1}{3}}$$
 (1)

155
$$R^* = \left(\frac{1}{R_1} + \frac{1}{R_2}\right)^{-1}$$
 (2)

156
$$E^* = \left(\frac{1-v_1^2}{E_1} + \frac{1-v_2^2}{E_2}\right)^{-1}$$
 (3)

157
$$P_{max} = \frac{3}{2\pi A_r^2}$$
 (4)

R* and E* are the reduced radius and reduced elastic modulus, given by Equation 2 and 3, where the subscript numbers 1 and 2 denote the two contacting surfaces e.g. 1 = ball and 2 = disc. R₁ and R₂ are the radii of the contacting surfaces, E₁ and E₂ represent elastic moduli and v₁ and v₂ are the Poisson's ratios. The maximum pressure in the contact can be calculated by Equation 4. In the case of this set up, E* = 170 MPa, R* = 0.0095 m, Ar = 2.3 mm, W = 3 N, and the maximum contact pressure = 270 kPa. The maximum pressure in the contact is an order of magnitude higher than the pressure of the oral-palate contact of healthy adults (typically around 30 kPa). For these pressures to be achieved, the
tribological set-up would require using loads lower than 0.1 N, which is not possible when using a
MTM [2].

Water contact angle measurements were performed to assess wettability of the PDMS substrates (*Table 3*). Sessile drop contact angle measurements were performed using a goniometer (Krüss Drop Shape Analyser, Germany). A symmetrical drop of volume of 10 μL was deposited on the surface material using a syringe. All surfaces were cleaned with ethanol, distilled water and dried in air prior to testing. The contact angles were determined at room temperature from image analysis via the Laplace-Young method using DSA Software provided with the equipment. Reported contact angles are the average of three measurements. All textured surfaces (E1-E5) show similar hydrophobicity.

174 *Table 3 – A table showing surface properties the four fabricated PDMS discs: S0, E1, E2, E3, E4 and*

	Cylinder diameter (µm)	Cylinder height (µm)	Cylinder density (mm ⁻²)	Area coverage of cylinders (%)	Theoretical no. of cylinders in the contact	Water contact angle (°)
S0	-	-	0	0	0	102 ± 3
E1	500	500	0.5	10	8	142 ± 5
E2	500	500	1	20	16	146 ± 2
E3	1000	1000	0.25	20	4	151 ± 6
E4	500	500	2	40	32	147 ± 6
E5	1000	1000	0.5	40	8	146 ± 6

175 *E5 with varying cylinder diameter, height and area density.*

176

177

2.2.4. Disc fabrication

The discs were made from PDMS, using Sylgard 184 Silicone Elastomer kit. The two components (silicone elastomer and curing agent) were mixed in the recommended 10:1 ratio. The binary liquid mixture was poured into the 3D printed mould, degassed and placed in an oven at 60 °C for 3 hours.
Without removing the disc, the moulds were left to cool for at least 24 hours. The discs were the

- 182 removed and stored in an airtight container before use. The Young's Modulus of the discs was $1.3 \pm$
- 183 0.2 MPa. Each disc was used once before disposal. The outcome is shown in *Figure 1* below.



- 184
- 185 Figure 1 3D printed mould in Grey Resin (Formlabs), left, and PDMS disc (46 mm diameter, 4 mm
- 186 *thickness), right, cast from the mould for use in a mini traction machine.*
- 187 Surfaces were analysed before and after testing where cylinders remain intact and no visible damage
- 188 to the structure or shape was observed, as can be seen in optical microscopy images (obtained using
- 189 Leica Microsystems, UK with objective lens up to 4× magnification) shown below in *Figure 2*.



- 191 Figure 2 light microscopy images of 1mm cylindrical pillars before (left) and after (right) testing.
- 192

- 193
- 194

- 2.2.5. Newtonian systems
- 196 Glycerol was used as the lubricant due to its Newtonian behaviour and aqueous glycerol solutions
- 197 were used to probe the effect of viscosity and fluid substrate-interactions. Tribopairs of PDMS disc
- 198 and stainless steel ball were used with six different surfaces: S0, E1, E2, E3, E4 and E5. The testing
- 199 conditions used were 50% SRR and entrainment speed 1 to 1000 mm/s. Six Stribeck sweeps were

200	performed alternating between ascending and descending speed without unloading for each step at
201	room temperature (25 °C) at normal force 3 N. Tests were performed in triplicate to obtain an
202	average.
203	2.2.6. Particulate systems
204	Glycerol and MCC particle dispersions and agar fluid gel particles were studied. A PDMS disc with
205	textured surface and steel ball were used. The testing conditions used were 50% SRR and entrainment
206	speed 1 to 750 mm/s. Six Stribeck sweeps were performed alternating between ascending and
207	descending without unloading for each step at room temperature (25 °C) with normal force 3 N. Tests
208	were performed in triplicate to obtain an average.
209	3. Results and discussion
210	3.1. Influence of surface texture with Newtonian systems
211	Aqueous solutions of glycerol were used to assess textured PDMS surfaces. Table 4 lists the glycerol
212	solutions used in this study and their measured viscosities at 25 °C. All samples demonstrated
213	Newtonian behaviour across the shear rates tested. The lubricating properties were measured using
214	steel ball and textured PDMS discs: S0, E1, E2, E3, E4 and E5 at 3 N normal force, 50% SRR.
215	Table 4 – Table showing measured viscosity with cup and bob geometry averaged across 1-100 s ⁻¹ for
216	glycerol solutions at 25 °C.

Glycerol (wt%)	Viscosity at 25 °C (Pa s)
25	0.0016 ± 0.0002
50	0.0038 ± 0.0003
5	0.0249 ± 0.0004
00	0.90 ± 0.01

218 Stribeck curves were constructed (*Figure 3*) for surfaces and the glycerol solutions to examine fluid

substrate interactions, with data for overlapping speeds omitted for clarity. At 0.1 Pa mm, the

220 boundary regime is generally observed for all surfaces. As speed increases, the onset of the mixed 221 regime occurs first for E5, E2, E4 and S0 and then E1 and E3. For boundary and the onset of the 222 mixed regime, surfaces E2 and E5 showed a lower friction coefficient. The textured surfaces 223 transition into the elastohydrodynamic (EHL) lubrication regime at a lower speed compared to S0, 224 with the greater area density of pillar cavities transitioning earlier. S0 transitions over a short speed 225 range from boundary lubrication as speed increased to mixed and EHL lubrication. In comparison, the 226 textured surfaces show extended mixed lubrication regimes. S0 also shows the lowest friction 227 coefficient above 1 Pa mm as the transition to EHL occurs, with all textured surfaces demonstrating a 228 higher friction coefficient at higher speeds. At 1000 Pa mm, S0, E1, E2 and E3 tend to similar friction 229 coefficient values; whereas E4 and E5 tend to a similar, greater friction coefficient.



230

Figure 3 – Stribeck curves showing friction coefficient versus entrainment speed as a function of
viscosity for glycerol suspensions with non-textured (S0) and textured PDMS surfaces (E1, E2, E3, E4
& E5).

It is clear the textured surfaces affect friction across all regimes. As the textured surfaces transition to
the EHL earlier than S0, the pillar cavities are proposed to act as wells or reservoirs of lubricant which

are able to facilitate lubrication at high speeds by providing a continuous supply of lubricant even as

237 greater hydrodynamic pressure is applied as speeds increases [34,35]. Therefore, at high speeds the

- viscous drag from the lubricant is greater for the textured surfaces with the higher area density and a
- higher friction coefficient is observed (*Figure 4*).





241 Figure 4 – Friction coefficient versus area density of pillars at 500 Pa mm.

3.2. Influence of surface texture with particulate suspensions

243 Food formulations are often particulate in nature therefore the aim of these experiments was to

244 investigate the friction properties of particulate suspensions on the textured PDMS surfaces.

245

3.2.1. Hard particle dispersions

246 Model particulate suspensions of glycerol containing 10% phase volume of rigid, spherical MCC

247 particles were examined. The shear rheology was measured and frictional behaviour assessed using

the MTM, as described in Section 2.2. A tribopair of stainless steel ball and PDMS discs were used.

- 249 Three surface textures were investigated: S0, E2 and E3. All particle dispersions showed Newtonian
- behaviour over the speed range tested, with measured viscosities described in *Table 5*.

Table 5 - Table showing measured viscosity with spiral cup and bob geometry averaged across 1100 s⁻¹ for glycerol solutions at 25 °C.

Glycerol and particle dispersion	Viscosity at 25 °C (Pas)
No particles	0.90 ± 0.01
100-200 μm	0.91 ± 0.01
500-700 μm	0.92 ± 0.02

253

254 Figure 5a shows the friction coefficients of the glycerol suspensions measured using the non-textured 255 PDMS disc, S0. At the initial stages of the lubrication process (for entrainment speeds up to 10 mm/s) 256 the friction coefficient of the three systems decreased with increasing speed indicating mixed 257 lubrication. The particulate systems showed greater friction coefficient below 10 mm/s compared to 258 glycerol alone showing particles are influencing the friction response at low speeds when surfaces are 259 likely to be in contact. As speed increases, clear distinction between no particle and particle 260 suspensions was observed. Both the particle suspensions showed a similar, greater friction coefficient 261 in EHL regime.

Figure 5b shows the friction coefficients measured from glycerol suspensions with textured surface
E2 with cylindrical pillars of 500 µm height and diameter. For speeds lower than 10 mm/s, the
addition of particles increased the friction coefficient as with surface S0. As speed increases and
mixed lubrication transitions to EHL, the friction behaviour of the particulate suspensions differs. The

266 particles sized 100-200 µm show a lower friction coefficient, with values closer to glycerol alone,

 $267 \qquad \text{compared to larger 500-700 } \mu\text{m particles}.$

268 *Figure 5c* shows the friction coefficients measured from glycerol and glycerol particulate suspensions

269 with textured surface E3 with cylindrical pillars of 1000 µm height and diameter. For particles

270 suspensions at speeds lower than 10 mm/s, the friction coefficient was higher than glycerol without

271 particles, observed with surfaces S0 and E2. As speed increases, the friction response for all samples

- 272 was similar and a smaller difference between the samples was observed compared to surfaces S0 and
- 273 E2.



 Δ No particles $0.100-200 \,\mu m$ particles $0.500-700 \,\mu m$ particles









276

Figure 5 - friction coefficient versus entrainment speed for glycerol suspensions containing 10%
MCC particles, with pure glycerol for comparison with surfaces S0 (a), E2 (b) and E3 (c).

To compare how the particulate systems behave across different surfaces, the surfaces were comparedfor a given particle size. For no particles, the results are presented in *Figure 6a*.

281 For the 100-200 μm MCC particles in the boundary regime (<~10 mm/s) (*Figure 6b*), smooth surface

S0 has the lowest coefficient of friction and surface E3 has the highest. As speed increases and the

283 mixed and EHL regimes are entered, the surfaces behave similarly, however, the particulate systems

show a lower friction coefficient with the textured surfaces E2 and E3 compared to smooth surfaces

285 S0. The textured surfaces act to elongate the mixed lubrication regime as surface S0 enters the EHL

regime around 100 mm/s, E2 around 200 mm/s, and E3 around 300 mm/s.

287 For MCC particles sized 500-700 μm (Figure 6c), S0 also has the lowest coefficient of friction below

288 speeds of 8 mm/s and the textured surfaces showed a higher friction response. As speed increased

above 75 mm/s, surface E2 shows the highest friction response. Here, 500-700 µm particles are too

large to fit into the 500 µm features in the surface. However, as the EHL regime is entered above 100

291 mm/s, S0 and E3 show similar friction behaviour. Particles are expected to fit into 1000 µm cavities

on surface E3 which in turn has shown a reduced friction coefficient in this system compared to E2.

293









Figure 6 - friction coefficient versus entrainment speed for textured surfaces with glycerol
suspensions without particles (a), with particles sized 100-200 μm (b) and with particles sized 500700 μm (c).

300 In general, these results show the addition of particles results in higher friction. In this study, the 301 particles used are relatively large and it is expected they are larger than the gap between the 302 contacting PDMS and steel surfaces. However, due to the deformable nature of the soft PDMS surface 303 and the consequential large contact area, it is clear from the data (independent of surface texture) 304 particle suspensions are entrained between the contacting surfaces and influence friction, even at low 305 speeds when the gap between contacting surfaces is expected to be small. This agrees with a previous 306 study which showed hard particles directly interacted with the surface and were present even at low 307 entrainment speeds attributing this to the deformable nature of the contact [23]. When surfaces are 308 compared for a given particle size, it becomes clear particles act to reduce the friction coefficient with 309 the textured surfaces in the EHL regime, so long as they are able to 'fit' inside cavities. This reduction 310 in friction has also been observed at the smaller length scale when particles were able to fit inside 311 asperities [21,23,31].

312 To understand the lubrication of the particles further, the role of phase volume was examined as both 313 particles and the continuous phase are expected to affect friction and lubrication properties [28,36]. 314 Figure 7a shows friction coefficient versus particle phase volume of MCC particles sized 100-200 µm 315 at 750 mm/s where friction properties are expected to be dependent on the bulk properties of the 316 lubricant (EHL regime). As phase volume of particles increases, friction coefficient increases for all 317 surfaces investigated. The surface has little impact on friction coefficient at phase volumes greater 318 than 10% with overlap of standard deviations showing similar friction response. Below 5% phase 319 volume of particles for surface S0, the friction coefficients are lower than for the textured surfaces E2 320 and E3. It is likely due to a continuous film lubricating between the ball and the smooth surface that is 321 not interrupted by surface textures or particles in the contact (as there are fewer particles in 322 suspensions) [28,36]. Above 10% particle phase volume, the friction response of the surfaces is 323 similar showing the particles are dictating friction response.

Figure 7b shows friction coefficient versus particle phase volume of MCC particles sized 500-700 μm
325 at 750 mm/s. As phase volume increases, the friction coefficient increases for all surfaces increased.
326 Surfaces S0 and E3 behaved similarly, whereas the friction coefficients for surface E2, with
327 cylindrical pillars of 500 μm height and diameter, are consistently greater than E3, regardless of the
328 amount of particles added. The particles are not able to fit into the pillars of surface E2 unlike surface
329 E3 demonstrating that if the particles are able to fit inside the pillar cavities, a lower in friction
330 coefficient can be observed.



Figure 7 - friction coefficient at 750 mm/s versus particle phase volume for glycerol suspensions
containing MCC particles sized 100-200 μm (a) and 500-700 μm (b) with surfaces S0, E2 and E3.

The aim of these particular experiments was to further investigate the textured surfaces by examining agar fluid gels, which are deformable particulate suspensions irregular in shape. Agar concentrations of 2 and 4 wt% were examined. A tribopair of steel ball and PDMS discs were used with textures S0, E2 and E3 investigated.

340 The viscosity profiles of the agar fluid gels were measured (*Figure 8*). Shear viscosity increased upon

341 raising agar concentration and both systems showed shear thinning behaviour as expected for





343

Figure 8 – shear rheology showing viscosity (a) and shear stress (b) as a function of shear rate for
agar fluid gels of 2 and 4 wt%.

346 The friction coefficient of the agar fluid gels were measured (Figure 9) with surfaces S0, E2 and E3. 347 The data collected from the agar fluid gel systems do not exhibit typical Stribeck behaviour. For all 348 concentrations of agar, as speed increases to ~5 mm/s there was an increase in friction coefficient. 349 This behaviour has been reported by Gabriele et al. where they attributed their observed increase in 350 friction coefficient with entrainment speed due to particle exclusion of agarose fluid gel particles from 351 the ball and disc contact with the continuous phase providing lubrication at low speeds [38]. These 352 were larger than the magnitude of the roughness of soft surfaces used meaning the mixed regime 353 passed a maximum friction coefficient before the speeds were great enough to generate a film

thickness that exceeds particle diameter, allowing entrainment and reducing friction. An alternative explanation is that at low speeds the agar fluid gels are entrained more efficiently and maintain a high viscosity film in the inlet region. Both of these explanations would need further study, and as suggested in other fluid gel studies, experiments using Surface Force Apparatus technique where the interaction forces between the two contacting surfaces are measured would help to elucidate the processes involved [28,39].

360 A lower maximum friction coefficient for textured surfaces E2 and E3 for 2% agar fluid gel was 361 observed (Figure 9a). Here, particles are smaller than the cavities in E2 and E3. At low speeds, S0 362 shows the highest friction until speed increased and the mixed regime begins to transition to the EHL, 363 during which the amount of particles entrained is expected to increase. It is proposed for these fluid 364 gel systems, particles are able to fit inside the surfaces textures to reduce friction when the surfaces 365 are in contact in the boundary and mixed regimes - which are said to be most relevant for oral 366 processing [7]. Whereas for the smooth surface, particles were excluded from the contact until 367 sufficient hydrodynamic pressure was achieved at higher speeds. At this point, for all surfaces, 368 friction is similar and bulk properties of the fluid gel system dominate. For 4% agar fluid gel (Figure 369 9b), initially, S0 shows a greater friction coefficient compared to E2 and E3. As speed increases the 370 surfaces behave similarly to one another whilst also exhibiting a lower friction coefficient compared 371 to 2% agar, showing the contact is better lubricated by the more concentrated, more viscous fluid gel 372 system, which is expected. The maximum friction coefficient for the surfaces was reduced for S0 373 from 0.6 to 0.45 and E3 from 0.5 to 0.4 as the concentration of agar increased. For surface E2, the 374 maximum values were similar. With the greater concentration of agar, particle rigidity is expected to 375 increase [40]. Greater lubrication by more rigid particles has been shown previously in Kappa-376 Carrageenan, agarose and alginate fluid gel systems where studies demonstrate that more rigid 377 particles are able to support the normal load in the contact [28,38,41].



379

380 Figure 9 - friction coefficient versus entrainment speed for agar fluid gels at 2% (a) and 4% (b) agar 381 concentrations with surfaces S0, E2 and E3.

382 4. Conclusions and future work

383 Textured surfaces were created by moulding and casting PDMS allowing the fabrication of a disc with 384 cylindrical pillar cavities of a similar size to papillae found on the human tongue. Initially a system 385 with Newtonian fluids was investigated using these textured discs. It was found the area density of 386 pillars affected hydrodynamic lubrication, with a greater area density promoting full film lubrication. 387 Specifically how the asperities alter the fluid hydrodynamics would require more work to visualise 388 flow in the measurement gap. Furthermore, the textured discs were used to investigate particulate 389 systems as it is common for food products to contain particles. Model hard, spherical particles showed

- 390 lower friction coefficients in the EHL regime so long as particles were smaller than the textures.
- 391 Particles that were too large for the cavities increased friction. Soft, deformable particulate gels,
- 392 commonly used in food products, demonstrated different behaviour to the 'model' particulate systems
- 393 investigated where they showed lower friction in the mixed lubrication regime, which is suggested to
- 394 be most relevant to oral processing. These results provide an insight into how particulate systems
- 395 lubricate and interact with the surface in soft tribological contacts; which has relevance to oral
- 396 processing applications as the tongue is not smooth like typical testing surfaces used in oral tribology.
- 397 To understand particle and surface interactions further, a method allowing imaging and mapping of
- 398 the soft contacts would be incredibly useful. Continued research is needed to link food formulations to
- 399 physical properties, like friction, where closer resemblance to oral surfaces needs to be considered
- 400 during experimental testing including surface chemistry and saliva effects.
- 401
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